WELCOME STUDENTS!

Whether you are a new or returning student, MVP wants to welcome you to the Summer Sessions!

Remember to submit your certification request to the MVP office for II Summer or Fall 2015 as soon as you have registered for classes with no expected changes.

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Each month, In the Spotlight features a MVP Team Member so you can get to know us better!

Daniel Ayala

Daniel is a MVP Program Specialist in the Military & Veterans Programs Office and our featured team member for July.

Daniel was an explosive ordnance disposal technician for the Army for 7 years. While in the Army he deployed to Baghdad, Iraq twice. After his deployments he was assigned to a special EOD unit in Virginia where he worked for several political figures including Presidents George W. Bush and Barack Obama.

Daniel has been married for 7 years and has a 3 year old son. He is majoring in Electrical Engineering here at Texas Tech. Daniel recently was accepted to be a research assistant for one of his professors who researches nanotechnology and optics. Daniel says that, “… the nanotechnology lab here at TTU is doing research on some of the most interesting current developments.” Some of the research includes: improving the efficiency of solar panel, increasing wireless transmission processes, anti-bacterial ultraviolet light sources, and explosive detection.

When asked why Daniel likes working in the MVP office he said, “Since my transition into school this office has been there for me. I guess I like helping people, and I like what this office does. My first semester here was rough and the people in this office have helped me a bunch. So now I feel like it’s my turn to help.”

MVP would like to thank Daniel for his service and his contributions to the MVP team.
Women Veterans and the VA Survey Request

New research indicates that women Veterans are taking their lives at an increased rate but that those who use the VA for healthcare fare better. However, the rate of women using the VA is very low. We’d like to investigate how Texas women Veterans are using the VA and if not, why not. Please take this survey - it will only take about five minutes - and share it with other women Veterans. We’ll post the results and share the overall information with leaders in Texas and at the VA. All your responses will be confidential.

take this survey

Sponsored by www.TexVet.org

Questions? Contact: Perry Jefferies at perry@texvet.org

Military Service Members and Families Needed for a Study:

“Testing the Operation Jump2Health Education Website Using Eye-Tracking and Theory-based Psychological Measures”

Military parents are needed to participate in a research study evaluating a website designed for parents to help their children develop healthy habits. This involves completing a survey online and coming to campus for an in-person eye-tracking study. Participants receive $25 cash. To set up an appointment, please call 469-844-0191. For questions, please contact Dr. Autumn Shafer, autumn.shafer@ttu.edu or Dr. Debra Reed, debra.reed@ttu.edu.

Information obtained from this study will help plan education programs that address the specific needs of military service members. This study has been approved by the Human Research Protection Program at Texas Tech University.

Stars & Stripes Fireworks presented by Grimes Family Dentistry

Date: July 3, 2015
Time: 7:00pm
Location: Cooper High School Pirate Stadium, 16302 493 Loop

The highlight of the evening is the 80-minute Stars & Stripes Fireworks program. Place your chair close to one of the two large screens. The video takes the audience through American history, from the founding fathers and the Revolutionary War, up through the Civil War, World War 2, Vietnam, and September 11, 2001. Fireworks are timed to the music of 14 songs, played through 18 PA speakers.
UC4: Service Members and Veterans on Campus

This full-day core competency training for clinicians addresses cultural and clinical concerns of student Veterans and Service members at universities and colleges. The morning session presents a comprehensive overview of challenges associated with the deployment cycle, campus reintegration and outreach strategies for this unique group of students. Staff from non-clinical departments such as student affairs, financial aid, and disability services are strongly encouraged to join in the morning.

The afternoon session is intended for clinical staff and provides an overview of culturally-informed treatment approaches for common deployment-related problems including posttraumatic stress disorder (PTSD), traumatic brain injury (TBI), sleep problems, and suicidal behavior.

Texas Tech University Military & Veterans Programs, the Texas Tech University Student Counseling Center and the Center for Deployment Psychology (CDP) are pleased to present an exciting training opportunity.

DATE: Tuesday, August 11, 2015
TIME: 7:30am - 5:00pm (training starts promptly at 8:00am)
WHERE: Texas Tech University
Human Sciences Building, Room 111
1301 Akron Avenue
Lubbock, TX 79409

REGISTER BY: Tuesday, August 4, 2015
REGISTER AT: http://deploymentpsych.org/training

Parking: R13 Visitor for $5.09 for the day. Register parking online prior to the event: Click here to register

CEU: Continuing Education credits for this training will be awarded by TTU through the Office of the Provost for 7 hours of CEU credit which is the equivalent of 1/7 CEUs. At the conclusion of the training, a link from TTU will be provided to register and pay for the CEU credits.

