

## Annette R. Tommerdahl, Ph.D.

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### Education

Ph.D.

Counselor Education

Emphasis: Student Affairs Administration

Dissertation: *The Relationship Between Multiple Role Complexity, Occupational Stress, Coping Strategies, and Personal Strain in Faculty Women*

University of Wyoming

Laramie, WY

CACREP-Accredited Program

M.S.

Exercise Physiology

Emphasis: Cardiac Rehabilitation

Thesis: *The Effect of Caffeine on Free Fatty Acid Mobilization and Respiratory Quotient During Prolonged Running*

University of Wyoming

Laramie, WY

B.A.

Biology

Minor: Chemistry

Concordia College

Moorhead, MN

### Professional Experience

#### **TEXAS TECH UNIVERSITY, Lubbock, Texas**

**Instructor**, Department of Educational Psychology and Leadership, College of Education, 2020 – Present

- Teach graduate courses in Counselor Education. Courses include: Introduction to Mental Health Counseling, Ethics.
- Clinical site coordinator for counseling practicum and internship sites.

#### **UTAH STATE UNIVERSITY, Logan, Utah**

**Administrative Consultant**, Office of Analysis, Assessment, & Accreditation, 2017-2018

- Accreditation writer and editor for the Northwest Commission on Colleges and Universities (NWCCU) Year Seven Self-Evaluation Report.
- Reviewed and evaluated annual assessment reports for academic and co-curricular programs.

#### **HOLY NAMES UNIVERSITY, Oakland, California**

**Associate Dean for Institutional Effectiveness**, Academic Affairs, 2014-2017

- Collaborated with faculty for the purpose of implementing and maintaining learning assessment services and programs.
- Provided leadership and coordination for University efforts in the development of academic assessment systems.

- Evaluated policies, procedures, and current practices that were relevant to the Center for Excellence in Teaching and Learning (CETL) programs for the purpose of ensuring that academic programs and services effectively met faculty needs.
- Planned, facilitated, and participated in CETL meetings, committees, workshops, seminars, and training sessions for faculty.
- Prepared written materials for the purpose of documenting learning outcomes.
- Coordinated academic and co-curricular program review processes.
- Served as institutional Accreditation Liaison Officer to the WASC Senior College and University Commission (WSCUC).
- Prepared the 2015 Institutional Report for WSCUC, and coordinated the 2016 reaffirmation of accreditation site visit.
- Managed all WSCUC criteria and recommended activities to meet WSCUC requirements.
- Attended WSCUC meetings and pursued related professional development.
- Served as liaison to companies providing the University with planning, teaching, assessment, and accreditation management software.

**THE UNIVERSITY OF LOUISIANA AT MONROE, Monroe, Louisiana**

**Adjunct Assistant Professor**, Department of Health Studies, College of Health Sciences, 2013 - Present

- Teach undergraduate courses in the Department of Health Studies. Courses include: Health Care Ethics, Cultural Diversity in Health Care, Health Care Administration, Principles of Leadership in Health Care, Health Care Informatics, Medical Terminology, and Nutrition.
- Teach graduate courses in the Department of Education. Courses include: Leadership and Management in Health Care, Grant Writing in Health Care, and Ethics and Professionalism in Health Care.

**Assistant Professor**, Department of Health Studies, College of Health Sciences, 2008-2013

- Taught undergraduate courses in the Department of Health Studies. Courses included: Health Care Ethics, Cultural Diversity in Health Care, Health Care Administration, Principles of Leadership in Health Care, Health Care Informatics, Medical Terminology, and Nutrition.
- Developed new courses for the Department of Health Studies.
- Advised students within the Department of Health Studies.
- Service and administrative responsibilities for the department, College of Health Sciences, and university.
- Associate Graduate Faculty member.

**TEXAS A&M HEALTH SCIENCE CENTER COLLEGE OF MEDICINE, Bryan, Texas**

**Interim Assistant Dean for Academic Affairs**, Office of the Dean, 2008

- Oversight of the medical curriculum including scheduling, organization, planning, exams, and evaluation.
- Provided leadership and direction for all committees related to the medical curriculum.
- Facilitated the faculty appointment, promotion, and tenure process.
- Served as technology liaison for all instructional needs.
- Facilitated and managed accreditation report process.
- Facilitated academic support for students.

