

DOUGLAS B. SMITH

Texas Tech University
Dept. of Applied and Professional Studies
MS 1162
Lubbock, TX 79409
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EDUCATION:

Ph. D., Family Studies and Human Services, 2006

Kansas State University
Marriage & Family Therapy Program
Manhattan, KS

M. S., Human Development, 1999

Virginia Tech
Marriage & Family Therapy Program
Falls Church, Virginia

B. S., Family and Child Development, (Minor: Sociology), 1992

Virginia Tech
Blacksburg, Virginia

TEACHING EXPERIENCE:

ASSISTANT PROFESSOR, August 2007 – present

Texas Tech University, Department of Applied and Professional Studies, Marriage and Family Therapy Program, Lubbock, TX

Instructor for Texas Tech University Courses

Tech Transitions: Freshman Seminar (IS 1100)

- *Fall Semester 2009*

Family Systems (MFT 5322)

- *Fall Semester 2008*
- *Fall Semester 2009*

Supervision of MFT (MFT 6396)

- *Fall Semester 2007*
- *Fall Semester 2008*
- *Fall Semester 2009*

Practicum in Supervision (MFT 6397)

- *Spring Semester 2008*
- *Spring Semester 2009*
- *Spring Semester 2010*

Practicum in MFT (MFT 6395)

- *Spring Semester 2008*
- *Summer Semester 2008*
- *Spring Semester 2009*
- *Summer Semester 2009*
- *Spring Semester 2010*

Research in MFT (MFT 7000)

- Provided supervision to first year doctoral students beginning their clinical practicum experience.

Doctoral Dissertation (MFT 8000)

- **Committee Chair**, Adam Munk, *Fall 2007 – December 2008*
 - **Dissertation Complete/Graduated**
- **Committee Chair**, Erin Murphy, *Fall 2007 – present*
 - **Proposal Complete**
- **Committee Chair**, David Servino, *Fall 2007 – present*
 - **7000 in progress**
- **Committee Chair**, Austin Hotaling, *Fall 2009 – present*
 - **Proposal Complete**
- **Committee Chair**, Timothy Parker, *Fall 2009 – present*
 - **7000 Complete**
- **Committee Chair**, Mathew Jordan, *Fall 2009 – present*
 - **7000 Complete**
- **Committee Member**, Adam Froerer, *Fall 2008 – Spring 2009*
 - **Dissertation Complete/Graduated**
- **Committee Member**, Tiffany Brown, *Fall 2008 – Fall 2009*
 - **Dissertation Complete/Graduated**
- **Committee Member**, Kimberly Simon, *Fall 2008 – Fall 2009*
 - **Dissertation Complete/Graduated**
- **Committee Member**, Martha Morgan, *Fall 2008 – present*
 - **7000 Complete**

- **Committee Member**, Erika Wilkens, *Fall 2008 – present*
 - **Proposal Complete**
- **Committee Member**, Megan Oka, *Spring 2009 – present*
 - **Proposal Complete**

Advising

Katey Voelkel, *Fall 2008 – present*

Michael Pounds, *Fall 2009 - present*

VISITING ASSISTANT PROFESSOR, *August 2006 – August 2007*

Antioch University New England, Department of Applied Psychology, Marriage and Family Therapy Program, Keene, NH

Instructor for Antioch University New England Courses

Family Life Development (PYB 519)

- *Fall Semester 2006*

Professional Seminar in Marriage & Family Therapy I (PYB 686A)

- *Fall Semester 2006*

Psychopathology and Assessment in Social Systems (PY 656A)

- *Spring Semester 2007*

Research and Evaluation in Family Therapy (PYC 674A)

- *Spring Semester 2007*

Special Issues in Family Therapy: Substance Abuse & Violence (PY 678)

- *Spring Semester 2007*

Foundational Theories in Marriage & Family Therapy (PY 642B)

- *Summer Semester 2007*

VISITING INSTRUCTOR & CLINICAL SUPERVISOR, *August 2004 – August 2006*
University of Oregon, Marriage & Family Therapy Program, Eugene, OR

Instructor for University of Oregon Courses:

Advanced Practicum (MFT 609)

