



Lubbock Community Clinic and Hospital Guide

If you are unable to see a provider at Student Health Services, please consider the following community resources may be an option for you.

Any charges incurred at the clinics below are not covered under your medical service fee and are your responsibility.

For those who have insurance coverage, it is always best to check your insurance carrier's website to see which local providers are in your insurance network. Check the back of your insurance card for your insurance carrier's website information.

Physicians below who are in network with Aetna's TTU Academic Health Plan (AHP) are marked below.

Tip: For future appointments, request your appointment with as much advance notice as possible. Also consider requesting your appointment through the *My TeamCare* portal or *HealthLife* app. These appointment requests are usually scheduled before the phones turn on in the morning, giving you first come first serve advantage. If you do not have the portal, please ask a Student Health Patient Service specialist to get you signed up.

Telemedicine Services

Many insurance carriers (including Academic Health Plan's Aetna plan) offer Telemedicine services.

Telemedicine visits are appropriate for the following symptoms:

- Cold and flu
- Sinusitis
- Conjunctivitis
- Bronchitis
- Skin Infection and Rash
- Allergies
- Pink Eye
- Upper Respiratory Infection
- Sprains and Strains

AHP subscribers can visit member.teladoc.com/aetna to access a provider through Telemedicine. Copays will apply.

If you do not have AHP, check your insurance carrier's website to see if they offer telemedicine services.

UMC Urgent Care Clinics

For more clinic locations and information, visit:

WWW.waitfromhome.com

Urgent Care Center at UMC

Copeland, Tyler S. FNP- (AHP)

808 Joliet Avenue, Suite 110

Lubbock, TX 79415

806.761.0545

M-F 7am- 4pm

UMC Express Care Clinic at South Plains Mall

Phillips, Michelle MSN (AHP)

6002 Slide Road D24 Lubbock, TX 79424

806.761.0450

M-Sat 9-8pm Sun 12-6pm

UMC Express Care Clinic- United

Caporale, Ronald PA-C (AHP)

1701 50th Street Lubbock, TX 79423

806.761.0429

M-F 7am- 11:30am 12:30-4pm

UMC Express Care Clinic

Glenn, Camilla Lindsey, NP (AHP)

2703 82nd street Lubbock, TX 79423

806.761.0428

UMC Freedom Clinic Center

Martinez, Robert NP, Vuelvas, Juan MD.

(AHP)

5022 Avenue Q Lubbock, TX 79412

806.762.3597

M-F 8am-5pm

Emergency Assistance Please Call 911

Other Clinic Options:

Grace Clinic

4515 Marsha Sharp Fwy (Marsha Sharp Fwy & Quaker)

806.744.7223

<https://gracehealthsystem.com>

Covenant Health Plus

7601 Quaker Ave (76th & Quaker)

806.72539444

<https://covenantmedicalgroupcheckinnow.org>

Concentra Urgent Care (AHP)

6048 Marsha Sharp Fwy

Lubbock, TX 79407

806.745.2200

Mon-Fri 8am- 5pm

For Emergencies:

University Medical Center (UMC)

602 Indiana Ave. (across the Marsha Sharp Fwy from campus)

806.775.8200

Covenant Medical Center

3615 19th street (19th & Indians)

806.725.1011

Grace Medical Center – ER

2412 50th street (50th & University)

806.368.5837

West Texas ER

7905 Milwaukee Avenue

806.368.58

Poison Control Please Call 1.800.764.7661

