

Nicole Piland, PhD, LMFT
Associate Professor of Practice
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**Director: Center for Family Systems Research & Intervention
& TTU Family Therapy Clinic**

CFAS Dept., Box 41250, Lubbock, TX 79409

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Private Practice: 3210 – 29th St., Lubbock, TX 79410

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EDUCATION:

09/95-05/99 Doctor of Philosophy in Marriage and Family Therapy

Texas Tech University, Lubbock, TX

Dissertation: *Preparing for the Untimely Death of a Family Member:
A Qualitative Study of the Role of Hospice Service in Partner-Caregiver
Bereavement*

09/93-05/95 Master of Science in Human Development and Family Studies

Texas Tech University, Lubbock, TX

Thesis: *The Impact of Life Stress on Maternal Parenting Competence*

09/89-12/92 Bachelor of Arts in Psychology (w/Health Minor)

Texas Tech University, Lubbock, TX

LICENSES & CERTIFICATIONS:

Licensed Marriage and Family Therapist (#4791, Exp. 11/31/2020)

State of Texas Approved Supervisor

AAMFT Approved Supervisor (Exp. 10/2022) and Clinical Member (#75724)

UMC Affiliate Health Staff, Pediatrics (8/30/18 – 08/31/2019)

Allied Health Professional, Covenant Hospital (12/01/17 – 11/30/19)

Trauma-Focused CBT Certification (May 14)

'Great Start' Pre-marital Workshop Trainer Certification (2010)

Family Wellness Instructor Certification (2009)

Certified Trauma and Loss Consultant (TLC Institute)

Certified High/Low Ropes Challenge Course Facilitator

CFAS 4380 Program Development and Evaluation (Fall 08 - 15)

MFT 5300 Intro to MFT Practicum (Fall 16; **new prep**; Fall 17, 18, 19)

MFT 5302 Postmodern Theories in MFT (Spring 18; **new prep**)

MFT 6303 Couples and Sex Therapy (Spring 10, 12, 14, 16, 20)

MFT 6342 MFT Seminar in Grief and Loss (Spring 09, Sum 11, Sum 14, 17)

MFT 6342 MEDFT Seminar (Spring 19; **new prep**)

MFT 6395 Practicum in Marriage & Family Therapy (Spring/Sum/Fall 09, Spring 11, Spring/Sum/Fall 12, Spring/Sum 13, Sum 15, Fall 15, Spring 16, Sum I 2016, Fall 2016, Spring/Sum 17, Spring/Sum18, F19))

MFT 6397 Supervision in MFT (Spring 11, 17)

MFT 7395 MFT Internship (Spring 09 - present)

MFT 8000 Dissertation in MFT

01/08 – 05/08 Adjunct Faculty/APS Dept

Texas Tech University

CFAS 2300 Communication, Civility and Ethics

01/99-06/00 Adjunct Faculty

UH-Clear Lake

Supervised practicum for Marriage and Family Therapy Master's level students and provided live supervision and clinical training

Introduction to Marriage and Family Therapy (graduate level)

Theories of Personality (undergraduate level)

09/98-12/98 Adjunct Faculty

Hou. Grad. School of Theology

Introduction to Marriage and Family Therapy

06/95-07/97 Teaching Assistant/Instructor/HDFS Dept

Texas Tech University

Developed course syllabi, lecture material, and exam administration; supervised by HDFS Faculty. Class enrollment ranged from 30-80 students at the Junior and Senior level.

Families in Crisis: Fall 95, Spring 96, Summer 96

Parenting: Fall 96, Spring 97

Introduction to Interviewing and Counseling: Fall 96, Spring 97

Child and Adolescent Guidance: Summer 95, Summer 97

Academic Strategies: Fall 95 (2 sections)

GRANTS/CONTRACTS:

06/10 – pres Early Head Start - Mental Health Specialist Supervisor (Co-PI: 15%)

In collaboration with Stephanie Shine (70%), Mallory Boylan (15%)
Provide clinical supervision to mental health specialist position/provider.

Total Students Funded: 2 doctoral students & 5 masters students

6/18 – 5/19 **Early Head Start (co-PI: 15%) (722,782)**

Supervising: Claire Eggleston (CMFT masters student)

6/17 - 5/18 **Early Head Start (co-PI: 15%) (\$523,883)**

Supervising: Claire Eggleston (MFT masters student)

6/16 – 5/17 **Early Head Start (co-PI: 15%) (\$514,842, \$12,357 & \$9,041)**

Supervising Katelyn Pevehouse & Claire Eggleston

6/15 – 5/16 **Early Head Start (co-PI: 15%) (\$628, 068)**

Supervising: Katelyn Pevehouse (MFT masters student)

6/14 – 5/15 **Early Head Start (co-PI: 15%) (\$703, 436)**

6/13 - 5/14 **Early Head Start (co-PI: 15%) (\$694,626)**

Supervising: Whitnee Thomas (MFT masters student)

6/12 – 5/13 **Early Head Start (co-PI: 15%) (\$689,661)**

Supervised: Hannah Korkow & I-Shan Yang (MFT doc students)

6/11 – 5/12 **Early Head Start (co-PI: 15%) (\$689,661)**

Supervised: Hannah Korkow (MFT masters student)

6/10 – 5/11 **Early Head Start (co-PI: 15%) (\$677,564)**

Supervised: Michael Olsen (MFT masters student)

**10/10 – pres Lubbock County Juvenile Justice Center (LCJJC) Mental Health Service Contract
(2018 Total: \$74,222) (2019 Jan to June TOTAL: \$35,735)**

Supervise therapy providers in residential center and probation services
Develop and implement group curriculum, outcome data collection and
evaluation

**08/18 – pres Family Therapy Clinic Innovations in Therapeutic Service and Training
(TTU Alumni Association: \$10,000)**

Teletherapy training and service delivery for underserved Texas communities
who do not have access to quality affordable mental health services.

11/14 – pres Medical Family Therapy Clinical Supervisor (pro bono contract)

Project coordinator for (5) therapists-in-training providing family therapy services to PICU and Pediatric Oncology patients at Covenant hospital, as well as supervising clinical services provided at Joe Arrington Cancer Center.

05/14 – 5/18 Children’s Advocacy Center of the South Plains (CAC) Clinical Supervisor

Supervise (7) therapists-in-training providing Trauma-Focused Cognitive Behavioral Therapy to victims of trauma and their caregivers. Attend Multi-disciplinary Team (MDT) meetings. **(2017 \$2,600)**

12/15 - 12/16 TTU Scholarship Catalyst Program (\$3500 awarded for 2016)

Medical Family Therapy Collaboration (with Ronald McDonald House Charities of the Southwest) to provide medical family therapy services to families housed at RMHCSW.