**Assistant Dean for Planning, Evaluation and External Affairs**, Office of the Dean, 2007-2008

- Directed the development, implementation, management, and tracking of progress for the college strategic plan.
- Revised and evaluated strategic planning initiatives.
- Campus planning and project management.
- Coordinated institutional data reporting to federal and state agencies.
- Coordinated internal reports for institutional effectiveness purposes.
- Facilitated and managed accreditation report process.
- Served as legislative liaison for the college.

- Managed special projects for the Dean including community outreach, academic activities, and meeting agendas.
- Supervised communications, information technology, institutional research, and external affairs.

**Director of Planning and Evaluation, Office of the Dean, 2003-2007**

- Project management, major policy projects, revision of standards and existing policies, development of new policies, and information dissemination.
- Strategic planning and institutional effectiveness.
- Designed methods to review or validate college processes and outcomes.
- Facilitated the development and maintenance of project plans and schedules.
- Developed grant applications and proposals to support educational initiatives.
- Contact person for the college with respect to proposed legislation influencing college programs.
- Supervised internal and external college communications, web-based information technology, alumni affairs, and community outreach events.

**SHELTON STATE COMMUNITY COLLEGE, Tuscaloosa, Alabama**

**Associate Dean for Academic Services, Office of Academic Services, 2002-2003**

- Provided leadership, supervision, and direction for all academic divisions.
- Developed and evaluated instructional curriculum, programs, and services.
- Planning and evaluation of the academic division's instructional units.
- Implemented alternative instructional delivery systems including internet courses and other methods of distance learning.
- Budget management.
- Managed all academic misconduct cases.

**Administrative Consultant, Offices of the Dean of Instruction and the Dean of Students, 2001-2002**

- Academic administrative projects including teaching evaluations, administrative evaluations, division reorganization, and the Adjunct Faculty Handbook.
- Developed policies and procedures for all divisions of Student Services, including Admissions, Student Records, Recruiting, Student Activities, the Counseling Center, Intercollegiate Athletics, and Assessment.
- Revised the Code of Student Conduct and the ADA policies and procedures.
- Developed a handbook outlining ADA policies and procedures for students and faculty.
- Developed a technology plan for all divisions of Student Services.
- Developed a proposal for the implementation of a Career Services Center at Shelton State.

**UNIVERSITY OF NORTH TEXAS HEALTH SCIENCE CENTER, Fort Worth, Texas**

**Director of Student Affairs, Division of Student Affairs, 1999-2001**

- Supervised offices of Admissions, Financial Aid, Registration & Records, Academic Support, and Student Development.
- Managed all student grievances, appeals, and disciplinary cases.
- Development of policies and procedures.
- Budget management
- Administrative and accreditation reports.

**Adjunct Assistant Professor, School of Public Health, 1999-2001**

- Taught course in Medical Ethics for medical students.

**Student Affairs Administrator, Division of Student Affairs, 1998-1999**

- Monitored status of Division budget and financial records.
- Compiled and researched data for administrative reports.
- Coordinated and supervised programs and activities for students.
- Maintained Division personnel records and made recommendations regarding issues of misconduct.

- Supervision of support staff.

**ACADEMY MEDICAL SYSTEMS, Rolling Hills Estates, California**

**Faculty and Research Consultant.** Academy Medical Systems, 1996-1998.

- Conducted workshops for health professionals involved in all aspects of cardiopulmonary rehabilitation.
- Developed courses related to the psychosocial aspects of cardiopulmonary rehabilitation.
- Served as a research consultant.
- Courses taught included Contemporary Issues in Cardiac Rehabilitation, Cardiac Rehabilitation '96 & Beyond, Innovations in Clinical Electrocardiography, Advances in Cardiopulmonary Teaching, and Cardiopulmonary Wellness & Rehabilitation.

**UNIVERSITY OF WYOMING, Laramie, Wyoming**

**Adjunct Faculty.** Counselor Education, 1996-1998.

- Teaching assignments: Graduate courses in counseling.

**Assistant to the Vice President.** Office of Vice President for Student Affairs, 1994-1995.

- Institutional research projects.
- Recruitment and retention initiatives.
- Policy analysis.
- Evaluation of programs.

**Clinical Supervisor.** Educational Psychology and Counseling, 1994-1995.

- Supervised Master's counselors-in-training.

