Are you a Parent or Caregiver that is…

OVERWHELMED or STRESSED OUT due to your child's behavior?

The Burkhart Center is here to help! We are offering an 8-week series of parent training sessions to assist parents/guardians better understand, manage, and improve their child's behavior using the strategies of positive behavior supports.

Challenging behaviors are frustrating and affect the entire family. These sessions will help you gain the skills to teach your child more desirable skills and address the behaviors.

- **Cost:** $150 per family unit
- **When:** Thursdays from 6-7pm starting 3/21. Class dates are: 3/21, 3/28, 4/04, 4/11, 4/18, 4/25, 5/2 and 5/9.
  **The class will only meet if there are 6 people registered prior to 3/11.**
- **Where:** The Burkhart Center at Texas Tech University
  Located at 2902 18th Street Lubbock, Texas 79409

To reserve your place in class, please contact Ashley at ashley.richardson@ttu.edu or 806-834-0142.