

McKenzie Lectureship Series

CONFERENCE SCHEDULE

Thursday, April 12, 2018 - 11 hours CEU's available

McKenzie Merket Alumni Center

- Noon** **Conference Registration Opens**
McKenzie Merket Alumni Center Lobby
Community Networking – local non-profit/for profit organizations are on site to answer questions about the services they provide
- 1:15pm** **Conference Welcome and Introductions**
Sterling Shumway, PhD, LMFT, LCDC
Chair, Institute for the Study of Addiction, Recovery, & Families
Tom Kimball, PhD, LMFT, LCDC
Director, Center for Collegiate Recovery Communities
Introduction of Ethics Speaker
Tom Kimball, PhD, LMFT, LCDC
Director, Center for Collegiate Recovery Communities
- 1:30pm** **Ethics Workshop – Ethics, Recovery, Law (3 hours)**
Bret Stalcup, JD
Lawyer, Motivational Speaker, Author
- 4:30pm** **Break / Dinner – Buffet begins**
- 5:15pm** **Introduction of Keynote Speaker**
Tom Kimball, PhD, LMFT, LCDC
Director, Center for Collegiate Recovery Communities
- 5:15pm** **Keynote – Development in Girls (1.5 hours)**
Tim Jordan, MD
Founder & Owner, Camp Weloki for Girls, St. Louis, MO
Description: Dr. Tim Jordan has worked with thousands of tween and adolescent girls for over thirty years, encouraging self-discovery and expression. This session summarizes what Dr. Tim has learned about the pressures girls face today and their impact on mental health, including the concept of “Spiral of Beliefs”, money mantra, and the costs of not expressing emotions. The session concludes with practical tools that can help girls handle stress and negative self-talk, discover their life purpose, and practice self-care.
- 6:45pm** **Day 1 Wrap Up**
Tom Kimball, PhD, LMFT, LCDC
Director, Center for Collegiate Recovery Communities
- 7pm** **Celebration of Recovery Meeting (Open to All)**
Center for the Study of Addiction and Recovery
Serenity Center

Friday, April 13, 2018

McKenzie Merket Alumni Center

8am **Continental Breakfast provided by
Stages of Recovery Addiction Services, Lubbock Texas**

McKenzie Merket Alumni Center

**8:30 -
10am** **Workshop Tracks: (1.5 hours each)**

**I: ADRS (Addictive, Disorders & Recovery Services) Track
Behavioral Health/Substance Abuse**

Jacob Levenson

MAP Health Management, LLC

II. MFT Track - Systemic Sex Therapy Part I

Adam Jones, MS

Marriage and Family Therapy

Rebecca Lucero, MS

Marriage and Family Therapy

Dave Robinson, PhD

Program Director Marriage and Family Therapy Program Utah State University

Nicole Springer, PhD

Director-Center for Family Systems Research & Intervention

Director-Family Therapy Clinic

10am **Break**

10:15 **Workshop Tracks: (1.5 hours each)**

11:45am

**I: ADRS Track - How the Neurobiology of Eating Disorders and Substance Use Disorders
Can Inform Family Support in Treatment**

Jillian Lampert, PhD, MPH, RD, LD, FAED

Chief Strategy Officer, The Emily Program St. Paul, MN

II. MFT Track - Systemic Sex Therapy Part II: Mindful and Holistic Interventions

Adam Jones, MS

Marriage and Family Therapy

Rebecca Lucero, MS

Marriage and Family Therapy

Dave Robinson, PhD

Program Director Marriage and Family Therapy Program Utah State University

Nicole Springer, PhD

Director-Center for Family Systems Research & Intervention

Director-Family Therapy Clinic

Noon **Lunch**

McKenzie Merket Alumni Center Ballroom

Lunch Keynote Speaker – Chronic Health (1.5 hours)

Sarah B. Woods, PhD, LMFT

*Director of Behavioral Health, Department of Family & Community Medicine UT
Southwestern Medical Center*

1:30pm Break

1:45 - Workshop Tracks: (1.5 hours each)

3:15pm

I: ADRS Track - Six Essentials of Lasting Recovery: Practice & Research

Spencer Bradshaw, PhD

Institute for the Study of Addiction, Recovery, & Families

Tom Kimball, PhD, LMFT, LCDC

Director, Center for Collegiate Recovery Communities

Sterling Shumway, PhD, LMFT, LCDC

Chair, Institute for the Study of Addiction, Recovery, & Families

II. MFT Track - Lies, Betrayals and Deception: The Core of Couple Conflict

Jason Whiting, PhD, LMFT

Marriage and Family Therapy at Brigham Young University

3:15 - Clinical Research Poster Session

3:45pm

3:45pm Conference Closing

Sterling Shumway, PhD, LMFT, LCDC

Chair, Institute for the Study of Addiction, Recovery, & Families @TTU

Tom Kimball, PhD, LMFT, LCDC

Director, Center for Collegiate Recovery Communities

