

CURRICULUM VITAE

Stephen T. Fife, Ph.D.

Fall 2019

Couple, Marriage, and Family Therapy Program
Department of Community, Family, and Addictions Sciences
College of Human Sciences, Texas Tech University
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EDUCATION

- Ph.D. 2004 Marriage and Family Therapy
Brigham Young University
Dissertation: *A Grounded Theory of the Therapist's Perspective of
Therapeutic Change for Married Couples in Chronic
Conflict* (Chair: Wendy L. Watson, Ph.D.)
- M.S. 1997 Psychology (emphasis: theoretical psychology)
Brigham Young University
Thesis: *A study of the relationship between physical activity and
self-esteem in the elderly* (Chair: David Stimpson, Ph.D.)
- B.S. 1995 Psychology (additional studies in English)
Brigham Young University

PROFESSIONAL EXPERIENCE

- 2017 - Present Associate Professor, Texas Tech University
Program Director
Department of Community, Family, and Addiction Sciences
College of Human Sciences
- COAMFT accredited M.S. and Ph.D. programs in Couple, Marriage and Family therapy and B.S. program in community, family, and addiction sciences

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| 2018 - Present | Clinical Associate Professor, Texas Tech University Health Sciences Center, Department of Pediatrics, School of Medicine |
| 2010 - 2017 | Associate Professor, University of Nevada Las Vegas
Marriage and Family Therapy Program <ul style="list-style-type: none"> • COAMFTE accredited MFT program; undergraduate program in family studies |
| 2004 - 2010 | Assistant Professor, University of Nevada Las Vegas
Department of Marriage and Family Therapy <ul style="list-style-type: none"> • COAMFTE and CACREP accredited MFT program; undergraduate program in human services |
| 2003 - 2004 | Visiting Professor, University of Nevada, Las Vegas
Department of Counseling <ul style="list-style-type: none"> • CACREP accredited MFT program; undergraduate program in human services |
| 2002 - 2003 | Adjunct Faculty, University of Kentucky
Department of Family Studies <ul style="list-style-type: none"> • COAMFTE accredited MFT program; undergraduate program in family studies |
| 2001 - 2002 | Visiting Faculty, University of Kentucky
Department of Family Studies <ul style="list-style-type: none"> • COAMFTE accredited MFT program; undergraduate program in family studies |

RESEARCH INTERESTS

My scholarly activities center on two broad goals: (1) improving the quality of treatment in couple therapy, and (2) providing high-quality training for Marriage and Family Therapy graduate students. My research efforts are directed toward improving treatment for couples and families by specifically investigating two important areas: (1) common factors and process of therapeutic change, and (2) the treatment and healing of infidelity. My research and teaching also focus on enhancing the theoretical sophistication of research and practice in marriage and family therapy.

PUBLICATIONS

PROFESSIONAL BOOKS

Weeks, G. R., **Fife, S. T.**, & Peterson, C. (Eds.). (2016). *Techniques for the couple therapist: Essential interventions from the experts*. New York: Routledge.

Weeks, G. R., & **Fife, S. T.** (2014). *Couples in treatment: Techniques and approaches for effective practice (3rd Edition)*. New York: Routledge.

PEER-REVIEWED JOURNAL ARTICLES

* Graduate student co-author; ⁰ denotes co-first author

Dansby Olufowote, R. A., **Fife, S. T.**, Schleiden, C.*, & Whiting, J. (in press). How can I become more secure?: A grounded theory of earning secure attachment. *Journal of Marital and Family therapy*. doi 10.1111/jmft.12409

Fife, S. T., & Hawkins, L.* (in press). Doctor, Snitch, and Weasel: Narrative family therapy with a child suffering from encoepresis and enuresis. *Clinical Case Studies*.

Eggleston, D.*, Hawkins, L.*, **Fife, S. T.** (in press). As the lights fade: A grounded theory of male professional athletes' decision-making and adjustment to retirement. *Journal of Applied Sport Psychology*.

Gardenhire, J.*, Mullet, N.*, & **Fife, S. T.** (in press). Living with Parkinson's: The process of finding optimism. Manuscript submitted to *Qualitative Health Research*.

Fife, S. T. ⁰, D'Aniello, C.⁰, Scott, S.*, & Sullivan, E.* (2018). Marriage and family therapy students' experience with common factors training. *Journal of Marital and Family Therapy*. doi: 10.1111/jmft.12333 (Published online 27 April 2018)

Jackson, L.*, & **Fife, S. T.** (2018). The impact of parental divorce: The relationship between social support and confidence levels in young adults. *Journal of Divorce and Remarriage*, 59(2), 123-140. doi: 10.1080/10502556.2017.1402652

Fife, S. T. ⁰, & D'Aniello, C. ⁰ (2017). Common factors' role in accredited MFT training programs. *Journal of Marital and Family Therapy*, 43(4), 591-604. doi: 10.1111/jmft.12218

Morrison, S. C.*, **Fife, S. T.**, & Hertlein, K. M. (2017). Mechanisms behind prolonged effects of parental divorce: A phenomenological study. *Journal of Divorce and Remarriage*, 58(1), 44-63. doi: 10.1080/10502556.2016.1262652

- Fife, S. T.** (2015). Martin Buber's philosophy of dialogue and implications for qualitative family research. *Journal of Family Theory and Review*, 7(3), 208-224.
- Fife, S. T.,**⁺ Whiting, J. B., Bradford, K. & Davis, S. (2014). The therapeutic pyramid: A common factors synthesis of techniques, alliance, and way of being. *Journal of Marital and Family Therapy*, 40(1), 20-33.
- Blumer, M. L. C., Nemecek, R. T. L.*, Hertlein, K. M., Rogers, K., Weeks, G. R., Peterson, C. M., & **Fife, S. T.** (2014). Counseling the unemployed: Exploring MFT trainees' perceptions of a pilot clinical program. *American Journal of Family Therapy*, 42, 205-216.
- Fife, S. T.,** Weeks, G. R., & Stellberg-Filbert, J.* (2013). Facilitating forgiveness in the treatment of infidelity: An interpersonal model. *Journal of Family Therapy*, 35, 343-367.
- Whiting, J. B., Oka, M., & **Fife, S. T.** (2012). Appraisal distortions and intimate partner violence: Gender, power, and denial. *Journal of Marital and Family Therapy*, 38, 133-149.
- Blumer, M. L. C., Hertlein, K. M., & **Fife, S. T.** (2012). It's not easy becoming green: The role of family therapists in an eco-sustainability age. *Contemporary Family Therapy*, 34(1), 1-17.
- Weeks, G. R., & **Fife, S. T.** (2009). Rebuilding intimacy following infidelity. *Psychotherapy in Australia*, 15(3), 28-39.
- Brock, G. W., Whiting, J. B., **Fife, S. T.**, & Matern, B.* (2009). Integrity of the marriage and family therapy research literature: Perceptions and recommendations. *Journal of Marital and Family Therapy*, 35(2), 248-252.
- Fife, S. T.,** Weeks, G. R., & Gambescia, N. (2008). Treating infidelity: An integrative approach. *The Family Journal: Counseling & Therapy for Couples and Families*, 16(4), 316-323.
- Weir, K. N., **Fife, S. T.**, Whiting, J. B., Blasewick, A.* (2008). Clinical training of MFTs for adoption, foster care, and child development settings. *Journal of Family Psychotherapy*, 19, 277-290.
- Bird, M. H., Butler, M. H., & **Fife, S. T.** (2007). The process of couple healing following infidelity: A qualitative study. *Journal of Couple and Relationship Therapy*, 6(4), 1-25.
- Fife, S. T.,** & Whiting, J. B. (2007). Values in family therapy research and practice: An invitation for reflection. *Contemporary Family Therapy*, 29, 71-86.

⁺ Winner of the *Journal of Marital and Family Therapy* Best Article of 2014 Award; nominated for the 2015 NCFR Reuben Hill award for an outstanding article contributing to family research and theory.

Whiting, J. B., Nebeker, R. S., & **Fife, S. T.** (2005). Moral responsiveness and discontinuity in therapy: A qualitative study. *Counseling and Values*, 50, 20-37.

Butler, M. H., Dahlin, S. K., & **Fife, S. T.** (2002). "Languaging" factors affecting clients' acceptance of forgiveness intervention in marital therapy. *Journal of Marital and Family Therapy*, 28, 285-298.

PEER-REVIEWED BOOK CHAPTERS

Fife, S. T. (in press). Theory: The heart of systemic family therapy. In K. S. Wampler, R. B. Miller, & R. B. Seedall (Eds.). *The handbook of systemic family therapy, Vol. 1 The profession of couple and family therapy*. Hoboken, NJ: John Wiley & Sons.

Creger, L.*, & **Fife, S. T.** (2019). Treating infidelity. In K. M. Hertlein, N. Gambescia, & G. R. Weeks (Eds.) *Systemic Sex Therapy (3rd ed.)* (pp. xx-xx). New York: Routledge.

