



COLLEGE OF HUMAN SCIENCES - ACADEMIC ADVISING SERVICES

2019-2020 GUIDELINES FOR REGISTRATION: NTRN

Bachelor of Science in Nutrition

with a concentration in Nutrition, Health, and Wellness

Office: HS 159

Tel: 806|742|1180

FIRST YEAR

FALL SEMESTER = 14 HOURS				SPRING SEMESTER = 16 HOURS			
(1)	HUSC	1100	Intro to Human Sciences	(3)	^ ENGL	1302	Advanced College Rhetoric
(3)	ENGL	1301	Essentials of College Rhetoric	(3)	MATH	2300	Statistical Methods
(3)	* MATH	1320	College Algebra (<i>or higher</i>)	(2)	NS	1201 [S]	Introduction to Dietetics
(3)	POLS	1301	American Government Organization	(4)	NS	1410	Science of Nutrition
(4)	#* CHEM	1307/1107	Principles of Chemistry I & Lab	(4)	# * CHEM	1308/1108	Principles of Chemistry II & Lab

SECOND YEAR

FALL SEMESTER = 15 HOURS				SPRING SEMESTER = 16 HOURS			
(3)	NS	2310	Principles of Food Preparation	(4)	ZOOL	2404	Anatomy and Physiology II
(3)	POLS	2306	Texas Politics and Topics	(3)	MCOM	2320	Writing for Media and Communication OR ENGL 2311 Introduction to Technical Writing
(3)	HIST	2300	US History to 1877	(3)	KIN	1301	Introduction to Kinesiology
(4)	^ CHEM	2303 (F)	Introductory Organic Chemistry	(3)	HIST	2301	US History from 1877
(3)	CFAS	2300	Communication, Civility & Ethics	(3)	NS	2330** [S]	Nutr for Health, Fitness & Sport

THIRD YEAR

FALL SEMESTER = 15 HOURS				SPRING SEMESTER = 14 HOURS			
(3)	Creative Arts Elective (suggest MCOM 2301-Visual Storytelling)			(3)	NS	3332 (S) OR 3360 (F)	Motivating Health Behavior-Coaching Theory & Application OR Nutrition Education
(3)	NS	2380	Cultural Aspects of Foods	(3)	NS	4301 ** (S)	Nutrition and Chronic Disease
(3)	FDSC	3303	Food Sanitation	(3)^	KIN	3305	Exercise Physiology
(3)	^ NS	3340	Nutrition Through the Lifecycle	(2)	NS	4220**	** Medical Terminology
(3)	ADRS	2310	Understanding Alcohol, Drugs, etc.	(3)	^ NS	3310	Intro to Medical Nutrition Therapy

FOURTH YEAR

FALL SEMESTER = 15 HOURS				SPRING SEMESTER = 15 HOURS			
(3)	NS	4360	Intro to Nutrition Research	(3)	^	Guided Elective of KIN 3318 Exercise and Sport Psychology or KIN 3368 Exercise Testing and Prescription	
(3)	INTS	3301	Career & Professional Development	(3)	^ NS	4330	Community Nutrition
(3)	^ RHIM	4332	Leadership & Cust. Relation. Mgt.	(3)	^ NS	4350	Emerging Issues in Food Sci & Nut.
(3)	CFAS	4300	Coaching Leaders	(3)	^ RHIM	4316	Hospitality Sales and Marketing
(3)	^ NS	3325	Sports Nutrition	(3)	*	Language, Philosophy & Culture Elective (suggest MCOM 2330 Media Literacy)	

The above are suggested guidelines for registration. Students who prefer a lighter load each semester may take courses offered during the summer sessions. However, not all courses are offered in the summer. Refer to the website www.raiderlink.ttu.edu student for updates on course offerings. This plan assumes that the student is exempt from any additional foreign language requirement for the University Core. **The last 30 hours of the degree MUST be completed at TTU.**

LEGEND

* Refer to Univ. Core Curriculum Req. for course selection

^ Pre-requisites or restrictions apply

Concurrent enrollment is required

** Offered Online only

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