



Tech Psych



A Newsletter for Friends and Alumni of Texas Tech

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Greetings From the Department Chair

I hope that your 2008 has been pleasant so far. One thing is certain about ours, the 2007-2008 academic year has been an incredibly busy and productive one, with five active job searches, four at the entry level and one advanced search. The advanced search is for an endowed professorship and will continue well into the spring. The coming academic year will be a year of change. We've now completed three of those searches and have three fantastic hires (see page 8 for a brief statement about each). We'll have detailed stories about our new colleagues in the Fall issue after they've had the chance to get settled in Lubbock.

The recent flurry of hiring is the result of some up-

coming retirements, including **Dick McGlynn, Ruth Maki and Bill Maki**. Although we'll provide detailed stories about the many contributions of Ruth, Dick and Bill in our summer issue, let me just take advantage of the opportunity to say "thank you" to each of them. Dick has been in the department for more than three decades, Ruth and Bill right at a decade. During those years, each has made significant contributions to the life of the Department, leaving legacies that will endure for many, many years. I know I speak for our faculty and students alike when I say "thank you" for your passion, dedication, and creativity. Thank you for helping improve the lives of our students!

The Importance of *Mission, Vision and Purpose*

In the next few months, the Department of Psychology will be looking at strategic planning from a slightly different vantage point. As everyone knows, we have a clearly articulated mission statement on our webpage, one that reflects our dedication to education, science and the professional practice of psychology. One thing I'll be asking the faculty and graduate

students to do in the coming months is to identify our "core purpose". Identifying a core purpose makes long-term planning easier, providing the foundation for a vision for the Department over the next ten years. When you think about core purpose, think in simple terms. Disney's core purpose is to "make people happy". What do you think our core purpose is?

Feel free to email your suggestions to me at david.rudd@ttu.edu. I'll share any and all suggestions with both faculty and our graduate students. A vision for the future is only viable if it nurtures our core purpose!

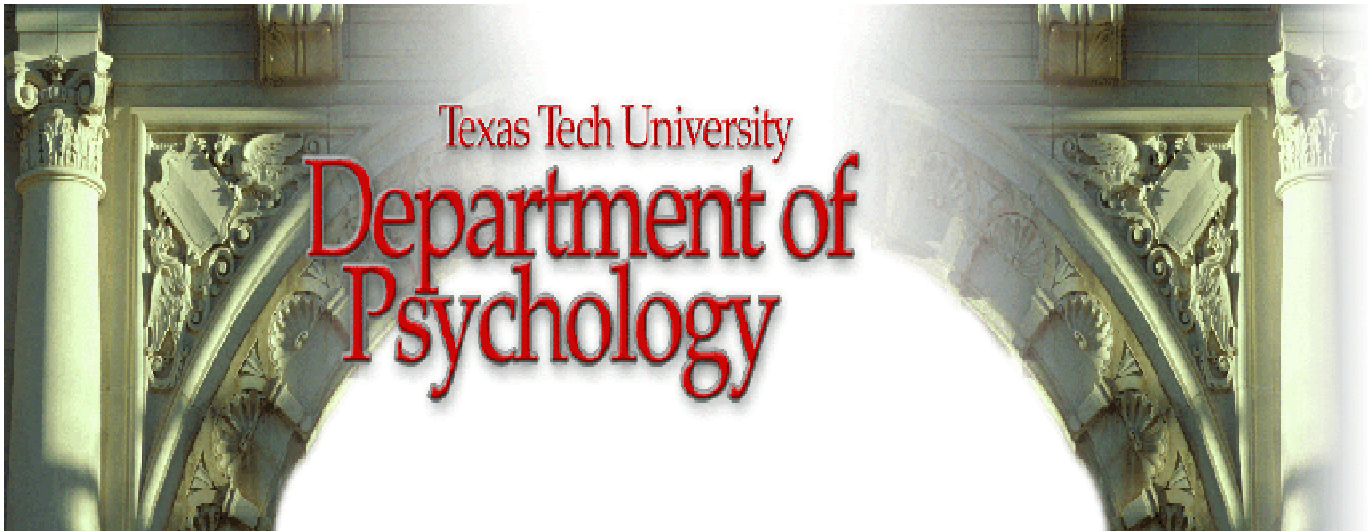


The Holiday Season in Lubbock

Special points of interest:

- Guest Column: Bill Havins
- Faculty, Students Awards and Honors
- Featured Alumni Series: Ron Cohorn and Melinda Stanley
- Updates from our alumni. Please keep in touch and send in something for the next newsletter!





Doctoral Program Updates

COUNSELING PSYCHOLOGY PROGRAM

By Sheila Garos

Hello everyone. This is the new director reporting straight from the TTU Counseling Program. This Spring I officially became the new director after Dr. Robert Morgan was run out of office. No seriously, Bob has been very successful in his research endeavors and simply needed to devote more time to his various projects. Since I have little to do, I took the job. Okay... for those of you who don't know me well you will have to get used to my humor. Some call it "sarcastic." I prefer "witty." Ultimately you will be the judge.

There are a number of new developments in our division since the last newsletter. Let's begin with faculty updates. I asked faculty to catch us up on their latest activities. Here is what Drs. Richards, Cook, and Hendrick had to say:

Steve Richards is working on a new edited book for APA, titled "Relapse Prevention for Depression." Steve is co-editing this book along with Mike Perri, who is at the U. of Florida. Steve and his graduate student/recent-PhD colleagues are working on various empirical studies regarding depression, a couple of which are recently published. These research colleagues include Cynthia Dempsey Willmon, Andrew Freidman, and Shena Wadian (counseling), and Stephen Kolar (clinical), all current doctoral students at TTU; and recent-PhDs Melissa Santos, Edyta Skarbek, Allegro Johnson, and Sherry Des-selle. Steve continues to teach some standard courses in psychology (e.g., practicum for graduate students and intro to psychotherapy for undergraduate students), and his service contributions currently include work as director of graduate studies in the department. Steve's family is doing fine; with wife Carol working part-time as a nurse and helping Steve to enjoy the merits of Lubbock; adult daughters Dawn and Jill working as teachers in NY City and graduate school/PhD work in Berkeley, CA; and new Collie puppy, Max (7 months old), who has (in just a few

months) taught "behavior modification expert" Steve to do pretty much whatever Max wants him to do. I hope you all are impressed! Steve



I (**Dr. Cook**) was pleased to receive TPA's 2007 Outstanding Contribution to Education award recently. Also, I am excited to be beginning a term as Co-Editor of the Legacies and Traditions series for *The Counseling Psychologist*. Finally, my family has acquired a new dog this past year, a cavalier king charles spaniel named Jack who is cute as a bug (old picture attached)...heh, heh!



Our doctoral students are easily among the most well-qualified and productive on campus.





Program Updates Continued

Our doctoral students are incredibly busy, but always find time to engage in top-flight science.

I (**Dr. Hendrick**) am doing the same things I have always done, yet everything is new. That is the nature of academic work (teaching and supervision), clinical work, and scholarship, all of which I continue to enjoy. My research is still in close relationships, with an emphasis on respect in romantic relationships. I am also hoping to explore the respect construct in the healthcare arena, where it is an important dynamic between patients and healthcare providers. That segues to my clinical work, which is supervision and some direct service at University Medical Center, our county hospital and the teaching hospital for the TTU Health Sciences Center. I have a counseling team (varying between 6 and 8 doctoral counseling/clinical students) at the Southwest Cancer Treatment and Research Center (SCTRC) at UMC. We work in the medical clinics, the chemotherapy area, the stem-cell transplant program, and the hospital itself. We work with patients, families, and staff. It will be four years in July, 2008 since the program began, and it has grown and prospered. We are planning to present our second Oncology Grand Rounds in April, and although it is not titled yet, it will focus on Patient-Provider Communication (the facilitation of communication is one of our "missions" at the SCTRC). We also have a two-person pediatric counseling team that works in Pediatric Intensive Care, Neonatal Intensive Care, and Pediatrics at UMC. They bring a special presence to the children, families, and staff in those critical areas. I am fortunate to work with wonderful people at UMC, and of course the counselors/students are nothing short of fantastic! So I send greetings to all and wish you the best that 2008 has to offer!

