

WEEK 1 **JAN 29 - FEB 2** FEB 19 - FEB 23 MAR 18 - MAR 22 APR 8 - APR 12 APR 29 - MAY 3

WFFK2 **FEB 5 - FEB 9** FEB 26 - MAR 1 MAR 25 - MAR 29 APR 15 - APR 19 MAY 6 - 10

WFFK3 FEB 12 - FEB 16 **MAR 4 - MAR 8 APR 1 - APR 5** APR 22 - APR 26

# Daily Breakfast

Scrambled Eggs · Bacon · Sausage · Tater Tots Biscuits · Yogurt w/ Assorted Toppings · Bagels · Toast

Mon

French Toast

Tue

- Sausage
- Egg &
- Cheese
- **Biscuits**

Wed

Pancakes

Thu

- Ham
- Egg &
- Cheese
- Croissant

Fri Sausage Egg & Cheese **Burrito** 

### Daily Lunch & Dinner

Grilled Chicken · Hamburgers · Pizzas · Pastas · Fruit & Salad Bar

Mon	Tue	Wed	Thu	Fri
Breaded Chicken Strips	Crispy Beef Tacos	Chicken Fried Steak	Baked Ziti	
Hamburger Steak		BBQ Dry Rub Chicken Legs		Blackened Pangasius
Sides Mashed Potatoes Green Beans California Blend Veggies	Refried Beans Squash Chile Corn	Spinach	Sides Red Potatoes Roasted Zucchini Broccoli	Rice Pilaf Collard Greens

Sat/Sun Brunch Smoked Sausage · Chicken Strips · Grilled Chicken Scrambled Eggs · Bacon · Tater Tots · Biscuits

### Mashed Potatoes • Green Beans • Salad Bar • Fruit Bar





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# Daily Breakfast

Scrambled Eggs · Bacon · Sausage · Tater Tots Biscuits · Yogurt w/ Assorted Toppings · Bagels · Toast

Mon

Sausage Biscuits

Tue	Wed	Thu	
Waffles	Egg McMuffin	Bacon Egg &	a Cane
• • •	• • •	Cheese Toaster	

Daily Lunch & Dinner

Grilled Chicken · Hamburgers · Pizzas · Pastas · Fruit & Salad Bar

Mon	TINP.	Wed		Fri
Chicken Nuggets	Beef	Chicken Fried Chicken	Meat	Fried Catfish
Lemon Pepper Pangasius		Green Chili Beef Casserole	Lasagna Spaghetti	Blackened Pangasius
Sides Mashed Potatoes Green Beans California Blend Veggies	Spanish Rice Refried Beans Squash Chile Corn	Sides Mashed Potatoes Green Beans Sninach	Sides Roasted Red Potatoes Roasted Zucchini Broccoli	Sides French Fries Hush Puppies

Sat/Sun Brunch King Ranch Chicken · Chicken Strips · Grilled Chicken Scrambled Eggs · Sausage · Tater Tots · Biscuits

### Mashed Potatoes • Green Beans • Salad Bar • Fruit Bar





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# Daily Breakfast

Scrambled Eggs · Bacon · Sausage · Tater Tots Biscuits · Yogurt w/ Assorted Toppings · Bagels · Toast

Mon

French Toast Tue

Bacon

- Egg &
- Cheese
- Burrito

Wed

Sausage

- Egg &
- Cheese
- Croissant

Thu Pancakes Fri

Sausage Egg & Cheese Biscuit

## Daily Lunch & Dinner

Grilled Chicken • Hamburgers • Pizzas • Pastas • Fruit & Salad Bar

Mon		Wed	Thu	
Santa Fe Chicken	Beef	: Beef & : Broccoli : Stir-fry	Chicken Parmesan	Fried Catfish
Lemon Pepper Pangasius	Fish	Lemon	Bow Tie Pasta w/ Tomato Sauce	Blackened
<b>Sides</b> Mashed Potatoes Green Beans California Blend Veggies	Refried Beans Squash Chile Corn	• Spinach	Sides Roasted Red Potatoes Roasted Zucchini Broccoli	French Fries Hush Puppies Rice Pilaf Collard Greens

Sat/Sun Brunch Teriyaki Chicken · Chicken Strips · Grilled Chicken Scrambled Eggs · Bacon · Tater Tots · Biscuits

<b>Steamed White Rice</b>	<ul> <li>Mashed Potatoes</li> </ul>	Green Reans	• Salad Bar •	Fruit Rar
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