# Conference Schedule

**Thursday, April 12, 2018 - 11 hours CEU’s available**  
McKenzie Merket Alumni Center

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>Noon</td>
<td>Conference Registration Opens</td>
<td>McKenzie Merket Alumni Center Lobby</td>
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<td></td>
<td>Community Networking – local non-profit/for profit organizations are on site to answer questions about the services they provide</td>
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<tr>
<td>1:15pm</td>
<td>Conference Welcome and Introductions</td>
<td>Sterling Shumway, PhD, LMFT, LCDC</td>
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<td></td>
<td>Chair, Institute for the Study of Addiction, Recovery, &amp; Families</td>
<td>Tom Kimball, PhD, LMFT, LCDC</td>
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<td>Director, Center for Collegiate Recovery Communities</td>
<td>Tom Kimball, PhD, LMFT, LCDC</td>
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<td>Introduction of Ethics Speaker</td>
<td>Tom Kimball, PhD, LMFT, LCDC</td>
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<tr>
<td>1:30pm</td>
<td>Ethics Workshop – Ethics, Recovery, Law (3 hours)</td>
<td>Bret Stalcup, JD</td>
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<td>Lawyer, Motivational Speaker, Author</td>
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<td>4:30pm</td>
<td>Break / Dinner – Buffet begins</td>
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<tr>
<td>5:15pm</td>
<td>Introduction of Keynote Speaker</td>
<td>Tom Kimball, PhD, LMFT, LCDC</td>
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<tr>
<td>5:15pm</td>
<td>Keynote – Development in Girls (1.5 hours)</td>
<td>Tim Jordan, MD</td>
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<td>Founder &amp; Owner, Camp Weloki for Girls, St. Louis, MO</td>
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<td><strong>Description:</strong> Dr. Tim Jordan has worked with thousands of tween and adolescent girls for over thirty years, encouraging self-discovery and expression. This session summarizes what Dr. Tim has learned about the pressures girls face today and their impact on mental health, including the concept of “Spiral of Beliefs”, money mantra, and the costs of not expressing emotions. The session concludes with practical tools that can help girls handle stress and negative self-talk, discover their life purpose, and practice self-care.</td>
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<td>6:45pm</td>
<td>Day 1 Wrap Up</td>
<td>Tom Kimball, PhD, LMFT, LCDC</td>
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<td>Director, Center for Collegiate Recovery Communities</td>
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<tr>
<td>7pm</td>
<td>Celebration of Recovery Meeting (Open to All)</td>
<td>Center for the Study of Addiction and Recovery</td>
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<td>Serenity Center</td>
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Friday, April 13, 2018
McKenzie Merket Alumni Center

8am  Continental Breakfast provided by Stages of Recovery Addiction Services, Lubbock Texas
     McKenzie Merket Alumni Center

8:30 - 10am  Workshop Tracks: (1.5 hours each)

I: ADRS (Addictive, Disorders & Recovery Services) Track
Behavioral Health/Substance Abuse
Jacob Levenson
MAP Health Management, LLC

II. MFT Track - Systemic Sex Therapy Part I
Adam Jones, MS
Marriage and Family Therapy
Rebecca Lucero, MS
Marriage and Family Therapy
Dave Robinson, PhD
Program Director Marriage and Family Therapy Program Utah State University
Nicole Springer, PhD
Director-Center for Family Systems Research & Intervention
Director-Family Therapy Clinic

10am  Break

10:15 - 11:45am  Workshop Tracks: (1.5 hours each)

I: ADRS Track - How the Neurobiology of Eating Disorders and Substance Use Disorders Can Inform Family Support in Treatment
Jillian Lampert, PhD, MPH, RD, LD, FAED
Chief Strategy Officer, The Emily Program St. Paul, MN

II. MFT Track - Systemic Sex Therapy Part II: Mindful and Holistic Interventions
Adam Jones, MS
Marriage and Family Therapy
Rebecca Lucero, MS
Marriage and Family Therapy
Dave Robinson, PhD
Program Director Marriage and Family Therapy Program Utah State University
Nicole Springer, PhD
Director-Center for Family Systems Research & Intervention
Director-Family Therapy Clinic

Noon  Lunch
     McKenzie Merket Alumni Center Ballroom

Lunch Keynote Speaker – Chronic Health (1.5 hours)
Sarah B. Woods, PhD, LMFT
Director of Behavioral Health, Department of Family & Community Medicine UT Southwestern Medical Center
1:30pm Break
1:45 - Workshop Tracks: (1.5 hours each)
3:15pm

I: ADRS Track - Six Essentials of Lasting Recovery: Practice & Research
Spencer Bradshaw, PhD
Institute for the Study of Addiction, Recovery, & Families
Tom Kimball, PhD, LMFT, LCDC
Director, Center for Collegiate Recovery Communities
Sterling Shumway, PhD, LMFT, LCDC
Chair, Institute for the Study of Addiction, Recovery, & Families

II. MFT Track - Lies, Betrayals and Deception: The Core of Couple Conflict
Jason Whiting, PhD, LMFT
Marriage and Family Therapy at Brigham Young University

3:15 - Clinical Research Poster Session
3:45pm
3:45pm Conference Closing
Sterling Shumway, PhD, LMFT, LCDC
Chair, Institute for the Study of Addiction, Recovery, & Families @TTU
Tom Kimball, PhD, LMFT, LCDC
Director, Center for Collegiate Recovery Communities