Hechter, S. A.*, & **Fife, S. T.** (2019). Children in nature. In M. L. C. Twist, & T. A. Laszloffy (Eds.) *Eco-informed clinical practice: Family therapy in an age of ecological peril*. (pp. 45-57). New York: Springer.

Fife, S. T., D'Aniello, C., & Holyoak, D.* (2018). Negative feedback in family systems theory. In J. Lebow, A. Chambers, & D. Breunlin (Eds.). *Encyclopedia of couple and family therapy*. Springer. doi:10.1007/978-3-319-15877-8_292-1

Fife, S. T., & Squires, M.* (2018). Maintenance in couple and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.). *Encyclopedia of couple and family therapy*. Springer. doi:10.1007/978-3-319-15877-8_586-1

D'Aniello, C., **Fife, S. T.**, & Pelzcar, M.* (2018). Negative explanation in family systems theory. In J. Lebow, A. Chambers, & D. Breunlin (Eds.). *Encyclopedia of couple and family therapy*. Springer. doi:10.1007/978-3-319-15877-8_291-1

Fife, S. T. (2016). Extramarital affairs and infidelity. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of marriage, couple, and family counseling*.

Fife, S. T., & Nichols, S. (2016). Forgiveness. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of marriage, couple, and family counseling*.

Fife, S. T. (2016). The heart and soul of couple therapy. In G. R. Weeks, S. T. Fife, & C. Peterson (Eds.) *Techniques for the couple therapist: Essential interventions from the experts* (pp. 3-10). New York: Routledge.

Fife, S. T. (2016). Aspects of intimacy. In G. R. Weeks, S. T. Fife, & C. Peterson (Eds.) *Techniques for the couple therapist: Essential interventions from the experts* (pp. 145-150). New York: Routledge.

- Fife, S. T.** (2016). Transitioning from I-It to I-Thou: Breaking free of adversarial relationships between partners. In G. R. Weeks, S. T. Fife, & C. Peterson (Eds.) *Techniques for the couple therapist: Essential interventions from the experts* (pp. 128-132). New York: Routledge.
- Fife, S. T.** (2016). Adultery [cultural views of]. In N. A. Naples (Ed.) *The Wiley-Blackwell Encyclopedia of Gender and Sexuality Studies*.
- Fife, S. T., & Weeks, G. R.** (2010). Barriers to recovering intimacy. In J. Carlson & L. Sperry (Eds.) *Recovering intimacy in love relationships: A clinician's guide* (pp. 157-179). New York: Routledge.
- Fife, S. T., & Weeks, G. R.** (2008). Extramarital Sex/Infidelity. In J. T. Sears (Ed.) *The Greenwood Encyclopedia of Love, Courtship, and Sexuality Through History, Vol. 6, The Modern World* (pp. 126-129). Westport, CT: Greenwood Publishing Group.
- Fife, S. T., Weeks, G., R., & Gambescia, N.** (2007). The intersystems approach to treating infidelity. In P. Peluso (Ed.) *Infidelity: A practitioner's guide to working with couples in crisis* (pp. 71-97). Philadelphia: Routledge.

GUEST EDITOR:

- Fife, S. T., and Holyoak, D.*** (Eds) (2019). The therapist in marriage and family therapy [Special virtual issue]. *Journal of Marital and Family Therapy*.
- Fife, S. T.** (Ed.) (2017). Infidelity [Special virtual issue]. *Journal of Marital and Family Therapy*. [http://onlinelibrary.wiley.com/lib-e2.lib.ttu.edu/journal/10.1111/\(ISSN\)1752-0606/homepage/virtual_issue__infidelity.htm](http://onlinelibrary.wiley.com/lib-e2.lib.ttu.edu/journal/10.1111/(ISSN)1752-0606/homepage/virtual_issue__infidelity.htm)

MANUSCRIPTS UNDER REVIEW:

- Fife, S. T., Smedley, L., Peterson, C., Noel, C.*, & Snyder, H.*** (under review). CSA survivors: What heals and what hurts in a couple relationship. *Journal of Sex and Marital Therapy*.
- Fife, S. T.⁰, Stewart, C.^{0*}, Hawkins, L.*** (under review). Family-of-origin, sexual attitudes, and perceptions of infidelity: A mediation analysis. *American Journal of Family Therapy*.
- Holyoak, D.*, **Fife, S. T.**, & Hertlein, K. M. (revise and resubmit). Client's perception of marriage and family therapists' way-of-Being: A phenomenological analysis. *Journal of Marital and Family Therapy*.
- Eddy, B., & **Fife, S. T.** (under review). Proactive husband involvement during pregnancy: A grounded theory. *Family Relations*.

Holyoak, D.*, McPhee, D.*, Hall, G.*, & **Fife, S. T.** (under review). Micro-level advocacy as an additional CMFT common factor. *Family Process*.

Fife, S. T., Christensen, C., M., & Gimarc, C*. (under review). Family therapy and cystic fibrosis: Treatment guidelines for working with childhood chronic illness. *Contemporary Family Therapy*.

Fife, S. T.⁰, & Kazlauskaitė, V.*⁰ (under review). Adolescents and parental terminal illness: Involvement with medical professionals and its effects on grief. Manuscript submitted to *Journal of Adolescent Research*.

Fife, S. T.⁰, Roper, S.⁰, & Sedall, R. (under review). The intergenerational effects of parental divorce on young adult relationships. Manuscript submitted to *Journal of Divorce and Remarriage*.

MANUSCRIPTS IN PREPARATION:

Schonian, S., **Fife, S. T.**, & Ciochon, T. (in preparation). Defining infidelity: A mixed methods study.

Fife, S. T.⁰, Stellberg-Filbert, J.⁰, & Creger, L.* (in preparation). Forgiveness in the treatment of sibling incest.

Fife, S. T., & Stewart, C.* (in preparation). Attitudes and attachment style: Implications for perceptions of infidelity.

Jones, A., Jones, R., & **Fife, S. T.** (in preparation). Sexual communication in various couple types.

Fife, S. T.⁰, Hachquet, A. J.⁰, & Whiting, J. B. (in preparation). From I-It to I-Thou: Evaluating MFT approaches with Buber's relational lens.

Fife, S., D'Aniello, C., Eggleston, D.*, Smith, J.*, & Sanders, D. (in preparation). Common factors in MFT master session videos: A deductive qualitative analysis.

Fife, S. T., Eggleston, D.*, Hawkins, L.*, Mullet, N.*, Gardenhire, J.*, Zielinski, M*. (in preparation). MFT students' experience with training in way of being: A participatory study of a fundamental common factor.

Fife, S. T., Eggleston, D.*, Romney, J.*, & Bahrens, S.* (in preparation). All-star couples: Professional athletes and successful marriage.

Fife, S. T., Hawkins, L., Zafra, J., Tachehchian, R., & Miller, S. (in preparation). Infidelity: A review of empirical research published in MFT journals from 2005-2019.

Fife, S. T., & Staples, J. (in preparation). Couples' process of healing from infidelity while in therapy.

Fife, S. T., Bolick, J., Hechter, S., Squires, M., & Butler, M. (in preparation). The process of healing following infidelity: A qualitative study of online blogs.

Schonian, S. **Fife, S. T.,** Cravens, J., & Bradshaw, S. (In preparation). Perceptions of infidelity.

Fife, S. T., Nemecek, R., Staples, J., Ellis, A., Hunt, Q., Young, T., Kehoe, S., & Peterson, C. (in preparation). Still in the shadows: A content analysis of articles pertaining to sexual addiction in marriage/couple and family therapy journals.

Fife, S. T., Cobb, N., Watson, W. L., & Holyoak, D. (in preparation). Change process in marital therapy: A grounded theory of the therapist's perspective.

Cobb, N. P. G., **Fife, S. T.,** Watson, W. L., Holyoak, D., & Harper, J. M. (in preparation). A grounded theory of change for married couples in chronic conflict from the couple's perspective.

PUBLISHED REVIEWS

Fife, S. T., & Holyoak, D. (2018). [Review of The search for domestic bliss: Marriage and family counseling in 20th-Century America, by I. Dowbiggin]. *Journal of Marital and Family Therapy*, 44(2), 368-369. doi: 10.1111/jmft.12316

Straub, E.*, Pischchanskaya-Cayanan, V.*, & **Fife, S. T.** (2016). [Review of Building your ideal private practice, by Lynn Grodzki, 2015]. *Journal of Couple & Relationship Therapy*, 15(1), 77-78. DOI: 10.1080/15332691.2016.1118322

Igeleke, E.*, Marie, M.*, Huddleston, K.*, & **Fife, S. T.** (2010). [Review of the movie *The Joy Luck Club*, directed by W. Wang, with screenplay by A. Tan and R. Bass]. *Journal of Feminist Family Therapy*, 22, 236-241. DOI: 10.1080/08952833.2010.499757

Whiting, J. B., & **Fife, S. T.** (2002). [Review of three books: Take back your marriage: Sticking together in a world that pulls us apart, by W. Doherty, 2000; Should we stay together? A scientifically proven method for evaluating your relationship and improving its chances for long-term success, by J. Larson, 2000; The divorce remedy: The proven 7-step program for saving your marriage, by M. Weiner-Davis, 2001]. *Journal of Marital and Family Therapy*, 28 (3), 383-385.