**Instructor.** Educational Psychology and Counseling, 1994.

- Teaching Assignments: Graduate courses in counseling including Fundamentals of Counseling and Supervised Internship.
- Planned and implemented a new admissions process for Master's applicants.

**Counselor.** Educational Psychology and Counseling Clinical Lab, 1992-1994.

- Provided personal and career counseling under supervision.

**Counselor.** College of Health Sciences, 1993.

- Provided academic advising, career and personal counseling for pre-professional students.

**Instructor.** Division of Kinesiology and Health, 1988-1995.

- Teaching Assignments: Undergraduate courses including Wellness Concepts, Exercise Physiology, First Aid & Safety, Pre-Clinical Experience, Clinical Experience, and graduate courses including Health Appraisal and Exercise Testing, Methods of Fitness Leadership, and Exercise Testing and Prescription.
- Advised all pre-professional students in the School of Kinesiology and Health.

**Program Director.** Adult Fitness/Cardiac Rehabilitation Program, 1986-1994.

**Program Coordinator.** Human Energy Research Laboratory, 1986-1994.

**Graduate Teaching Assistant.** Division of Kinesiology and Health, 1984-1985.

- Teaching Assignments: Undergraduate activity classes including beginning swimming, aquatic conditioning, racquetball, weight loss conditioning, and cardiovascular conditioning.

## Graduate Teaching Experience

### **TEXAS TECH UNIVERSITY, Lubbock, Texas**

Introduction to Mental Health Counseling  
Ethics

### **UNIVERSITY OF LOUISIANA AT MONROE, Monroe, Louisiana**

Leadership in Health Care  
Grant Writing in Health Care  
Ethics and Professionalism in Health Care

### **UNIVERSITY OF NORTH TEXAS HEALTH SCIENCE CENTER, Fort Worth, Texas**

Medical Ethics

### **UNIVERSITY OF WYOMING, Laramie, Wyoming**

Wellness Counseling  
Fundamentals of Counseling  
Supervised Internship in Counseling  
Exercise Testing and Prescription  
Health Appraisal and Exercise Testing  
Methods of Fitness Leadership

## Undergraduate Teaching Experience

### **UNIVERSITY OF LOUISIANA AT MONROE, Monroe, Louisiana**

Health Care Ethics  
Cultural Diversity in Health Care  
Health Care Administration  
Principles of Leadership in Health Care  
Health Care Informatics  
Health Care Issues  
Medical Terminology  
Nutrition

### **UNIVERSITY OF WYOMING, Laramie, Wyoming**

Wellness Concepts  
Exercise Physiology  
Pre-Clinical Experience  
Clinical Experience  
Health Appraisal and Exercise Testing  
Methods of Fitness Leadership  
First Aid & Safety

## Licensure and Certification

National Certified Counselor (#44354)  
1996 - Present

National Board of  
Certified Counselors

Program Director (#253)  
1988 - Present

American College of  
Sports Medicine

Clinical Exercise Physiologist (#803)  
1987 - Present

American College of  
Sports Medicine

Peer Reviewer  
2010 - Present

Quality Matters Program

Master Reviewer  
2016 – 2019

Quality Matters Program

## Grants and Awards

**Fall, 2007 – Pfizer Medical Education Grant;** \$3,450.00 for the TAMHSC College of Medicine 2008 Mini Medical School program.

**Fall, 2005 – Pfizer Educational Grant;** \$7,000.00 for the TAMHSC College of Medicine 2006 Mini Medical School program.

## Doctoral Committee Appointments

Dissertation Committee Member, *Effects of mentorship training for evidence-based practice on athletic training students' perceptions of preceptors' mentoring abilities*, John Roberts, EdD conferred September 2019.

Dissertation Committee Member, *Faculty perceptions of value and utilization of best practices for high fidelity simulation experience in associate degree nursing programs*, Linda Nichols, EdD conferred September 2019.

Dissertation Committee Member, *The importance of professional values from a radiologic technologist's perspective*, Kellie Haynes, EdD conferred May 2018.

Dissertation Committee Member, Tess Myers

Dissertation Committee Member, Judy Kreideweis

## Research

Emerging Scholars Program, Project: Nutritional Quality of Campus Food, 2012.

Emerging Scholars Program, Project: Ethical Issues Associated with Obesity, 2011.

Faculty Learning Community, Scholarly Teaching and Learning Project: Comparison of moral and ethical beliefs in online versus on-campus health care ethics courses, 2011-2012.

