



TEXAS TECH UNIVERSITY

# Department of Kinesiology & Sport Management™

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## Angela Lumpkin Honored with President's Excellence in Teaching Award



At the Faculty Honors Convocation on April 17, Angela Lumpkin will receive one of Texas Tech University's President's Excellence in Teaching Awards. This award recognizes exceptional contributions to teaching including students' evaluations, supporting letters from current and former students, supporting letters from colleagues, and other documentations of teaching excellence.

One anonymous student commented, "Dr. Lumpkin is a very engaging professor who is adept at utilizing unique classroom strategies to enhance the educational experience. I found this course to be very rewarding, thought-provoking, and insightful." Another student stated, "Dr. Lumpkin is, by far, one of the best instructors I've

had during my tenure as a graduate student. Her classes are interactive, instructional, and thought-provoking. Her instructional methods are designed to force students to think for themselves and derive their own conclusions, and then defend them. A very good course taught by an exceptional professor!" A third student commented, "Dr. Lumpkin is a[n] incredible instructor. She embodies the values she teaches as a leader and is passionate about what she teaches."

Former students wrote glowing comments about Dr. Lumpkin's commitment to students and their learning. "I met Dr. Lumpkin as an 18-year-old freshman at the University of Kansas. Dr. Lumpkin changed my life. I cannot begin to describe the difference that Dr. Angela Lumpkin has made in my life. She has become my mentor and role model, and I can only hope that one day I will turn out just like her." Another wrote, "Having had the privilege of working closely with this exceptional nominee first as a doctoral student and later as a co-author and colleague, I can say without reservation that Angela Lumpkin is the most committed sport management educator I have ever encountered. I am inspired by her commitment to teaching and learning and impressed by her willingness to go above and beyond the call of duty to help students reach their potential." A third stated, "I observed Angela teach as her teaching assistant and a student in her classes. Her students are engaged, active, and interested learners, because she puts in effort to design courses and create strategies to help them learn. In the classroom, she encourages application of material and has students work collaboratively to solve problems. Her mastery of the content is unparalleled and is something other students often mentioned to me. I can honestly say I learned more in one semester with Angela, than I learned in my entire master's degree program." A fourth concluded, "I often reflect on the high number of graduate students and faculty members who were able to successfully start their teaching careers or became reenergized about teaching because of the mentorship Dr. Lumpkin provided them. Dr. Lumpkin doesn't care who gets the credit because her number one priority is the learning and success of college students."

Since coming to Texas Tech, Dr. Lumpkin has published (or has in press) nine articles on the scholarship of teaching and learning and organized and taught portions of four annual teaching workshops for departmental faculty. She received the Distinguished Sport Management Educator Award from the North American Society for Sport Management in 2018. She was inducted into the TTU Teaching Academy in 2016.

## Grant Tinsley to Receive a Texas Tech Alumni Association New Faculty Award



Dr. Grant Tinsley was selected as the 2019 recipient of the Texas Tech Alumni Association New Faculty Award for the College of Arts & Sciences. This award recognizes outstanding new members of the faculty in each college and is presented to faculty who have four years, or fewer, of service at any university and who have earned distinction for dedicated service to Texas Tech. Dr. Tinsley will receive this award at the Texas Tech University Faculty Honors Convocation on April 17, 2019, at 3:30 p.m. in the Student Union Ballroom.

Dr. Tinsley completed his Ph.D. at Baylor University in 2016 and has been an Assistant Professor in the Department of Kinesiology & Sport Management since that time. His primary research interest is the study of human body composition, specifically: 1) evaluating technologies used to assess human body composition; and 2) assessing the utility of nutrition, exercise, and dietary supplement interventions to improve human body composition, as well as physical performance and health.

Since joining Texas Tech in fall of 2016, Dr. Tinsley has published 25 peer-reviewed journal articles, including 17 as first-author and 14 as senior author. The quality of his work was recognized when he was awarded the 2018 Best Paper Award by the *European Journal of Sports Science*. Two of his research projects have been funded by MTI Biotech Inc., and an additional collaborative project with researchers at Texas Tech University Health Sciences Center is currently funded by American River Nutrition.