- *Summer Quarter 2006*
- *Spring Quarter 2006*
- *Winter Quarter 2006*
- *Fall Quarter 2005*
- *Summer Quarter 2005*
- *Spring Quarter 2005*
- *Winter Quarter 2004*
- *Fall Quarter 2004*

Beginning Practicum

- *Spring Quarter 2006*

Families Across the Life Cycle (MFT 617)

- *Spring Quarter 2005*

Group Psychotherapy (MFT 624)

- *Spring Quarter 2006*
- *Spring Quarter 2005*

Introduction to Marriage & Family Therapy (MFT 615)

- *Fall Quarter 2005*
- *Winter Quarter 2004*

GRADUATE TEACHING ASSISTANT, *August 2002 – July 2004*
Kansas State University, Family Studies & Human Services, Manhattan, KS

Instructor for Kansas State University Courses:

Family Relations and Gender Roles (FSHS 350)

- *1st Summer Semester 2004*
- *Spring Semester 2004*
- *Fall Semester 2003*
- *1st Summer Semester 2003*

Sexuality & Health (FSHS 200)

- *2nd Summer Semester 2003*
- *Spring Semester 2003*
- *Fall Semester 2002*

Traumatic Stress (FSHS 300)

- *Spring Intersession 2003*

RESEARCH EXPERIENCE:

MILITARY QUALITY OF LIFE INITIATIVE – FT. HOOD, *January 2008 – present*
Texas Tech University, Lubbock, TX.

FACULTY ADVISOR, *December 2007 – September 2009*

Prevention, Research, and Education on Violence and Trauma (P.R.E.V.N.T.)
Texas Tech University, Lubbock, TX.

- Created and advise official Texas Tech student organization devoted to ongoing research and education on interpersonal violence and trauma.
- Currently conducting a meta-analysis of intergenerational transmission of violence in dating relationships.

T.R.E.C.K. MEMBER, *August 2002 – August 2004*

Trauma Research, Education, and Consultation at K-State
Kansas State University Manhattan, KS

- The T.R.E.C.K. Team is a student organization formed by Dr. Briana Nelson Goff to conduct research and provide community education and outreach on issues related to traumatic stress.
- Participated in a qualitative research project investigating the interpersonal effects of trauma in the couple dyad.
- Facilitated qualitative interviews with research participants.
- Transcribed interview data.
- Lead a coding team that focused on identifying themes related to mechanism for the development of Secondary Traumatic Stress in the couple system.
- Co-authored a manuscript to be submitted for publication detailing the findings of the qualitative study.
- Presented workshops on the effects of PTSD on children to community agencies.
- Participated in the development and presentation of workshops on the systemic effects of traumatic stress at national conferences.

RESEARCH ASSOCIATE, *May 2000 – May 2002*

Virginia Tech, Falls Church, VA

- Conducted a meta-analysis of risk factors for domestic violence as part of a United States Air Force research project. Directed the collection of data, the development of the codebook, trained and coordinated master's level graduate assistants participating in the coding of articles, entered the data, and performed the analysis of the data.
- Contributed to the writing of a narrative literature review of risk factors for domestic violence.
- Assisted in grant writing.

FAMILY THERAPY INTERN, *June 1997 – July 1998*

Virginia Tech Couples Counseling Project
Virginia Tech, Falls Church, VA

- Provide individual and group therapy for couples participating in NIMH funded study to develop a couple treatment model for domestic violence.
- Participated in regular interviews conducted as part of the research.
- Contributed to the development of a treatment manual for working with couples with a history of domestic violence.
- Presented findings from the study at an AAMFT pre-conference workshop with the core program faculty.

PUBLICATIONS:

Nelson Goff, B. S., Reisbig, A. M. J., Bole, A., Scheer, T., Hayes, E., Archuleta, K. L., Henry, S. B., Hoheisel, C. B., Nye, B., Osby, J., Sanders, E., Schwerdtfeger, K. L., & **Smith, D. B.** (2006). The effects of trauma on interpersonal functioning: A clinical research study. *American Journal of Orthopsychiatry*, 76(4), 451-460.

Nelson Goff, B. S., & **Smith, D. B.** (2005). Systemic traumatic stress: The couple adaptation to traumatic stress model. *Journal of Marital & Family Therapy*, 31(2), 145-157.

