

“Healthy Living Starts at Home”

Healthy Foods & Habits Word Search

Mission of Activity: To help students make the determination between what is healthy for their body.

(Circle ONLY “healthy” foods and habits! Cross out the rest.)



carrots
exercise
salad
oatmeal
swimming

chocolate
videogames
running
water
granola

milk
whole grains
yogurt
apple
banana

soda
candy
raisins
basketball
turkey