Dr. Tinsley teaches courses within the undergraduate and graduate kinesiology programs and involves numerous students in his research endeavors. During his time at Texas Tech, over 20 student researchers have worked in Dr. Tinsley's laboratory, including members of the Honors College Undergraduate Research Scholars Program and the Ronald E. McNair Post-Baccalaureate Achievement Program. For his work with students, Dr. Tinsley was selected as one of five recipients throughout the university for the 2018 Faculty Recognition Award presented by Mortar Board and Omicron Delta Kappa.

### Outreach by Faculty and Ph.D. Students in 2018-2019

Departmental faculty are committed to sharing their expertise with community groups through its outreach initiative coordinated by Deby Nichols. In the fall of 2018 at the YMCA, Dr. Arturo Figueroa spoke "Cardiovascular Disease," Dr. Grant Tinsley spoke on "Healthy Nutrition and Intermediate Fasting," Dr. Heather Vellers spoke on "Adult Obesity," and Heidi Wiedenfeld spoke on "Healthy Aging." Dr. Marc Lochbaum shared his expertise on "Sport Psychology" at Dennison High School. In the spring of 2019, five faculty presented Osher Lifelong Learning classes: Dr. Joaquin Gonzales on "Walking to Improve Health," Bailey Palmer on "Fitness Trends in 2019," and Dr. Katie Brown and Dr. Jimmy Sanderson on "Sports and Politics." Dr. Emily Dhurandhar presented on "Obesity in Children" and Heidi Wiedenfeld spoke on "Nutrition and Healthy Behavior" at the YMCA. Bailey Palmer spoke at the Garrison Institute on "Resistance Training and Exercise for Seniors." Dr. Audra Day, Dr. Heather Vellers, Dr. Hui Ying Luk, Dr. Emily Dhurandhar, Bailey Palmer, and Ph.D. student Ahalee Cathey conducted a STEM Tech Savvy Workshop for middle school girls on February 23. Dr. Eric Rivas spoke on "Diabetes: and Ph.D. student Arun Maharaj spoke on "Living with Diabetes" at the Texas Tech University Health Sciences Diabetes Center. Dr. Joaquin Gonzales will be presenting at University Medical Center in the summer on "Walking to Improve Health."

## KSM Ambassadors 2018-2019

In the fall of 2018, the KSM Ambassadors attended Texas Tech recruiting events on campus including the College of Arts and Sciences Day, Tech Preview Day, and Majors and Minors Fair. KSM Ambassadors participated in the American Heart Association Walk and had a booth at Tech or Treat where costumed children were able to attempt multiple times to see how far they could broad jump and receive glow in the dark vampire teeth. Working with Dr. Lochbaum, the Ambassadors decided to create and host a golf tournament in the spring semester to benefit Women's Protective Services of Lubbock and students in East Lubbock. The Ambassadors also worked on obtaining EIN to become a Texas Tech Vendor and started the process to become a 501(c)(3) tax exempt organization so they could receive donations from corporations for future events.

Thus far in the spring semester, KSM Ambassadors hosted a booth at the Techwell Interactive Fair in which PFW students were able to test their grip strength and vertical jump. Planning continues, including obtaining sponsors and donors and recruiting teams for the Sunday, May 5<sup>th</sup> golf tournament. The Ambassadors found a new apparel distributor with apparel available for sale following spring break. KSM Ambassadors will be participating in Tech to Town on Saturday, April 13<sup>th</sup> and Arbor Day on Friday, April 26<sup>th</sup>. KSM Ambassadors continue to provide escort services and tours for faculty candidates who interview on campus.