## Publications

Griswold, P.L. and Tommerdahl, A. (2012). Components of online course delivery. Medical Sociology Newsletter, 48, 3.

Tommerdahl, A. and Griswold, P.L. (2012, January). Online delivery of health science courses, American Society of Clinical Laboratory, Today.

Griswold, P.L., Tommerdahl, A., & Dolecheck, J. (2011). Challenges of developing three health studies online accelerated courses. 27<sup>th</sup> Annual Conference on Distance Teaching & Learning Conference Proceedings & Resources. Retrieved from <http://www.uwex.edu/disted/conference/DL11progWeb.pdf>

Banta, T., Collier, A., Terenzini, P., Hoey, J., Antony, A., Black, K., . . . Tommerdahl, A. (2010, October). Institutional research's role in new models of teaching and learning. *The Electronic AIR*. Retrieved from [http://www.airweb.org/images/whitepaper2010/WhitePaperDiscussion\\_4.pdf](http://www.airweb.org/images/whitepaper2010/WhitePaperDiscussion_4.pdf)

Tommerdahl, A., Noble, B.J., & Wilkinson, J. (1987). Effect of caffeine on free fatty acid mobilization and respiratory quotient during prolonged running. *Medicine and Science in Sports and Exercise*, 19, 262.

## **Non-Refereed Documents and Manuals**

Department of Health Studies Student Handbook. (2009)

This document serves as the policy and procedure manual for the Department of Health Studies at the University of Louisiana at Monroe.

Student Services Policy and Procedure Manual. (2001)

This document was written for the Division of Student Services at Shelton State Community College.

Cardiopulmonary Wellness and Rehabilitation. (1998).

This document was written for the workshop entitled Cardiopulmonary Wellness and Rehabilitation.

Contemporary Issues in Cardiac Rehabilitation -- Update '97. (1997).

This document was written for the workshop entitled Contemporary Issues in Cardiac Rehabilitation -- Update '97.

Cardiac Rehabilitation -- Marketing, Reimbursement, & Administrative Issues. (1997).

This document was written for the workshop entitled Cardiac Rehabilitation -- Marketing, Reimbursement, & Administrative Issues.

An Executive Summary of Multiple Role Complexity, Occupational Stress, Coping Strategies, and Personal Strain in Faculty Women. (1996).

This document outlined the descriptive characteristics of faculty women at the University of Wyoming. Submitted to Dr. Al Karnig, Provost, University of Wyoming.

Advances in Cardiopulmonary Teaching. (1996).

This document was written for the workshop entitled Advances in Cardiopulmonary Teaching.

Innovations in Clinical Electrocardiography. (1996).

This document was written for the workshop entitled Innovations in Clinical Electrocardiography.

Cardiac Rehabilitation '96 & Beyond. (1996).

This document was written for the workshop entitled Cardiac Rehabilitation '96 & Beyond.

Wellness Program Proposal for the University of Minnesota. (1995).

This document outlined a proposed wellness program for students, faculty, and staff at the University of Minnesota. Submitted to Dr. McKinley Boston, Vice President for Student Affairs and Athletics, University of Minnesota.

Health Appraisal and Exercise Testing Manual. (1994).

This document served as a supplement to the text in PEPR 4056 (Health Appraisal and Exercise Testing).

Wellness Program Proposal for the University of Wyoming. (1994).

This document outlined a proposed wellness program for students, faculty, and staff at the University of Wyoming. Submitted to Dr. Terry Roark, President, University of Wyoming.

Methods of Fitness Leadership Course Manual. (1993).

This document served as a resource guide and supplement to the text in PEPR 4019 (Methods of Fitness Leadership).

Exercise & Fitness Program Employee Manual. (1993).

This document was written for the aerobics instructors in the UW Exercise & Fitness Program.

Adult Fitness/Cardiac Rehabilitation Program Policy and Procedure Manual. (1992).

This document outlined all of the appropriate policies and procedures for the Adult Fitness/Cardiac Rehabilitation Program at the University of Wyoming.

Pre-Clinical Manual. (1988).

This was a document written for students enrolled in PEPR 3010 (Pre-Clinical Experience) as a resource and instructional guide. Revised annually.

## Presentations

Tommerdahl, A., & Helvey, M. (2016). Technology to prepare for accreditation and advance assessment. Presented at the 2016 WSCUC Academic Resource Conference, Orange County, California.

