

C. NICHOLE MORELOCK, PH.D., LMFT

Professor of Practice

Department of Community, Family, and Addiction Sciences

Texas Tech University College of Human Sciences

Box 41250, Lubbock, Texas 79409-1250

Office (806) 834-8661 | Fax (806) 742-0053

Catherine.Morelock@ttu.edu

EDUCATION

Doctor of Philosophy, Marriage and Family Therapy, Texas Tech University, 2005

Dissertation Title: Personal Idiom Use and Affect Regulation in Romantic Relationships.

Master of Science, Human Development and Family Studies, Texas Tech University, 1998

Thesis Title: Psychological Well-Being of Siblings in Late Adulthood.

Bachelor of Science, Psychology / Gender Studies, Missouri State University, May 1995

ACADEMIC AND PROFESSIONAL APPOINTMENTS (since 2000)

Sept 2018 – Present

Professor of Practice, Texas Tech University College of Human Sciences Department of Community, Family and Addiction Sciences. Courses taught: CARS 3320 Ethics, CARS 4330 Professional Skills and Leadership, CARS 2301 Introduction to CARS, CARS 3325 Interviewing and Relational Counseling Skills, CARS 4314 Practicum, CARS 4390 Senior Capstone.

August 2011-Present

Program Director, Bachelor of Science in Counseling and Addiction Recovery Sciences (formerly Community, Family, and Addiction Sciences)

August 2011 – May 2021

Associate Chair, Texas Tech University College of Human Sciences Department of Community, Family and Addiction Sciences.

January 2012 – August 2018

Assistant Professor, Texas Tech University College of Human Sciences Department of Community, Family and Addiction Sciences. Courses taught: CFAS 2300 Communication, Civility, & Ethics; CFAS 4314 Practicum in CFAS; and CFAS 4330, Administration in Community, Family and Addiction Services.

- Jan 2009 – August 2011 *Assistant Chair for Special Projects and Compliance, Texas Tech University College of Human Sciences Department of Applied and Professional Studies.*
- Sept 2008 – Dec 2012 *Instructor and Degree Program Coordinator, Community, Family, and Addiction Services, Texas Tech University College of Human Sciences Department of Applied and Professional Studies.*
- Sept 2006 – Aug 2008 *Instructor and Director, Texas Tech Family Therapy Clinic, Marriage and Family Therapy Program, Texas Tech University Department of Applied and Professional Studies. Courses taught: MFT 6395 Graduate Practicum in MFT, MFT 7395, Internship in MFT, and MFT 6303, Couples and Sex Therapy. Managed daily functioning of the Family Therapy Clinic, including client service provision, marketing, coordination of graduate student therapists, and management of the clinic operating budget. Provided therapy services to individuals, couples, and families.*
- Sept 2004 – Aug 2006 *Associate Director*
Employee Assistance Program, Southwest Institute for Addictive Diseases, Department of Neuropsychiatry, Texas Tech University Health Sciences Center. Provided EAP services to state agencies, municipalities, corporations, school districts and hospitals. Management responsibilities included contract recruitment and retention, bi-monthly orientations to EAP for contract employees, administration of supervisor referrals, and supervision of clinical services provided by EAP therapists. In addition to administrative duties, organizational interventions, community workshops, mediation, and therapy services for individuals, couples, and families were provided.
- Dec 2000 – Aug 2004 *EAP Therapist*
Employee Assistance Program, Southwest Institute for Addictive Diseases, Department of Neuropsychiatry, Texas Tech University Health Sciences Center. Provided individual, couple, and family therapy to EAP clients as well as departmental interventions, wellness workshops, and team building. Also assisted EAP administrators with various duties.