In late-January, the Ambassadors hosted two speakers from the Texas Tech University Health Sciences Center School of Health Professions to discuss graduate programs with kinesiology majors interested in athletic training, occupational therapy, or physical therapy. Brian Garibay, Assistant Director of Admissions and Recruitment for the School of Health Professions, and Odessa Fortner, a student in the Doctorate of Physical Therapy program, spoke to 80 students about the athletic training, physical therapy, and occupational therapy programs. Garibay discussed the specifics of what a competitive application looks like as well as what it takes to be considered for admission into these programs, including the necessary science prerequisites, required average minimum grade point average (GPA), and recommendation letters. He even described some myths about getting into graduate school. He also provided statistics from prior years on the number of total applicants from each program, number of students selected for interviews, number of students accepted into the programs, and average GPA



**Left to right (back row) Joshua Flores, Brady McDowell, Trent Herrera, Claire Underwood, Dallin Woods, Dr. Chad Smith; (front row) Bailee Wallace, Emily May, Karla Martinez, Bri Perry, Shelby Skomer, Hadley Whitaker**



**Left to right: Trent Herrera, Missy Buxkemper, Brady McDowell, Emily May, Karla Martinez, and Dr. Chad Smith**



**Odessa Fortner and Brian Garibay**



of those accepted. Garibay provided specific details about the various professions including what individuals in each profession do, how each program prepares students for those jobs, and details on average starting salaries to ensure students were aware of what was involved in each career to help them decide if this career was for them. Odessa Fortner, a graduate of our department, discussed her experience in the graduate program after one year and mentioned how well the professors attended to each individual student and went out of their way to serve as good mentors and role models. She explained how diverse the experiences were for all of the students and reminded students there is no single way to get admitted. She advised students to prepare for the application and interview process the best way they could and not just how others may be doing it or telling them how they may have done it. She reiterated the importance of listening to the advice of Garibay and his coworkers and making sure every box was checked in the application process. Attendees agreed this program was a huge success.

## **SPMT 5329 Sport Event Management Golf Outing and Fun Run**



Graduate students in sport management are hosting two events this spring semester to raise funds for local non-profits and an internal student initiative fund. The first event will be a golf event at Rawls Golf Course. It will be held on April 6<sup>th</sup> with a shotgun start at 9:30 am. The twosome fee for playing is \$250, and the foursome fee is \$500. On April 13<sup>th</sup> students

will be hosting a 5K run, 1K walk on TTU's campus. The cost for running or walking in the event will be \$20 for students and \$30 for all others.



## **Undergraduate Volunteer Experience with the STEM Tech Savvy Workshop**

On February 23<sup>rd</sup> Texas Tech University held its annual Tech Savvy STEM Conference for middle school-aged girls. Dr. Audra Day, Dr. Emily Dhurandhar, Bailey Palmer, Dr. Hui Ying Luk, and Dr. Heather Vellers along with Ph.D. student Ahalee Cathey hosted Department of Kinesiology and Sport



Management's first workshop as a part of this event. The goal of the Tech Savvy STEM Workshop is to provide participants with hands-on learning experiences about career opportunities in exercise science. KSM undergraduate students and Ambassadors volunteered to help with this workshop. The middle school girls left with smiling faces and excitement by learning about career options in exercise science, much of which was due to the event volunteers. When volunteers, Mason Huse (pictured), Brittney Miller, and Bri Perry were asked why they chose to volunteer, they said they wanted to share their career aspirations in exercise science with the young girls, an experience none of them had as a middle school student. Thanks to our

wonderful KSM Ambassadors, student volunteers, and faculty.

## Undergraduate Internships Could Lead to Job Offers

The majority of employers point to the internship experience as one of the most important factors they consider in hiring new college graduates for full-time positions. The Department of Kinesiology and Sport Management is proud to offer college credit for an internship experience.

Department Chair, Angela Lumpkin, believes, “Building on classroom learning, when students complete internships, they strengthen their academic and experiential career preparation. Internships provide great opportunities for networking among professionals in the field and developing real-world skills and abilities. Internships may lead to job offers when interns’ performances are outstanding.”