PROFESSIONAL PUBLICATIONS (NON-PEER REVIEWED)

Fife, S. T., & Pischhanskaya-Cayanan, V. (2018, Fall/Winter). Making family time a priority. *Lubbock's Home & Family Magazine*.

- Fife, S. T., & Eggleston, S. D.*** (2018, July). All-star marriages: Professional athletes and successful marriage. *WAGCADEMY Conference Magazine/Program*.
- Eggleston, S. D.*, Hawkins, L.*, & **Fife, S. T.** (2018, July). As the lights fade: Retirement decision-making and adjustment in professional athletes. *WAGCADEMY Conference Magazine/Program*.
- Fife, S. T., & Roper, S.** (2017, December). Common relationship pitfalls – and how to avoid them. *Parents Guide of Las Vegas*.
- Roper, S., & **Fife, S. T.** (2017, December). The magic relationship ratio: Focusing on the positive. *Parents Guide of Las Vegas*.
- Fife, S. T., & Stewart, C.** (2017, September). Creating healthy attachment bonds with children. *Parents Guide of Las Vegas*.
- Stewart, C., & **Fife, S. T.** (2017, September). Fathers of newborns and toddlers: A unique bond. *Parents Guide of Las Vegas*.
- Fife, S. T., & Fife, A.** (2016, June). Raising healthy teens: The power of serving others. *Parents Guide of Las Vegas*.
- Fife, S. T., & Miller, S.** (2016, May). Angel Mothers. *Parents Guide of Las Vegas*.
- Fife, S. T., & Butler, M.*** (2016, April). How to talk with your teen: A recipe for successful communication. *Parents Guide of Las Vegas*.
- Fife, S. T., & Ola, C.*** (2016, January). Age-appropriate chores and responsibilities for children. *Parents Guide of Las Vegas*.
- Fife, S. T., & Pischhanskaya-Cayanan, V.*** (2015, November). Making family time a priority. *Parents Guide of Las Vegas*.
- Fife, S. T., & McCoy, L.*** (2015, November). Reducing stress during the holidays. *Parents Guide of Las Vegas*.
- Fife, S. T., & Young, E.*** (2015, November). Toddlers and Technology. *Parents Guide of Las Vegas*.
- Fife, S. T., & Kehoe S.*** (2015, February). Is it time for a marital “tune-up”? *Parents Guide of Las Vegas*.
- Fife, S. T., & Freeman, A.*** (2014, December). Holiday traditions: A family affair. *Parents Guide of Las Vegas*.

Fife, S. T., & Tilden, R.* (2014, October). Essential do's and don'ts of co-parenting. *Parents Guide of Las Vegas*.

Fife, S. T., & Vincent, C.* (2014, January). Family resolutions for the New Year. *Parents Guide of Las Vegas*.

Fife, S. T., & Lindsey, J.* (2013, May). Learn to speak your partner's love language. *Parents Guide of Las Vegas*.

Fife, S. T. (2013, March). The key to restoring peace in our homes. *Parents Guide of Las Vegas*.

Fife, S. T. (2012, November). Catching your child being good. *Parents Guide of Las Vegas*.

Fife, S. T. (2012, August). An ounce of prevention in marriage. *Parents Guide of Las Vegas*.

Fife, S. T., & Young, T.* (2012, June). Protecting your home and family from pornography. *Parents Guide of Las Vegas*.

Fife, S. T., & Hoshiko, H.* (2012, April). Parenting children with autism spectrum disorder. *Parents Guide of Las Vegas*.

Fife, S. T. (2012, March). Teaching values to our children. *Parents Guide of Las Vegas*.

Fife, S. T. (2012, January). To err is human, to forgive divine. *Parents Guide of Las Vegas*.

Fife, S. T. (2011, November). X marks the spot. *Parents Guide of Las Vegas*.

Fife, S. T. (2011, August). Cultivating a healthy marriage. *Parents Guide of Las Vegas*.

Fife, S. T. (2011, May). Family dinner is important. *Parents Guide of Las Vegas*.

Fife, S. T. (2011, April). Success in parenting. *Parents Guide of Las Vegas*.

Fife, S. T. (2011, February). Parenting in a blended family, *Parents Guide of Las Vegas*.

Fife, S. T. (2011, February). Building a better marriage. *Parents Guide of Las Vegas*.

PROFESSIONAL PRESENTATIONS

PROFESSIONAL PRESENTATIONS (REFEREED)

* Graduate student co-author; ** Undergraduate student co-author

INTERNATIONAL:

Hertlein, K. M., **Fife, S. T.**, Blumer, M. L. C., Smith, J.*, & Card, L.* (2010, March). *Encouraging MFTs to go green*. Poster presented at XVIII World International Family Therapy Association Congress. Buenos Aires, Argentina.

Cobb, N. P. G., **Fife, S. T.**, & Watson, W. L. (2001, February). *Uncovering the process of change in marital therapy: Couples' and therapists' perspectives*. Paper presented at the Advances in Qualitative Research conference sponsored by the International Institute of Qualitative Methodology, Edmonton, Alberta, Canada.

NATIONAL:

Fife, S. T., Davis, S., Bradford, K., & Whiting, J., (2018, November). *I see you: Way of being in marriage and family therapy practice and supervision*. Workshop given at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Louisville, KY.

Fife, S. T., Eggleston, D.*, Romney, J.*, & Bahrens, S.* (2018, November). *All-Star marriages: Professional athletes and successful marriage*. Paper presented at the annual conference of the National Council on Family Relations, San Diego, CA.

D'Aniello-Heyda, C., & **Fife, S. T.** (2018, November) *Faculty and student experiences of common factors in MFT training*. Paper presented at the annual conference of the National Council on Family Relations, San Diego, CA.

Fife, S. T., D'Aniello-Heyda, C., Eggleston, D.*, Smith, J.*, Dow, S.*, Christal, A.*, & Sanders, D.* (2018, November). *Common factors in master session videos: A deductive qualitative analysis*. Paper presented at the annual conference of the National Council on Family Relations, San Diego, CA.

Jackson, L. J.*, & **Fife, S. T.** (2017, November). *The impact of parental divorce on children's confidence levels*. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.

Stewart, C.*, & **Fife, S. T.** (2017, November). *Attitudes, attachment styles, and gender: implications on perceptions of infidelity*. Poster presented at the annual conference of the National Council on Family Relations, Orlando, FL.

Kazlauskaite, V.*, & **Fife, S. T.**, (2016, November). *Experiencing parental loss during adolescence and the effect of medical involvement on grief*. Poster presented at the annual conference of the National Council on Family Relations (NCFR), Minneapolis, MN.

Fife, S. T., Whiting, J. B., Davis, S., & Bradford, K. (2016, September). *The therapeutic pyramid: A common factors meta-model*. Workshop given at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Indianapolis, IN.

- Roper, S.*, **Fife, S. T.**, Seedall, R., (2016, September). *Intergenerational effects of parental divorce*. Presentation given at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Indianapolis, IN.
- Fife, S. T.**, Stewart, C.*, Lindsay, J.*, Reinartz, H.*, Harris, C.*, & Bolick, J.* (2015, September). *Staying together: The journey of healing after infidelity*. Presentation given at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Austin, TX.
- Fife, S. T.**, Morrison, S.*, Matthews, K.*, & Harris, C. (2015, September). *Adult children of divorce: A retrospective phenomenological study*. Presentation given at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Austin, TX.
- Schonian, S.*, & **Fife, S. T.** (2014, October). *Perceptions and definition of infidelity: A multimethod study*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Milwaukee, WI.
- Fife, S. T.**, Nemecek, R. Staples, J., Ellis, A.*, Hunt, Q.*, Young, T.*, & Peterson, C. (2013, November). *Still in the shadows: A content analysis of articles on sexual addiction in the M/CFT literature*. Paper Presentation, National Council on Family Relations (NCFR) Annual Conference, San Antonio, TX.
- Peterson, C, **Fife, S. T.**, & Smedley, L. (2013, November). *Childhood sexual abuse survivors and sexual intimacy: What heals or hurts the couple relationship*. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.
- Christensen, C., & **Fife, S. T.** (2012, October). *Cystic fibrosis: Resources for families and clinicians*. Poster Presentation, National Council for Family Relations (NCFR) Annual Conference, Phoenix, AZ.
- Hoshiko, H.*, & **Fife, S. T.** (2012, October). *Weighty issues of obesity: Emotional and physical impacts in the relational dyad*. Symposium Paper Presentation, National Council for Family Relations Annual Conference, Phoenix, AZ.
- Fife, S. T.**, & Hachquet, A. J (2011, November). *From I-It to I-Thou: Evaluating MFT approaches with Buber's relational lens*. Poster Presentation, National Council for Family Relations (NCFR) Annual Conference, Orlando, FL.
- Peterson, C. M., Blumer, M. L. C., **Fife, S. T.**, Nemecek, R.*, Hertlein, K. M., & Weeks, G. (2011, November). *Counseling the unemployed: Exploring a pilot clinical program for clients experiencing unemployment*. Roundtable, National Council for Family Relations (NCFR) Annual Conference, Orlando, FL.