DOCTORAL DISSERTATION COMMITTEES (10)

Brooke A. Hill-Allen (completed 2015)
 Nicole Mayo (completed 2013)
 Sara Blakeslee (completed 2010)
 Mark White (completed 2009)
 Jason Northrup (completed 2008)

Lisa Merchant (completed 2015)
 Kimberly Kerkseik (completed 2010)
 Amanda Harrington (completed 2010)
 Faith Drew (completed 2008)
 Shaun Lester (completed 2007)

THESIS COMMITTEES (1)

Joslyn Armstrong (completed 2015)

PROFESSIONAL AWARDS AND HONORS

Burleson Faculty Service Award, 2021
 COHS Excellence in Teaching Award, TTU College of Human Sciences, 2019
 Raiders Who Rock Pursuit of Excellence Award Nominee, TTU Transition & Engagement, 2018
 TLPDC Faculty Spotlight Award, 2016
 Spencer A. Wells Creativity in Teaching Award, College of Human Sciences, 2016
 TTU Teaching Academy Member, 2015
 Kathryn Burleson Faculty Service Award, 2013

FUNDING

Cravens, J., Shumway, S., & Morelock, C. N. *Development of Distance (online) Program, Addictive Disorders & Recovery Studies*, \$19, 249.97. 1/15/2015-8/15/2015.

- Competitive internal award from TTU Worldwide eLearning to develop a fully online minor in Addictive Disorders and Recovery Studies.

Morelock, C. N. & Durband, D. *Undergraduate Growth and Quality Enhancement Initiative, Summer Engagement Scholarships*, \$10,000. 5/1/2014-8/31/2014.

- Competitive internal award from the College of Human Sciences. Funding created CFAS Summer Engagement Scholarships to support CFAS majors completing a summer practicum.

GRANT REPORTS

Arredondo, R., Shumway, S. T., Kimball, T. G., Dersch, C. A., **Morelock, C. N.**, & Bryan, L. (2002). Qualitative/Quantitative assessment of a police family stress program. A comprehensive report to the National Institute of Justice. Available:
<http://abstracsdbs.ncjrs.org/content/AbstractsDBSearch.asp> Enter NCJ # 197900

Arredondo, R., Shumway, S. T., Kimball, T. G., Dersch, C. A., **Morelock, C. N.**, & Bryan, L. (2002). Qualitative/Quantitative assessment of a police family stress program. An executive summary to the National Institute of Justice. Available:
<http://abstracsdbs.ncjrs.org/content/AbstractsDBSearch.asp> Enter NCJ # 197899

PEER- REVIEWED JOURNAL PUBLICATION

McNaughtan, J., Litsey, R., & **Morelock, N.** (2020). Fabricating concepts: Using custom 3D models to teach abstract concepts. Journal of Applied Research in Higher Education. (published online ahead of print), <https://doi.org/10.1108/JARHE-06-2020-0172>.

Morelock, C. N., Ivey, D., & Busby, D. (2003). The relationship of family of origin processes with anxiety and communication in marriage: Perceptions of self and partner. Journal of the Texas Association for Marriage and Family Therapy, 8, p. 36-51.

INVITED BOOK CHAPTER

Feng, D., Chin, Y., & **Morelock, C. N.** (2007). Sibling Relationship in Adulthood: Its effect on psychological well-being. In C. Yoon (Ed.), *Focus on Family Relations in the Twenty-First Century* (pp. 69-91). Hauppauge, NY: Nova Science Publishers.

CONFERENCE PRESENTATIONS

Litsey, R., McNaughtan, J., & **Morelock, C. N.** (2017). Sharing and Helping Academics Prepare for Educational Success (SHAPES): Weapons of Mass Instruction. Workshop presented during the 2017 Big 12 Annual Teaching and Learning Conference, Lubbock, Texas.

Morelock, C. N. (2014). Student Academic Entitlement: Implications for Educators. Workshop presented during the 2014 Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) Annual Meeting, Nashville, Tennessee.

Morelock, C. N. & Hughes, J. (2012). From Burnout to Buy-in: Overcoming Faculty Resistance to Assessment. Workshop presented during the 2012 Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) Annual Meeting, Dallas, Texas.

Morelock, C. N. & Dakin, J*. (2008). Making Friends with Technology: Flexible, Affordable Alternatives for Digital Recording in Training Facilities. Poster presented at the 2008 Annual TAMFT conference, Galveston, TX.

Feng, D., Giarusso, R., Chin, Y., & **Morelock, C. N.** (2007). Sibling Relationships in Later Life. Paper presented at the Gerontological Society of America Annual Conference, San Francisco, California.

Morelock, C. N., & Feng, D. (1999). Psychological Well-Being of Siblings in Late Adulthood. Poster presented at the National Council on Family Relations Annual Meeting, Irvine, California.