RESEARCH PROJECTS:

1/18 – pres University Medical Center, Dept. of Pediatrics

Pediatric Trauma Prevention & Intervention Project

In Collaboration with ADRS and the Psychology Dept.

Project Team: Bradshaw, Brown, Cravens, Fife, **Piland**, Smith, Soloski, VanAllen

Screening, Intervention and Referral services are being developed for all pediatric patients experiencing medical trauma, participatory action research methodology is being implemented to implement services and collect outcome research data

01/09 – ‘18 ‘My Kid Has More Chromosomes than Your Kid!’: The Journey to Resilience and Hope in Parenting a Child with Down Syndrome.

In collaboration with: Dr. Briana Nelson Goff (Kansas State Univ.)

Conducted an online survey of parents raising a child with DS, Qualitative interviews were conducted with a sub-set of survey respondents and dyadic analysis/couples project is in progress.

- **Kayli Cross;** masters student MFT 7000 project (Fall 09-March 10)
 - o Initial review of literature, annotative bibliography and qualitative themes
- **Sarah McCallum;** masters student MFT 7000 project (Sum 10 –May 11)
 - o Initial qualitative themes of positive/negative experiences
- **Michael Pounds;** masters student MFT 7000 project (Sum 10- May 11)
 - o Initial qualitative themes of advice to parents by parents
- **Timothy Parker;** doctoral dissertation (Sum 10 – present)

- Dyadic analysis of couples experiences
- **Gail Bentley;** doctoral dissertation (Co-Chair) (Fall 10- Aug 11)
 - Fathering sub-set; cluster analysis of hope, satisfaction and coping
- **Hannah Korkow;** doctoral MFT 7000 project (Spring 13-Sum13)
 - Qualitative interviews with mothers raising a child with DS
- **Ashlee Bost;** masters student MFT 7000 project (Fall 13-May 14)
 - Mixed methods analysis proposal pending

05/09 – 07/11 ‘Special Needs Financial Planning: Assessing Community Awareness’

(~\$52,000 funded by The CH Foundation)

In collaboration with: Mitzi Lauderdale, JD and Rich Stebbins, JD;

An online needs assessment of financial planning awareness for special needs loved one resulted in focus group interviews and educational modules for caregivers.

- **Tamra Cumbie;** MFT doc student/focus group moderator (Fall 10 – Spring 11)

STUDENT RESEARCH:

(Dissertation Chair/Co-Chair) 3 Completed

- **Alexandra Schmidt** (Proposed Sept 15; March 2016 defended)
Relational Ethics, Patient Activation, and Type I Diabetes Management in Young Adults
- **Timothy Parker** (Sum 10; Defended Nov 2016)
Relational Adjustment among Couples Who Have a Child with Down syndrome: A Dyadic Analysis of Resiliency, Coping, and Adjustment
- **Gail Bentley; (Co-Chair)** (Aug 11)
The Up Side of Down syndrome and Fathering: An Exploration of Hope, Satisfaction and Coping

(Dissertation Committees): 11 completed/1 pending

- **Cydney Schleiden** (Proposal set for Dec 2019)
- **Jenna Chang** (Proposal Nov/Dec 19) Post-Traumatic Growth Among Incest Survivors: A grounded theory study
- **Chris Bedard** (Defended April 2019)
Couples Shared Meanings of Infertility: A Phenomenological Inquiry
- **Natali Gonzalez** (Defended Oct 18) Human Sex Trafficking Survivors’ Coping Journey: A grounded theory study
- **Brandon Eddy** (Defended June 18) Husband Involvement during Pregnancy
- **Kaitlin Leckie** (Defended Oct 14)

Understanding the relationship between activation, utilization of healthcare services, overall functioning, and use of family and support resources in complex, high-risk patients: A structural equation modeling study

- **Jeehee Sung** (Defended July 14)
Meaning in illness, patient satisfaction with care, use of care, and health outcomes with cancer survivors
- **I-Shan Yang** (Defended June 14)
The impact of social support on graduate student mental health
- **Devin Dupree** (Defended Nov 14)
Person-oriented approaches in couple education research
- **Jaclyn Cravens;** (Aug 2013)
Social Networking Infidelity: Understanding the Impact and Exploring Rules and Boundaries in Intimate Partner Relationships
- **Carlos Perez;** (Spring 13)
How Christian Couples Maintain a Relationship after an Affair: A Grounded Theory of Forgiveness and Trust
- **Matthew Brown;** (Fall 12)
Dyadic Coping, Relationship Satisfaction, and Parenting Stress among Parents of Children with an Autism Spectrum Disorder: The Role of Couple Relationship
- **Brandy Lucas;** (Spring 10)
Reflecting on the Experience of Abortion: A Phenomenological Study
- **Amanda Harrington;** (Spring 10)
Pregnancy Loss: A Phenomenological Exploration of Couple's Experiences

(Masters) -**Olivia Hamlin** (proposed Nov 14) Thesis: Predicting factors contributing to Medical Family Therapists' job satisfaction in a medical setting
-**Lindsay Huffhines** (May 14) Thesis: A short form of the Trauma Symptom Checklist for Children

01/10-05/10 - **Megan Smith;** Independent study in Nutritional Intervention and DS

(Undergraduates)

8/14-12/14 - **Michelle Luna; CFAS 4320 Research Independent Study** (FTC Research Database)

- **Hayley Hogue; CFAS 4000 Independent Study** (FTC assistant)
- **Mazie Zielinski; CFAS 4000 Independent Study** (TA - CFAS 4380)

08/13 – 12/13 - **Allie Hair;** CFAS 4320 Research Independent Study (FTC Research Database)

- **Alexis Rhoades**; CFAS 4000 Independent Study
(Pregnancy Loss and Postnatal Support Proposal)
- 01/12 – 05/12** - **Chelsea Carlson**; CFAS 4320 Independent Study
(DS Project Data coding)
- 01/11 – 05/11** - **Cherie Brune**; CFAS 4000 student support
(Special Needs Financial Planning project)
- **Kerri Newman**, CFAS 4000 Independent Study
(DS Fathering project)
- 01/10 - 05/10** - **Ashley Bias**; HDFS Research Independent Study
(DS Project; transcription)

PUBLICATIONS:

(Articles in Print)