Kuh, G., Jankowski, N., Tommerdahl, A., & Fulton, S. (2015). Degree qualifications profile, tuning, and IR: Partners in insuring academic quality. Presented at the 2015 AIR Annual Forum, Denver, Colorado.

Wong, H., Tommerdahl, A., Panter, D., Raymer, T., & Fitzpatrick, S. (2014). A community-accountable model for measurable outcomes of awarded degrees, student success, and learning acquisition. Presented at the 2014 WSCUC Academic Resource Conference, Los Angeles, California.

Griswold, P.L., & Tommerdahl, A. (2012). Activities employed in two undergraduate health studies courses that bridge the gap between the senior population and college students. Presented at the Louisiana Geriatrics Society 13<sup>th</sup> Annual Geriatric and Gerontology Conference, New Orleans, Louisiana.

Griswold, P.L., & Tommerdahl, A. (2012). Challenges in design and delivery of two health studies courses at the University of Louisiana at Monroe. Presented at the National Rural Health Association Annual Conference, Denver, Colorado.

Tommerdahl, A., & Griswold, P.L. (2012). Challenges of developing online accelerated courses. Presented at the Midwest Scholars Conference, Indianapolis, Indiana.

Tommerdahl, A., Swan, G. & Stammerjohn, C. (2012). Face-to-face teaching strategies. Presented at the University Week Spring 2012, University of Louisiana at Monroe, Monroe, Louisiana.

Tommerdahl, A., & Griswold, P.L. (2011). Contrasting design strategies for two health studies courses. Presented at the 3<sup>rd</sup> Annual Quality Matters Conference, Baltimore, Maryland.

Griswold, P.L., Tommerdahl, A., & Dolecheck, J. (2011). Challenges of developing three health studies online accelerated courses. Presented at the 27<sup>th</sup> Annual Conference on Distance Teaching & Learning, Madison, Wisconsin.



- Tommerdahl, A. (2011). Nutrition for life. Presented at the University of Louisiana at Monroe, Phi Mu Fraternity, Monroe, Louisiana.
- Tommerdahl, A., & Sloan, R. (2002). Medical student peer counselors: Training future physicians. Presented at the NASPA Annual Conference, Boston, Massachusetts.
- Tommerdahl, A. (1998). Experiential stress management. Presented at UNTHSC, Fort Worth, Texas.
- Tommerdahl, A. (1998). Weight management for the endurance athlete. Presented at UNTHSC Cowtown Marathon Training Clinic, Fort Worth, Texas.
- Tommerdahl, A. (1998). Weight management for the Holidays. Presented at UNTHSC, Fort Worth, Texas.
- Freeman, B., & Tommerdahl, A. (1997). Women in Academia: An Analysis of Personal Strain and Coping. Presented at NRMERA, Jackson, Wyoming.
- Tommerdahl, A., & Freeman, B. (1996). Personal strain and role-related issues for women faculty. Presented at the American Counseling Association World Conference, Pittsburgh, Pennsylvania.
- Tommerdahl, A., Freeman, B., Bruce, M.A., Grindrod, T., McGriff, D., & Porter, S. (1995). Women faculty and doctoral students: Succeeding in the higher education culture. Presented at the Rocky Mountain Association for Counselor Education and Supervision, Breckenridge, Colorado.
- Tommerdahl, A., Freeman, B., Benham-Deal, T., & Powell, J. (1995). Personal strain and role-related issues for women faculty. Presented at the National Women's Studies Association Conference, University of Oklahoma, Norman, Oklahoma.
- Tommerdahl, A., & Freeman, B. (1995). The relationship between multiple role complexity, occupational stress, coping strategies, and personal strain in faculty women. Presented at a workshop for women faculty, University of Wyoming, Laramie, Wyoming.
- Tommerdahl, A., & Freeman, B. (1995). The relationship between multiple role complexity, occupational stress, coping strategies, and personal strain in faculty women. Presented at the Colorado-Wyoming Association for Women in Education, Laramie, Wyoming.
- Benham-Deal, T., Tommerdahl, A., & Freeman, B. (1994). Troubled youth: Psychosocial characteristics and related health issues. Presented at the AAHPERD National Convention & Exposition, Denver, Colorado.
- Tommerdahl, A. (1994). Your heart. Presented at the University of Wyoming, Wellness Week, Laramie, Wyoming.
- Tommerdahl, A. (1992). Nutrition for the active individual. Presented at the conference of Wyoming Alliance for Health, Physical Education, Recreation, and Dance, Douglas, Wyoming.
- Tommerdahl, A. (1992). Wellness in higher education. Presented at the conference of Wyoming Alliance for Health, Physical Education, Recreation, and Dance, Douglas, Wyoming.
- Tommerdahl, A. (1992). The new risk factor. Presented at the American Heart Association Annual Assembly, Sheridan, Wyoming.
- Tommerdahl, A. (1992). Nutrition and the active lifestyle. Presented at the Front Range Greek Conference, University of Wyoming, Laramie, Wyoming.

