They are also trained to understand addiction, including prevention, assessment, treatment, and relationship dynamics. Students who complete a degree in community, family, and addiction services are eligible to take the Licensed Chemical Dependency Counselor examination and register as a Licensed Chemical Dependency Counselor in the state of Texas. Students enrolled in many majors across the university take classes in this curriculum.

**Addictive Disorders and Recovery Studies**

Established in 1986, The Center for Collegiate Recovery Communities (CRC) at Texas Tech (formerly known as the Center for the Study of Addiction and Recovery) assists individuals recovering from drug and alcohol addiction and eating disorders with their pursuit of a college education. The CRC has created a community support and relapse prevention program, which provides an environment in which recovering students can focus on staying sober without delaying their educational goals. The CRC was selected to receive support from the federal government to develop a model to replicate collegiate community support and relapse-prevention programs at other universities.

The CFAS department offers a comprehensive curriculum in addictive disorders and recovery studies meeting all educational requirements for a student to become a Licensed Chemical Dependency Counselor in the state of Texas. Students enrolled in many majors across the university take classes in this curriculum.

**Interdisciplinary Minor in ADRS.** The Department of Community, Family, and Addiction Services, the Addictive Disorders and Recovery Studies program, and the College of Arts and Sciences jointly offer an interdisciplinary minor in addictive disorders and recovery studies (ADRS). This minor is designed for students with professional, academic, or personal interest in addictive disorders. It will provide students with an understanding of the physiological, psychological, societal, and familial factors contributing to addiction and the recovery from addiction. It is recommended that the 18 hours of coursework be taken in the order listed below:

1. Take this class first: ADRS 2310 (Understanding Alcohol, Drugs and Addictive Behavior)
2. Take this class second: ADRS 3325 (Family Dynamics of Addiction)
3. Choose at least two classes in any order from the following: ADRS 2327 (Prevention of Substance Abuse) ADRS 3329 (Addiction, Recovery, and Relationships) PSY 4325 (Drugs, Alcohol, and Behavior)
4. Choose one class from the following: PFP 3321 (Financial Counseling and Consumer Credit) SOC 3383 (Alcohol, Drugs, and Society) SOC 4325 (Criminology) SOC 4327 (Juvenile Delinquency)
5. Take this class last: ADRS 4325 (Treatment of Addictive Disorders)

The Texas Commission on Alcohol and Drug Abuse and the Texas Certification Board of Alcoholism and Drug Abuse Counselors accept completion of this minor as fulfillment of alcohol- and drug-specific education for licensure.

**Course Descriptions**

*To interpret course descriptions, see page 23.*

**Addictive Disorders and Recovery Studies (ADRS)**

**Undergraduate Courses**

2125. Collegiate Community Seminar (1). Prerequisite: Consent of department. Philosophy and process of recovery from addiction. Intensive seminar and laboratory experience. May be repeated for credit.

2310. Understanding Alcohol, Drugs, and Addictive Behaviors (3). Designed to provide students with an introduction to addiction, including the nature of addiction, its history, biology, inter/intra personal, and social aspects. Fulfills core Social and Behavioral Sciences requirement.

2327. Substance Abuse Prevention (3). Introduction to different perspectives on current research and methodologies in the field of substance abuse.