Behavioral Intervention Team
BIT is a central place for the Texas Tech University community to report student behaviors of concern for early intervention, risk assessment and referrals to help promote student success while paying special attention to the safety and security needs of members of the University community.

Types of Behaviors & Suggested Actions/Referrals:

- Are you concerned about the well-being or safety of a student?
- Have you observed student behaviors that caused concern or made you feel unsafe?

REPORT

Online
www.ttu.edu/studentsofconcern

Or Call

(806) 742-2984

For non-emergency police assistance, call Texas Tech Police Department at (806) 742-3931

If you feel an immediate threat or need emergency response
Call 911

For more information on types of behaviors to report, see the back of this folder or visit www.ttu.edu/studentsofconcern

Distress

- Distress (78% of 2000-2001 P) problems centered on internal emotional responses to stressors.
  - Emotional reactions to stressors
  - Symptoms of anxiety and depression
  - Self-harm
  - Suicide

Violence & Threats

- Violence & Threats (72% of 2000-2001 P) problems focused on external behavior directed toward people or property.
  - Aggressive behavior
  - Harassment
  - Vandalism
  - Destruction of property

Trauma

- Trauma (80% of 2000-2001 P) problems involved experiences of significant distress and/or disruption in functioning due to direct or indirect exposure to traumatic events.
  - Witnessing or experiencing serious injury or death of another
  - Exposure to serious injury or death of self
  - Exposure to death or injury of loved one
  - Exposure to natural disaster

Substance Misuse

- Substance Misuse (85% of 2000-2001 P) problems related to the use, misuse, and abuse of alcohol and drugs.
  - Alcohol abuse
  - Drug abuse
  - Substance dependence

Academic Disruption

- Academic Disruption (75% of 2000-2001 P) problems involved behaviors that interfere with academic performance and/or success.
  - Poor attendance
  - Poor participation
  - Inability to complete assignments
  - Inability to complete tests

Disruption of Educational Process

- Disruption of Educational Process (65% of 2000-2001 P) problems focused on behaviors that interfere with the educational process.
  - Disruptive behavior
  - Interference with learning
  - Disrupting the class environment

Other Reporting

- Other Reporting (20% of 2000-2001 P) problems involved behaviors that did not fit into any of the above categories.
  - Unspecified behavior
  - Other unspecified behavior

Primary Resource(s):

- Supervisor
- Department Chair
- Dean of Students
- Counseling Center
- Office of Conduct

When in doubt… report  www.ttu.edu/studentsofconcern or call 742-2984
Behavioral Intervention Team (BIT) is a central place for the Texas Tech University community to report student behaviors of concern for early intervention, risk assessment and referrals to help promote student success while paying special attention to the safety and security needs of members of the University community.

### Types of Behaviors & Suggested Actions/Referrals:

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<th>Distress</th>
<th>Disruption</th>
<th>Threats/Violence</th>
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<td>Causings discomfort or annoyance</td>
<td>Emotionally troubled</td>
<td>Disruption of educational process</td>
<td>Threats to self</td>
<td>Sexual Assault &amp; Sexual Violence - Title IX Administrator</td>
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<td>Mild classroom disruptions (talking loudly, interrupting, asking a lot of questions)</td>
<td>Depressed</td>
<td>Violation of rules</td>
<td>Threats to others</td>
<td>Disciplinary or Sexual Harassment - Title IX Administrator</td>
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<td>Disrespectful/Rude</td>
<td>Anxious</td>
<td>Vague and indirect threats</td>
<td>Violent/aggressive behavior</td>
<td>Criminal Activity on or adjacent to campus - Texas Tech Police</td>
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<td>Standing in personal space boundaries</td>
<td>Not coping/adapting</td>
<td>Substance misuse or abuse</td>
<td>Mention of weapons or violence as a way to solve</td>
<td>Missing students - Texas Tech Police Department</td>
</tr>
<tr>
<td>Talking off topic &amp; not related to class</td>
<td>Situational stressors</td>
<td>Refusing to leave or cooperate</td>
<td>problems</td>
<td></td>
</tr>
<tr>
<td>Poor academic and classroom performance</td>
<td>Traumatic events</td>
<td>Destruction of property</td>
<td>Writings or postings that convey intention to harm self or others</td>
<td></td>
</tr>
<tr>
<td>Answering phone, texting, on computer in class</td>
<td>Excessive absenteeism</td>
<td>Not complying with instructions</td>
<td>Unable to care for self</td>
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<td>Absences</td>
<td>Changes in hygiene, sleeping, inattentive, crying</td>
<td>Escalating mild/low-level behaviors</td>
<td>Profoundly disturbed, detached view of reality</td>
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<td>Threatening to speak to supervisors or chair</td>
<td>Injury or Illness for more than one week</td>
<td></td>
<td>Deficient in skills that regulate emotion/behavior</td>
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### Classroom Management & Addressing Low-Level Situations

