

C. NICHOLE MORELOCK, PH.D., LMFT
Applied and Professional Studies
Texas Tech University College of Human Sciences
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EDUCATION

- Doctor of Philosophy, Marriage and Family Therapy*
Texas Tech University, December 2005
Chair: David Ivey, Ph.D.
Dissertation Title: Personal Idiom Use and Affect Regulation in Romantic Relationships.
- Master of Science, Human Development and Family Studies*
Texas Tech University, August 1998
Chair: Du Feng, Ph.D.
Thesis Title: Psychological Well-Being of Siblings in Late Adulthood.
- Bachelor of Science (with honors), Psychology / Gender Studies*
Southwest Missouri State University, May 1995
Senior Seminar Paper: New Beginnings: Women at Midlife.

PROFESSIONAL EXPERIENCE

- January 2012 – Present *Assistant Professor, Texas Tech University College of Human Sciences Department of Community, Family, and Addiction Services.*
- August 2011 – Present *Associate Chair, Texas Tech University College of Human Sciences Department of Community, Family, and Addiction Studies.*
- Jan 2009 – August 2011 *Assistant Chair for Special Projects and Compliance, Texas Tech University College of Human Sciences Department of Applied and Professional Studies.*
- Sept 2008 – Present *Instructor and Coordinator, Community, Family,*

and Addiction Services, Texas Tech University College of Human Sciences Department of Applied and Professional Studies. Responsible for teaching undergraduate courses related to the CFAS major. Manage course schedule, assess and track learning outcomes, and promotion of the major. Secure community practicum sites and service learning opportunities for undergraduate CFAS majors.

Sept 2006 – Aug 2008

Director, Texas Tech Family Therapy Clinic
Marriage and Family Therapy Program, Texas Tech University Department of Applied and Professional Studies. Managed daily functioning of the Family Therapy Clinic, including client service provision, marketing, coordination of graduate student therapists, and management of the clinic operating budget. Provided therapy services to individuals, couples, and families. Taught graduate and undergraduate courses related to marriage and family therapy, including practicum.

Sept 2004 – Aug 2006

Associate Director
Employee Assistance Program, Southwest Institute for Addictive Diseases, Department of Neuropsychiatry, Texas Tech University Health Sciences Center. Provided EAP services to state agencies, municipalities, corporations, school districts and hospitals. Management responsibilities included contract recruitment and retention, bi-monthly orientations to EAP for contract employees, administration of supervisor referrals, and overseeing clinical services provided by EAP therapists. In addition to administrative duties, organizational interventions, community workshops, mediation, and therapy services for individuals, couples, and families were provided.

Dec 2000 – Aug 2004

EAP Therapist
Employee Assistance Program, Southwest Institute for Addictive Diseases, Department of Neuropsychiatry, Texas Tech University Health Sciences Center. Provided individual, couple, and family therapy to EAP clients as well as departmental interventions, wellness workshops, and team building. Also assisted EAP administrators with various duties.

- Aug 2000 - Dec 2000 *Transitions Counselor*, Transition to 7th Grade Program. The Transitions program is an ongoing community development project that provides weekly therapy services to 7th grade students to develop problem solving, decision making, and coping skills.
- Sept 1999 - Mar 2000 *Family Therapist*, Parent Empowerment Program. Conducted in-home therapy with families in an economically disadvantaged area.
- Aug 1998 – Dec 2000 *Clinical Intern*, Marriage and Family Therapy Program, Texas Tech University. Performed individual, couple, and family therapy under supervision in a university clinic setting.
- Nov 1994 - May 1996 *Psychiatric Technician*, Columbia Hospital North, Springfield, Missouri. Maintained daily client progress notes, conducted individual processing with clients, and assisted medical staff in facilitating group counseling for an adult in-patient psychiatric unit.

RESEARCH EXPERIENCE

- Sept 2006 – Present *Dissertation Committee Member*, TTU Marriage and Family Therapy Program. Supported multiple doctoral students as they successfully completed their doctoral dissertation.
- Dec 2000 – May 2002 *Research Team Member*, Employee Assistance Program, Texas Tech University Health Sciences Center. Assisted with the administration, data collection, and summary report of a grant project funded by the National Institute of Justice.
- May 1997 - Aug 1998 *Master's Thesis Research*, Department of Human Development and Family Studies, Texas Tech University. Conducted a quantitative study using existing data from an ongoing longitudinal research project.
- Aug 1996 - Jan 1997 *Research Assistant* for Dr. Du Feng, Department of Human Development and Family Studies, Texas Tech University. Assisted with data collection, survey

construction, and phone contact of study participants for a project exploring marital adjustment.

ACADEMIC EXPERIENCE

- Sept 2006 – Present *Instructor*, College of Human Sciences, Texas Tech University. Responsible for teaching CFAS 2300, *Communication, Civility, and Ethics*, MFT 6395 *Graduate Practicum in MFT*, MFT 7395, *Internship in MFT*, and MFT 6303, *Couples and Sex Therapy*.
- Aug 1998 – Dec 2000 *Graduate Teaching Assistant*, College of Human Sciences, Texas Tech University. Responsible for teaching the following courses: HDFS 2320, *Basic Interpersonal Skills*, HDFS 3331, *Parenting*, HD 3318, *Development in Young Adulthood*
- Aug 1996 - Dec 1996 *Graduate Assistant*, Department of Human Development and Family Studies, Texas Tech University. Assisted Dr. Mary Tom Riley with teaching HD 4306, *Preparing Environments for Children*.
- Jan 1997 - Aug 1998 *Graduate Assistant*, College of Human Sciences Academic Advising Services, Texas Tech University. Advised students with creating degree plans and course schedules. Coordinated infant and early childhood laboratory courses for over 200 undergraduate early childhood majors; assisted Ann Bush with duties associated with monitoring graduating seniors and graduation proceedings for all majors within the college.

