



# COLLEGE OF HUMAN SCIENCES - ACADEMIC ADVISING SERVICES

## 2011-2012 DEGREE PLANNING FORM: NTRN-NHW

Bachelor of Science in Nutrition

Concentration in Nutrition, Health, and Wellness

NAME:

R #:

MET	HR	REQUIRED	GRADES/NOTES
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### ENGLISH (6 HOURS)

<input type="checkbox"/>	(3)	ENGL 1301	[010]
<input type="checkbox"/>	(3)	ENGL 1302	[010]

### TECHNOLOGY (6 HOURS)

<input type="checkbox"/>	(3)	NS 2310	[090]
<input type="checkbox"/>	(3)	FDSC 3303	[090]

### MATHEMATICS (6 HOURS)

<input type="checkbox"/>	(3)	MATH	[020]
<input type="checkbox"/>	(3)	MATH 2300	[020]

MET	HR	REQUIRED	GRADES/NOTES
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### SCIENCES (12 HOURS)

<input type="checkbox"/>	(3)	CHEM 1305	[030]
<input type="checkbox"/>	(1)	CHEM 1105	[031]
<input type="checkbox"/>	(3)	CHEM 1306	[030]
<input type="checkbox"/>	(1)	CHEM 1106	[031]
<input type="checkbox"/>	(4)	ZOOL 2403	[030]

### VISUAL & PERFORMING ARTS (3 HOURS)

<input type="checkbox"/>	(3)		[050]
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### ORAL COMMUNICATION (3 HOURS)

<input type="checkbox"/>	(3)	CFAS 2300	[011]
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MET	HR	REQUIRED	GRADES/NOTES
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### SOCIAL SCIENCES (12 HOURS)

<input type="checkbox"/>	(3)	HIST 2300	[060]
<input type="checkbox"/>	(3)	HIST 2301	[060]
<input type="checkbox"/>	(3)	POLS 1301	[070]
<input type="checkbox"/>	(3)	POLS 2302	[070]

### HUMANITIES (3 HOURS)

<input type="checkbox"/>	(3)		[040]
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### FOREIGN LANGUAGE

<input type="checkbox"/>	2 Yrs High School		
	OR two semesters:		
<input type="checkbox"/>	( )		
<input type="checkbox"/>	( )		

MET	HR	REQUIRED	GRADES/NOTES
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### HUMAN SCIENCES CORE (10 HOURS)

<input type="checkbox"/>	(1)	HUSC 1100 ** or IS 1100 **	
<input type="checkbox"/>	(3)	ADRS 2310	[080]
<input type="checkbox"/>	(3)	FCSE 3303	
<input type="checkbox"/>	(3)	HDFS 3320	

MET	HR	REQUIRED	GRADES/NOTES
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### ELECTIVES (4 HOURS)

<input type="checkbox"/>	( )		
<input type="checkbox"/>	( )		

3000-4000 ADRS, ESS, or Health

May include some PF&W

MET	HR	REQUIRED	GRADES/NOTES
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### MAJOR COURSES (35 HOURS)

<input type="checkbox"/>	(3)	NS 1301	
<input type="checkbox"/>	(4)	NS 2420	
<input type="checkbox"/>	(3)	NS 3310	
<input type="checkbox"/>	(3)	NS 3325	
<input type="checkbox"/>	(3)	NS 3340	[WI]
<input type="checkbox"/>	(4)	NS 3411	
<input type="checkbox"/>	(1)	NS 4130	
<input type="checkbox"/>	(2)	NS 4220	
<input type="checkbox"/>	(3)	NS 4301	
<input type="checkbox"/>	(3)	NS 4330	[WI]
<input type="checkbox"/>	(3)	NS 4350	[WI]
<input type="checkbox"/>	(3)	NS 4380	[M, 080, WI]

MET	HR	REQUIRED	GRADES/NOTES
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### MINOR IN ESS (20 HOURS)

<input type="checkbox"/>	(3)	ESS 1301	
<input type="checkbox"/>	(2)	ESS 2275	
<input type="checkbox"/>	(3)	ESS 3305	
<input type="checkbox"/>	(3)	ESS 3318	
<input type="checkbox"/>	(3)	ESS 3321	
<input type="checkbox"/>	(3)	ESS 4368	
<input type="checkbox"/>	(3)	ESS 4372	