Senior kinesiology majors may enroll in KIN 4375 Internship in Kinesiology. This course is designed to be a mutually beneficial experience and provide a practical, experiential learning environment for competent, energetic students. This internship extends a service to the cooperating site or facility by providing a new source of ideas, leadership, and potential candidates for employment. Deby Nichols, the kinesiology undergraduate internship coordinator, emphasizes, “Getting real-world working experience is so important, especially if you have never been employed. Landing the job with the company where you are interning is probably the best benefit of an internship.” Interested students should contact Deby Nichols at [deby.nichols@ttu.edu](mailto:deby.nichols@ttu.edu)

Seniors in sport management majors may enroll in SPMT 4376 Sport Management Internship I for three hours credit and, if they choose, add SPMT 4378 Sport Management Internship II for three additional credit hours. Internship coordinator, Diane Nichols, explains, “The internship is the capstone experience for undergraduate students in sport management. We hope it will be an interesting, challenging, and enjoyable experience. The internship allows you to work and learn outside of the classroom at an approved site that the student has selected. We want to make sure students match their career interests to the type of internship they do.” Students who intend to do an internship in sport management should contact Diane Nichols at [diane.nichols@ttu.edu](mailto:diane.nichols@ttu.edu)



**Gwennie Puente & Kirby Hocutt**  
**Gwennie did her undergraduate sport management internship with Texas Tech Athletics.**

## **First Two Students in the Master of Science in Sport Management and Master of Business Administration Dual Degree Program**

The Department of Kinesiology and Sport Management and the Rawls College of Business Administration collaborate to offer one of the few dual degree programs nationally that allows students to complete within two years a Master of Science in Sport Management (MS) and Master of Business Administration (MBA) through the completion of 54 credit hours.



**Rhett Harris** will be the first graduate of this program in May of 2019. Rhett, who is from Grandview, Texas, graduated Phi Beta Kappa and magna cum laude with honors from the Honor's College in May of 2017. Learning about the business behind sports and combining this knowledge with experiences from both advanced degrees, he believes, will set him on a great pathway toward his career goal of becoming a general manager for a professional sports franchise in baseball or hockey. As he completes the MS and MBA degrees, Rhett has learned about and been fascinated by facility management in sport, marketing and promotions, sales and fundraising, sport finance, sport media management, leadership and organizational management in sport, and complimentary immense business knowledge. Rhett chose to earn both graduate degrees to

add more depth to his understanding of the sport industry, business of sports, and business world outside of sport. He believes he has benefited from extraordinary faculty, gained valuable and applicable knowledge, and built relationships and networks within the two programs. Rhett believes this dual degree provides a very valuable option and better preparation to sport management graduates to become tomorrow's business leaders in the sport industry. The dual degree program challenges students because faculty expect a lot while genuinely wanting to set students up for success. Both academic units have great people and support systems to help students become more knowledgeable and responsible professionals in sport and business, and they care about getting their students into those careers after college. If students want to learn more about the sport industry and business while creating a competitive edge for themselves in starting their career after college, Rhett highly recommends this program.



**Jessica Wilkins**, who is from Lubbock, is in her first year in the MS/MBA dual degree program. Jessica graduated with a bachelor's degree in business marketing with a minor in sport management from Texas Tech. Her career aspiration is to become a marketing director for a Major League Baseball organization. Jessica chose this dual degree program because of her interest in sports and strong belief in the benefits of a business education. As an undergraduate student, she learned the complexities of both marketing and sport management and then combined and applied what she learned through my work with the Texas Tech athletic department. She knew she wanted to continue her education to be more competitive in this field, but also believed neither degree alone would give her the understanding and skills she desired for entering the highly competitive sport industry. MBA courses give her a strong

understanding of organizational behavior and the confidence that comes with a deep understanding of business functions. Her sport management courses, on the other hand, provide insights into the unique and specific complexities comprising the field of sport management. Because a sport organization faces unique challenges and tasks not fully understood in the world of general business, she feels she can succeed in her career with confidence through completion of the MS/MBA dual degree program's well-rounded education.