PEER- REVIEWED PUBLICATIONS

- Feng, D., Chin, Y., & Morelock, C. N. (2007). Sibling Relationship in Adulthood: Its effect on psychological well-being. In C. Yoon (Ed.), *Focus on Family Relations in the Twenty-First Century* (pp. 69-91). Hauppauge, NY: Nova Science Publishers.
- Morelock, C. N., Ivey, D., & Busby, D. (2003). The relationship of family of origin processes with anxiety and communication in Marriage: Perceptions of self and partner. Journal of the Texas Association for Marriage and Family Therapy, 8, p. 36-51.
- Arredondo, R., Shumway, S. T., Kimball, T. G., Dersch, C. A., Morelock, C. N., & Bryan, L. (2002). Qualitative/Quantitative assessment of a police family stress program. A

comprehensive report to the National Institute of Justice. Available:
<http://abstractsdb.ncjrs.org/content/AbstractsDBSearch.asp> Enter NCJ # 197900

Arredondo, R., Shumway, S. T., Kimball, T. G., Dersch, C. A., Morelock, C. N., & Bryan, L. (2002). Qualitative/Quantitative assessment of a police family stress program. An executive summary to the National Institute of Justice. Available:
<http://abstractsdb.ncjrs.org/content/AbstractsDBSearch.asp> Enter NCJ # 197899

PROFESSIONAL PRESENTATIONS

Morelock, C. N. & Dakin, J. (2008). Making Friends with Technology: Flexible, Affordable Alternatives for Digital Recording in Training Facilities. Poster presented at the 2008 Annual TAMFT conference, Galveston, TX.

Feng, D., Giarusso, R., Chin, Y., & Morelock, C. N. (2007). Sibling Relationships in Later Life. Paper presented at the Gerontological Society of America Annual Conference, San Francisco, California.

Morelock, C. N., & Feng, D. (1999). Psychological Well-Being of Siblings in Late Adulthood. Poster presented at the National Council on Family Relations Annual Meeting, Irvine, California.

ADDITIONAL PUBLICATIONS

Morelock, C. N. (2006, May 16). Know your limits and don't limit your no's. Lubbock Avalanche Journal.

Morelock, C. N. (2006, February 15). Let me call you sweetheart, honey – you'll feel better. Lubbock Avalanche Journal.

Morelock, C. N. (2001 – 2006) EAP Update, EAP quarterly newsletter.

The EAP Update is a 2-page quarterly newsletter that focuses on emotional wellness. It is published for 11 different EAP contracts, and is provided to approximately 25,000 employees and their families.

UNPUBLISHED MANUSCRIPTS

Morelock, C. N. (2005). Personal idiom use and affect regulation in romantic relationships. Unpublished doctoral dissertation, Texas Tech University.

COMMUNITY PRESENTATIONS

- Caring for Aging Parents
- Habits of Healthy Relationships
- Creative Stress Management: Techniques You Can Live With
- Finding Direction through Uncertainty
- Balancing the Scales: Managing Multiple Roles
- Saying “No” Without Regret or Resentment
- Surviving Graduate School Stress
- Motivation from Within
- Hectic Holidays: Managing Holiday Stress

LICENSE AND PROFESSIONAL ORGANIZATIONS

Nov 2005 – Present	Texas State Licensed Marriage and Family Therapist, TX #5198
Sept 2010 – Present	Member, TAMFT Ethics Committee
Feb 2006 – Present	Clinical Fellow and Approved Supervisor, American Association of Marriage and Family Therapists
Feb 2001 – Jan 2006	Member, American Association for Marriage and Family Therapy

ACADEMIC SERVICE ACTIVITIES

August 2009 – Present	Member, COHS Curriculum Committee
August 2009 – Present	Member, COHS Scholarship Committee
January 2009 – Present	Chair, APS Scholarship Committee
January 2009 – Present	Member, APS Executive Committee
Sept 2010 – Present	Tech Assessment Network, Member

COMMUNITY SERVICE ACTIVITIES

December 2011 – Present	Children’s Advocacy Center Board Member
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ADDITIONAL TRAINING AND AWARDS

Jan 2007	Borderline Personality Disorder: Treatment and Management that Works, seminar presented by Cross Country Education, Lubbock, Texas
Oct 2003	Facing the Shadow, Sexual Addiction workshop presented by Patrick Carnes, PhD in Houston, Texas
Oct 2003	The Recovery Zone, Sexual Addiction workshop presented by Patrick Carnes, PhD in Houston, Texas
April 2001	Critical Incident Stress Management, 2-day training with certificate, International Critical Incident Stress Foundation.

Instructor: Vaughn Donaldson, L.P.

May 2001

Outstanding Ph.D. Student Award, Texas Tech
University Marriage and Family Therapy Program

Aug 1996 – Dec 2000

C.J. Davidson Academic Scholarship, TTU

Dec 1993

Phi Kappa Phi Academic Honor Society, Southwest
Missouri State University.

Dec 1991

Phi Eta Sigma Academic Honor Society,
Southwest Missouri State University.