



Meeting Minutes, QEP Implementation Committee

September 21, 2022

11:30AM – 12:30PM

Provost's Conference Room/Teams

1. Welcome

Jennifer Hughes provided a welcome message and a brief summary of the SACSCOC Summer Institute.

2. Recap: What is a QEP?

The QEP Timeline was discussed. A pilot phase will begin Fall 2024 and formally launch in Spring 2025.

3. State of student mental health services at TTU

Matt Gregory offered a summary of the report from the President's Health & Well-being Committee

Many services are offered through various offices/departments on campus:

- Counseling Center-individual/group, identity/need-based, etc.
- Risk Intervention Safety and Education (RISE) office
- Peer Education Network
- Crisis & Behavior Intervention team is available for urgent needs
- Virtual options/Therapy Assistance Online (TAO)/telehealth/self-help modules
- "My SSP"/new platform to address long wait times
- "Togetherall"/new platform-online communities/support groups/monitored by professionals
- Student Disability Support Services
- Beyond Okay initiative

Challenge-How do we ensure students are aware of, and have access to, the scope of these resources?

4. Discussion activity (All)

Several issues were raised about current mental health concerns facing our community:

- Parent/home component
- Self-help modules/life skills options vs speaking with someone
- Reactive vs Proactive
- Raider Ready/Orientation-include modules?
- Data from the American College Health Association Survey/OPA to help with the analysis
- Impact of pandemic vs pre-pandemic factors regarding mental health
- Graduate vs Undergraduate populations
- Try to assess the general state of student well-being before issues develop into a crisis
- Budget? Caseload on Advisors?
- Public K-12/Social-Emotional Learning
- Formal vs Informal treatment settings

- Josh Sills to provide context for current student intervention strategies at our next meeting

Due to meeting time constraints, Jennifer Hughes said that a survey will be distributed to committee members to ask for additional input.

5. Volunteers to serve on Project Identification Subcommittee (PIDS)

Jennifer Hughes asked committee members to consider joining PIDS.