- Fife, S. T.**, Blumer, M. L. C., Hertlein, K. M., & Knowles, S. J.* (2010, November). *“Going green” in marriage and family therapy training and practice*. Poster presented at National Council of Family Relations (NCFR) Annual Conference. Minneapolis, MN.
- Fife, S. T.**, Card, L.*, & Hachquet, A.* (2010, September). *Change process in couple therapy: Client & therapist roles*. Poster presented at annual conference of the American Association for Marriage and Family Therapy (AAMFT), Atlanta, GA.
- Fife, S. T.**, Whiting, J. Davis, S., Bradford, K. (2009, November). *Techniques, the therapeutic relationship, and the therapist’s way of being*. Paper presented at the National Council on Family Relations (NCFR) Annual Conference, San Francisco, CA.
- Peterson, C., Stevenson, A.*, Hertlein, K.M., & **Fife, S. T.** (2009, November). *Therapeutic alliance and client satisfaction from the client’s perspective*. Poster presented at the National Council on Family Relations (NCFR) Annual Conference, San Francisco, CA.
- Peterson, C., Briggs, K., Hertlein, K. M., **Fife, S. T.**, Stevenson, A.* (2008, November). *Do therapeutic alliance and satisfaction affect client retention and termination status?* Poster presented at the annual conference of the National Council of Family Relations (NCFR), Little Rock, AR.
- Servino, D.*, Porter, R. D.*, Whiting, J. B., **Fife, S. T.**, Cobb, N. P. G. (2008, October). *Therapist and client perspectives of change in couples therapy: A phenomenological Study*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Memphis, TN.
- Peterson, C. M., **Fife, S. T.**, Kakiuchi, K. K. S.*, Hertlein, K. M., & Stelberg-Fillbert, J.* (2007, November). *Enhancing treatment outcomes with feedback on client progress*. Paper presented at the annual conference of the National Council of Family Relations (NCFR), Pittsburg, PA.
- Weir, K. N., **Fife, S. T.**, & Whiting, J. B., (2007, October). *Clinical training of MFTs for adoption, foster care, and child development settings*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Long Beach, CA.
- Fife, S. T.**, Whiting, J. B., Wilde, B. J.* (2006, October). *Therapist’s and client’s way of being as a factor of change*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy (AAMFT), Austin, TX.
- Fife, S. T.** (2005, November). *Change in marital therapy: A grounded theory of the therapist’s perspective*. Paper presented at the annual conference of the National Council of Family Relations (NCFR), Phoenix, AZ.

- Fife, S. T., Cobb, N. P. G., & Watson, W. L.** (2005, October). *A grounded theory of therapeutic change for marital conflict*. Poster presented at the AAMFT annual conference, Kansas City, MO.
- Whiting, J. B., & **Fife, S. T.** (2004, September). *Character and competence: Morally responsive therapists*. Workshop presentation at the AAMFT annual conference, Atlanta, GA.
- Fife, S. T., & Watson, W. L.** (2004, September). *A grounded theory of therapeutic change in marital therapy from the therapist's perspective*. Poster presented at the AAMFT annual conference, Atlanta, GA.
- Fife, S. T.** (2003, April). *Therapeutic change for married couples in chronic conflict: A grounded theory from the therapists' perspective*. Paper presented at the annual conference of the Association of Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Rowden, T. J., & **Fife, S. T.** (2001, November). *The impact of linear time assumptions in marriage and family therapy*. Poster presented at the annual conference of the National Council on Family Relations, Rochester, NY.
- Brock, G. W., Matern, B.*, Whiting, J. B., & **Fife, S. T.** (2001, October). *Research integrity attitudes and behavior of MFTs*. Poster presented at the AAMFT annual conference, Nashville, Tennessee.
- Cobb, N. P. G., & **Fife, S. T.** (2000, November). *Constraining and facilitative beliefs in marital therapy*. Paper presented at the NCFR annual conference, Minneapolis, MN.
- Fife, S. T., Cobb, N. P. G., & Watson, W. L.** (2000, November). *Change in marital therapy: The therapists' perspective*. Poster presented at the AAMFT annual conference, Denver, CO.
- Fife, S. T.** (1999, November). *Value-neutral family therapy: An impossible and undesirable ideal*. Paper accepted for the NCFR annual conference. (Unforeseen circumstances prevented presentation at the conference.)
- Cobb, N. P. G., **Fife, S. T., & Watson, W. L.** (1999, November). *Collaboration in qualitative research: Implications for dissertations*. Round Table Discussion presented at the NCFR annual conference, Irvine, CA.
- Fife, S. T., Cobb, N. P. G., & Watson, W. L.** (1999, October). *Constraining and facilitative beliefs in marital therapy*. Poster presented at the AAFMT annual conference, Chicago, IL.
- Cobb, N. P. G., **Fife, S. T., & Watson, W. L.** (1999, October). *What contributes to change: Couples' perspective*. Poster presented at the AAFMT annual conference, Chicago, IL.

Fife, S. T. (1998, November). *Behaviorism and systems theory: An impossible marriage*. Poster presented at the NCFR annual conference, Milwaukee, WI.

Fife, S. T., & Watson, W. L. (1998, October). *Beliefs about change: Implications for marital therapy*. Poster presented at the AAMFT annual conference, Dallas, TX.

REGIONAL/STATE:

Fife, S. T., Eggleston, D.*, Romney, J.*, & Bahrens, S*. (2018, November). *All-Star marriages: Professional athletes and successful marriage*. Poster presented at the annual conference of the Texas Association of Marriage and Family Therapy, Austin, TX.

Fife, S. T., D'Aniello-Heyda, C., Eggleston, D.*, Sanders, D.*, & Smith, J. (2018, November). *Common factors in master session videos: A deductive qualitative analysis*. Poster presented at the annual conference of the Texas Association of Marriage and Family Therapy, Austin, TX.

Eggleston, C.*, Hawkins, L.*, & **Fife, S. T.** (2019). *As the lights fade: A grounded theory of male professional athletes' decision-making and adjustment to retirement*. Poster presented at the annual conference of the Texas Association of Marriage and Family Therapy, Austin, TX.

Bolick, J.** , **Fife, S. T.**, Lindsay, J.*, Vincent, C.*, & Reinarz, H.* (2015, April). *Staying together: The journey of healing after infidelity*. Poster presented at the annual conference of the Western Psychological Association, Las Vegas, NV.

Fife, S. T., Harris, C.*, Bolick, J.*, Stewart, C.*, Lindsay, J.*, & Reinarz, H.* (2015, April). *Staying together: The journey of healing after infidelity*. Poster presented at the UNLV Academic Achievement Gala. Las Vegas, NV.

Fife, S. T., Whiting, J. B., Bradford, K., & Davis, S. (2014, April). *The therapeutic pyramid: A meta-model of common factors of change in psychotherapy*. Poster presented at the UNLV Academic Achievement Gala. Las Vegas, NV.

Blumer, M. L. C., Hertlein, K. M., **Fife, S. T.**, Knowles, S.*, & Garcia, Y.** (2009, October). *Holding the frogs in the waterfalls as sacred as the family: Making a case for the Marriage and Family Therapy field to go green*. Poster, Alaska Association of Marriage and Family Therapy Annual Conference. Anchorage, AK.

Hawkins, B. P.*, Stevenson, A.*, & **Fife, S. T.** (2008, April). *Clinician guided change*. Presentation given at the Nevada Association of Marriage and Family Therapy annual conference, Las Vegas, NV.

Fife, S. T. (2006, April). *Change process in couples therapy*. Presentation given at the Nevada Association of Marriage and Family Therapy annual conference, Las Vegas, NV.

Cobb, N. P.G., & **Fife, S. T.** (2000, May). *Constraining and facilitative beliefs in marital therapy*. Paper presented at the annual conference of the Utah Association for Marriage and Family Therapy, Park City, UT.

PROFESSIONAL PRESENTATIONS (INVITED/NON-REFEREED)

NATIONAL:

Fife, S. T., (2018, July). Married to the game: Secrets to a happy relationship in pro sports. Invited panelist at WAGAcademy Conference. Annual conference of WAGS Redefined, Los Angeles, CA.

Fife, S. T. (2009, November). *Infidelity: Gender related issues and treatment*. Invited address given to the Men in Families Focus Group at the 2009 National Conference on Family Relations (NCFR) Annual Conference, San Francisco, CA.

REGIONAL/STATE:

Fife, S. T. (April 2019). *Way of being: The heart of civil discourse in marriage and family therapy*. Presentation given at the Healthy Families Conference. Lubbock, TX.

Bolick, J.** , **Fife, S. T.**, Lindsay, J.* , Vincent, C.* , & Reinartz, H.* (2014, October). *Staying together: The journey of healing after infidelity*. Poster presented at the UNLV McNair Scholars Poster Presentation, Las Vegas, NV.