Turns, B., Smock-Jordan, S., Callahan, K., Whiting, J., & **Piland Springer, N.** (2019). Assessing the effectiveness of solution-focused brief therapy for couples raising a child with autism: A pilot clinical outcome study. *Journal of Couple and Relationship Therapy*. DOI: 10.1080/15332691.2019.1571975

Korkow-Moradi, H., Kim, Hye Jin, & **Springer, N.** (2017). Common Factors Contributing to the Adjustment Process of Mothers of Children Diagnosed with Down syndrome: A qualitative study, *Journal of Family Psychotherapy*, Vol 28 (3) -online. doi.org/10.1080/08975353.2017.1291238

Nelson Goff, B. S., Monk, J. K., Staats, N., Malone, J., Tanner, A., & **Springer, N.** (2016). Comparing parents of children with Down syndrome at different life span stages. *Journal of Marriage and Family*, 78, 1131-1148. DOI:10.1111/jomf.12312

Bentley, G., McCarty, M., Zvonkovic, A., & **Springer, N.** (2015). Down syndrome and fathering: An exploration of ambiguous loss. *Fathering*, 13(1), 1-17.

Staats, N., Nelson Goff, B. S., **Springer, N.** & Monk, J. K. (2015). Parents of children with Down syndrome: A comparison of prenatal and postnatal diagnosis groups. *Journal on Developmental Disabilities*, 21, 83-94. Retrieved from <http://www.oadd.org>

Springer, N. (2015). The Path of the unexpected: Deliberately Conceived, Perfectly Created. *Family Therapy Magazine*, July/Aug, AAMFT.org.

Turns, B., & **Springer, N.** (2015). When Families Living with ASD's Cross your Path: Sensitive Systemic Assessment & Intervention. *Family Therapy Magazine*, Mar/April, AAMFT.org.

Nelson Goff, B. S., **Springer, N.**, Foote, L. C., Frantz, C., Peak, M., Tracy, C., Veh, T., Bentley, G. E., & Cross, K. A. (2013). Receiving the initial Down syndrome diagnosis: A comparison of prenatal and postnatal parent group experiences. *Intellectual and Developmental Disabilities*, 51, 446-457. DOI: <http://dx.doi.org/10.1352/1934-9556-51.6.446>

Nelson Goff, B., **Springer, N.**, Foote, L. C., Frantz, C., Peak, M., Tracey, C., Veh, T., Bentley, G., Cross, K. A. (2012). The Phenomenology of a Down syndrome Diagnosis: Prenatal and Postnatal Reflections Past and Present. *Intellectual and Developmental Disabilities*.

Clark, W., Jankowski, P., Margee, & **Springer, N.** (1999). Moving Beyond Nouns and Verbs: A Collaborative Writing Group's Developmental Story. *Journal of Feminist Family Therapy*, 11, pp. 49-54.

(Book Chapters Submitted)

Ramisch, J. & **Piland, N.** (2019) Systemic Approaches for Children, Adolescents, and Families Living with Neurodevelopmental Disorders (pp. 369-396). In (Karen S Wampler & Lenore M. McWey), *The Handbook of Systemic Family Therapy*, Vol 2.

(Book Chapters in Print)

Piland Springer, N. & Lauderdale, M. (2019). Caregiver and Professional Perspectives: From Financial Planning Obstacles to Optimizing the Future. In. B Turns, J. Ramisch, & J. Whiting. (Eds.), *Systemically treating autism: A clinician's guide for empowering families* (pp. 188-193). New York, NY: Routledge/Taylor & Francis.

Cless, J., Bodine, E., Cless, A., Farkas, L., Schmelzle, A., Nelson Goff, B. S., & **Springer, N. P.** (2018). Reflecting on the journey: Advice to parents from parents. In B. S. Nelson Goff & N. Piland Springer (Eds.), *Intellectual and developmental disabilities: A roadmap for families and professionals* (pp. 46-58). New York, NY: Routledge/Taylor & Francis.

Lauderdale, M., Walther, M. C., & **Springer, N. P.** (2018), Special needs financial planning: Optimizing resources. In B. S. Nelson Goff & N. Piland Springer (Eds.), *Intellectual and developmental disabilities: A roadmap for families and professionals* (pp. 173-187). New York, NY: Routledge/Taylor & Francis.

Springer, N. P., Turns, B., & Masterson, M. (2018). A systemic and contextual lens of disability: Family Stress, Ambiguous Loss, and Meaning Making. In B. Nelson Goff & N. Piland Springer (Eds.), *Intellectual and developmental disabilities: A roadmap for families and professionals* (pp. 17-31). New York, NY: Routledge/Taylor & Francis.

Nelson Goff, B. S., High, J., A. Cless, Koblitiz, K., Staats, N. & **Springer, N.** (2016). Special needs in families. In C.A. Price & K. R. Bush & S.J. Price (Eds.), Families and change: Coping with stressful events and transitions, 5th Ed. (pp.79-94). Thousand Oaks, CA: Sage.

Springer, N., Nelson Goff, B., Bentley, G. (2012). *Children with Special Needs* (Ch 9). Transition to Parenthood. R. M. Roy, W. R. Schumm, & S. L. Britt (Eds.), (pp. 171-188), Springer.

Arredondo, R., & **Springer, N.** (1994). Factors Influencing Alcohol and Drug Use: Diagnostic Techniques, Treatment Issues, and Prevention in the Hispanic Community. In N. S. Miller (Ed.), Course Review Syllabus of the American Society of Addiction Medicine, (pp. 1-7) Maryland: ASAM Inc.

Arredondo, R., Streit, K., **Springer, N.**, & Murray, C. (1993). Ethnic and Cultural Factors in Substance Abuse. In M. Schydlower & P.D. Rogers (Eds.), Adolescent Medicine: State of the Art Reviews, (pp.263-276) Philadelphia: Hanley & Belfus Inc.

(Books in Print)

Nelson-Goff, B. & **Piland Springer, N.** (2018). *Intellectual and developmental disabilities: A roadmap for families and professionals*. New York, NY: Routledge/Taylor & Francis.

(Manuscripts – submitted/under review)

Krueger, K., Alexander, P., Dyster, M., Steele, R., Nelson-Goff, B., Cless, J., Reves, M., Wedekind, M., & **Piland, N.** (2019). Relationship Satisfaction in Parents of Children with Down Syndrome, *Journal of Family Relations*.

(Manuscripts – in process)

2017 - pres N. Hayes, **Piland Springer, N.**, & Milstead, K. (under revision). Integrating Twelve-step frameworks in Mental Health Stabilization: A case study investigation.