## First Three Students Complete Second Year in Master of Science in Sport Management and Juris Doctor Dual Degree Program

The Department of Kinesiology and Sport Management and the Texas Tech University (TTU) School of Law collaborate to offer one of the few dual degree programs nationally that enables students to complete within three years a Master of Science in Sport Management (MS) and Doctor of Jurisprudence (JD) through the completion of 102 credit hours.

**Clint Dye**, who is from Midland, Texas, and earned a Bachelor of Arts in chemistry, with a minor in business, from TTU in 2013. He chose chemistry thinking he wanted to be a doctor, primarily in sports medicine. As an undergraduate, he worked for University Medical Center (UMC) for over three years, and while not regretting these highly rewarding experiences, he realized sports were his true passion. By far the best career decision he could make, Clint decided to pursue a law degree concurrently with earning a MS in Sport Management. His career goal is to become a general manager for a professional sport team (especially the Red Sox) or an athletic director in a highly competitive institution.



Clint has demonstrated his academic, service, and leadership abilities in several ways. He was valedictorian of his high school class, Employee of the Year for two years at UMC, and class president for both years in the School of Law and has competed on three national teams representing the School of Law.

Clint strongly endorses this dual degree program to everyone even slightly interested in sports. He believes the resources from the professors and staff have been phenomenal, and all involved are willing to do whatever they can to help students succeed. Since he never played any collegiate sport, he initially felt a job in the sport industry was impossible. By earning a JD and MS in sport management, he found a program specific to his career aspirations affirming his dreams were possible. Because of this dual degree program, he thankfully has a job with the TTU Athletic Department as graduate assistant to the Initial Eligibility Director.

Earning a JD will make Clint incredibly valuable to employers by differentiating him from peers. The legal side of his education has taught him how to argue, negotiate, construct contracts, and maximize the interests of prospective clients or employers. The MS in sport management takes what he is learning in law school and tailors it to the sport industry. He cannot express how much this dual degree program means to him as he is super excited and humbled to be a part of the first group of students who will graduate with both degrees. His hope is to continue to see this program grow and expand into the future.

**Anyssa Barbosa** graduated from Americas High School in El Paso, Texas, but her family now lives in Uvalde, Texas. She was a four-year starter for what was then the Division II Oklahoma Panhandle State University softball team. She graduated with a Bachelor of Arts in history before entering the School of Law. She currently works as a graduate assistant in academics for the TTU football program.

Anyssa's career aspiration is rooted in helping other people within her community, with a passion for working with student-athletes stemming from her own experiences as a student-athlete. While an athlete, she gained invaluable life skills that established the foundation to carry her throughout life. She hopes she can help other student-athletes share a similar learning experience. Currently, she is exploring career options at the administrative level of intercollegiate athletics while maintaining the option to practice law.

Anyssa has been offered a position in the 2019-2020 NCAA Post-Graduate Internship Program, which she will begin in June. By accepting this highly competitive internship, she will take a year off from her legal and graduate studies for this phenomenal opportunity to gain experience at the national office. She will be working in the Academic and Membership Affairs department reviewing NCAA by-law interpretations and waiver requests. She could not be more excited.

It was for these opportunities that she sought out the dual degree program. While she gained experiences as a student-athlete and worked in the athletic department during her undergraduate years, she knew she lacked the educational background to enter the sport industry and be an effective leader. She was attracted by the uniqueness of this program and hands-on experiences offered in classes, and the doors they opened. It was a combination of these resources she has at the law school, Department of Kinesiology and Sport Management, and with her supervisors and mentors at the Marsha Sharp Center for Student-Athletes that enabled her to land the NCAA internship. For these reasons, she hopes those who follow can see the opportunities this program provides.

