In a clinical setting, complete an internship with a fitness club, physical therapy clinic, sport team, or hospital. Experience can enhance your resume and make you a more competitive candidate for graduate school. 

Skills
- Communication and interpersonal skills
- Ability to work as a team

Courses
- Exercise science
- kinesiology
- Nutrition

Graduate School
- Physical therapy
- Exercise science

Examples of Career Preparation Strategies
- Volunteer at a local fitness center
- Attend workshops on nutrition and exercise science

Kinesiology
- The study of human movement and how the body responds to exercise. Important in understanding the scientific basis for exercise and physical activity.