# Bachelor of Science in Nutrition with a concentration in Nutrition, Health, and Wellness

## 2019-2020 Guidelines for Registration: NTRI-NHW

**Office:** HS 159  
**Tel:** 806|742-1180

### First Year

**Fall Semester = 14 Hours**

1. **HUSC** 1100 Intro to Human Sciences
2. **ENGL** 1301 Essentials of College Rhetoric
3. **POLS** 1301 American Government Organization
4. **CHEM** 1307/1107 Principles of Chemistry I & Lab

**Spring Semester = 16 Hours**

1. **ENGL** 1302 Advanced College Rhetoric
2. **MATH** 2300 Statistical Methods
3. **NS** 1201 (S) Introduction to Dietetics
4. **CHEM** 1308/1108 Principles of Chemistry II & Lab

### Second Year

**Fall Semester = 15 Hours**

1. **NS** 2310 Principles of Food Preparation
2. **POLS** 2306 Texas Politics and Topics
3. **HIST** 2300 US History to 1877
4. **CHEM** 2303 (F) Introductory Organic Chemistry

**Spring Semester = 16 Hours**

1. **ZOOL** 2404 Anatomy and Physiology II
2. **MCOM 2320** Writing for Media and Communication OR **ENGL 2311** Introduction to Technical Writing
3. **KIN 1301** Introduction to Kinesiology
4. **HIST 2301** US History from 1877

### Third Year

**Fall Semester = 15 Hours**

1. Creative Arts Elective (suggest **MCOM 2301**-Visual Storytelling)
2. **NS** 2380 Cultural Aspects of Foods
3. **NS** 3340 Nutrition Through the Lifecycle
4. **FDSC** 3303 Food Sanitation

**Spring Semester = 14 Hours**

1. **NS** OR **3360 (F)** Theory & Application OR Nutrition Education
2. **KIN** 3305 Exercise Physiology
3. **NS** 4301 **Nutrition and Chronic Disease**
4. **NS** 4220 **Medical Terminology**

### Fourth Year

**Fall Semester = 15 Hours**

1. **NS** 4360 Intro to Nutrition Research
2. **INTS** 3301 Career & Professional Development
4. **CFAS** 4300 Coaching Leaders

**Spring Semester = 15 Hours**

1. **Guided Elective of KIN 3318** Exercise and Sport Psychology or **KIN 3368** Exercise Testing and Prescription
2. **NS** 4330 Community Nutrition
4. **RHIM** 4316 Hospitality Sales and Marketing

The above are suggested guidelines for registration. Students who prefer a lighter load each semester may take courses offered during the summer sessions. However, not all courses are offered in the summer. Refer to the website www.raiderlink.ttu.edu student for updates on course offerings. This plan assumes that the student is exempt from any additional foreign language requirement for the University Core. The last 30 hours of the degree MUST be completed at TTU.

**Legend**

- * Refer to Univ. Core Curriculum Req. for course selection  
- ^ Pre-requisites or restrictions apply  
- # Concurrent enrollment is required  
- ** Offered Online only  
- [CL] Communication Literacy

**Notes**