**Harrison Wier** graduated from The University of Texas at Austin (UT) in 2017 with a Bachelor of Science in communication studies and a minor in sports media. His hometown is Baytown, Texas. His career aspirations are to work in compliance in intercollegiate athletics and eventually work his way up to deputy athletic director or athletic director. He has always had a passion for college athletics, and he would like to get in a position where he can positively impact as many student-athletes as possible and change the nature of college athletics for the better. Some of his personal achievements include graduating in the top 10% of his class at UT, being selected from a large group of applicants to participate in this year's NCAA Emerging Leaders Seminar in Indianapolis, being named to the Law School's fall 2018 Dean's List and serving as President of the Sports & Entertainment Law Society.

Harrison is participating in this dual degree program because it allows students to get both a JD and MS in sport management in three years, and it was a pivotal reason in his decision to attend Texas Tech Law. He has always had a passion for intercollegiate athletics, but never imagined he could build a career in this component of the sport industry. Harrison had his first opportunity to work in college athletics as a graduate assistant at the Marsha Sharp Center for Student-Athletes, where he serves as a graduate assistant. That opportunity would not have been possible if not for the dual degree program and the connections he made.

Harrison's personal opinion of the program is that it is an extremely unique opportunity for people like him who have a passion for sports. He never imagined something like this dual degree program existed before investigating Texas Tech. This program is very well-structured, and he has gained extensive knowledge he can apply to his career in college athletics. He will not only gain essential oral and written communication skills applicable to the sport industry from law school, but he also will enter the field knowing what to expect and how various sports leagues and organizations operate thanks to the dual degree program. He is eternally thankful for the opportunity to be one of the first students who will graduate from this program. He believes it is by far the best career decision he ever could have made.

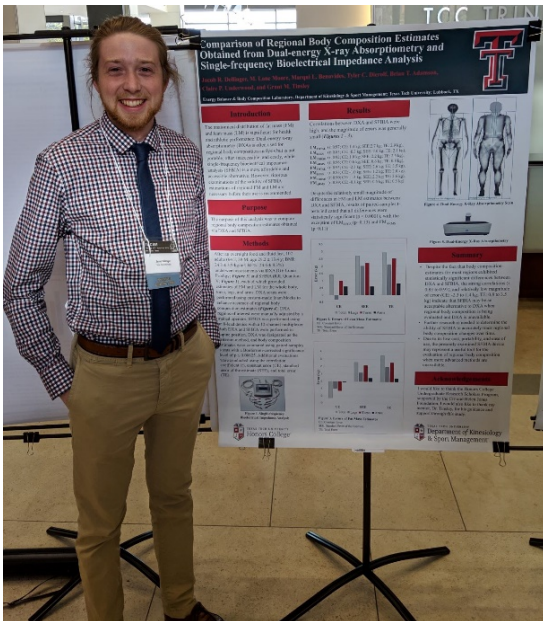


# Kinesiology Undergraduate and Graduate Students Present Research at the Texas American College of Sports Medicine Conference

Dr. Grant Tinsley mentored four students in their research presentations: Jacob Dellinger, Brian Adamson, who was a finalist and 3<sup>rd</sup> place winner in the Undergraduate Research category, Marqui Benavides, and Lane Moore, who was a finalist in the Undergraduate Research category.

Three students (Chinonye C. Agu-Udemba, Ethan A. Mitchell, and Ahalee C. Cathey) mentored by Dr. Ty Palmer were finalists in the poster presentation of their research.

Dr. Rivas had three students present research in the TACSM poster competition—graduate student Julianna Kilpatrick and undergraduate students Kyleigh Allie and Paolo Salvador. Julianna received first place in the master's level competition and was recognized for having one of the top three posters overall.



Jacob Dellinger



Brian Adamson



Lane Moore



Marqui Benavides





**Ethan Mitchell & Chinonye C. Agu-Udemba**



**Chinonye C. Agu-Udemba & Ahalee Cathey**

## **Alumnus Spotlight—Austin Collie**



had shifted to military and law enforcement because he found it much more rewarding given the critical role fitness plays in their professions.