Smedley, L. S.* , Disney-Fairchild, K. A.* , **Fife, S. T.**, & Peterson, C. M. (2013, April). *Survivors of childhood sexual abuse: what heals and what hurts in a couple relationship*. Poster presented at the UNLV/GCUA Graduate research symposium.

Ellis, A.* , Hunt, Q., Young, T.* , Nemecek, R.* , Staples, J.* , **Fife, S. T.**, & Peterson, C. (2013, April). *Still in the shadows: A content analysis of sexual addiction in couple therapy*. Poster presented at the UNLV/GCUA Graduate research symposium.

Nemecek, R.* , Blumer, M. L. C., Peterson, C., **Fife, S. T.**, Hertlein, K. M., & Weeks, G. (2012, April). *Counseling the unemployed: Reflections on a pilot clinical program*. Poster presented at the UNLV/GCUA Graduate research symposium.

Fife, S. T. (2011, March). *Treating infidelity*. Presentation given to members of the Alaska Association of Marriage and Family Therapy.

Fife, S. T. (2005, April). *Character of the counselor*. Keynote address given at the annual conference of the Nevada Association of Marriage and Family Therapy, Las Vegas, NV.

Fife, S. T. (2005, January). *Ethical issues in rehabilitation counseling*. Invited presentation and panel member for Ethics Seminar sponsored by the International Association of Rehabilitation Counselors, UNLV, Las Vegas, NV.

LOCAL:

- Fife, S. T.** (2018, October). *PTSD project: An interdisciplinary collaboration with the University Medical Center: Developing a trauma screening protocol and intervention program for UMC pediatric trauma patients and family members*. Invited presentation at the TTUHSC/TTU Research Collaboration Event.
- Fife, S. T.** (2018, October). *Preparation for MFT graduate school*. Guest lecture for CFAS 4331 Introduction to Marriage and Family Therapy.
- Fife, S. T.** (2018, April). *Overview of qualitative research methods*. Guest lecture for MFT 5351 Research Methods in MFT.
- Fife, S. T.** (2018, April). The process of healing and treatment of infidelity. Guest lecture for MFT 6306 Family Therapy III (Couples and Sex).
- Fife, S. T.** (2016, October). *The therapeutic pyramid: A meta-model of psychotherapy*. Invited presentation for the Greenspun College of Urban Affairs Colloquia Series.
- Fife, S. T.** (2008, June). *Japanese couples and families*. Invited presentation to UNLV graduate course on diversity in marriage and family therapy, Las Vegas, NV.
- Fife, S. T.** (2007, March). *Family systems theory and couples and family therapy treatment*. Presentation given to therapists at the UNLV Counseling and Psychological Services, UNLV, Las Vegas, NV.
- Fife, S. T.** (2006, October). *Family therapy: Concepts and methods*. Presentation given to therapists at LDS Family Services, Las Vegas Office, Las Vegas, NV.
- Fife, S. T.** (2005, March). *Supervision refresher*. Presentation given at the Department of Marriage, Family, and Community Counseling Internship Fair, UNLV, Las Vegas, NV.
- Fife, S. T.** (2000, April). *Moral agency: An alternative starting point for treating marital conflict*. Paper presented at the Utah County Child Abuse Council, Provo, UT.
- Fife, S. T.** (1999, March). *The inescapability of values in marital and family therapy*. Paper presented at the Eighth Annual Student Conference, School of Family Life, Brigham Young University.
- Fife, S. T.** (1998, March). *Behaviorism and systems theory: An impossible marriage*. Paper presented at the Annual Family Science Graduate Student Research Conference, Brigham Young University.

GRANTS

FUNDED PROJECTS/AWARDS

Fife, S. T. (2018). Development of an Effective Treatment for Pediatric Trauma Patients and Their Families. Submitted to the TTU Office of Research & Innovations, Scholarship Catalyst Program, (\$4,000, January – December 2019).

Hertlein, K. (PI), **Fife, S. T.** (Co-PI), Peterson, C., Do The Therapeutic Alliance and Client Satisfaction Affect Client Retention and Termination Status? 2008 UNLV Research Development Award (PIA). (\$9, 816, August 1, 2008-July 31, 2009).

Fife, S. T. (PI), Hertlein, K. (Co-PI), Peterson, C. “Breaking Up Is Hard To Do”: A Test of A New Intervention in Couples Therapy. 2006 UNLV Planning Initial Award (PIA). (\$27,973, August 1, 2006-July 31, 2007).

Fife, S. T. (2005). UNLV Travel Grant to present research at the National Council on Family Relations annual conference. (\$500).

PROPOSALS SUBMITTED (UNDER REVIEW)

Kim, J. H., **Fife, S. T.**, Sametz, R., Kim, S. (under review). Research Training in Burn Injury for Residents of Rural Areas (BIRRA). Submitted to the National Institute on Disability, Independent Living, and Rehabilitation Research, Advanced Rehabilitation Research Training (ARRT) Program, HHS-2019-ACL-NIDILRR-ARHF-0317 (\$750,000, October 2019 – September 2024).

Brown, C., & **Fife, S. T.** (under review). Outreach to Rural Pediatric Trauma Patients and Their Families through Telemental Health Services. Submitted to the CH Foundation, (\$16,807, January – December 2020).

PROPOSALS SUBMITTED (NOT FUNDED)

Blumer, M. L. C. (PI), Hertlein, K. H. (CO-PI), & **Fife, S. T.** (CO-PI). Strategic Plan Graduate Assistant: Examining the decision-making processes around going green. Submitted to the Graduate College, University of Nevada, Las Vegas (\$14,918.00, July 2010-July 2011. Not funded).

Hertlein, K. M. (PI), Blumer, M. L. C. (CO-PI), **Fife, S. T.**, (CO-PI), & Packman, J. (University of Nevada, Reno) (CO-PI). “It’s not easy going green: Examining the social and familial components involved in renewable energy use.” Submitted to the Nevada Renewable Energy Consortium (\$107,066.00, 2010-2012. Not funded).

Ashley, L., Markos, P., Cross, C., Donohue, B., Allen, D., Hertlein, K., **Fife, S. T.** “Substance Abuse Training Center: Therapist Training and Treatment of Substance Abuse.” Submitted to the Bureau of Alcohol and Drug Abuse, State of Nevada (\$996,011, July 2006-June 2007. Not funded).

Fife, S. T. (PI), Hertlein, K. (Co-PI), Peterson, C. “Feedback on Client Progress in Couples Therapy: Are Outcomes Enhanced?” UNLV New Investigator Award (NIA). (\$14,945, January 2006-December 2006. Not funded).

AWARDS AND HONOR SOCIETIES

- 2018 Nominated for Raiders Who Rock Pursuit of Excellence Award.
- 2016 Faculty Excellence in Teaching, UNLV Greenspun College of Urban Affairs
- 2015 Nominated for Reuben Hill Award by the National Council on Family Relations (the award is given for an article that made a substantial and significant contribution to family research and theory) for Fife, S. T., Whiting, J. B., Davis, S., & Bradford, K. (2014). The therapeutic pyramid: A common factors synthesis of techniques, alliance, and way of being. *Journal of Marital and Family Therapy*, 40(1), 20-33.
- 2015 Best Article of the Year Award by the *Journal of Marital and Family Therapy* for Fife, S. T., Whiting, J. B., Davis, S., & Bradford, K. (2014). The therapeutic pyramid: A common factors synthesis of techniques, alliance, and way of being. *Journal of Marital and Family Therapy*, 40(1), 20-33.
- 2014 McNair Faculty Mentor Award for University Service. Sponsored by the UNLV Center for Academic Enrichment and Outreach. Description: Served as a Faculty Mentor for a McNair Scholar research internship. The research produced has been accepted at two national research conferences.
- 2013 Outstanding Service Award – UNLV Marriage and Family Therapy Program
- 2007 Awarded distinction by the UNLV Teaching and Learning Center as a TLC Fellow (2007)
- 2001 Brigham Young University Graduate Student Association Travel Grant Award. For Cobb, N. P. G., Fife, S. T., & Watson, W. L. (2001, February). *Uncovering the process of change in marital therapy: Couples' and therapists' perspectives*. Paper presented at the Advances in Qualitative Research conference sponsored by the International Institute of Qualitative Methodology, Edmonton, Alberta, Canada.
- 2000 Merlin and Edna Sant Graduate Research Scholarship. Brigham Young University. Provo, Utah.
- Delta Kappa International Marriage and Family Therapy Honor Society, Lifetime Member (2011-present)
- Kappa Omicron Nu (Family Science Honor Society), Lifetime Member (1999-present)

PROFESSIONAL ACTIVITIES

PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy (AAMFT), Clinical Fellow (1997-present)

National Council on Family Relations, Member (NCFR; 1998-present)

Texas Association for Marriage and Family Therapy (TAMFT) (2017-present)

Nevada Association for Marriage and Family Therapy, Member (NAMFT; 2004-present)

Nevada Faculty Alliance, Member (2009-2017)

PROFESSIONAL SERVICE

2019-present Co-Chair, Qualitative Family Research Network, National Council on Family Relations

2018-present Editorial Advisory Board, *Journal of Marital and Family Therapy*

2006-present Anselm Strauss Award for Qualitative Research Committee (Qualitative Family Research Network – National Council on Family Relations)

2013-2014 Reuben Hill Award Committee (National Council on Family Relations)

2010-2012 Secretary/Treasurer, NCFR Family Therapy Section

2008-9, 2011 Judge for NCFR Family Therapy Section Research Awards

2000-2001 Co-chair of Association of Mormon Counselors and Psychotherapists
Poster Session at 2001 AMCAP Annual Conference, Salt Lake City, UT.