- Identify the best time and address individually with the student.
- Reestablish expectations, communicate clearly, provide resource referrals as appropriate.

**Primary Resource(s):**
- Supervisor Department Chair
- Student Counseling Center (742-3674)
- Office of the Dean of Students (742-2984)

### Conversation & Resource Referrals

- Identify the best time and talk with the student individually to assess the situation and other resources.
- Submit an online report at www.ttu.edu/studentsofconcern

**Primary Resource(s):**
- Student Counseling Center (742-3674)
- Office of the Dean of Students (742-2984)

### Documentation, Reporting & Accountability

- Communicate expectations early (Syllabus, Code of Conduct)
- Document what occurred
- Report online to the Office of Student Conduct www.depts.ttu.edu/studentconduct

**Primary Resource:**
- Office of Student Conduct (742-1714)

### Report & Seek Assistance

- If immediate danger - Call Police (911)
- Address the immediate concern by protecting self and others, clearing or locking down location
- If not immediate danger - Assist student in seeking help
- Document what occurred
- Submit online report at www.depts.ttu.edu/studentsofconcern

**Primary Resource:**
- Texas Tech Police Department (742-3931)
- Dean of Students (742-2984)

### Upon notice of these situations, a report is required to the appropriate unit.

- Title IX Administrator (806-742-7233)
- For Missing Students: Texas Tech Police Department (742-3931)

### Distress Disruption Threats/Violence Other Reporting

- If you feel an immediate threat or need emergency response - Call 911
- For non-emergency police assistance, call Texas Tech Police Department (742-3931)

### More information on types of behaviors to report, see the back of this folder or visit www.ttu.edu/studentsofconcern

**www.ttu.edu/studentsofconcern**

When in doubt, call Texas Tech Police Department at (806) 742-3931

For non-emergency police assistance, call (806) 742-3931

If you feel an immediate threat or need emergency response, call (806) 742-3931

**OR CALL**

www.ttu.edu/studentsofconcern

**REPORT**

Have you observed student behaviors that caused concern or made you feel unsafe?

Are you concerned about the well-being or safety of a student?
For emergency response in any of these situations, contact Texas Tech Police Department at 911. For non-emergency response by campus police, dial (806) 742-3931.

