News Release

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Nutritional Sciences Assistant Professor Allison Childress Awarded 2018 Texas Academy of Nutrition and Dietetics Distinguished Scientist Award
Honoring a Texas dietitian who has made outstanding and significant contributions to research

The Nutritional Sciences Department in the College of Human Sciences celebrates Assistant Professor Allison Childress, Ph.D., RDN, CSSD, LD in her selection as a 2018 Texas Academy of Nutrition and Dietetics Distinguished Scientist Award recipient.

The Distinguished Scientist Award is an honor recognizing members of the Texas Academy of Nutrition and Dietetics. It is designed to honor Texas dietitians who have made outstanding and significant contributions to research in the field of dietetics, nutrition, food science, or related sciences.

Award recipients are those who participate in research that is basic or applied, of recent origin, and must be conducted in Texas. In order to be considered, one must be either a Registered Dietitian or Registered Dietitian Nutritionist, worked professionally in Texas for a minimum of five years, and must reside in Texas at the time of the award.

Dr. Childress also met additional criteria, demonstrating initiative and outstanding accomplishment in her research endeavors through her work with the Nutrition and Metabolic Health Institute (NMHI) as Chief Dietitian and Head of Program Development.

Dr. Childress is a licensed dietitian in Texas and New Mexico, additionally certified in Sports Dietetics and as a Certified Personal Trainer. She has experience as a clinical and consultant registered dietitian specializing in cardiac, women's health, bariatric, pediatric and geriatric nutrition as well as weight management.

Recipients of the Distinguished Scientist Award must have demonstrated contributions to the goals of the profession: advancing the science of nutrition and dietetics, promote education in the field, and improving the nutrition of human beings.

As an Assistant Professor in Nutritional Sciences, Dr. Childress lives out these qualifications in her daily service to students, where the College of Human Sciences paves the way for such individuals to work towards improving and enhancing the human condition.

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