Example Doctoral Portfolio*

Special thanks to Rachel A. Dansby, PhD.
Doctoral class of 2018

*To respect the privacy and creative works of Dr. Dansby, some materials have been removed. This example portfolio is to be used as a guide for appropriate formatting, use of bookmarks, and professionalism.
Texas Tech University
Doctoral Qualifying Portfolio

Rachael A. Dansby, M.MFT

Community, Family, & Addiction Sciences Department

Marriage and Family Therapy Program
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Publications

Appendix A: Dansby, Hayes, & Schleiden, (2017) Reviewer Comments, Editorial Response, Submission Decision, & Published Manuscript

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References

Published Manuscripts


Revise and Resubmit Manuscripts


*Dansby, R.*, Soloski, K. L., Gonzalez, N., & Hayes, N. (Received Revise and Resubmit Decision, April 1, 2017). *A latent growth curve mediation model of adolescent attachment and clinical depression in young adulthood*. Manuscript submitted to the *Journal of Marital and Family Therapy*.

Manuscripts Under Review


* = Documentation provided
A Guide for Assessing Clients’ Attachment to the Sacred: The Spiritual Attachment History

Rachael A. Dansby · Nicholas D. Hayes · Cydney Schleiden

Published online: 8 February 2017
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Abstract Current research supports that many people relate to God or a higher power in ways consistent with attachment theory, yet nothing exists assisting therapists in gathering attachment-focused background information regarding their clients’ spiritual lives. This paper fills that gap with the Spiritual Attachment History (SAH), a semi-structured interview guide adapted from an ICEEFT Training in Emotionally Focused Couple Therapy attachment history handout, to help the authors meet their clients’ spiritual and relational clinical concerns. We describe how we developed the SAH and provide a case study of its incorporation into two treatment plans. We also discuss implications for training, for use by marriage and family therapists, for cross-cultural research, and the ethics of addressing spirituality as a cultural issue.

Keywords Attachment theory · Spirituality · Faith · Culture/diversity · Qualitative assessment

Introduction

Assessment plays a critical role in psychotherapy, and it is no exception when working with issues of spirituality and attachment. Researchers have developed both quantitative and qualitative tools to assess spirituality and attachment separately (e.g. Bullis 1996; Hodge 2001a; Wei et al. 2007), yet to date, there are no tools for conducting a person’s spiritual history through the lens of attachment. To fill this gap, we developed the Spiritual Attachment History (SAH) from emergent clinical experiences related to insecure attachment with God and others. A thorough review of literature revealed there was nothing to help us (1) adequately understand how this insecure attachment with the Sacred developed or (2) aid us in our treatment of their presenting concerns. To meet our clients’ assessment and treatment needs, we adapted an attachment history guide from an International Centre for Excellence in Emotionally Focused Therapy (ICEEFT) Externship training. This paper represents the authors’ initial experiences with using the SAH in assessment of spiritual-relational concerns, highlighting our application with two diverse clinical examples.

Spirituality and Therapy

Defining Spirituality

Researchers have established that spirituality is a difficult concept to define, and thus, a wide range of definitions exist (e.g. Gross 2005). In a study synthesizing definitions of spirituality across literature, emerging themes included: (1) meaning and purpose, (2) connection and relationships, (3) the relationship with God, god(s), or Transcendent Other, (4) experiencing the self as transcendent, (5) vital principle,
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Appendix D: AAMFT Workshop Handout
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National

State


Local

* = Documentation Included
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Appendix A: R Statistical Software Training
Appendix B: CITI Human Subjects Training
References

*R Statistical Software Training*. (Weeks 5 - 10). Instructors: Dr. Wang’s Research Lab Members, CFAS Department, Texas Tech University, Lubbock, Texas.

❖ **Documentation Provided:** Training Schedule & Sign-in Sheet

*CITI Human Subjects Training for Social and Behavioral Investigators – Basic/Refresher Course.* (September 21, 2016). Texas Tech University, Lubbock, Texas.

❖ **Documentation Provided:** Completion Report
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Manuscript Reviews

Appendix A: Journal of Autism and Developmental Disorders, Review & Letter to the Editor

Appendix B: Journal of Marital and Family Therapy, Apprentice Reviewer Program, Review & Letter to the Editor

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References

Journal of Autism and Developmental Disorders, Peer Reviewer

- **Manuscript Title**: “Association between Anxiety and Emotion Recognition in Parents of Children with Autism Spectrum Disorder.”
- **Faculty Mentor**: Dr. Jason B. Whiting
- **Review Submitted**: March 31, 2017
- **Documentation Provided**: Copy of the Review, Confirmation of Review Submission

Journal of Marital and Family Therapy, Apprentice Reviewer

- **Manuscript Title**: “Falling in Love with God: A Tentative Theory Exploring Religious Conversion on Marital Relationships”
- **Faculty Mentor**: Dr. Jason B. Whiting
- **Review Submitted**: February 20, 2017
- **Documentation Provided**: Copy of the Review plus Comments to the Editor, Confirmation of Review Submission
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Appendix C: APA Guest Lecture

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References

Guest Lectures


Teaching via Mentoring


Informal Workshops


Bennett, B. C., & Dansby, R. A. (Fall 2014). Graduate student writing workshop series: Writing literature reviews. *Fall workshop at Abilene Christian University*. Abilene, Texas.


* = Documentation Provided
Expected Materials
Here
Part IV. Section III:
Teaching, Learning, & Professional Development Center Training

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Continuing Education in Teaching

Writing as a Teaching Strategy. (February 21, 2017). Teaching, Learning, and Professional Development Center, Texas Tech University, Lubbock, Texas.

Writing your Teaching Philosophy. (November 2, 2016). Teaching, Learning, and Professional Development Center, Texas Tech University, Lubbock, Texas.

30-Minute Miracle Series: Teaching on Controversial Topics. (September 19, 2016). Teaching, Learning, and Professional Development Center, Texas Tech University, Lubbock, Texas.

30-Minute Miracle Series: Note-taking: Why We Shouldn’t Ban Laptops (April 6, 2016). Teaching, Learning, and Professional Development Center, Texas Tech University, Lubbock, Texas.

Writing your Teaching Philosophy. (October 19, 2016). Teaching, Learning, and Professional Development Center, Texas Tech University, Lubbock, Texas.

Creating your Teaching Portfolio. (September 22, 2015). Teaching, Learning, and Professional Development Center, Texas Tech University, Lubbock, Texas.
Expected Materials
Here
Thank you for reviewing my qualifying portfolio!