PROJECT 2 (mandatory for second hours of internship credit).

SUPPORTING TEXT:
  This will be referred to as TEXT A

OBJECTIVE:
The purpose of this assignment is to help prepare you for the ACSM Clinical Exercise Physiology Exam (CEP) Certification Examination. There are 2 Parts to this project. Part II has 2 options.

**PART 1:** In Blackboard, there are metabolic questions for you to solve. You can work in groups; in fact, I think it is better to work in groups. Please upload your answers in Blackboard in the assignment tab. This can be done anytime during the semester but must be done by the last day of the semester. I will make the answers available during finals week or you can stop by my office to check the answers after you have uploaded the assignment.

**PART II**

**OPTION 1:** Take a 100 Q exam in Blackboard under the supervision of Dr. McComb. This exam will be from the guidelines book, the metabolic calculations, and pharmacology hand-outs in Blackboard. This examination will be given at the end of the semester at a time which is agreed on by all interns who choose this option. The exam will be taken in room 113 or 114 in Blackboard. You must make 70% on the test to pass. If you do not pass the exam, you will receive a CR in internship until you pass the exam. You must wait 2 weeks in between exams to give you time to study. However, the questions will not be the same the next time you take it, but will be from the same set of questions.

**OPTION 2:** Take the ACSM Certified Clinical Exercise Physiology Examination. Please refer to the ACSM JTA from your first 3 hour internship. The percentage of questions from each domain will be as listed in the JTA. You do not have to pass the exam to pass internship. However, you must upload your test results in Blackboard to pass the class. If you do think you are ready for the exam during the semester and want to take it when you have more time to study, you can register for the exam, pay your fees and upload the receipt in Blackboard. You will receive a CR for the class until you submit your exam results to the internship director. The CR will be changed to a P regardless if you pass. For more information about the exam go to:http://certification.acsm.org/acsm-certified-clinical-exercise-physiologist. This test is taken at the nearest Pearson VUE testing center.

The good part about choosing this option is that if you pass the exam, you can use this examination for your comp exam as long as it is taken during the third or fourth semester of your studies. If you do not pass the exam the first time, you can retake it for comps. What is important is that you pass the CEP exam before the date that you have to register for comps during your last semester. Having this certification will make you more marketable in a
competitive job market. If you do not pass it the first time, use this experience as your study
guide and study the areas where you did poorly and retake it. There are some ACSM restrictions
for retaking the exam. Please see their website.

**In summary** for your second 3 hours of internship credit, you must make 70% on the 100 MC
question in Blackboard that was taken from the questions you answered in your first 3 hours of
internship credit to receive a P. You also have the option of taking the ACSM CEP examination,
but you do not have to pass it for internship credit. You must upload your results in Blackboard.