Schwerdtfeger, K. L., Osby-Williams, J., Hoheisel, C. B., Nye, B., Nelson Goff, B. S., Reisbig, A. M. J., Archuleta, K., Henry, S. B., Bole, A., Hayes, E., Sanders-Hahs, E., Scheer, T., & **Smith, D. B.** (2008). Individual symptoms and coping resources reported by trauma survivors and their partners: A qualitative research study with clinical couples. *Journal of Couple and Relationship Therapy*, 7(3), 187 - 209.

Henry, S. B., **Smith, D. B.**, Archuleta, K. L., Sanders, E., Nelson Goff, B. S., Reisbig, A. M. J., Schwerdtfeger, K. L., Bole, A., Hayes, E., Hoheisel, C. B., Nye, B., Osby-Williams, J., & Scheer, T. (in press). Trauma and couples: Mechanisms in dyadic functioning. *Journal of Marital & Family Therapy*.

Murphy, E. D., & **Smith, D. B.** (2009). A phenomenological study of balance between career and family for female physicians. Manuscript submitted to *Family, Systems, & Health*.

Smith, D. B., & Nelson Goff, B. S. (December, 2008). Secondary traumatic stress: PTSD, cognitive disruptions, and relational adjustment. Manuscript submitted to the *Journal of Traumatic Stress*. Revise and resubmit.

Stith, S. M., Green, N. M., **Smith, D. B.**, & Ward, D. B. (2008). Marital satisfaction and marital discord as risk markers for intimate partner violence: A meta-analytic review. *Journal of Family Violence*, 23(3), 149-160.

Stith, S. M., **Smith, D. B.**, Penn, C. E., Ward, D. B., & Tritt, D. (2004). Intimate partner physical abuse perpetration and victimization risk factors: A meta-analytic review. *Aggression and Violent Behavior*, 10, 65-98.

Stith, S. M., Ward, D. B., Penn, C. E., & **Smith, D. B.** *Partner violence risk factor literature review*. (January 2002) Technical report produced through a contract with the U.S. Air Force Family Advocacy Program. San Antonio, TX

Whiting, J. B., Simmons, L. A., Havens, J. R., **Smith, D. B.**, & Oka, M. (2009). Intergenerational transmission of violence: The influence of self-appraisals and mental disorders. *Journal of Family Violence*, 24(8), 639 - 648.

PUBLICATAIONS IN PREPARATION

Brown, M. D., Banford, A., Ivey, D., Mansfield, T., **Smith, D.**, & Whiting, J. *PTSD symptoms and perceived safety as predictors of dyadic adjustment: A comparison of clinical and community samples*.

Smith, D. B., & Nelson Goff, B. S. *A history of sexual trauma and relational adjustment in the couple system*. Manuscript in preparation.

Smith, D. B., & Stith, S. M. *The intergenerational transmission of violence in dating relationships: A meta-analysis*. Manuscript in preparation.

Smith, D. B., & Whiting, J. B., Karakurt, G., Servino, D., & Oka, M. *Developing the Safety Assessment of Future Events (S.A.F.E.)*. Manuscript in preparation.

Smith, D. B., Karakurt, G., & Whiting J. B. *Interpersonal violence and PTSD*. Manuscript in preparation.

Whiting, J. B., & **Smith, D. B.** *The status of systems theory: A dialogue about relevance and application in contemporary MFT*. Manuscript in preparation.

Whiting, J. B., **Smith, D. B.**, Oka, M., & Karakurt, G. *Safety in intimate partnerships: The role of appraisals and threat*. Manuscript in preparation.

PRESENTATIONS:

WORKSHOPS

Linville, D., Miller, J. K., Todahl, J., & **Smith, D.** (2006, October). *Using mock trials to teach trainees forensic core competencies*. Workshop presented at the 64th Annual AAMFT Conference, Austin, TX.

Linville, D. & **Smith, D. B.** (2004, November). *Couple therapy with domestic violence*. Presentation to the 2nd Annual Gender & Interpersonal Violence Forum, Eugene, OR.