- Tommerdahl, A. (1991). Exercise and weight control. Presented at the Laramie Junior High School, Laramie, Wyoming.
- Tommerdahl, A. (1990). Fitness leadership as it relates to exercise compliance/ adherence. Presented at the conference of Wyoming Alliance for Health, Physical Education, Recreation, and Dance, Cheyenne, Wyoming.
- Tommerdahl, A. (1990). Exercise and weight control. Presented at UW International Programs Seminar for Democracy and the Economy: East and West, Laramie, Wyoming.
- Tommerdahl, A. (1989). Exercise and coronary heart disease. Presented at the Wyoming Tripartite Committee Fall CE Conference, University of Wyoming, Laramie, Wyoming.
- Tommerdahl, A. (1988). Aerobic instructor certification. Presented at the National Intramural Recreational Sport Association-Rocky Mountain Chapter, Laramie, Wyoming.
- Tommerdahl, A. (1988). Wellness and you. Presented at the University of Wyoming Professional Day, Laramie, Wyoming.
- Tommerdahl, A., Noble, B. J., & Wilkinson, J. (1987). Effect of caffeine on free fatty acid mobilization and respiratory quotient during prolonged running. Presented at the American College of Sports Medicine Annual Meeting, Las Vegas, Nevada.
- Tommerdahl, A. (1986). Physical fitness and you. Presented at the Essential Office Personnel Workshop, University of Wyoming, Laramie, Wyoming.

### **Invited Participant**

- The Institutional Researcher's Role in New Models of Teaching and Learning (2010). White Paper Discussion Group, 2010 AIR Annual Forum, Chicago, Illinois.
- Nutrition: Your Life Science (2010). Focus Group, Cengage Learning, Web-based.

### **Course Development**

- Tommerdahl A. (2021). EPCE 5369 – Seminar in Counseling: Ethics II. Developed for the College of Education, Texas Tech University.
- Tommerdahl, A. (2014). HPRE 5005 – Ethics and Professionalism in Health Care. Developed for the College of Education, University of Louisiana at Monroe.
- Tommerdahl, A. (2014). HPRE 5004 – Grant Writing in Health Care. Developed for the College of Education, University of Louisiana at Monroe.
- Tommerdahl, A. (2013). HPRE 5001 – Leadership in Health Care. Developed for the College of Education, University of Louisiana at Monroe.
- Tommerdahl, A. (2010). HLST 2007 - Nutrition. Developed for the Department of Health Studies, University of Louisiana at Monroe.
- Tommerdahl, A. (2009). HLST 4007 - Grant Writing for Health Professionals. Developed for the Department of Health Studies, University of Louisiana at Monroe.

- Tommerdahl, A. (1998). Cardiopulmonary Wellness & Rehabilitation. Developed for Academy Medical Systems, Rolling Hills Est., California.
- Tommerdahl, A. (1997). Wellness Counseling. Developed for the Department of Educational Psychology and Counseling, University of Wyoming.
- Tommerdahl, A. (1997). Contemporary issues in cardiac rehabilitation -- update '97. Developed for Academy Medical Systems, Rolling Hills Est., California.
- Tommerdahl, A. (1997). Cardiac rehabilitation -- marketing, reimbursement, & administrative issues. Developed for Academy Medical Systems, Rolling Hills Est., California.
- Tommerdahl, A. (1996). Innovations in clinical electrocardiography. Developed for Academy Medical Systems, Rolling Hills Est., California.
- Tommerdahl, A. (1996). Advances in cardiopulmonary teaching. Developed for Academy Medical Systems, Rolling Hills Est., California.
- Tommerdahl, A. (1993). Special topics in exercise testing and prescription. Developed for the School of Physical and Health Education, University of Wyoming.
- Tommerdahl, A. (1988). Methods of fitness leadership. Developed for the School of Physical and Health Education, University of Wyoming.
- Tommerdahl, A. (1988). Pre-clinical experience. Developed for the School of Physical and Health Education, University of Wyoming.
- Tommerdahl, A. (1988). Clinical experience. Developed for the School of Physical and Health Education, University of Wyoming.