As for me (**Shelia Garos**)...I am happy to announce the publication of my measure, humbly titled the *Garos Sexual Behavior Inventory (GSBI)*. The *GSBI* is a culmination of over ten years of work and is designed to help clinicians detect disorders of sexual frequency and control--what are commonly referred to as "deviant," "impulsive," "compulsive," or "addictive" sexual behaviors. However,

the *GSBI* has great versatility. It can also be used in couples counseling to uncover differences in sexual values, feelings, and comfort levels—that may cause conflicts within a relationship. It has also been used successfully with individuals known to have substance abuse problems or other behavioral addictions. The measure is published by Western Psychological Services and can be reviewed through the following link:

http://portal.wpspublish.com/portal/page?_pageid=53,235419&_dad=portal&_schema=PORTAL

Oh, BABY!! What a year it has been! Puppies aren't the only new additions to our Division families! Two faculty members and three of our students became newly proud parents over the past year. Here's what their parents had to say...

Uyen Hoang (graduate student): Elyse Thuy Hoang was born at 4:39pm on Saturday, January 13, 2007 at the University Medical Center in Lubbock, TX. She weighed 7 pounds and 4 ounces and was 20.25 inches in length. Elyse recently celebrated her first birthday and enjoyed making silly faces when she wants to get attention. To practice walking independently, she cruises in her walker and runs into walls when maneuvering to get around the corners.





Program Updates Continued

Zach Ward (graduate student): Georgia Grace Ward was born on 01/07/08 at 8:28pm. She was 8 pounds, 14 ounces and 21 1/2 inches in length.



Dr. Erin Hardin:

Jeff Larsen (Social Faculty) and I learned just how wonderful our department is this summer when our daughter Kaya Rachel Larsen was born at about 8:21pm on June 23, 2007, exactly one day before her due date! She weighed 8lb 3oz. Unfortunately, due to some complications during labor, she spent the next 5 weeks in the NICU. The first hours and days were particularly scary, the last weeks tedious, but throughout we received tremendous support from faculty and students throughout the department. Kaya came home on July 30, fully recovered, and is now a perfectly healthy, unusually happy nearly 7-month old. I had always known that this is a department that values balancing of work and family (it's one thing that attracted me to TTU in the first place), but I've been amazed and deeply grateful to experience the extent of this support for myself this past year.



Dr. Sheila Garos: My partner and I now have a baby girl as well. Her name is Zoe. She was born on April 9, 2007. She weighed 6lbs, 10oz and was 19³/₄ inches. She is now 9.5 months old, has piercing blue eyes and is extremely active. She never naps, loves music, studies faces and is always on the go. Recently Zoe learned to crawl. She now cruises along the furniture in hopes of finding the most expensive decorative item in the house to play with. She loves bath time but learned that lunging forward head-first into the water was not nearly as fun as she hoped it would be. We are convinced that once she learns to walk she will outrun the Energizer bunny and do so without batteries! We are amazed by her development and grateful for the joy she brings us each day.





Program Updates Continued

Final tidbits... Graduate student Ashlee Brown was appointed to the Texas Psychological Association's 2008 Publications Committee.