INVITED PRESENTATIONS

Gregory, M., Johnson, M., & **Morelock, C.N.**, (August 22, 2022). Reducing Student Anxiety and Making Expectations Clear. Panel discussion for the Teaching, Learning, and Professional Development Center.

Morelock, C. N. & Morelock, M. E. (November 5, 2019). Creating Change: Leveraging Professional Resources and Personal Strengths. Presentation for the TechCFR organization, Lubbock, Texas.

Morelock, C. N. (October 19, 2018). Managing Student Entitlement. Workshop presented for TTU English faculty and graduate instructors, Lubbock, Texas.

Morelock, C. N. (August 24, 2018). Student Entitlement: Implications for Educators. Workshop presented for TTU CASNR faculty, Lubbock, Texas.

Morelock, C. N. (October 19, 2016). Academic Entitlement in Advising: Prevention and “Treatment.” Workshop presented for the Advisor’s Forum, Texas Tech Teaching, Learning, and Professional Development Center, Lubbock, Texas.

Morelock, C. N. (September 24, 2016). Assessing CFAS Programs: Turning Challenges into Cheers. Presentation for the Tech Assessment Network (TAN), Lubbock, Texas.

Morelock, C. N. (January 11, 2016). Student Entitlement: Implications for Educators. Workshop presented for Cisco College faculty, Abilene Education Center, Abilene, Texas.

Morelock, C. N. (October 1, 2015). Student Academic Entitlement: Prevention and “Treatment.” Workshop presented for the Texas Tech Teaching, Learning, and Professional Development Center, Lubbock, Texas.

Morelock, C. N. (August 20, 2015). Prevention and Management of Student Academic Entitlement. Workshop presented for the Clarendon College All-College Day, Clarendon, Texas.

Morelock, C. N. (May 11, 2015). Student Academic Entitlement: Prevention and “Treatment.” Workshop presented for the TTUHSC School of Allied Health Sciences Faculty Development Day, Lubbock, Texas.

ADDITIONAL PUBLICATIONS

Morelock, C. N. (2006, May 16). Know your limits and don’t limit your no’s. Lubbock Avalanche Journal.

Morelock, C. N. (2006, February 15). Let me call you sweetheart, honey – you’ll feel better. Lubbock Avalanche Journal.

ACADEMIC SERVICE ACTIVITIES

November 2020-Present	Chair, CARS Curriculum Committee
January 2019-April 2019	Member, TTU Outreach and Engagement Taskforce
April 2017-Present	Member, Assessment Liaison Committee
September 2016-August 2018	Member, QEP Faculty Curricular Committee
September 2016-Present	Member, COHS Institutional Effectiveness Committee
January 2016-May 2021	Member, TTU Communication Literacy Advisory Committee
December 2015-Present	Member, COHS Assessment Committee
September 2013 – Aug 2015	Member, COHS Faculty Council
September 2013-Dec 2013	Member, COHS Grade Appeals Committee
January 2013 – Dec 2013	Member, SACSCOC Reaffirmation Team 5 (Student Services)
January 2009 – Present	Member, CFAS Executive Committee
August 2009 – Present	Member, COHS Curriculum Committee
August 2009 –August 2018	Member, COHS Scholarship Committee
January 2009 – Present	Scholarship Committee Chair, CFAS Department
Sept 2010 – Present	Tech Assessment Network, Member

LICENSE AND PROFESSIONAL ORGANIZATIONS

Nov 2005 – Present	Texas State Licensed Marriage and Family Therapist, TX #5198
Sept 2010 – Dec 2017	Member, TAMFT Ethics Committee
Feb 2006 – Present	AAMFT Clinical Fellow and Approved Supervisor
Feb 2001-Present	Member, TAMFT (Texas Association for MFT)

OUTREACH AND ENGAGEMENT / COMMUNITY SERVICE ACTIVITIES

Sept 2019 – Nov 2019	Communities in Schools Hygiene Drive
May 2014 – Aug 2014	Children’s Advocacy Center Board Development Committee
July 2013 – Aug 2014	Secretary, Children’s Advocacy Center Board of Directors
Dec 2011 – Aug 2014	Children’s Advocacy Center Board Member and Volunteer
Sept 2016-Present	Volunteer, Lubbock Independent School District

