**NUTRITION. COMMUNITY AND CULTURE IN SOUTH AFRICA**

The Community Nutrition course provides an overview to the field of community nutrition and its application to health promotion and disease prevention. Students learn how to perform community nutrition assessment and program planning, implementation, marketing, and evaluation using nutrition education models and materials that are appropriate for various target audiences. Physical activity is included as a component of community nutrition assessment and education. The Cultural Aspects of Food Course studies the historical, social, psychological, economic, religious, and aesthetic significance for food customs, choices, and behaviors in various cultures. The Field Work course provides an opportunity to apply Community Nutrition and Nutrition Education principles to health promotion and disease prevention through participation in a fieldwork project in South Africa.

**COURSES OFFERED:**
- NS 4330 Community Nutrition
- NS 4130 Field Work
- NS 2380 Cultural Aspects of Food

**PROGRAM FEE:** $5,215; visit studyabroad.ttu.edu for full finalized budget showing all anticipated program costs.

**PROGRAM FEE INCLUDES:**
- Airfare to/from South Africa
- Housing and all meals
- Local transportation
- Excursions and entrance fees

**PROGRAM FEE DOES NOT INCLUDE:**
- TTU tuition and fees
- Education Abroad fee ($200)
- Personal spending money
- Mandatory insurance ($1.76/day)

**PROGRAM OPEN TO:** All TTU students with proper prerequisites: NS 1410, NS 3340, and co-requisite NS 4130 (if NS Dietetics or Health & Wellness option)

**PROGRAM DATES:** May 19 – June 10, 2018

**HOW TO APPLY:** Visit studyabroad.ttu.edu to apply.

**FOR MORE INFORMATION CONTACT:**
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