

UFL: *Achieving Our Mission*

The United Future Leaders program develops young leaders who impact the individual, peer and social culture of their community. UFL promotes qualities such as civility, ethics, and leadership empowering students to "Take it out to the World" through service, mentoring and relationship building.

UFL IMPACT:

What partnering organizations say...

"Youth leadership is an identified issue in our county. The UFL curriculum has fresh & exciting topics, skits, and activities that today's youth can understand and implement." — Community Partner



"Everybody should have this program at least once in their lives!" — Youth Participant



"It was exciting to be involved in a program that engages students in fun activities and thought provoking discussion to develop leadership skills in themselves and their peers." — Community Partner



Civility, Ethics & Leadership are the foundational concepts of United Future Leaders. The themes below are the building blocks that support individual growth and self-awareness among our participants.

Physical Safety— *I am safe*

Emotional Security— *I know my feelings & honor them*

Identity— *How I see myself and how others see me*

Belonging – *I belong*

Competence— *I have abilities*

Mission & Purpose—*I have direction & purpose*

Service— *I help others, expecting nothing in return*

Civility—*I treat others as I would want them to treat me*

Ethics—*I do the right thing when no one is looking*

Leadership—*Bringing out the best in myself and others*

I am a United Future Leader!



TEXAS TECH UNIVERSITY

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United Future Leaders

10-Session Leadership Curriculum for Adolescents



**"Take it
out to the
WORLD!"**

About the 10-Session Curriculum

In order to meet the growing demands and fulfill the UFL mission of developing young leaders, the UFL staff developed an original curriculum for the purpose of replicating and expanding the UFL program beyond afterschool host campus sites in 2013. The UFL 10-Session Leadership Curriculum for Adolescents focuses on the original UFL themes, with adaptations to better fit the needs of the school classroom environment. In addition, this curriculum can be utilized in various settings including enhancements to school elective or core subject curriculum, extracurricular clubs and organizations, and community youth and outreach programs.

This curriculum was developed with the understanding that lessons of this nature are valuable to classroom educators and youth practitioners, yet the demands placed on both students and adult professionals often take precedence. As a result, the 10-Session Curriculum consists of descriptive 35-minute lesson plans and supplemental handouts that can be implemented effectively with limited planning time and additional materials or resources.

COST:

The UFL program will work with your organization to determine a cost relative to your needs, while supplementing UFL expenditures associated with printing of curriculum and training materials.



Training Options

The only criteria for implementing the UFL 10-Session Curriculum for Adolescents is that all program facilitators receive training by the UFL program directors. The UFL program currently offers two training options for the convenience of partnering organizations:

Option 1 : 2-Hour Face-To-Face Training

Partnering organizations that are able to travel to Texas Tech University in Lubbock, Texas will receive face-to-face training with the UFL program directors. This training is interactive and includes lesson demonstrations and open discussion.

Option 2 : Online Training Modules

The UFL staff realize traveling to Lubbock may not be possible for all organizations. Therefore, the online training modules serve as a means for training facilitators at a distance. This training includes an in-depth introductory module and 11 brief modules for each lesson in the curriculum. Facilitators must complete the introductory training and survey prior to receiving the additional lesson modules.

**TOMORROW'S BRIGHT
thanks to United Future Leaders**

Additional Leadership Resources

The UFL staff are continuously developing new resources for community partners to utilize in order to accomplish their individual goals to develop leadership skills among youth. In addition to the 10-Session Leadership Curriculum for Adolescents, UFL currently offers formal training, supplemental materials and interactive presentations for the following leadership resources.

- ⇒ The [Online Service Log System](#) provides a streamlined method for documenting Ambassador service work in all areas of their lives. Students may use this information to assist them in completing applications or providing documentation for service work to extracurricular organizations.
- ⇒ The [UFL S.M.I.L.E. Framework](#) is intended to be universally applicable to all types of service. The goal of this original framework is to provide youth a specific process that promotes understanding, organization and implementation of any service activity, while carefully evaluating the effectiveness of the work completed and the impact made on the community.

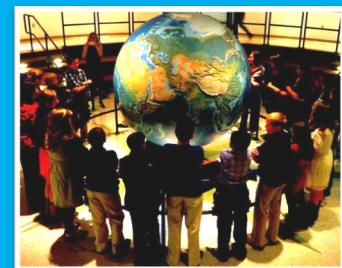
S—Situation (What is the need?)

M—Mission (What is the goal?)

I—Ideas (What can be done?)

L—Logistics (What details need to be considered?)

E—Execution (What is your plan B?)



"The continued growth of UFL has the potential to positively impact the culture of the community by equipping, enhancing and empowering young leaders."

Gloria Gonzales, Director