### LEGEND

\*\* Transfer students may substitute one elective hour

Grade of "C" or better required

**TOTAL HOURS = 120**

### NOTES



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**2011-2012 GUIDELINES FOR REGISTRATION: NTRN**

**Bachelor of Science in Nutrition**

with a concentration in Nutrition, Health, and Wellness

Office: HS 159

Tel: 806|742|1180

Web: <http://www.depts.ttu.edu/hs/advising/>

**FIRST YEAR**

FALL SEMESTER = 14 HOURS				SPRING SEMESTER = 16 HOURS			
(1)	HUSC	1100	Intro to Human Sciences	(3)	^ ENGL	1302	Advanced College Rhetoric
	or IS	1100	Freshman Transition	(3)	ESS	1301	Introduction to Exercise Sports Science
(3)	ENGL	1301	Essentials of College Rhetoric	(3)	NS	1301	Introduction to Nutrition
(3)	* MATH			(4)	# ^ CHEM	1306/1106	Chemistry and Society II & Lab
(3)	POLS	1301	American Government Organization	(3)	POLS	2302	American Public Policy
(4)	# CHEM	1305/1105	Chemistry and Society I & Lab				

**SECOND YEAR**

FALL SEMESTER = 15 HOURS				SPRING SEMESTER = 16 HOURS			
(3)	NS	2310	Principles of Food Preparation	(4)	^ NS	2420	Nutrition
(2)	^ ESS	2275	Practicum in Exercise & Health Promotion	(3)	^ ESS	3305	Exercise Physiology
(3)	HIST	2300	US History to 1877	(3)	FDSC	3303	Food Sanitation
(4)	^ ZOOL	2403	Human Anatomy	(3)	HIST	2301	US History from 1877
(3)	^ MATH	2300	Statistical Methods	(3)	CFAS	2300	Community, Civility, & Ethics

**THIRD YEAR**

FALL SEMESTER = 15 HOURS				SPRING SEMESTER = 13 HOURS			
(3)	^ NS	3310	Essentials of Dietetic Practice	(4)	^ NS	3411	[S] Strategies in Dietetic Counseling
(3)	^ NS	3325	Sports Nutrition	(2)	NS	4220	*** Medical Terminology
(3)	^ NS	3340	Nutrition Through the Lifecycle	(3)	ESS	3321	First Aid
(3)	ESS	3318	Exercise & Sports Psychology	(1)	Elective		
(3)	FCSE	3303	Educational Process in Family and Consumer Sciences Professions	(3)	ADRS	2310	Understanding Alcohol, Drugs, and Addictive Behaviors

**FOURTH YEAR**

FALL SEMESTER = 15 HOURS				SPRING SEMESTER = 16 HOURS			
(3)	HDFS	3320	The Contemporary Family	(3)	^ NS	4301	[S] Nutrition and Chronic Disease
(3)	^ NS	4350	Emerging Issues in Food Sci & Nut. Elective	(3)	^# NS	4330	Community Nutrition
(3)	^ ESS	4372	Management in Exercise & Health Promotion	(1)	# NS	4130	Field Work
(3)	* Humanities Elective			(3)	^ ESS	4368	Applied Exercise Physiology
(3)	<b>Elective</b>		3000-4000 level of ADRS or ESS or Health	(3)	NS	4380	Cultural Foods
				(3)	* Visual and Performing Arts Elective		

The above are suggested guidelines for registration. Students who prefer a lighter load each semester may take courses offered during the summer sessions. However, all courses are not offered in the summer. Refer to the website [www.raiderlink.ttu.edu](http://www.raiderlink.ttu.edu) student for updates on course offerings. This plan assumes that the student is exempt from any additional foreign language requirement for the University Core.

**LEGEND**

\* Refer to Univ. Core Curriculum Req. for course selection

^ Pre-requisites or restrictions apply

# Concurrent enrollment is required

[S] Offered Spring semester only

[\*\*\*] Offered Online only

[F] Offered Fall semester only

**NOTES**

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