

# Conference Schedule

**The McKenzie Lectureship Series Presents** 

Thursday, March 7 - 5 hours CEU's available McKenzie Merket Alumni Center

Noon-1pm Check-in

1-4pm

Ethics - Where They Come From, Why We Have Them, & What To Do With Them!

Sherri Layton, LCDC, CCS

Ethics are foundational in counseling practice yet we all encounter dilemmas – right vs right rather than right vs wrong situations. Sometimes our core values conflict with professional duties and obligations. This workshop will explore, through some interesting means, where those values came from so we better understand our conflict; why it's important to live and practice by ethics and values, how to apply an ethical decision-making model, and ways to live out ethical principles and in line with our values.

4-4:30pm

**Clinical Research Poster Session** 

4:30-6:30pm Dinner Keynote: The Human Faces of Recovery: Past, Present, Future.

Dr. Tom McGovern EdD, LPC, LMFT, LCDC Charlie McMordie, LPC

This interactive session is your invitation to respond, in animated table talk, to two people's 40+ years' experience as counselors, teachers, and journeymen in the field of addiction and recovery. The wonder of recovery, from youth to old age is the focus of our conversation, with particular attention to the needs of the young. Join in this post-dinner event, with your questions, insights, and above all, with the precious wisdom of your own journey.

## Friday, March 8 - 7 hours CEU's available McKenzie Merket Alumni Center

#### 8-8:30 am Check-in

### 8:30- An Exploration of Moral Injury

#### 11:30 am

#### Lance Dixon, PhD

Participants will discuss multiple definitions of moral injury. A moral injury happens when a person has an experience that challenges what they believe to be "right" in the world. This violation of what is "right" might occur due to the actions (or non-actions) of ourselves or of someone in a position of legitimate authority. Some of the signs of a moral injury are excessive guilt, shame, anger, low self-esteem, and a loss of faith. Many people who experience a moral injury are not able to heal and they later develop PTSD as well as other problems. In part one of this program, participants will learn about the origin of the term moral injury, discuss multiple definitions of moral injury, and explore how moral injury impacts people's lives. The relationship between moral injury, PTSD, and substance abuse will be examined during this session as well. During part two of the program, participants will learn about a treatment for moral injury developed and implemented by the presenter with Veterans. Participants will then explore their reactions and discuss how they might utilize elements of the treatment for people with co-occurring moral injury and substance abuse disorders.

#### Noon-2pm

# Lunch Keynote: Legalization of Marijuana in Colorado - The Impacts

Dale Quigley ("Quig")

Legalization of marijuana in Colorado. A factual look at the impact that legalization of marijuana has had in Colorado.

#### 2-4pm

#### **Alternative Therapies Panel**

Emmy Lu Henley, PhD, RDN, CEDRD Patti Mandrell, MEd, LPC, EAP Charles Conatser, PhD Kelly Martin, MEd, LPC-S, RPT-S David Shea, PhD

This session will provide participants an opportunity to hear from mental health practitioners from a variety of alternative practices. The practitioners will share their approaches to working with individuals impacted by substance use disorders (SUDs) or someone living with a person struggling with SUDs. The session will conclude with an audience question and answer session.