**Austin Collie** graduated from Texas Tech University in December of 2009 with a Bachelor of Science in Exercise and Sport Sciences followed by graduating from the University of Texas at Austin with a Master of Education in Kinesiology. While earning these degrees, he volunteered as a strength and conditioning coach for both university's football and Olympic sport programs with the goal of pursuing a career in strength and conditioning. Austin then was hired as an intern at the National Strength and Conditioning Association (NSCA) in Colorado Springs where he worked not only with collegiate athletes but also military and law enforcement officers (i.e., United States Army, Federal Bureau of Investigation, Drug Enforcement Administration, and Colorado Springs Police Department Special Weapons and Tactics). While he enjoyed working with collegiate athletes, Austin decided his interests

Following his NSCA internship, Austin received a job offer with a military contracting company, where he was assigned to the lead instructor position for one of six mobile training teams to help the United States Army standardize its physical training program to help reduce the incidence of musculoskeletal injuries. He and his team instructed a “train the trainer” course, which consisted of four weeks of classroom and hands-on exercise science training of Army soldiers at 14 installations nationally. Two years later, after completing 16 classes and training over 700 soldiers, the contract was completed.

Still possessing a strong desire to continue working with the military, Austin thought what better way to continue to support this population than to join them. As he searched for ways he could serve in a similar capacity as his previous work, he discovered the Air Force's Aerospace and Operational Physiology career field. After a lengthy application and interview process, he was selected as an Aerospace and Operational Physiology Officer, which is his current job. His work primarily involves teaching undergraduate pilots admitted to the Euro-Nato Joint Jet Pilot Training (ENJJPT) Program at Sheppard Air Force Base (Wichita Falls, Texas) all of the physiological threats associated with extreme flight conditions (e.g., spatial disorientation, hypoxia, hypocapnia, G-forces, motion sickness, etc.).

The portion of his job where his exercise science education has been invaluable is in teaching undergraduate pilot training students how to perform and optimize the Anti-G Straining Maneuver (AGSM), which is a series of lower body and abdominal isometric contractions combined with a specific breathing technique to maintain perfusion to the brain while exposed to high G-forces in flight. The pilots admitted into the ENJJPT program are unique from the other three pilot training bases as these students are primarily tracked toward fighter/attack aircraft (F-15, F-16, F-22, F-35, A-10, etc.) that all sustain high G-forces. The physical capability to sustain G-forces is extremely demanding, with superior fitness critical for student pilots while in training and even more so following graduation. Austin is a few months away from completing his first assignment. Then he will take his next assignment at Hill Air Force Base just north of Salt Lake City, Utah, where he will have the opportunity to work primarily with pilots flying one of the most advanced and lethal jets in the Air Force—the F-35.

### **Student Spotlight - Callie DeWinne, the World Is Her Oyster**

Callie DeWinne, a sophomore Honors student majoring in Kinesiology, is an incredibly accomplished undergraduate student. Callie has achieved at a high level academically, which is even more impressive considering her long list of extracurricular activities: she is a Community Advisor with Student Housing, an organizer of the Raider Awakening Retreat, a volunteer in the community, and last, but not least, an undergraduate researcher in the Motor Behavior lab. Callie has been researching how the mind and brain control movement with her mentor, Dr. Jarrod Blinch, for over a year. Their first project, pre-crastination and procrastination effects occur in a reach-to-grasp task, was recently published in *Experimental Brain Research*. Callie will be presenting this research at the Texas Tech's Undergraduate Research Conference, which is one of the largest interdisciplinary research conferences in the nation. At the conference, she will be recognized as a winner of the prestigious Dr. Sarah Kulkofsky undergraduate research scholarship. What does the future hold for Callie? She has one more year in kinesiology, but she has already received early acceptance to the Physical Therapy program at the Texas Tech University Health Sciences Center.