REVIEWER: PROFESSIONAL JOURNALS AND CONFERENCE PROPOSALS

Adoption Quarterly

American Journal of Psychotherapy

Contemporary Family Therapy

Journal of Marital and Family Therapy

Journal of Couple and Relationship Therapy

Journal of Family Issues

Journal of Family Theory and Review

Journal of Family Therapy

Sexual and Relationship Therapy

American Association of Marriage and Family Therapy (AAMFT) Conference Proposal
Reviewer, 2007-present (most years)

National Council on Family Relations (NCFR), Family Therapy Section Conference Proposal
Reviewer, 2006-present (most years)

PROFESSIONAL LICENSE & SUPERVISION

Texas Licensed Marriage and Family Therapist

Nevada Licensed Marriage and Family Therapist

AAMFT Approved Supervisor

PROFESSIONAL CLINICAL EXPERIENCE

- | | |
|----------------|--|
| 2018 – present | Private practice therapist, Lubbock, TX |
| 2006 - present | Private practice therapist, Las Vegas, NV and Henderson, NV |
| 2003 - 2007 | LDS Family Services, Las Vegas, NV <ul style="list-style-type: none"> • Marriage, family, and individual psychotherapy |
| 2017 - present | AAMFT Approved Supervisor <ul style="list-style-type: none"> • Providing individual and group supervision of MFT masters students • Practicum taught 12 semesters; supervised 80+ student therapists • Supervision of supervision provided by Andrea Krueger, Gregory Brock, PhD, Eugene Mead, PhD, & Colleen Peterson, PhD |
| 2001 - 2002 | Marriage and Family Therapy Clinical Intern (Doctoral Internship)
UK Family Center, University of Kentucky (COAMFTE) <ul style="list-style-type: none"> • Marriage, family, individual, and group psychotherapy |
| 2000 - 2001 | Marriage and Family Therapy Clinical Practicum Therapist
LDS Family Services, Provo, Utah <ul style="list-style-type: none"> • Marriage, family, and individual psychotherapy |
| 1997 - 2001 | Marriage and Family Therapy Clinical Practicum Therapist
Comprehensive Clinic, Brigham Young University (COAMFTE) <ul style="list-style-type: none"> • Family, couples, individual, and group psychotherapy |

- | | |
|-------------|---|
| 1998 - 2002 | <p>Psycho-educational Group Facilitator</p> <ul style="list-style-type: none"> • 6-8 week Anger Management course (4x) • 6-8 week Marriage Preparation course (4x) • 6-8 week Marriage Enrichment course |
| 1995 - 1996 | <p>Psychiatric Technician at Utah State Hospital</p> <ul style="list-style-type: none"> • Supervision of adult, adolescent, forensic, and geriatric patients in an inpatient mental-health setting |

UNIVERSITY TEACHING EXPERIENCE

GRADUATE COURSES

Texas Tech University

CMFT 6323 Qualitative Research Methods
 CMFT 6342 Grounded Theory Methodology
 CMFT 6342 Advanced Theory and Clinical Mastery in MFT
 CMFT 6342 Family Therapy Across the Lifespan
 CMFT 6395 Practicum in Marriage and Family Therapy
 CMFT 6397 Supervision Practicum (2x)

University of Nevada, Las Vegas

MFT 749 Thesis (10x)
 MFT 750 Research/Clinical Capstone (8x)
 MFT 759 Family Dynamics (4x)
 MFT 763 Family Systems Theory (4x)
 MFT 764 Principles and Practice of Family Therapy I (12x)
 MFT 765 Principles and Practice of Family Therapy II (12x)
 MFT 773 Advanced Practicum (Marriage & Family Therapy) (12x)
 MFT 776 Internship in Marriage and Family Therapy (5x)
 MFT 781 Best Practices in Marriage and Family Therapy
 COU 754 Principles and Practice of Group Therapy
 COU 771 Ethical and Legal Issues in Counseling

University of Kentucky

FAM 787 Supervised Experience in the process of marriage and family therapy (3x)

UNDERGRADUATE COURSES

University of Nevada, Las Vegas

MFT 150 Personal Growth (online course) (5x)
 COU 300 Introduction to Human Services
 COU 315 Counseling Skills in Human Services (3x)

MFT 350 Human Sexuality (6x)
 MFT 360 Contemporary Marriage and Family Relationships (13x)
 MFT 360 Contemporary Marriage and Family Relationships (online course) (5x)
 COU 400 Supervised Human Services Internship

University of Kentucky

FAM 252 Introduction to Marriage and Families (online course) (3x)
 FAM 253 Human Sexuality (online course) (3x)
 FAM 390 Introduction to Research in Family Studies
 FAM 360 Introduction to Family Intervention: Working with Families and Individuals (3x)
 FAM 253 Human Sexuality (2x)

Brigham Young University

MFHD 465 Modifying Family Systems (Intro to MFT)
 MFHD 460 Theory, Research, and Practice in Family Life Education
 MFHD 301 Preparation for Marriage and Family (2x)
 Counseling Skills (lab for MFHD 356 and CSE 646) (5x)

STUDENT ADVISING AND MENTORING

My primary advising responsibilities are with students in the Marriage and Family Therapy Graduate Program. However, I also regularly provide advising for students in the Family Studies Minor and have involved several undergraduates in research. I have been the advisor for the following number of Graduate Students during the academic year.

2018: 6 doctoral and 4 masters students	2010: 11 graduate students
2017: 11 graduate students	2009: 9 graduate students
2016: 13 graduate students	2008: 11 graduate students
2015: 18 graduate students	2007: 13 graduate students
2014: 20 graduate students	2006: 17 graduate students
2013: 16 graduate students	2005: 19 graduate students
2012: 20 graduate students	2004: 11 graduate students
2011: 12 graduate students	

DOCTORAL DISSERTATION CHAIR

Rachel Dansby (2018). *Attachment Style Change in Adulthood*

Brandon Eddy (2018). *Husband Involvement During Pregnancy: A Grounded Theory Study*

Valerie Handley (in process). *Using Solution-Focused Brief Therapy and Animal-Assisted Therapy with Sexual Minorities: A Pilot Microanalysis Study*

Rebecca Lucero Jones (in process). *The Experience of Language for Those Have Received Treatment for a Substance Use Disorder*

Tetiana Sukach (in process). *The Impact of Mindfulness on Conflict Resolution in Couples*

DOCTORAL DISSERTATION COMMITTEES

Natali Gonzalez (2018). *Human Sex Trafficking Survivors' Coping Journey: A Grounded Theory Study*

Nicholas Hayes (in process). *Therapist Feedback Loops Substance Use Disorder Treatment*

Jesse Smith (in process). *Multiple Pathways of Recovery for Individuals with Substance Use Disorders: A Machine Learning Analysis*

Adam Jones (in process). *A Growth Mixture Model of Therapist Learning of Facilitative Interpersonal Skills*

William Young (in process). *Understanding the Experiences of Endurance Athletes: A Phenomenological Study*

Olivia Farmer (in process). *Exonerated individuals and their re-integration experience into the family system*

Dio Turner (2015). *How Does Exploring Inner Experience Affect Research Participants?*

Jaclyn Camp (2012). *Relationship Competence: Can Trainee Interpersonal Skills be Measured Reliably and Do They Predict Clinical Effectiveness?*

Mike Haderlie (2010). *Enhancing Therapists' Clinical Judgments of Client Progress Subsequent to Objective Feedback*

MASTER'S THESIS CHAIR

Christian Stewart (2017). *Attitudes, Attachment Styles, and Gender: Implications for Perceptions of Infidelity*

Skyler Roper (2016). *The Effects of Parental Divorce on Young Adult Relationships*

Vaida Kazlauskaite (2015). *Impact of Adolescent Involvement with the Medical Spectrum During Parental Terminal Illness*

Lawrence Jackson (2015). *Factor Influencing Divorce Adjustment in Adolescents*

Sheala Morrison (2014). *The Experience of Adult Children of Divorce: A Qualitative Study*

Sarah Schonian (2013). *Perceptions and Definition of Infidelity: A Multi-Method Study*

Jordan Staples (2012). *Couples' Process of Healing from Infidelity While in Therapy*

Laura Smedley (2012). *Childhood Sexual Abuse Survivors: What Heals and What Hurts in a Couple Relationship*

MASTER'S THESIS COMMITTEES

Kaity Young (2018). *Understanding A Therapist's Way of Being: A Delphi Study*

Bryant Christleib (2015). *The Development of Sexual Attitudes in Family of Origin and Sexual Satisfaction Later in Life.*