PROFESSIONAL PRESENTATIONS:

(Research & Clinical Presentations)

Oct 2019 **Couple, Marriage & Family Therapy Training**
Daybreak University online presentation; Translation provided by Hyejin Kim

Nov 2018 **Understanding Fathers of Children with Down syndrome: Developing Targeted Programs** (Bentley, G., Thomas-Jackson, S.C., Nelson Goff, B.S., **Piland, N.**)

	NCFR Roundtable	San Diego, CA
July 2018	What is Depression & How Can We Help? (Workshop: Eggleston, C., & Piland Springer, N.) Early Head Start Staff Enrichment Training	Lubbock, TX
June 2018	Integrating a Twelve-Step Framework for Mental Health Stabilization: A Case Study Investigation (Workshop: Piland Springer, N., Milstead, K., & Hayes, N.) West Texas Behavioral Health Symposium	Lubbock, TX
Apr 2018	Systemic Sex Therapy Part I: Assessment (Workshop: Jones, A., Robinson, D., Lucero, R., & Springer, N.) Systemic Sex Therapy Part II: Mindful and Holistic Interventions (Workshop: (Workshop: Jones, A., Robinson, D., Lucero, R., & Springer, N.) Recovery Oriented Care for Mental Health Stabilization: An Exploratory Case Study (Poster: Hayes, N., Milstead, K., & Piland Springer, N.) Institute for Addiction Recovery & Families Conference	Lubbock, TX
Feb 2018	Twelve-Step Frameworks and Severe Mental Illness: A case study investigation (Workshop: Milstead, K., Hayes, N. & Piland Springer, N.) TAMFT Conference	Irving, TX
Feb 2017	Systemic Sex Therapy (Workshop: Jones, A, Lucero, R., Springer, N. & Smith, J.) TAMFT	Austin, TX
	10 Tips for MFT's working with Autism (Workshop: Turns, B., Whiting, J., Eddy, B., & Springer, N.) TAMFT	Austin, TX
Oct 2017	Systemic Sex Therapy: New and Future Directions Jones, A., Robinson, D., Lucero, R., & Springer, N.) AAMFT	Atlanta, GA
Sept 2015	Intellectual Disabilities: A workshop for clinicians (Workshop: Springer & Nelson Goff) AAMFT	Austin, TX
	Families Living with ASD: Integrating MFT's in Systems of Care (Workshop: Turns & Springer) AAMFT	Austin, TX
Sept 2015	Coping Across the Lifespan for Parents of a Child with Down Syndrome	

(Cutting Edge Poster: **Springer**, Goff, Staats, Monk, Malone & Tanner) AAMFT
Austin, TX

- April 2015** **Cross-Cultural Clinical Implications for Healing Reproductive Loss**
(Workshop with R. Amar, A. Schmidt, & **N. Springer**) San Antonio, TX
Association for Death Education Counseling (2015) National Conference
- Jan 2015** **The Up-side of Down Syndrome: A workshop for New Parents and Parents-to-be**
(Workshop: Nelson Goff - Presenter/**Springer** & Bentley - Author only)
Down Syndrome Guild of Greater Kansas City
- June 2013** **The Up Side of Down Syndrome:
A Workshop for New Parents and Parents-to-be**
(Workshop: Nelson Goff, **Springer** & Bentley – Author only)
National Down Syndrome Congress (NDSC) Convention Denver, CO
- Sept 2012** **Raising a Child with Down Syndrome: The Maternal Adjustment Process**
(Poster: Korkow, Kim – Author only, & **Springer**)
American Association of Marriage & Family Therapy (AAMFT) Charlotte, NC
- Sept 2012** **Obstacles, Challenges, Stressors, Finding Our Way: Results
of a Special Needs Caregiver Focus Group**
(Poster: Lauderdale & **Springer**)
Financial Therapy Association, Annual Conference Columbia, MO
- Oct 2011** **Special Needs Financial Planning Educational Modules**
(Workshop: Lauderdale & **Springer**)
High Point Village Lubbock, TX
- Aug 2011** **‘My Kid Has More Chromosomes Than Yours!’ Positive
Outcomes for Parenting a Child with Down Syndrome.**
(Workshop: Nelson Goff & **Springer**)
National Down Syndrome Congress (NDSC) Convention San Antonio, TX
- Mar 2011** **Resilience and Hope: Embracing Life with Down Syndrome.**
(Poster: **Springer**, McCallum, & Pounds)
Texas Association of Marriage and Family Therapy (TAMFT) Austin, TX
- Jan 2011** **What Your Doctor May Not Tell You When Down Syndrome
Enters Your Life!**
(Workshop: **Springer**, McCallum & Pounds)
Family Therapy Symposium Lubbock, TX
- 2011** **A Report on the Special Needs Planning Community Training Modules**

(Paper: Lauderdale, M., Scott, J., and **Springer, N.**) Submission for Pres. at:
The Association for Financial Counseling and Planning Education Conference

- 2010** **Progressing Towards Empowering Caregivers and Planners with Special Needs Planning Resources.**
(Lauderdale, M., Durband, D., Scott, J., and **Springer, N. – author only**)
The Academy of Financial Services Conference Denver, CO
- Nov 2010** **What Your Doctor May NOT Tell You When Down Syndrome Enters Your Life**
(Poster) Living with Disabilities: It Takes a Village Lubbock, TX
- Nov 2010** **Special Needs Training: A Focus Group Study**
(Poster) Living with Disabilities: It Takes a Village Lubbock, TX
(with Lauderdale, Durband, Scott, & **Springer**)
- Sept 2010** **Resilience and Hope in Parenting a Child with Down Syndrome.**
(Poster: Cross & **Springer**)
American Association of Marriage & Family Therapy (AAMFT) Atlanta, GA
- Mar 2010** **‘My Kid Has More Chromosomes than Your Kid’: The Journey of Resilience and Hope in Parenting a Child with Down Syndrome.**
(Poster: Cross & **Springer**)
Texas Association of Marriage and Family Therapy (TAMFT) San Antonio, TX
- Nov 2000** **Preparing for the Untimely Death of a Family Member: A Qualitative Study on the Role of Hospice Service in Partner-Caregiver Bereavement (Poster)**
Texas Association of Marriage and Family Therapy (TAMFT) Houston, TX
- Sept 1999** **Preparing for the Untimely Death of a Family Member: A Qualitative Study on the Role of Hospice Service in Partner-Caregiver Bereavement**
Hospice at the Texas Medical Center Houston, TX
- Nov 1997** **Keeping At-Risk Adolescents in School: A Qualitative Study of Resilience**
(Poster) **Springer, N.**, Jankowski, P., Wampler, R., & Mena, S.
Co-constructed Interview Analyses: Qualitative Research Method
(Poster) Jankowski, P., Clark, W., **Springer, N.**, & Margee
Finding Our Professional Voices: A Collaborative Writing Group
(Round Table) Margee, Jankowski, P., **Springer, N.**, & Clark, W.
National Council on Family Relations (NCFR) Annual Conference Wash, DC
- Jan 1997** **Collaborative Group Therapy with Incarcerated Adolescents**