Nelson Goff, B. S., **Smith, D. B.**, Blalock, S. H., Schwerdtfeger, K. L. (2005, October). *Systemic traumatology: Skills and implications for MFTs*. Workshop presented at the 63rd Annual AAMFT Conference, Kansas City, MO.

Nelson Goff, B. S., **Smith, D. B.**, Hoheisel, C., Archuleta, K., Schwerdtfeger, K. L., & Kelley, S. (2003, October). *Clinical application and integration of family systems theory to trauma*. Workshop presented at the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.

Smith, D. B. (2006, November). *Intimate partner violence: Ethics of supervision*. Invited presenter for supervisor continuing education workshop, Antioch University New England, Keene, NH.

Smith, D. B. (2008, August). *Understanding trauma: Families, adolescents, and children*. Invited presenter for TES Agent Training, Texas Tech University, Lubbock, TX.

Smith D. B. (2009, November). *Safety in intimate partnerships: Developing the Safety Assessment of Future Events scale*. Paper presented at the 2009 NCFR Annual Conference.

Smith, D. B., & Schwerdtfeger, K. (2003, September). *PTSD: Beyond the basics*. Workshop presented for KCSL, Topeka, KS.

Smith, D. B., & Merritt, J. (2003, June). *Sibling relationships*. Workshop presented for KCSL, Salina, KS.

Smith, D. B., & Whiting, J. B. (2009). *Family violence: Assessment and treatment*. Workshop presented for the 2009 Family Therapy Symposium, Lubbock, TX.

Smith, D. B., Whiting, J. B., Linville, D., Todahl, J., & Matheson, J. (2008). *What does systemic mean in contemporary MFT?* Workshop submitted for presentation at the 2009 Annual AAMFT Conference. Not accepted.

Stith, S. M., Rosen, K. H., McCollum, E. E., Locke, L. D., & **Smith, D. B.** (2001). *Domestic violence focused couples treatment*. Pre-conference workshop presented at the 59th Annual AAMFT Conference, Nashville, TN.

POSTER PRESENTATIONS

Brown, M.D., Banford, A. J., Ivey, D. C., Mansfield, T. R., **Smith, D. S.**, & Whiting, J. B. (2010). *PTSD symptoms and perceived safety as predictors of relationship satisfaction: A comparison of community and clinical samples*. Submitted to the American Association for Marriage and Family Therapy (AAMFT) Annual Conference. Atlanta, Georgia.

Murphy, E. D., Servino, D., & **Smith D. B.** (2008, October). *Sexual trauma and relational adjustment*. Poster presented at the 2008 Annual AAMFT Conference, Memphis, TN.

- Nelson Goff, B. S., Crow, J., Reisbig, A. M. J., Hamilton, S., Schwerdtfeger, K. L., **Smith, D. B.**, Archuleta, K., Henry, S. B., Osby-Williams, J., Hayes, E., Hoheisel, C. B., & Sanders, E. (2005, October). *Trauma in military couple relational systems*. Poster presented at the American Association for Marriage and Family Therapy, Kansas City, MO.
- Nelson Goff, B. S., Osby-Williams, J., Schwerdtfeger, K. L., Hoheisel, C. B., Nye, B., Reisbig, A. M. J., Archuleta, K., Henry, S. B., Bole, A., Hayes, E., Sanders, E., Scheer, T., & **Smith, D. B.** (2005, November). *Systemic traumatic stress: Primary and secondary trauma in couples*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS), Toronto, Canada.
- Nelson Goff, B. S., Schwerdtfeger, K., Jones, N., Hoheisel, C., **Smith, D. B.**, Archuleta, K., Henry, S. B., Joy, A., Krug, S., Tompkins, A., Bateman, L., Peterson, F. R., & Kelley, S. M. (2003, October). *The TRECK team: Trauma Research, Education, and Consultation at K-State*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
- Schwerdtfeger, K., Jones, N., Nelson Goff, B. S., Hoheisel, C. B., **Smith, D. B.**, Archuleta, K., Henry, S. B., Joy, A., Krug, S., Tompkins, A., Bateman, L., Peterson, F. R., & Kelley, S. M. (2003, October). *Trauma in couples: Relationship fragmentation and integration*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
- Smith, D. B.** (2008). *Secondary traumatic stress: Adjustment, cognition, and PTSD*. Poster presented at the 2008 Annual AAMFT Conference, Memphis, TN.
- Smith, D. B.**, Stith, S. M. (1999, October). *Intergenerational transmission of courtship violence: A meta-analysis*. Poster Presented at the 57th Annual AAMFT Conference, Chicago, IL.
- Smith, D. B.**, Whiting, J. B., & Karakurt, G. (2009). *IPV & PTSD: Dyadic analysis using SEM*. Poster submitted for the 2010 AAMFT Conference.
- Smith, D. B.**, Whiting, J. B., Servino, D., & Oka, M. (2009). *Developing the Safety Assessment of Future Events scale*. Poster presented at the 2009 Annual AAMFT Conference.
- Smith, D. B.**, Whiting, J. B., Servino, D., & Oka, M. (2009). *Safety in intimate partner relationships: Developing the relational safety questionnaire*. Poster presented at the 35th Annual TAMFT Conference.
- Smith, D. B.**, Whiting, J. B., Servino, D., & Oka, M. (2008). *Safety in intimate partner relationships: Developing the Safety Assessment of Future Events (SAFE) scale*. Poster presented at the Texas Tech University Human Sciences Week, Lubbock, TX.
- Ward, D. B., Penn, C., **Smith, D. B.**, & Stith, S. M. (2003, October). *A meta-analysis of risk factors for spouse abuse*. Poster presented at the 61st Annual AAMFT Conference, Long Beach, CA.