## **Editorial Activities**

- Reviewer, Creating evidence-based practitioners: Bridging the gap between the classroom and clinic, Online Journal of Interprofessional Health Promotion, 2019.
- Reviewer, ACPA 2019 Annual Conference Program, 2018.
- Reviewer, Rehabilitation Ethics for Interprofessional Practice, Jones & Bartlett Learning, 2017.
- Reviewer, Nutrition for Health, Fitness & Sport, McGraw-Hill Education, 2014.
- Reviewer, NASPA 2013 Annual Conference Program, 2012.
- Reviewer, ACPA 2012 Annual Conference Program, 2011.
- Reviewer, NASPA 2012 Annual Conference Program, 2011.
- Reviewer, Introductory Nutrition, Jones & Bartlett Learning, 2011.
- Reviewer, Discovering Nutrition, Third Edition, Jones & Bartlett Learning, 2010.
- Reviewer, ACPA 2010 Annual Conference Program, 2009.
- Reviewer, NASPA 2010 Annual Conference Program, 2009.

Reviewer, Essential Medical Terminology, 3rd Edition (test bank), Jones & Bartlett Publishers, 2009.

Reviewer, NASPA 2008 Annual Conference Program, 2007.

Editor, Student Affairs Chronicle, University of North Texas Health Science Center, 1998 - 1999.

Columnist, Student Affairs Column, Pulse, University of Wyoming, 1995.

Editorial Review Board for Impulse: The International Journal of Dance Science, Medicine, and Education, Human Kinetics Publishers, Champaign, IL (1993 - 1995)

Editor, UpBeat, University of Wyoming, 1987-1994.

Columnist, Wellness Corner, Pulse, University of Wyoming, 1990-1994.

Reviewer, Mosby, Fitness for College and Life (4th Ed.), 1992.

## Electronic Media

Exercise and Weight Control. *Insights*. KUWR Radio, Laramie, WY.

Winter Exercise. *Insights*. KUWR Radio, Laramie, WY.

Beginning an Exercise Program. *Insights*. KUWR Radio, Laramie, WY.

UW Exercise & Fitness Program. *Wyoming Talks*. KUWR Radio, Laramie, WY.

Exercise for Women. *Wyoming Talks*. KUWR Radio, Laramie, WY.

## Administrative Experience

### HOLY NAMES UNIVERSITY

Academic Affairs Leadership Team  
Academic Affairs Council  
Institutional Planning Council  
Program Review Committee  
Core Competency Committee (Chair)

### TEXAS A&M HEALTH SCIENCE CENTER COLLEGE OF MEDICINE

Dean's Staff  
Strategic Planning Committee  
Academic Council  
Executive Committee  
Basic Science Department Heads Group  
Realignment Coordinating Committee  
Dean's Planning Group  
Dean's Leadership Council  
Year I & II Course Directors  
Curriculum Committee (ad hoc)

### SHELTON STATE COMMUNITY COLLEGE

President's Staff  
Dean's Staff  
Division Chair's Group

Division Reorganization Action Team  
Attendance Policy Committee

**UNIVERSITY OF NORTH TEXAS HEALTH SCIENCE CENTER**

Strategic Enrollment Management Group (Chair)  
Infection Control Committee  
President's Action Committee  
Student Affairs Advisory Group  
Course Directors 6-8  
Institutional Compliance Committee  
Strategic Directions Team  
Web Site Design Group  
Institutional Effectiveness Committee  
Space Utilization Committee  
Honor Code Roundtable  
Supervised Skills Task Team  
Mid-Managers Leadership Development Team  
Academic Scheduling Committee  
SACS Self-Study Steering Committee  
SACS Student Affairs Subcommittee  
SACS Graduate Education Subcommittee  
Student Performance Committee  
Medical School Curriculum Committee  
PA Curriculum Committee