(Clark, Margee, & **Springer**)

Texas Association of Marriage and Family Therapy (TAMFT)

Nov 1996 Resiliency of At-risk Adolescents: Family, School, and Community Influences that Prevent School Drop-Out
(MFT 7000 Project Presentation-Texas Tech University) Lubbock, TX

(Community Presentations/Invited)

Nov 2019 Children's Behavioral Health Clinic Lubbock, TX
(Co-presenter: Dani Lauricella) Team Rehab Neuro Adult Clinic

Oct 2019 Children's Behavioral Health Clinic Lubbock, TX
(Co-presenter: Dani Lauricella) Team Rehab Neuro Pediatric Clinic

Jan 2016 Mental Health Issues Among Juveniles & Intervention Strategies Lubbock, TX
(Co-Presenters: Adam Bertoch and Cecily Trujillo) Lubbock Police Academy

Oct 2014 Good Grief: Preserving stories and legacies in today's mobile society Lubbock, TX
(Guest Speaker) Healthy Families Conference (LCU)

July 2014 Suicide Assessment & Intervention
(Workshop) Children's Advocacy Center of the South Plains Lubbock, TX

June 2014 10 Things I Wish I Had Known Before Doing Couples Therapy
(Guest Speaker) COG-Psychology graduate student org. Lubbock, TX

June 2014 What Every Financial Planner Should Know...about Down syndrome and working with special needs families!
(Guest Speaker) PFP inter-session course Lubbock, TX

Jan 2014 Ethics in Action: A 'hands on' approach to resolving ethical dilemmas
(Editor) TTU, Family Therapy Symposium Lubbock, TX

July 2013 The Mind-Body Connection to Creating Wellness
(Workshop) National Alliance of Mentally Ill (NAMI) Lubbock, TX

April 2013 The Up Side of Down Syndrome and Fathering: An Exploration of Hope, Satisfaction and Coping
South Plains Association for the Education of Young Children (SPAECY)
(Workshop: **Springer** & Bentley) Christ the King ECDC Lubbock TX

Jan 2013 Clinical Supervision of Client-Therapist Attraction

	(Workshop Presentation: Smith & Springer) TTU, Family Therapy Symposium	Lubbock, TX
April 2012	Pathways of Recovery: Transforming Stories from Loss to Healing (Workshop) Evolution of Families through Recovery Conference TTU, Center for the Study of Addiction and Recovery	Lubbock, TX
April 2012	Down Syndrome 101: The Parent Perspective South Plains Association for the Education of Young Children (SPAAYC) (Workshop) Christ the King ECDC	Lubbock TX
Oct 2011	Resiliency and Hope in Parenting a Child with Special Needs (Workshop) Building Strong Families Annual Conference	Lubbock, TX
Sept 2011	Developing a Personal Model of MFT Supervision (Workshop by Smith & Springer) American Association of Marriage & Family Therapy (AAMFT)	Ft. Worth, TX
April 2010	Down Syndrome Family Research South Plains Association for the Education of Young Children (SPAAYC) (Workshop) Christ the King ECDC	Lubbock TX
May 2009	Grief in the Family (Workshop) National Alliance of Mentally Ill (NAMI)	Lubbock, TX
April 2009	Pathways of Grief: Transforming Stories from Loss to Healing (Workshop) TTU, Family Therapy Symposium	Lubbock, TX
Mar 2009	When Suicide Hits Home (Parent Information Meeting) Monterey HS	Lubbock, TX
(Consulting Presentations)		
8/12 – 5/14	Children’s Advocacy Center (Monthly Staff Support Groups)	Lubbock, TX
Aug 2012	Pathways of Healing: An Experiential Approach to Ambiguous & Traumatic Loss (Workshop Presentation at Austin Recovery)	Austin TX
July 2006	Students Who Self-Injure: What School Counselors Need to Know Region IV Education Service Center	Houston, TX
July 2005	A Changing World Up Close and Personal Girl Scouts of San Jacinto Council	Houston, TX

April 2004	Interventions for Troubled Teens Pearland ISD School Counselor Training	Pearland, TX
March 2004	Preventing Bullying: A Collaborative Approach Pearland Independent School District, DARE program	Pearland, TX
Jan 2004	Sound Body & Mind National Management Association, Houston Chapter	Houston, TX
May 2003	Transitioning Adolescents Pearland Independent School District	Pearland, TX
Mar 2003	Pathways of Grief: Transforming Stories from Loss to Healing Family Therapy Student Association (Keynote: Workshop)	Houston, TX
Feb 2003	When Tragedy Hits Close to Home UHCL Panelist: The Impact of NASA's Columbia Shuttle Tragedy	Houston, TX
Jan 2003	The ART of Children's Traumatic Death Process Groups (Workshop) Texas Association of Marriage and Family Therapy (TAMFT)	Dallas, TX
Dec 2002	The Mind-Body Connection The Healthy Investor Show (650AM Radio) Host: Keith Tobias	Houston, TX
Nov 2002	The ART of Children's Traumatic Death Process Groups (Workshop) Texas Psychological Association's (TPA) Annual Conference	San Antonio, TX
Mar 2001	Good Grief for Children (Workshop Presentation) Houston Area Association for the Education of Young Children	Houston, TX
01/96-06/96	Raising Kids Who Don't Raise Cain (Parenting seminars) w/Co-presenter: Sterling Shumway, MS	Lubbock, TX

(Media Contributions)

Oct 2019	Children's Behavioral Health Clinic	Fox 34 News
Oct 2019	Children's Behavioral Health Clinic	The Daily Toreador
Feb 2017	Top 10 Tips for Successful Marriage	Lubbock Magazine
July 2013	Nelson Goff Conducts Workshop at NDSC	KSU Press Release

