The Burkhart Center for Autism Education & Research

**Parent Training Class**
led by Julie Harris, Ph.D. and Ashley Richardson, LCSW

Are you a Parent or Caregiver that is…

**OVERWHELMED** or **STRESSED OUT** due to your child’s behavior?

The Burkhart Center is here to help! We are offering an 8 week series of parent training session to assist parents/guardians better understand, manage, and improve their child’s behavior using the strategies of positive behavior supports.

Challenging behaviors are frustrating and effect the entire family. These sessions will help you gain the skills to teach your child more desirable skills and address the behaviors.

- **Cost:** $150 per family unit
- **When:** Thursdays from 6-7pm starting 9/20. Class dates are: 9/20, 9/27, 10/4, 10/11, 10/18, 11/1, 11/8, and 11/15. The class will only meet if there are 6 people registered prior to 9/13.
- **Where:** The Burkhart Center at Texas Tech University. Located at 2902 18th Street Lubbock, Texas 79409

To reserve your place in class, please contact Erin at erin.poppenger@ttu.edu or 806-834-7020.