**General Health and Safety**

**Important Phone Numbers**

- **Office for Student Rights and Resolution**
  - 806-742-SAFE or 806-742-2121

- **Raidor Assistance Program**
  - 806-743-7285

- **Risk Intervention & Safety Education (RISE)**
  - 806-742-2110

- **Student Counseling Center**
  - 806-742-3674

- **Student Health Services**
  - 806-743-2848

- **TechAlert**
  - 806-742-2136

- **Texas Tech Crisis Helpline**
  - 806-742-5555

- **Texas Tech Police Department**
  - 806-742-3931

**Office for Student Rights and Resolution** - A safe place to report instances of sexual assault, harassment, stalking, intimate partner/relationship violence, and other forms of sexual and/or gender-based misconduct. Staff are trained to assist students with support options and provide the opportunity for resolution of reported misconduct. www.titleix.ttu.edu

**Raidor Assistance Program** - A safe and confidential place for students to ask questions and receive assistance regarding alcohol and drugs. www.ttuhsc.edu/studenthealth/departments/rap.aspx

**Risk Intervention & Safety Education (RISE)** - Provides prevention education and addresses alcohol and drugs, violence prevention, and safety through Think About It, eCheckUp to Go, and a Campus Climate & Incident Reporting Form. Provides campus with workshops and events. rise.ttu.edu

**Student Counseling Center** - Provides consultation and counseling services to students including individual and group counseling and a MindSpa to help with anxiety and stress reduction. counseling.ttu.edu

**Student Health Services** - The on-campus medical care clinic exclusively for Texas Tech students. Students have access to medical services – including Lab, X-Ray and Pharmacy. Most insurances accepted. Self-pay discounts available to students. www.ttuhsc.edu/studenthealth

**TechAlert** - An Emergency Alert Notification System to notify faculty, staff, and students of alerts and emergency response information via phone, text, and email. Have your student sign up to receive alerts. emergency.ttu.edu

**Texas Tech Crisis Helpline** - 24/7/365 assistance for students experiencing suicidal thoughts, mental health crisis, sexual assault, and interpersonal violence. Callers are connected with licensed counselors who provide crisis intervention and referral services.

**Texas Tech Police Department** - Full law enforcement services including crime prevention classes to ensure the safety of the students, faculty, and staff. www.ttpd.ttu.edu

**Update Emergency Contact Information** - Encourage your student to update their emergency contact information via Raiderlink. raiderlink.ttu.edu (eRaider required)

Tel: 806.742.3630
Toll Free: 888.888.7409
Email: parent@ttu.edu
Website: www.parent.ttu.edu