# Pre-Occupational Therapy

## Success Roadmap

### Course Guideline

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course Description</th>
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| **1**    | __ZOOK 2403* - Human Anatomy  
MATH 2300* - Statistical Methods  
ENGL 1301 - College Rhetoric  
HIST 2300 - US History to 1877  
PSY 1300 - General Psychology | |
| **2**    | __ZOOK 2404* - Human Physiology  
ENGL 1302 - Adv. College Rhetoric  
HIST 2301 - US History since 1877  
Creative Arts Core  
Oral Communications Core | |
| **3**    | __PSY 4301* - Developmental Psychology  
MATH 1320 - College Algebra (or higher)  
POLS 1301 - American Government  
Language, Philosophy, & Culture Core  
Course required for major | |
| **4**    | __PSY 4305* - Abnormal Psychology  
PHYS 1403* - General Physics 1  
or KIN 4301* - Biomechanics (KIN Majors)  
POLS 2306 - Texas Politics  
Course required for major  
Course required for major | |

*Courses are required.*

All other courses are recommended and/or required prerequisites to required courses.

### Extracurriculars

- Join student organizations
  - 1 social and 1 pre-health (Pre-OT)
- Take Raider Ready (PPHC Version)
- Apply to volunteer & shadow
- Seek out student resources
  - Learning and Writing Centers
  - SI Sessions
- GO TO CLASS!!!

- Continue student org involvement
- Volunteer in the community
- Shadow an Occupational Therapist
  - (40+ total hours required)
- Utilize student resources
- Declare your major (if decided)
- Consider joining AOTA

- Continue student org involvement and consider leadership opportunity
- Volunteer in the community
- Shadow an Occupational Therapist
  - (40+ total hours required)
- Utilize student resources
- Declare your major!

- Leadership role in student orgs
- Volunteer in the community
- Shadow an Occupational Therapist
  - (40+ total hours required)

Application for OT is due November prior to the year of matriculation (senior year). Utilize the Career Center for resume help & mock interviews.

**Texas Tech University**

Pre-Professional Health Careers™

**TTU PPHC**

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