



TEXAS TECH UNIVERSITY

**Division of Outreach
& Distance Education**

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**PFD 1A
Personal and Family Development,
First Semester
(v.1.0)**

To the Student:

After your registration is complete and your proctor has been approved, you may take the Credit by Examination for PFD 1A.

WHAT TO BRING

- a pen or pencil
- notebook paper

ABOUT THE EXAM

The exam will consist of many short essay questions and an informative four-paragraph paper. You will have three hours to complete the exam.

The examination is based on the Texas Essential Knowledge and Skills for this subject. The PFD 1A course study includes personal development, family studies, child development, apparel, and careers. Since questions are not taken from any one source, you can prepare by reviewing any of the state-adopted textbooks that are used at your school. If you do not have a textbook or any other study materials available locally, you may contact the Outreach & Distance Education Bookstore. The bookstore carries the textbook used with the Personal and Family Development Distance Education course. The text is:

Glosson, Meek, Smock. *Creative Living*, 6th ed. New York: Glencoe/McGraw-Hill, 1997.

A sample examination also is included with this letter. The sample exam will give you a model of the types of questions that will be asked on the examination. In order to be successful on the examination, you need to study and review all of the concepts of Personal and Family Development (PFD 1A).

For more information about CBE policies, visit <http://www.ode.ttu.edu/takeacbe/> or see your course Policies & Forms Guide.

Good luck on your examination!

PFD 1A
Sample CBE

Write out your responses to the following essay questions. Be sure to use complete sentences and develop well-organized paragraphs that include four or more sentences.

Part A:
Essay Questions

1. Compare characteristics of chronological, physical, emotional, social, and intellectual maturity. (Chapter 1)
2. Explain how personal priorities affect the choice of friends, activities, interests, and behaviors. (Chapter 3)
3. Discuss the progress you are making toward accepting and adopting socially responsible behavior. (Chapter 1)
4. Analyze the role of self-esteem in responsible behavior. (Chapter 1)
5. Discuss personality traits that encourage effective communication. (Chapter 9)
6. Explain ways individuals communicate respect, thoughtfulness, and courtesy. (Chapter 9)
7. Point out basic guidelines for practicing constructive conflict resolution in peer relationships. (Chapter 11)
8. Analyze the role of communication in developing positive relationships. (Chapter 8)
9. Describe factors that contribute to strong family units. (Chapter 15)
10. Explain how family structure changes throughout the life cycle. (Chapter 16)
11. Evaluate methods to promote the health and safety of individuals and family members. (Chapter 2)
12. Analyze the impact of violence on families. (Chapters 2 and 11)
13. Identify causes and effects of family stress and techniques for management and prevention. (Chapter 2)
14. Identify strategies for managing peer pressure. (Chapter 10)
15. Discuss causes, prevention, and treatment of child abuse. (Chapters 17 and 23)

16. Explain the responsibilities of caregivers for maintaining the safety of children. (Chapter 23)
17. Identify the basic needs of children. (Chapter 23)
18. Identify caregiver behaviors and strategies promoting the healthy intellectual, physical, social, and emotional development of children. (Chapter 21)
19. Evaluate developmentally appropriate guidance techniques for children. (Chapter 21)
20. Analyze the caregiver's role in meeting the nutritional requirements of children. (Chapter 23)
21. Describe clothing selection practices that accommodate personal needs including age, lifestyle, special needs, and career. (Chapter 58)
22. Discuss the relationship of apparel decisions to peer influence, self-esteem, and personal effectiveness. (Chapter 56)
23. Point out different information on clothing-care labels. (Chapter 60)
24. Describe simple clothing repairs. (Chapter 60)
25. Discuss the rewards and demands in careers related to family services, child development, and apparel. (Chapters 7, 13, 20, 26, and 68)

Part B:
Writing Sample

Write a four-paragraph paper pointing out the qualities you consider most important in a relationship between two dating partners. Describe each quality and justify why you think it is important.