Whiting, J. B., Harris, S. M., **Smith, D. B.**, Dial, S., Oka, M., & Anderson, A. (2009). Nonviolence in intimate relationships: A grounded theory. Poster submitted for presentation at the 2010 AAMFT Conference.

Whiting, J. B., **Smith, D. B.**, Oka, M., & Servino, D. (2008). *Safety in intimate partner relationships: A grounded theory study of appraisals, distortions, and abuse*. Poster presented at the Texas Tech University Human Sciences Week, Lubbock, TX.

Whiting, J. B., **Smith D. B.**, Oka, M., Servino, D., & Piper, J. (2009). *Safety in intimate partner relationships: Understanding the role of appraisals, distortion, and trauma*. Poster presented at the 35th Annual TAMFT Conference.

OTHER PRESENTATIONS

Smith, D. B. (February 14, 2008). *Dating relationships*. Health Minute, KCBD News, Lubbock, TX.

Smith, D. B. (April 7, 2008). *Interpersonal violence*. Health Minute, KCBD News, Lubbock, TX.

Smith, D. B. (April 21, 2008). *Interpersonal violence*. Health Minute, KCBD News, Lubbock, TX.

GRANTS

SAFETY IN INTIMATE PARTNER RELATIONSHIPS, *October 2008 – August 2009*
Texas Tech University Faculty Seed Grant
Funded: \$5000.00

SAFETY IN INTIMATE PARTNER RELATIONSHIPS, *October 2007 – August 2008*
Texas Tech University Faculty Seed Grant
Funded: \$4500.00

PARENT EMPOWERMENT PROJECT, *September 2007 – August 2008*
Texas Department of Family and Protective Services
Funded: \$67,015.00

PARENT EMPOWERMENT PROJECT, *September 2008 – August 2009*
Texas Department of Family and Protective Services
Not funded

GROUP THERAPY FOR PARENTS OF ABUSED CHILDREN, *January 2009*
The Hogg Foundation
Not Funded

SERVICE RELATED EXPERIENCE

MERIT POLICY REVIEW COMMITTEE: FACILITATOR, *Fall 2009*
Dept. of Applied & Professional Studies, Texas Tech University, Lubbock, TX

AD-HOC REVIEWER, *Fall 2009 – present*
Child Abuse & Neglect

AD-HOC REVIEWER, *Spring 2010 – present*
Journal of Social and Personal Relationships

FACULTY ADVISOR, *December 2007 – September 2009*
Prevention, Research, and Education on Violence and Trauma (PREVnT)
Texas Tech University, Lubbock, TX

FACULTY SEARCH COMMITTEE CHAIR, *August 2008 – present*
Texas Tech University, Lubbock, TX

BOARD MEMBER, *July 2008 – present*
Women's Protective Service, Lubbock, TX.

