



Raider Red Meats **Hearty Beef Stew**

Ingredients

3 lbs Raider Red Ground Beef

8 medium size potatoes – peeled and cut into ¼ inch pieces

1 can green beans

8 to 10 Carrots – peeled and cut into ¼ inch pieces

1 can whole kernel corn

1 onion – peeled and cut into ¼ inch pieces

Salt – to taste

Pepper – to taste

2 cans of Diced Tomatoes

2 cans of Tomato Paste

Water – enough to cover all ingredients

Preparation

Brown ground beef in a skillet. Drain off all grease. Season with salt and pepper to your liking. Combine all ingredients in a large stock pot. Bring to a boil and simmer on low for 2 to 3 hours until all vegetables are tender.

Serve with your favorite cornbread.