For questions regarding the training or registration, please contact:
Debra Crosby, Assistant Director, Military & Veteran Programs, deb.crosby@ttu.edu

The Center for Deployment Psychology is a tri-service psychology training consortium headquartered at the Uniformed Services University of Health Sciences (USU) in Bethesda. As the Nation’s only federal health sciences university, USC is committed to excellence in military medicine and public Health During peace and war.
TechVet BootCamp

Attention all Incoming Veterans or Service Members starting Summer or Fall 2015:

TechVet BootCamp will be held August 20-21, 2015 so **SAVE THE DATES!**

In partnership with the Brain Performance Institute, BPI, Military & Veterans Programs will host a BootCamp for incoming Veteran or Service Members.

BPI will offer high performance brain training program known as Strategic Memory Advance Reasoning Training or SMART. You will learn strategies to revive your everyday routine and boost your brain power. Sessions are interactive with exercises that encourage discussion, creative thinking, and practical application. There will also be other training presentations from a variety of TTU departments as well as a free breakfast and lunch each day!

Registration information will be available soon on the MVP website at www.mvp.ttu.edu.

We will be contacting all incoming Veterans and Service Members.

**Only 50 seats are available!**

**VATT: Veterans at Texas Tech**

Get connected! Join this student group for anyone who is a veteran or who wishes veterans and their family members.

The purpose of the Veterans Association to provide a sense of camaraderie and community outreach for United States military veterans, those who are currently serving or under contractual obligation in the United States military, and those patriots who support the United States military in any way, shape, or form.

For more info, visit the webpage at: [https://orgsync.com/7497/chapter](https://orgsync.com/7497/chapter)

Or on Facebook: [https://www.facebook.com/groups/ttuveteran/](https://www.facebook.com/groups/ttuveteran/)
## Upcoming Events

<table>
<thead>
<tr>
<th>EVENT</th>
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<th>LOCATION</th>
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<tbody>
<tr>
<td>Stars &amp; Stripes Fireworks presented by Grimes Family Dentistry</td>
<td>July 3, 2015, 700 (If raining, may be moved to July 4th)</td>
<td>Cooper High School Pirate Stadium 16302 493 Loop</td>
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<tr>
<td>Summer Session 2 Starts</td>
<td>July 7, 2015</td>
<td>TTU Campuses</td>
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<tr>
<td>Summer Graduation Stole &amp; Recognition Ceremony</td>
<td>August 6, 2015 1000 Sign In for Graduates 1030-1200 Ceremony</td>
<td>Museum of Texas Tech University, Helen DeVitt Jones Auditorium</td>
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<td>UC4: Serving Veterans &amp; Service Members on Campus training for clinicians</td>
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<td>TechVet Boot Camp For Incoming Summer or Fall 2015 Veterans Only</td>
<td>August 20-21, 2015 0815-1600</td>
<td>309 Library</td>
</tr>
<tr>
<td>MVP Welcomes All Veterans &amp; Family Members</td>
<td>September 8, 2015 1800-2000 (6pm-8pm)</td>
<td>TTU SUB Ballroom</td>
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Mission

Military & Veterans Programs is here to assist veterans and their families in achieving academic and personal success.

Vision

Our vision is to be the university of choice for military personnel, veterans, and their families. Military & Veterans programs will assist the students it serves in a seamless transition from military to civilian life, support and encourage campus and community engagement, and help provide a positive experience through degree completion and on to a successful future.

About MVP:

- Find links to Certification Info and Checklists on our website.
- Find links to campus, community, state and federal resources just a click away on our website.
- Liaisons from each academic and Student Support office are also listed for your convenience on our website.
- If you are struggling in a class, Texas Tech has many avenues for tutoring and mentoring. Just let us know.
- Need a friendly face or to chat? Need resources on or off campus? Contact the MVP Office at anytime and we can help connect you.

You are not alone!

Text Alerts!

Remind 101 is a one-way text and email messaging system. All personal information remains completely confidential. Sign up for TTU MVP Text Message System via Text.

Text @ttumvp to 806.731.4100
You can opt-out at any time by replying: "unsubscribe @ttumvp"

Sign up for TTU MVP Text Message System via Email
Send an email to ttumvp@mail.remind.com
You can opt-out at any time by replying: "unsubscribe" in the subject line

Note: MVP will not bombard you with texts. MVP will only send texts concerning important information regarding benefits or upcoming events through Remind 101.