COMMUNITY PRESENTATIONS

Caring for Aging Parents	Surviving Graduate School Stress
Saying “No” Without Regret or Resentment	Motivation from Within
Finding Direction through Uncertainty	Hectic Holidays: Managing Holiday Stress
Balancing the Scales: Managing Multiple Roles	Habits of Healthy Relationships
Creative Stress Management: Techniques You Can Live With	

PROFESSIONAL DEVELOPMENT / CONFERENCE ATTENDANCE

Oct 2022	TxAHEA Annual Conference: Spurring Resilience
Mar 2021	TAMFT Annual Conference: Standing in Solidarity
Feb 2020	38 th Academic Chairperson’s Conference, online

Mar 2020 10th Annual Addiction, Recovery, and Families Conference
 Feb 2020 37th Academic Chairperson's Conference, Savannah, GA
 Nov 2019 Source to Solution: Addiction & Recovery Symposium, Lubbock, TX
 Oct 2019 Texas Association for Higher Education Assessment Conference, San Antonio
 Oct 2019 John M. Burns Conference, "How Social Contexts Impact Teaching"
 Aug 2019 2019 AAMFT Annual Conference, Austin, Texas
 Mar 2019 9th Annual Addiction, Recovery, and Families Conference
 Feb 2019 15th Annual Advancing Teaching and Learning Conference, Lubbock, TX
 Feb 2019 36th Academic Chairperson's Conference, Houston, TX
 April 2018 Conference of Addiction, Recovery & Families, TTU
 Mar 2018 14th Annual Advanced Teaching and Learning Conference, TTU
 Jan 2018 Diversity Leadership Development for Chairs, TTU
 Oct 2017 AAMFT Annual Conference, Atlanta, GA
 June 2017 Big 12 Teaching & Learning Conference
 Feb 2017 TAMFT Conference: Making a Difference
 Feb 2017 McKenzie Lectureship Series & Family Therapy Symposium
 Sept 2016 Greenzone Module 1 Training, TTU Military & Veterans Program
 Sept 2016 John M. Burns Conference, "How Learning Works"
 March 2016 TAMFT Conference: Wired for Connection: Neuroscience & Relational Change
 Feb 2016 Family Therapy Symposium
 Oct 2015 14th Annual John M. Burns Conference on Teaching & Learning
 May 2015 TTU TLPDC Summer Discussion Series "The Ivory Tower"
 Mar 2015 Writing Measurable Student Learning Outcomes, TTU OPA
 Feb 2015 Advanced Teaching and Learning Conference, TTU TLPDC
 Dec 2014 Southern Association of Colleges and Schools Commission on Colleges
 (SACSCOC) Annual Meeting
 July 2014 AAFCS New and Emerging Administrators Conference
 May 2014 McKenzie Lectureship Series: Spirituality & Effective Treatment of Addiction
 March 2014 TAMFT Conference: Celebrating our Roots
 Dec 2012 Southern Association of Colleges and Schools Commission on Colleges
 (SACSCOC) Annual Meeting
 Oct 2013 West Texas Assessment Conference
 Sept 2013 Financial Therapy Association Annual Conference
 Dec 2012 The Way of Oz Leadership Seminar
 Oct 2012 West Texas Assessment Conference
 Sept 2012 American Association for Marriage and Family Therapy Annual Conference
 May 2012 PANAPTO webinar discussing benefits of lecture capture software
 Feb 2012 TLPDC Conference on Teaching and Learning
 Jan 2012 Chair's Academy. Workshop for new and existing department chairs

ADDITIONAL TRAINING

- Feb 2012 From Darkness to Light: Stewards of Children. Training on recognizing and preventing childhood sexual abuse.
- Jan 2007 Borderline Personality Disorder: Treatment and Management that Works, seminar presented by Cross Country Education, Lubbock, Texas
- Oct 2003 Facing the Shadow, Sexual Addiction workshop presented by Patrick Carnes, PhD in Houston, Texas
- Oct 2003 The Recovery Zone, Sexual Addiction workshop presented by Patrick Carnes, PhD in Houston, Texas
- April 2001 Critical Incident Stress Management, 2-day training with certificate, International Critical Incident Stress Foundation.
Instructor: Vaughn Donaldson, MA, Licensed Paramedic