- Quintin Hunt (2013). *Suicide Bereavement: What Helps and What Hurts?*
- Katelyn Amos (2013). *Bullying Behaviors in Schools*
- Justin Smith (2012). *Exploration of effective treatment for female adolescent alcohol and drug use and abuse at Youth and Shelter Services, Inc.: Individual or group treatment?*
- Barbara Spanjers (2010). "You Can't Change What You Don't Acknowledge": A Content Analysis of The Dr. Phil Show and Implications for Marriage and Family Therapists
- Theresa Scott (2009). *Response Styles Theory of Depression and Inner Experiences of Individuals*
- Mike Haderlie (2009). *Patient-focused Research: Examining the Psychotherapist as a Feedback Receiver*
- Dio Turner (2009). *Influence of Family Dysfunction on Juvenile Sex Offenders*
- Armeda Stevenson (2009). *Defining Sibling Relationships of Those in the Foster Care System: A Qualitative Study*
- Deborah Sampson (2008). *Grandparents Raising Their Grandchildren: The Effect of Role Change on Relationships*
- Kim Rogers (2009). *Evaluation of Guided Visualizations and the Relationships Among Perceived Stress, Differentiation of Self, Sense of Coherence, Dyadic Satisfaction, and Quality of Life*
- Trayce Ditmore (2009). *Racial Identity and the Adoptive Child of Color*
- Jerri Gallegos-Carr (2008). *Overlapping Themes in Treating Infidelity: Is Sex Therapy Integrated into Treatment?*
- Brent Fladmo (2006). *The Long Term Effects of Divorce on Professional Adult Dancers*

MASTER'S RESEARCH CAPSTONE ADVISOR

- Jennifer Bolick (2017). *The Process of Healing from Infidelity: A Grounded Theory*
- Matthew Butler (2017). *The Process of Healing from Infidelity: A Grounded Theory*
- Sarah Hechter (2017). *The Process of Healing from Infidelity: A Grounded Theory*
- Mandy Squires (2017). *The Process of Healing from Infidelity: A Grounded Theory*
- Kimball Lindquist (2016). *Infidelity in MFT Journals: A Decade Review*
- Cherelle Ola (2016). *Infidelity in MFT Journals: A Decade Review*
- Stevie Miller (2016). *Infidelity in MFT Journals: A Decade Review*
- CJ Nesser (2016). *Infidelity in MFT Journals: A Decade Review*
- Roya Tachehchian (2016). *Infidelity in MFT Journals: A Decade Review*
- Jocelyn Zafra (2016). *Infidelity in MFT Journals: A Decade Review*
- Sherri Kehoe (2015). *Still in the Shadows: A Content Analysis of Articles on Sexual Addiction & Couple Therapy*

- Sean Tory (2015). *Strategies of Professional Athletes for Maintaining Successful Marriage and Family Relationships*
- Amanda Flores (2015). *The Development of Sexual Attitudes in Family of Origin and Sexual Satisfaction Later in Life*
- Elisa Young (2015). *Book Review: Building Your Ideal Private Practice: A Guide for Therapists and Other Healing Professionals*
- Hannah Goodman (2015). *Impact of Adolescent Involvement with the Medical Spectrum During Parental Terminal Illness.*
- Triston Neeson (2015). *Impact of Adolescent Involvement with the Medical Spectrum During Parental Terminal Illness*
- Valentina Pishchankyaya-Cayanan (2015). *Book Review: Building Your Ideal Private Practice: A Guide for Therapists and Other Healing Professionals*
- Amy Freeman (2014). *A Content Analysis of Systems Theory Coursework in Marriage and Family Therapy*
- Katherine Matthews (2014). *A Phenomenological Study of the Experience of Adult Children of Divorce*
- Jenae Lindsey (2014). *The Process of Healing from Infidelity: A Qualitative Investigation*
- Lauren McCoy (2014). *Research Capstone: A Content Analysis of Systems Theory Coursework in Marriage and Family Therapy Graduate Programs*
- Heather Reinartz (2014). *The Process of Healing from Infidelity: A Qualitative Investigation*
- Realara Tilden (2014). *A Content Analysis of Systems Theory Coursework in Marriage and Family Therapy Graduate Programs*
- Christel Vincent (2014). *The Process of Healing from Infidelity: A Qualitative Investigation*
- Morgan Underwood (2014). *A Phenomenological Study of the Experience of Adult Children of Divorce*
- Katherine Disney-Fairchild (2013). *Childhood Sexual Abuse Survivors: What Heals and What Hurts in a Couple Relationship*
- Lindsey Lee (2013). *Childhood Sexual Abuse Survivors: What Heals and What Hurts in a Couple Relationship*
- Austin Ellis (2013). *A Content Analysis of Systems Theory Coursework in Marriage and Family Therapy*
- Tod Young (2013). *A Content Analysis of Systems Theory Coursework in Marriage and Family Therapy*
- Luisa Martinez Cruz (2013). *Couples in Treatment*
- Heather Hoshiko (2012). *The Treatment of Obesity in Couple Therapy*

MASTER'S CLINICAL CAPSTONE ADVISOR

Laura Fucci (2016). *Culturally-sensitive Treatment of Infidelity in Hispano-American Couples*

John Pallett (2016). *Treating Pornography Use Disorder in Systemic Therapy*

Joshua Sillitoe (2015). *Emotionally Focused Therapy and the Sphere of Influence*

Felisa Huene (2014). *The Family Skills Tool Box: An Experiential Approach to Change in Family Systems*

Kristina Huddleston (2013). *Martin Buber's Theory and Contextual Family Therapy*

MASTER'S PROFESSIONAL PAPER ADVISOR

Carey Christensen (2011). *Cystic Fibrosis: Resources for Families and Clinicians*

Amber Gianos-Hall (2010). *Military Couple Deployment and Reunification: A Comprehensive Review of the Literature and Proposed Treatment*

Amy Hachquet (2010). *Transitioning from I-It to I-Thou: An Evaluation of Emotionally Focused Couple Therapy and Behavioral Couples Therapy Through Martin Buber's Relational Lens*

Samra Dayani (2010). *Marketing Practices of Marriage and Family Therapists*

Jessica Stellberg-Filbert (2008). *Sibling Sexual Abuse: Can Forgiveness Therapy Help?*

Katie Wilkinson (2008). *Best Practices for Family-Based Adolescent Substance Abuse Treatment: Exploring the Impact of Incorporating Multiple Systems Approaches Into Treatment Programs*

MASTER'S CAPSTONE/PROFESSIONAL PAPER COMMITTEE MEMBER

Stephanie Bixler (2013). *Personal Model Paper*

Amber Young (2013). *Personal Model Paper*

Jerusha DeBattista (2011). *Attachment and childbirth: Considerations for marriage and family therapists and new parents*

Chenee Marx (2011). *Yoga: A complimentary alternative treatment to reduce the effects of anxiety in psychotherapy*

Melissa Louder (2011). *Postmodern approaches to treating families with an eating disorder*

Laura Robinson (2011). *Me, the self, and I*

Cynthia Mota (2010). *The Incorporation of Fiction and Fantasy into Narrative Family Therapy*

Maya Marie (2010). *Locus of Control: A Construct that Warrants More Consideration In the Practice of Couple Therapy*

Christy Van Nest (2010). *Exploration of the Evidence for Dialectical Behavior Therapy and Examination of its Application in the Couple Context*

- Mary Jo Gill (2010). *Integrating After-School Programs and Marriage and Family Therapy*
- Martie Fagan (2009). *Domestic Violence and the Family*
- Nelda Ray-Smith (2009). *Exploring Spirituality to Enhance Attachment in Couples Therapy*
- Michelle Heinze (2009). *Peer Mentoring for Spinal Cord Injured Individuals: A Review of an Existing Program*
- Martie Fagan (2008). *Domestic Violence and the Family*
- Nelda Ray-Smith (2008). *Exploring Spirituality to Enhance Attachment in Couples Therapy*
- Karen Anderson (2007). *A Systemic Framework for Anticipatory Mourning*
- Sara Pelton (2007). *Marriage and Family Therapy and the Life Cycle of Voluntary Childless Couples*
- Amanda Hughes (2006). *A Framework for Treating Sexual Dysfunction Associated with Chronic Illness: A MedFT-Informed Sex Therapy*
- Paula Wood (2006). *Acknowledging the Sacred: The Use of Spirituality and Religion in Family Counseling*

UNDERGRADUATE RESEARCH MENTORING

* McNair Scholar advisor/mentor

- Jeremy Reeves: *Application of Prevention Theory to Infidelity: Factors Associated with Decreased Risk of Infidelity*
- Brianna Owens: *A Content Analysis of Systems Theory Coursework in Marriage and Family Therapy Graduate Programs*
- Jennifer Bolick*: *The Process of Healing from Infidelity*
- Daniel Cvetanovski: *The Process of Healing from Infidelity*
- Britney Marsella: *CSA Survivors: What Heals and What Hurts in a Couple Relationship*
- Ashley O'Dowd: *Couples' Process of Healing from Infidelity*
- Yolteolzin Garcia: *Making a Case for the Marriage and Family Therapy Field to "Go Green"*
- Chad Spencer: Undergraduate Capstone Project: *How the Unique Cultural Atmosphere in Las Vegas Affects Marriages and Families*
- Brittany Lupinetti: *Treatment of Co-Dependency in Couples Therapy*
- Piper Cirian: *Treatment of Co-Dependency in Couples Therapy*
- Brandy Chapman: *Systemic Treatment of Anxiety Disorders*
- Josh Thomas: *The relationship between self-esteem and physical activity in the elderly*