Feb 2012	Lubbock Couple Celebrates 76 years: Marital Longevity	A. Morrison, Fox 34
June 2011	Finding Hope When DS Enters Your Life	NDSC News
Aug 2010	Positives can Outweigh Negatives for New Parents of Down syndrome Children	M. Cook, Bio Edge
Aug 2010	K-State, TTU Professors Release Preliminary Data from Down syndrome Study	KSU Press Release
Mar 2010	Researchers Hope to Give Parents Positive Down syndrome Message	Kelsey Heckel Daily Toreador
Jan 2010	Researchers Hope to Help Down syndrome Families	Sarah Nightingale Lubbock AJ
Dec 2009	Researchers Hope to Give Positive Down syndrome Message	Cory Chandler Texas Tech Today
Dec 2009	Couples Therapy and Extra-marital Affairs	Lubbock AJ
Nov 2009	Professors Explore Experiences of Parents of Children with Down syndrome	KSU Press Release
April 2009	Family Therapy Clinic Services	Pat Johnston, LISD-TV
Nov 2008	Avoiding Conflict during the Holidays	L. Ashcraft, Fox 34

SERVICE EXPERIENCE:

(Community Service)

- 11/19 - pres** **Upbring;** collaborative service delivery exploration
- 9/19 – pres** **Lubbock Children’s Health Clinic;** service delivery development
- 12/16 – pres** **Covenant Hospital Levelland;** service delivery brainstorming/intern site development
- 10/14 – pres** **Joe Arrington Cancer Center**
Internship site development meeting; medical family therapy services

- 08/16 – 2017 Family Promise;** Intern site development
- 08/16 – 2017 Lubbock Crisis Response Team;** Intern site development
- 08/16 – 2017 Superheroes Clinic;** Intern Site development
- 06/15 – 2017 Ronald McDonald House Charities of the Southwest**
Medical Family Therapy collaborative; intern site development, medical family therapy service delivery
- 10/14 – pres Catholic Charities**
Internship site development meeting; family therapy site-based services
- 07/14 – 16 St. John Neuman Catholic Church**
Internship site development meeting; family therapy site-based services
- 05/14 – 16 Sunrise Canyon/MHMR**
Internship site development meetings; family therapy site-based services
- 2018 Conference for Addiction, Recovery & Families, Lubbock, TX**
(Planning/Implementation Team member)
- 2017 Conference for Addiction, Recovery & Families, Lubbock, TX (Event Facilitator)**
(11.5 CEU's)
- 2016 TTU-FTC, Family Therapy Symposium, Lubbock, TX (Event Coordinator)**
Spiritually Informed Psychotherapy (7 CEU's)
- 2015 TTU-FTC, Family Therapy Symposium, Lubbock, TX (Event Coordinator)**
Clinical Competence: Working with marginalized clients (6-8 CEU's)
- 2014 TTU-FTC, Family Therapy Symposium, Lubbock, TX (Event Coordinator)**
Relational Wellness: What every clinician should know! (1-day/8 CEU's)
- 2013 TTU-FTC, Family Therapy Symposium, Lubbock, TX (Event Coordinator)**
Ethics, Supervision and Relational Therapy (1-day/8 CEU's)
- 2012 TTU-FTC, Family Therapy Symposium, Lubbock, TX (Event Coordinator)**
Families in Crisis across the Lifespan (1-day/7 CEU's)
- 2011 TTU-FTC, Family Therapy Symposium, Lubbock, TX (Event Coordinator)**
Special Topics for Special Families and their Caregivers (2-day/12 CEU's)

- 2009** **TTU-FTC Family Therapy Symposium, Lubbock, TX (Event Coordinator)**
Relational Aspects of Psychotherapy (1-day/9CEU's)
- 2010 – 2015** **'Great Start' Pre-Marital Workshops**
 Since the fall semester of 2010, the FTC has been providing workshops for couples planning to get married. These workshops were originally offered as a function of the 'Two-gether in Texas' Relationship Education Initiative; which was a funded project managed by MFT Faculty Jason Whiting & Steve Harris. Although funding ended in 2011, the FTC has continued to offer monthly workshops to couples in the community for the past few years. This workshop provides graduate students the opportunity to gain speaking/workshop experience as well as clinical hours that are 'relational' in nature. Approximately **215 couples** have attended the workshops to date.
- 08/11 – 8/13** **South Plains Suicide Prevention Coalition**
 Community resource network for suicide prevention and support
- 09/09 – 8/11** **Victims Services Networking Support Group**
 Support group facilitator for professionals working with victims of trauma
- 2009 - 2011** **Success by Six**
 Community networking group for supporting and enhancing the success of young children and their families
- Oct 2011** **Adult Probation Lubbock – Crosby County**
 (FTC Information Session)
- 06/09-06/10** **Better Understanding of Down syndrome (BUDS)**
 Board Member (Vice President-Sum 09-10) & New Parent Coordinator
- June 2010** **HEART Health Fair**
 (FTC Information Booth)
- July 2009** **Lubbock County Community Programs (Information Fair/Booth)**
- (University Service)**
- 8/17 – 8/18** **Division of Diversity, Equity and Inclusion Crisis Intervention and Wellness**
 In collaboration with Elizabeth Sharp

Initiated pilot for site based psychotherapy services provided by MFT students, for students who are affiliated with minority populations (i.e., Mentor Tech, First Generation, and Military)

08/08 – pres Undergraduate Practicum (Site Supervisor) College of Human Sciences
The Family Therapy Clinic serves as a practicum site for a variety of undergraduate majors. When students are enrolled in course credit for practicum, they meet with their instructor of record periodically throughout the semester, but the time and activities completed at their site is where the majority of the course requirements are met. I have supervised **47+ UG students** majoring in CFAS, HDFS & Psychology completing course credit for their degree plans; over **6035+ hours** of student service.

June 2014 National Collegiate Alcohol Awareness Week Student Union Building
Planning Committee

Oct 2013 National Depression Screening Day College of Human Sciences

2010 – 2013 Red Raider Orientation (Information Sessions) Student Union Building

Sept 2012 Mentor Tech (Career Panel) Student Union Building

Sept 2012 TAB Officer and Committee Retreat (Workshop) Student Union Building

Fall 2009 Military Family Outreach (Information Booth) Frazier Alumni Pavilion

Feb 2009 Reducing Stress: The Mind-Body Connection TTU-HSC
Speech Pathology Student Wellness (Workshop)

(College of Human Sciences Service)

Fall 19 - 20 COHS Dean Search Committee

Fall 2017 COHS Faculty Award for Commitment to Outreach and Engagement (\$500)

Fall 2016 COHS Excellence in Teaching Award Winner (\$500 award)

Fall 2015 Kathryn Burleson Service Award Winner (\$1000 award)

Fall 15 – 2018 Teaching Effectiveness Committee

Fall 11 – pres Center for Study of Addiction & Recovery (CSAR) Support Group Therapy
For the past few years, MFT graduate students have co-facilitated two specialty groups at the CSAR. Those groups are: the Self Harm and Eating Disorder

Therapeutic Groups. The FTC Director has provided the clinical supervision for these groups.