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<td>Academic Performance</td>
<td>Support Operations for Academic Retention (SOAR) – services to increase student’s academic effectiveness (806) 742-3664 <a href="http://www.saoat.ttu.edu">www.saoat.ttu.edu</a></td>
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<td>Campus Climate</td>
<td>Risk Intervention &amp; Safety Education – report concerns about campus climate concerns such as hostile environment, discrimination, bias incidents, bullying, incivility, microaggressions, safety, and security. 806-742-2110 or <a href="https://www.depts.ttu.edu/">https://www.depts.ttu.edu/</a> diversity/campusclimate/</td>
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<td>Careers &amp; Majors</td>
<td>University Career Center – resources for career and major exploration (806) 742-2210 <a href="http://www.careercenter.ttu.edu">www.careercenter.ttu.edu</a></td>
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<td>Conduct/Behavior</td>
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<td>Conflict Coaching</td>
<td>Office of the Dean of Students provides training in conflict resolution, communication and university processes. 806-742-2984, <a href="http://www.depts.ttu.edu/dos">www.depts.ttu.edu/dos</a></td>
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<td>Death of Student</td>
<td>Office of the Dean of Students – official notification processes and resources related to the death of a student (806) 742-2984 <a href="http://www.depts.ttu.edu/dos">www.depts.ttu.edu/dos</a></td>
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<td>Disability</td>
<td>Student Disability Services - coordinates accommodations and resources for registered disabled students (806) 742-2405. <a href="http://www.depts.ttu.edu/sds/">www.depts.ttu.edu/sds/</a></td>
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<td>Family Emergency</td>
<td>Associate Academic Dean – notification of faculty regarding class absence (one week or more only) Office of the Dean of Students – coordination and referrals to campus and community resources (806) 742-2984 <a href="http://www.ttu.edu/studentofconcern">www.ttu.edu/studentofconcern</a></td>
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<td>Financial</td>
<td>Student Financial Aid (806) 742-3681 <a href="http://www.financialaid.ttu.edu">www.financialaid.ttu.edu</a> Red to Black - offers Peer Financial coaching and oversees the Raider Relief Fund (limited, short-term financial assistance) (806) 742-9781 <a href="http://www.2b.ttu.edu">www.2b.ttu.edu</a></td>
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<td>Discriminatory Harassment</td>
<td>Office for Student Rights and Resolution - coordinates responses, investigations, and process related to discriminatory harassment (806) 742-7233 <a href="http://www.titleix.ttu.edu">www.titleix.ttu.edu</a></td>
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<td>Office of the Dean of Students – oversees the grievance process (806) 742-2984 <a href="http://www.ttu.edu/studentofconcern">www.ttu.edu/studentofconcern</a></td>
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<td>Illness &amp; Injury</td>
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<td>Parent &amp; Family Relations – resources and assistance for parent &amp; family members of students (806) 742-3630 <a href="http://www.parent.ttu.edu">www.parent.ttu.edu</a></td>
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Nature of Concern: Resources

- **Pregnancy:** Resources and assistance for students navigating pregnancy, childbirth and related outcomes. Office of the Dan of Students (806) 742-2984 & Title IX (806) 742-7233
  - Suicide prevention training for faculty, staff and students. (806) 742-3674 counseling.ttu.edu
  - RISE (Risk Intervention & Safety Education) (806) 742-2110 rse.ttu.edu

Other Helpful Resources:

- **Texas Tech Crisis Helpline:** (806) 742-5555 offers 24 hours assistance for students experiencing
  - Mental Health/Crisis
  - Suicidal thoughts
  - Sexual Assault
  - Interpersonal Violence

Other Helpful Resources:

- **Student Handbook**
  - www.ttu.edu/studenthandbook
  - Student rights and responsibilities
  - Policies and processes related to student life at Texas Tech University
  - Code of Student Conduct

**Emergency Alerts:**

- The system is used to alert the university community of emergency situations and class cancellations or delays.
- Update cell phone, home phone or text message information at www.ttu.edu/emergencyalert.

**Q P R – QUESTION, PERSUADE, REFER**

- Sexual Violence and Assault, Sexual Harassment, Sexual Misconduct, and Gender Based Discrimination
  - Office for Student Rights and Resolution/Title IX Administrator – coordinates response, investigations, and processes related to instances of sexual violence, discrimination, and harassment (806) 742-7233 www.titleix.ttu.edu
  - Title IX Coordinator: Kimberly Simon kimberly.simon@ttu.edu Direct: (806) 834-1949
  - Voice of Hope – community resource for those affected by sexual assault (806) 763-7237 www.voiceofhope.org

**Substance Abuse**

- Student Health Services, Raider Assistance Program – comprehensive alcohol education, treatment referral and other drug assessment (806) 743-2844 www.ttu.edu/studenthealth eCheck Up to Go: An online anonymous assessment for students about their drinking and marijuana use, with resources provided www.depts.ttu.edu/tse/NOID/echug.php

**Suicidal Ideation**

- Student Counseling Center – licensed mental health care providers (group and individual) (806) 742-3674 www.depts.ttu.edu/scc

**Violence and Assault**

- TTU Crisis HelpLine - 24 hour phone line where students are connected to licensed counselor who can provide crisis intervention and referral services. (806)-742-5555

**Sexual Violence and Assault**

- Office for Student Rights and Resolution (806) 742-7233 www.titleix.ttu.edu
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**Other Helpful Resources:**

- www.ttu.edu/studentofconcern

- www.ttu.edu/studenthandbook
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<td>Threats or Acts of Violence</td>
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