UNIVERSITY, COLLEGE, AND DEPARTMENT/PROGRAM SERVICE

UNIVERSITY SERVICE

2014-2017	University Bylaws Committee, UNLV
2013-2015	University Faculty Travel Committee, UNLV
2009-2012	University Graduate Council, University of Nevada, Las Vegas (UNLV)
2009-2012	Faculty and Student Issues Committee, UNLV
2006-2008	Sabbatical Leave Committee, UNLV
2006-2007	Search Committee for Vice President for Diversity, UNLV
2010-2013	Faculty Marshall at UNLV Winter Commencement

COLLEGE SERVICE

2017 – present	College Promotion and Tenure Committee
2017 – present	College Teaching Committee
2006-2017	Chair, Curriculum Committee, UNLV Greenspun College of Urban Affairs (Chair beginning 2009)
2013-2015	Chair, Promotion and Tenure Committee, UNLV Greenspun College of Urban Affairs (Chair beginning 2014)
2013	Second-Year Experience Committee; headed the development of GSC 300: Civic Engagement in Urban Communities (a college required course)
2012	Faculty in Residence Committee
2010-2011	Bylaws Committee, UNLV Greenspun College of Urban Affairs

DEPARTMENT/PROGRAM SERVICE

2018	Chair, Faculty Search Committee, CMFT Program
2009-2012	Graduate Coordinator, UNLV Marriage and Family Therapy Program
2005-2009	Program Assessment Coordinator, UNLV Marriage and Family Therapy
2012-2017	Program Assessment Coordinator, UNLV Marriage and Family Therapy
2009, 2012-2017	Internship Coordinator, UNLV Marriage and Family Therapy Program
2006, 2007, 2009	Chair, Faculty Search Committee, UNLV Marriage and Family Therapy
2008, 2011-2013	Faculty Search Committee, UNLV Marriage and Family Therapy Program
2010-present	Personnel Committee, UNLV Marriage and Family Therapy Program
2006-present	Program Accreditation Committee, UNLV Marriage and Family Therapy

2004-present	Admissions Committee, UNLV Marriage and Family Therapy Program
2005-2009	Center for Individual, Couple, and Family Counseling (CICFC) Operating Board

COMMUNITY OUTREACH & ENGAGEMENT

Library presentations

Fife, S. T. (2019). Foundations of successful parenting. Presentation given to parents of the Church of Jesus Christ of Latter-day Saints, Lubbock, TX.

Fife, S. T. (2018, July). Married to the game: Secrets to a happy relationship in pro sports. Invited panelist at the WAGAcademy Conference. Annual conference of WAGS Redefined, Los Angeles, CA.

Fife, S. T. et al. (2018 – present). UMC PTSD Project. Monthly meetings. Weekly visits.

Fife, S. T., (September 9, 2016). “Building a Successful Marriage.” Presentation give to a community church group in Las Vegas, NV.

Fife, S. T. (2015). Rationale for moving Assembly Bill 450 from Finance Committee to Health and Human Services Committee for legislative discussion. Testimony given before the Nevada State Senate Finance Committee.

Fife, S. T. (2015). “Foundation for Healthy Marriage and Family.” Presentation given to adult individuals and couples from the Carnegie Ward of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.

Fife, S. T. (September 21, 2013). “Foundations of Successful Relationships” Presentation given to individuals, couples, and families of the Peccoli Ranch Ward of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.

Peterson, C., Fife, S. T., & Hunt, Q. (December 2, 2012). “Pornography: The Plague and the Promises.” Presentation given to parents and adolescents of The Church of Jesus Christ of Latter-day Saints.

Fife, S. T., (March 16, 2012). “Healthy Dating and Mate Selection.” Presentation given to the LDS Institute at the University of Nevada, Las Vegas.

Fife, S. T., (February 25, 2012). “Principles of Successful Single Parenting.” Presentation given (4 times) at the LDS Single Adult Conference in Las Vegas, NV.

- Fife, S. T. (February 7, 2012). "Strengthening Marriage, Family, and Other Significant Relationships." Presentation given to members of a Las Vegas women's organization.
- Fife, S. T. (February 5, 2012). "Strengthening Your Marriage and Honoring Your Wife." Presentation given to members of a Las Vegas men's organization.
- Fife, S. T. (October 30, 2011). "Building Strong Marriage and Family Relationships" Presentation given individuals, couples, and families of the Ridges Ranch Ward of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T. (August 9, 2011). TV Interview. Appeared as a guest on "Wake Up with the Wagners," a morning news show on Las Vegas Channel 3 (News 3 KSNV) to discuss the principles of building a successful marriage.
- Fife, S. T. (April 26, 2011). "Objectification: Effects on Individuals, Couples, Families, and Community." Presentation given at the God and Sex in Las Vegas event sponsored by the UNLV chapter of the Universal Peace Federation.
- Fife, S. T. (April, 25, 2011) "Creating Successful Relationships." Presentation to Las Vegas single adult group.
- Fife, S. T., (March 31, 2011). TV Interview with Las Vegas Univision on Successful Marriage and Family Relationships.
- Fife, S., T. (2011, January). "Strengthening marriage, family, and other significant relationships." Presentation given to individuals, couples, and families of the Palmyra Ward of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T., & Fife, A. A., (February 2010). "Finding peace in our hearts and relationships." Presentation given at a workshop for married couples in Las Vegas.
- Fife, S. T., (2009, December). "Overcoming challenges in interpersonal communication in romantic relationships." Guest lecture given in a UNLV COM 100 course. Las Vegas, NV.
- Fife, S. T. (2008, October). "Building successful relationships between adolescents and parents." Presentation given to a youth group sponsored by The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T. & Fife, A. A. (2008, February). "How well do you love the one you love?: Learning to speak your spouse's love language." Presentation given to couples at an Enrichment Activity sponsored by The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T. & Fife, A. A. (2007, March). "Nourishing your relationships." Invited Presentation to members of the Palmyra Ward of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.

- Fife, S. T., (2006, October). "Self-betrayal and healing broken relationships: Reflections on *Leadership and Self-deception*." Presentation given to Las Vegas Book Club, Las Vegas, NV.
- Fife, S. T., (2006, September). "The perils of pornography." Presentation given to youth group workshop sponsored by The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T., (2006, September). "Relationships: Romantic and platonic." Workshop given four times at the Young Single Adult Conference in Las Vegas, NV.
- Fife, S. T., (2005, February). "Building and maintaining strong relationships." Presentation given to a local women's organization, Las Vegas, NV.
- Fife, S. T., (2005, February). "Stress management." Presentation given at the Health Fair sponsored by the Mountain Vista Ward of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T., (2005, January). "Therapist values in marriage and family therapy theories and practice." 2-hour presentation to UNLV COU 428 class (MFT Theories), Las Vegas, NV.
- Fife, S. T. (2004, November). Interviewed for *Las Vegas Review-Journal* article on family relationships and handling conflicts during the holidays.
- Fife, S. T. (2004, August). "Effective parenting with teenagers." Presentation given to parents in the Paradise Stake, The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T. & Fife, A. A. (2003-2004). "Marriage and family relations." Fourteen-week class for married couples in the Hazelcrest Ward of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T. & Fife, A. A. (2004, February). "Conflict resolution." Presentation given to members of the Hazelcrest Ward, The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T. (2003, November). "Depression: The unwelcome guest." Presentation given at a Focus Seminar sponsored by LDS Family Services to ecclesiastical leaders of The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.
- Fife, S. T. (2003, February). "Building and maintaining successful relationships." Presentation given at the Las Vegas Singles Conference sponsored by The Church of Jesus Christ of Latter-day Saints, Las Vegas, NV.

VOLUNTEER SERVICE

2006 - 2014

Youth Soccer Coach, Henderson, NV

2004 - 2005 & 2008 - 2010	Youth Group President: Providing leadership, training, and activities for over 150 young men and 34 adult leaders in the Las Vegas area.
2004 - Present	Volunteer for Boy Scouts of America: 2016-present (Scout Master), 2010-2016 (Scout Committee Member), 2012-2014 (Chartered Organization Representative), 2010-2012 (Unit Commissioner), 2008-2010 (Assistant District Commissioner), 2005-2008 (Boy Scout Venture Crew Leader), 2004-2005 (Assistant District Commissioner)
1998 - 1999	MFT Graduate Student Association Representative
1994 - 1996	Vice President and Assistant to the President of the Brigham Young University Student Alumni Association (SAA).
1990 - 1992	Missionary, The Church of Jesus Christ of Latter-day Saints Osaka, Japan Mission

REFERENCES

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