GRADUATION COMMITTEE MEMBER, *September 2007 – present*
College of Human Sciences, Texas Tech University, Lubbock, TX.

PERSONNEL COMMITTEE MEMBER, *August 2008 – present*
Department of Applied & Professional Studies, Texas Tech University, Lubbock, TX

CYD COLLABORATIVE COMMITTEE MEMBER, *September 2007 – August 2008*
Lubbock Regional Mental Health and Mental Retardation, Community Youth Development

- Identify strengths and needs for Community Youth Development Programs in Lubbock area code 79415
- Identify funding priorities for the CYD
- Select review committee members

ABSTRACT REVIEWER, *December 2007 - present*
American Association for Marriage and Family Therapy

- Reviewed and scored abstracts of proposed presentations for the annual AAMFT conference.

COMMITTEE MEMBER, *June 2007*
Antioch University New England Mini Grant Project

- Reviewed faculty applications for “Mini-Grants” and, with other members of the committee, determined grant awards.

COMMITTEE MEMBER, December 2003 – March 2004

5 Year Review Committee for FSHS Department Head

Kansas State University

- Reviewed faculty evaluations of the Director of the School of Family Studies & Human Services in order to draft a letter of recommendation for the Dean of the College of Human Ecology

SEARCH COMMITTEE MEMBER, 2006

Search Committee for Visiting Instructor & Clinical Supervisor Position

University of Oregon, Marriage & Family Therapy Program

SEARCH COMMITTEE TRAINING, February 2006

University of Oregon

Office on Affirmative Action

WORKSHOP, January 2004

Development and Assessment of Learning Objectives

Kansas State University

- Participated in a week-long workshop designed to aid in the development of learning objectives in preparation for a five year accreditation review of the College of Human Ecology. The workshop focused on developing course specific learning assessments consistent with departmental and college learning objectives. Worked to design assessment tools to measure specific learning objectives.
- Received a \$300 travel grant for participation.

CLINICAL EXPERIENCE:

MENTAL HEALTH CONSULTANT, September 2009 – present

South Plains College, Levelland, TX

FAMILY THERAPY INTERN, August 2004 – August 2006

University of Oregon, Eugene, OR

THERAPIST, October 2004 – July 2006

Looking Glass Counseling Program, Eugene, OR

FAMILY THERAPY INTERN, August 2002 – August 2004

Kansas State University, Manhattan, KS

FAMILY THERAPIST, May 1999 – August 2002

Northern Virginia Family Service, Dale City, VA

FAMILY THERAPY INTERN, June 1997 – July 1998

Virginia Tech Couples Counseling Project

Virginia Tech, Falls Church, VA

ANGER MANAGEMENT GROUP FACILITATOR, *May 1998 – May 1999*
Northern Virginia Family Service, Falls Church, VA

BATTERER INTERVENTION PROGRAM GROUP FACILITATOR, *May 1998 – February 1999*
Alexandria Office on Women, Alexandria, VA

MENTORING TRAINER, *September 1997 – June 1998*
Virginia Tech, Falls Church, VA

FAMILY THERAPY INTERN, *September 1996 – June 1998*
Virginia Tech, Falls Church, VA

SENIOR COUNSELOR, *May 1994 – August 1996*
Community Residences, Inc., Arlington, VA

RELIEF COUNSELOR, *February 1994 – May 1994*
Fairfax County Juvenile Detention Center, Fairfax, VA

COUNSELOR/TEACHER, *October 1992 – January 1994*
Eckerd Family Youth Alternatives, Inc., Candor, NC

PROFESSIONAL ORGANIZATIONS:

LICENSED MARRIAGE AND FAMILY THERAPIST, *2009 – present*
Texas Board of Mental Health, #

LICENSED MARRIAGE AND FAMILY THERAPIST, *2007 – present*
New Hampshire Board of Mental Health, #106

CLINICAL MEMBER, *2007 - present*
American Association for Marriage and Family Therapy

CLINICAL MEMBER, *2007 – present*
Texas Association for Marriage and Family Therapy