2010 – pres Emergency Action Team Committee

Serving as a safety liaison for students, faculty and staff in COHS; implementing safety protocols, attending training meetings (i.e., Active Shooter) and serving in emergency response situations

Spring 09 NIH Multi-disciplinary Team/Grant Proposal Committee

TTU Human Behavioral Research Complex: A multi-disciplinary research building to facilitate research designed to solve individual and family problems

(Department Service)

Sum 15 - pres CFAS Scholarship Comm. (Spring 10, 12, 17, 18)

Sum 16 – 18 Conference for Addiction, Recovery & Families (2017) Planning Committee

Fall 16 - 17 MFT Faculty/Personnel Hiring Comm. (Spring 14, 17)

2016 – pres CFAS Curriculum Committee

2008 – pres MFT Program Recruitment

2011 - 2012 CFAS Steak Holders Committee

Sept 2009 When Crisis Hits Home: Understanding Grief and Loss
TTU, PFP Volunteer Training, Lubbock, TX

2008 - 2010 CSAR New Student Orientation (Information session)

(Program Service)

09/08 – pres Family Therapy Clinic Staff Supervisor

Provide staff supervision for GA/RA's who provide daily operating support to the clinic.

Kayli Cross (Fall 08 - Spring 10)

Tamra Cumbie (Spring 10 – Summer 11)

Michelle Davis (Fall 10 - Spring 12)

Kerri Newman (Fall 11 - Spring 13)

Cecily Trujillo (Fall 11 - Fall 12)

Cody Heath (Fall 12 – present) & **Ashlee Bost** (Fall 13 – May 14)

Olivia Hamlin (Fall 13 – present) & **Allie Hair** (Sum 14 - present)

Adam Bertoch (Spring 15 – present)
Sydney Wenglein & Michelle Luna (Fall 15 – Sum 17)
Kaily Moore & Loren Lopez (Spring 16 – present)
Abby Rhynehart & Taralyn Hemphill (Fall 17- Aug 19)
Zachary Trevino & Lorena Posadas (Fall 18 – present)
Krayah Langford & Raven Garza (Fall 19 – present)

12/13 – 2/14 CFAS/MFT Faculty Search Committee

2009 – 2015 Clinical Supervisor for Adjunct Faculty Instructing MFT 6395 Practicum in MFT
(Meryl Ko, Amanda Harrington, Cynthia D’sauza, Sara Smock)

Aug 2013 MFT Doctoral Studies (Recruitment Presentation) UH-Clear Lake

2010 – 2013 MFT Graduation Social

2009 – 2013 MFT Faculty Retreat Planning

2008 – 2011 MFT Holiday Social

April 2012 Agency Collaboration Panel (Info and Referral Meeting for MFT Students)
Agencies Represented: CPS, CHCL, TTU-HSC EAP, MHMR, LRCC

June 2010 Marriage Intensives (Information Session for MFT Students)
Presented by: Wib Newton & Steve Trafton (New Hope Counseling Center)

Nov 2008 MFT Graduate Programs (Information Session)

(Misc/Other Service)

11/07-12/09 Pregnancy Loss Support Group
Online Forum Moderator (<http://blightedovum.proboards.com>)

01/99-09/01 Hospice of the Texas Medical Center Volunteer
Provided facilitator training for annual family bereavement weekend camp,
facilitated traumatic death group for families attending bereavement camp, and
provided crisis intervention support

02/97-06/97 Hospice of Lubbock Volunteer
Received 36 hour volunteer training and conducted interviews with surviving
spouses of hospice patients for dissertation project

PRESENTATION PROPOSALS:

(Submitted/NOT accepted)

- 2014 A Cross-Cultural Framework for Healing Reproductive Loss**
(Workshop with R. Aamar, A. Schmidt, & **N. Springer**)
AAMFT 2015 Conference Submission
- Strengths and Challenges: A Support Group for Transnational Students**
(Workshop with C Dsauza, **N. Springer**, & F Shen)
AAMFT 2015 Conference Submission
- Acculturation and Stress: A Focus Group for Transnational Students**
(Poster with C Dsauza, **N Springer**, & F Shen)
AAMFT 2015 Conference Submission
- 2013 Keep Calm and Let Down syndrome Change Your Life**
(Workshop with A. Bost, B. Nelson & N. Springer)
National Down Syndrome Congress (2014) Conference submission

SERVICE PROPOSALS:

(Funded)

- 2019 The CH Foundation** (for calendar year 2020)
Teletherapy Service Delivery
(Brown, Fife, Cravens, Soloski, **Piland**, & Smith)
- 2018 Texas Tech Alumni Association Excellence Grant**
Family Therapy Clinic Innovations in Therapeutic Services and Training (\$10,000)
(Cravens, J., **Springer, N.**, & Brown, C.)
- 2017 Covenant Medical Family Therapy/Levelland grant** (\$23,096)
Medical Family Therapy Initiative to provide Medical Family Therapy Services to children and families on multiple units or receiving outpatient care and emergency care.
- 2016 Covenant Prevention and Wellness grant** (\$41, 402)
Medical Family Therapy Initiative to provide Medical Family Therapy Services to children and families on multiple units or receiving outpatient care for chronic illness.

(Unfunded)

- 2018 TTU Scholarship Catalyst Program**

Pediatric Trauma Prevention Project (request: \$5,224/DECLINED)

- 2017** **Pediatric Telemental Health Outreach Services (Subt'd Nov 2017-
Proceeding to 2nd round of grant reviews)**
The CH Foundation (\$48, 153)
Medical Family Therapy services for children and families experiencing medical crises at
Covenant Women's and Children's Hospital
- 2016** **The CH Foundation** (requested \$50,000/3 years; 2017-2019)
Project UPLIFT (Unifying Privilege and Linking Intervention for Eamilies to Thrive)
Funding will be used to further develop the medical family therapy collaboration
with RMHCSW and develop a summer camp program for families with children
who are differently abled.
- 2015** **Kellogg Magrath Community Engagement Scholarship Award** (proposal
submitted/denied for 20,000 award) with co-PI Douglas Smith
- 2013** **United Supermarkets Employee Assistance Program Services**
Service contract for therapy services for employees and their families.
- 2013** **Medical Family Therapy Outreach Services**
Proposal submitted to College of Human Sciences to offer couples and family
therapy services for those affected by medical crises.
- 2010** **Hospice of Lubbock Bereavement Services Proposal**
Proposal to contract bereavement therapy services to families experiencing the
death of a loved one.
- 2010** **TTU Human Behavioral Sciences Research Complex**
NIH proposal submitted in collaboration with: Huffman, L., Colwell, M., Durband,
D., Harris, K., Kolyesnikova, N., Wherry, J., Zvonkovic, A., Collier, D., Curry, Z.

