

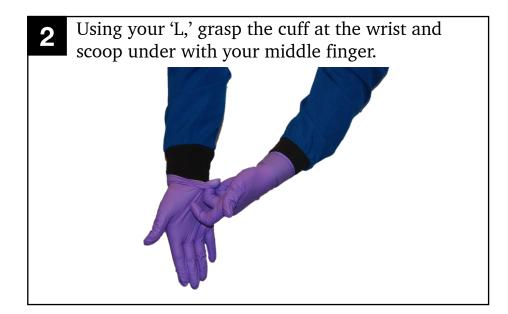
Safe Glove Removal -The "Beaking" Method

If your lab coat or glove cuffs are contaminated, the "Beaking" Method is the safest glove removal method. Watch the video: https://www.youtube.com/watch?v=YfGivTv3wbc



Working over an appropriate waste receptacle, hold your right hand palm-side up in front of you. Form an 'L' with your thumb and index finger of your left hand.





Pull the end of the glove over the thumb over the top of your fingers forming a "beak."





Continue removing the glove and dispose of it in the appropriate waste receptacle. Hold your "beaked" hand palm-side up in front of you.



Using the index finger of your left (ungloved) hand, complete the glove removal of the beaked hand by running your finger down the center of the palm. Avoid touching the cuff of your lab coat.









This poster and other resources are available on our website!

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