Graduate student Cynthia Spring was a 2007 Global Well-Being Forum Fellow. The Global Well-being Forum is sponsored and hosted by the Gallup Institute for Global Well-Being. The event was held in Washington, DC October 4-6, 2007. Cynthia presented her research titled, *Evidence for Validity of Personal Growth Initiative Scale Scores in an Aging Population*. She also received full travel support and registration fees for the Global Forum.

Signing off... Well, that's it for this edition. Who knows what surprises and accomplishments lies ahead for the Counseling Program's students and faculty. Tune in next time and until then remember these words of wisdom: "Education costs money, but then so does ignorance."

-Claus, Sir Moser "Kids are cute, babies are cute, puppies are cute. The little things are cute. See, nature did this on purpose so that we would want to take care of our young. Made them cute. Tricked us. Then gradually they get older and older, until one day your mother sits you down and says, 'You know, I think you're ugly enough to get your own apartment.'" - **Cathy Ladman**

EXPERIMENTAL PSYCHOLOGY PROGRAM

By Jeff Larsen

In my dissertation research, I investigated mixed emotions by looking for situations that might make people feel happy and sad at the same time. Two studies involved major life transitions: college freshmen tended to feel mixed emotions when they turned in the key to their dormitories at the end of the spring quarter and college seniors tended to feel mixed emotions immediately after their own graduation ceremony. In a recent article in *Journal of Personality and Social Psychology*, the authors found that college graduates experienced especially intense mixed emotions when they had been reminded that this would be the last time that they would be on campus.

The experimental psychology program is also in a state of transition and it has me experiencing a great deal of mixed emotions—especially on this Saturday morning as I think about where we've been and where we're going. Three of our faculty members (a full one-quarter of us) are retiring at the end of the academic year. **Bill and Ruth Maki** are wrapping up their academic careers, which started in Berkeley during the 1960s. They're building a house in the Arizona desert and Bill is always happy to show people the latest pictures on his iPhone. Ruth was chair when I was hired and I had a hard time imagining what the department would be like when she stepped down a couple years ago. My more seasoned colleagues had seen any number of chairs come and go, so they probably felt this transition less acutely than I did.

One of those former chairs was the elder statesman of the department, **Dick McGlynn**, who is also retiring this year. A life-long Chicago Cubs fan, Dick earned his PhD from Loyola of Chicago in 1970. In wistful moments, he notes that the Cubs were doing great when he left for Lubbock that summer. They were leading the division by 4½ games on June 20, then proceeded to lose 12 straight and found themselves trailing by 4½ games.



Be sure to take a look at the awards and honors our students have received in the last quarter.



Program Updates Continued

They didn't recover that year and still haven't been back to the World Series. (I try to avoid mentioning to Dick that this drought is due, in part, to the fact that my San Diego Padres overcame a two-game deficit in the 1984 National League Championship Series by beating the Cubs in the last three games.) Dick and his wife, Ann, are moving back to Chicago this summer. Let's hope the Cubs welcome Dick back by winning some games down the stretch. Dick will be dearly missed, especially during faculty meetings when his 38 years of institutional knowledge are no longer at the department's disposal. We'll have to set up a hotline and hope that he's not at Wrigley Field in our moment of need.

One aspect of transitions that make them especially emotionally evocative is that they combine endings with beginnings. The program looks forward to welcoming four brand new assistant professors in the fall. We've already landed human factors psychologist **Jeff Dressel**, who is finishing up his PhD at the University of Kansas. He studies how cell-phone conversations can disrupt drivers' visual attention. We're also in the middle of searches for a social psychologist and two applied cognitive psychologists. The month of January has been both stimulating and exhausting. It's been one interview after another and we've had more colloquia this month than we usually have in an entire semester. **David Rudd** and his family have opened up their house up for so many receptions that I feel right at home by this point. Maybe I'll stay after to take out the trash and do the dishes when we're all back there in a couple days' time.