CONTINUING EDUCATION/TRAINING:

- | | | |
|-------------|--|-------------|
| 2019 | American Association of Marriage & Family Therapy | Austin, TX |
| | Texas Association of Marriage & Family Therapy | Austin, TX |
| 2018 | Pediatric Trauma Society | Houston, TX |
| | Conference for the Institute on Addiction, Recovery & Families | Lubbock, TX |
| | Texas Association of Marriage & Family Therapy (TAMFT) | Irving, TX |
| 2017 | Conference for the Institute on Addiction, Recovery & Families | Lubbock, TX |

2016	Texas Association of Marriage & Family Therapy (TAMFT)	Austin, TX
	American Association of Marriage & Family Therapy (AAMFT)	Atlanta, GA
	Collaborative Family Healthcare Association (CFHA)	Charlotte, NC
	Annual Conference (Medical Family Therapy)	
2015	American Association of Marriage & Family Therapy (AAMFT)	
	Annual Conference	Indianapolis, IN
	American Association of Marriage & Family Therapy (AAMFT)	
	Annual Conference	Austin, TX
2014	Association for Death Education & Counseling (ADEC)	
	National Conference	San Antonio, TX
	Healthy Families Conference (LCU)	Lubbock, TX
	Trauma-Focused CBT Learning Collaborative (1-yr cert. – May & August workshops, monthly consultation calls June -pres)	Austin, TX
2013	American Association of Marriage & Family Therapy (AAMFT)	Portland, OR
2013	Financial Therapy Association (FTA) Conference	Lubbock, TX
2013	National Down Syndrome Congress (NDSC) Convention Global Down Syndrome Foundation (Medical & Research Roundtable)	Denver, CO
2012	Evolution of Families through Recovery (Annual Conference)	Lubbock, TX
2012	American Association of Marriage & Family Therapy (AAMFT)	Charlotte, NC
2011	National Down Syndrome Congress (NDSC) Convention	San Antonio, TX
2011	American Association of Marriage & Family Therapy (AAMFT)	Ft. Worth, TX
2011	Texas Association of Marriage & Family Therapy (TAMFT)	Austin, TX
2010	Texas Association of Family & Consumer Sciences (TAFCS) Living with Disabilities: It Takes a Village (Speaker Series)	Lubbock, TX
2010	West Texas Association for Infant Mental Health Circle of Security	Lubbock, TX
2010	Texas Association of Marriage & Family Therapy (TAMFT)	San Antonio, TX
2010	American Association of Marriage & Family Therapy (AAMFT)	Atlanta, GA

2009	Association of Death Education and Counseling (ADEC)	Dallas, TX
2009	Family Wellness Associates (24-hr Training Certificate)	Lubbock, TX

EMPLOYMENT HISTORY:

10/01-03/03 Bo's Place (Grief Center for Children) **Houston, TX**
Coordinator: Family & Research Programs

Supervised group coordinators who implemented support group services, managed the intake/admissions of all families requesting services into the program, coordinated the LIGHT grant-funded support group program for families w/traumatic death of parent and/or child, and administered pre and post data collection and summarized research findings; including program evaluation. Coordinated information and referral for grief support in the community, instructed volunteer training and community education & training for school counselors, principals, and other professionals on child/adolescent-family grief and traumatic death; including training for Baylor College of Medicine medical residents. Provided clinical supervision for interns and temporary licensed clinicians

01/00-05/01 Director: Children's Community Support Services **Galv/Brazoria Co., TX**
Gulf Coast Center Mental Health and Mental Retardation (GCC-MHMR)

Conducted diagnostic evaluations on children ages 4-17 years to determine eligibility for services, provided case supervision for the rehabilitation specialists who provided public school and home-based skills training and support group services, provided plan of care oversight for ongoing cases and coordinated with other staff in case planning and management, provided child and family therapy, crisis intervention, and emergency on call, and was responsible for maintaining budget and expense accounts.

01/00-09/00 Adult Intake Specialist (GCC-MHMR) **Galv/Brazoria Co., TX**

Conducted diagnostic evaluations for adults to determine eligibility for services, and provided phone intake and screening, and community referrals for additional mental health support

09/97-03/99 Advanced Resident and Clinical Staff **Houston, TX**
Samaritan Center for Counseling and Education

Conducted individual, couple, and family therapy in a pastoral counseling setting, provided parent education seminars, other mental health presentations, and annual depression screenings. Conducted assessments, treatment planning, and case staffing with multidisciplinary staff for clients of diverse backgrounds

- 09/95-05/97 TTU-FTC Marriage & Family Therapist-in-Training Lubbock, TX**
 Conducted individual, couple, and family therapy with a variety of presenting problems; primarily a low socioeconomic population.
- 10/94-06/96 Lubbock County Youth Center – Contract Therapist Lubbock, TX**
 Conducted individual, family, and group therapy sessions with juvenile residents who had received a six month commitment to the lock-up residential facility
- 10/95-06/96 Parent Empowerment Project – Contract Therapist Lubbock, TX**
 Conducted home-based family therapy with juveniles on probation in STAR boot camp program
- 10/94-08/95 Research Assistant Lubbock, TX**
 Texas Tech University, Dept. of Human Development and Family Studies
 Assisted with research projects on clinical judgment of therapists and conducted survey distribution, data collection and data entry
- 01/94-05/95 Graduate Assistant Lubbock, TX**
 Texas Tech University – Health Sciences Center
 Dept of Psychiatry, Southwest Institute for Addictive Diseases (SWIAD)
 Co-facilitated inpatient and outpatient substance abuse groups based on 12-step model and provided multi-family relational/communication skills training
- 04/92-05/95 Research Assistant Lubbock, TX**
 Texas Tech University - Health Sciences Center, Dept of Psychiatry
 Assisted with research projects on substance abuse, literature reviews, data entry, and educational program development
- 09/93-08/94 Academic Advisor Lubbock, TX**
 Texas Tech University, Dept. of Human Development and Family Studies.
 Provided degree plan oversight, pre-registration assistance, and summer orientation for the students majoring in degrees within the college