**UNIVERSITY OF WYOMING**

Mercer Appeal Committee  
Student Health Advisory Committee  
Planning Committee for APA Regional Conference for Counseling Psychologists  
Academic Deans/Student Affairs Advisory Committee  
Center for Academic Advising Review Committee  
Recruitment and Retention Committee  
Leadership Committee, planned a conference entitled *Building Community for Student Success*  
featuring Patrick Terenzini of Penn State University  
Undergraduate Exercise and Sport Science Program Committee  
Scholarship Selection Committee  
Clinical Experience Ad Hoc Committee (Chair)  
College of Health Sciences Long-Range Facility Planning Committee  
Risk Management Committee  
Staff Council Cabinet  
Facility Advisory Committee

**Professional Service**

National Quality Matters Peer Reviewer  
Rocky Mountain ACES Student Representative to ACA  
Wyoming State Representative for ACSM Healthy People 2000, American College of Sports Medicine  
Steering Committee for the Wyoming Governor's Council for Physical Fitness and Sport

**University Service**

**THE UNIVERSITY OF LOUISIANA AT MONROE**

Faculty Senate  
Faculty Welfare Committee

Faculty Development Committee  
Quality Matters Peer Reviewer  
QEP Peer Reviewer  
United Way Department Representative, 2011  
College of Health Sciences Web and Technology Committee  
College of Health Sciences Review Committee for Foundation Awards for Excellence  
College of Health Sciences Curriculum Committee  
Academic Productivity and Performance Committee  
Academic Productivity and Performance Committee – Workload Sub-committee  
E-Learning Committee  
College of Health Sciences Graduate Council  
Distinguished Faculty Award Committee  
Honors' Council  
Honors' Council Admissions Sub-committee  
Textbook Appeals Committee  
Health Studies Student Association Advisor

#### **TEXAS A&M HEALTH SCIENCE CENTER**

Web Advisory Committee  
2015 Strategic Planning Steering Committee  
2015 Strategic Planning Task Force  
Institutional Research Council  
Academic Affairs Advisory Council

#### **UNIVERSITY OF NORTH TEXAS HEALTH SCIENCE CENTER**

State Employee Charitable Campaign  
Health Promotion Committee  
Search Committee for Assistant Dean of Enrollment Services  
Search Committee for Health Promotion Manager

#### **UNIVERSITY OF WYOMING**

PE Major's Club Advisor  
Women's Health Action Team  
Search and Screen for FIRS Assistant Director  
Search and Screen for Senior Administrative Secretary  
Craig Lecture Committee (Chair)  
Wellness Committee (Chair)  
Wellness Task Force  
Search and Screen Committee for Associate Professor in Exercise Physiology  
Search and Screen Committee for Program Manager of Half Acre

### **Community Service**

Mental Health Association, Professional Advisory Committee, Tuscaloosa, Alabama  
Fellowship of Christian Athletes, TCU Advisor, Fort Worth, Texas  
Fellowship of Christian Athletes State Board, Minneapolis, Minnesota  
Fellowship of Christian Athletes State Board, Laramie, Wyoming  
Albany County Nutrition Council, Laramie, Wyoming  
Nutrition Month Task Force, Laramie, Wyoming  
American Heart Association Cardiac Arrest, Laramie, Wyoming  
American Heart Association TurkeyWalk (Chair), Laramie, Wyoming  
American Heart Association Worksite Chairperson, Laramie, Wyoming  
American Heart Association of Albany County Board of Directors, Laramie, Wyoming  
American Heart Association Dance for Heart Chairperson, Laramie, Wyoming

## **Consulting**

Bossier Parish Community College, Bossier City, Louisiana, 2009-2010.  
Research Consultant, Melpomene Institute for Women's Health Research, St. Paul, Minnesota, 1995.  
Consultant, University of Minnesota, Minneapolis, Minnesota, 1995.  
Consultant, Southeast Wyoming Mental Health, Cheyenne, Wyoming, May 1995.  
Consultant, Rock Springs High School, Rock Springs, Wyoming, December 1986.

## **Professional Organizations**

Association of American Medical Colleges  
Association of American Medical Colleges Group on Institutional Planning  
American Counseling Association  
Association for Counselor Education and Supervision  
Phi Kappa Phi Honor Society  
American College of Sports Medicine  
Association for Institutional Research

## **References**

References are available upon request.