In addition to meeting the candidates and hearing about their research, one enjoyable aspect of interviews is that my colleagues and I get a chance to catch up with each other. We're often too busy to spend much time with each other, but the group meetings and meals with candidates remind me what a collegial department we have. This is a real strength of our department and the candi-

dates can't help but notice it. As we extend our job offers, let's hope that they weigh our collegiality into their decision-making. Let's also hope, as we move into the latter stages of our transition, that our new faculty members become as integral to the program and to the department as Bill, Ruth, and Dick have been.

CLINICAL PSYCHOLOGY PROGRAM

By Lee Cohen

It seems that the time between newsletters gets shorter and shorter. In fact, it is hard to believe that I have been at Texas Tech University for almost 8 years and have been in the role as Director of Clinical Training for 3 of those years. When I began to think about what should be included in the "Clinical" article for the newsletter, I panicked at first as I felt as though I had nothing important to say. The big news currently is that we are frantically putting together our self-study for our APA reaccreditation and will have a site visit next fall. These are times of anxiety, but also a time of reflection, as it is when we can step back and critically evaluate what our program is doing well and what we can be doing better.



We'll take a look at our new class of doctoral students in the next issue.



Program Updates Continued

Our faculty are engaged in exciting, cutting-edge research.

Other than that, the clinical division is currently experiencing a period of strength and stability – with a productive faculty and strong students. Following the lead of Dr. Sheila Garos, I thought it would also be best for members of our division to pass along updates rather than me try to highlight what I think is important. That being said...

Dr. Joaquin Borrego, Jr.: These are some busy and exciting times in the Parent-Child Interaction (PCIT) lab. I have three students that are busy with their dissertation projects and will hopefully be starting internship sometime this summer. I also have one student working on her qualifying exams, two students working on their 2nd year research projects, and two 1st-year students developing research ideas. On a more personal note, Emily and I are eagerly awaiting the birth of our 2nd son (should arrive by March 6th). Mateo is very excited about being a big brother!

Dr. Jim Clopton: My research is mostly about psychological and social factors related to eating disorders, although I am currently working on a study of children's Rorschach responses and another study on the communication patterns of peer-rejected children. Current graduate students working with me have helped to enlarge the focus of my eating disorder research. Vanessa Hudson is examining how adolescent swimmers' moods are related to the amount of training they do. Kristin Goodheart has been exploring a variety of factors related to body image in young women and young men.

Dr. Lee Cohen: The Behavioral Pharmacology Laboratory is currently experiencing a time of prosperity and change. The five students in the lab, Valerie Hobson, Charlene Key, Adrienne Sloan, David Trotter and Joe VanderVeen are all working on either finishing up their 7000 projects and/or beginning their qualifying exam/

dissertations. Next week, most of us head up to Portland to present our research at the annual meeting for the Society for Research on Nicotine and Tobacco. Perhaps the biggest change in the lab, however, is the recent focus on the collection of psychophysiological data and the incorporation of examining problematic drinking behavior. Over the past two years, we have repeatedly observed that the vast majority of college-aged, heavy smokers also drink alcohol at high (and dangerous) quantities. It has become apparent that as more questions surface as a result of our research, many of them are more related to the problematic use of alcohol rather than nicotine use. To stay up-to-date with regard to the happenings in the lab see: www.depts.ttu.edu/cohenlab

Dr. Kelly Cukrowicz. Our lab has been very busy during the last year. We've gotten three studies off the ground and we are actively collecting data for each. In addition, two graduate students, Erin Schlegel and Matt Jacobs, have joined the research group. Phil Smith, the advanced student in the lab, has been busy attending internship interviews and will find out soon where he'll be doing his predoctoral internship.





Program Updates Continued

Dr. Cathy Epkins: Well, this past year or so has been perhaps the most “eventful” time in my personal and professional life. My students and I presented seven papers/posters at last summer’s APA conference, and with a little luck we will tie or perhaps exceed that number for the November ABCT conference. This semester, I actually have my very first sabbatical and leave from teaching in my 17-year academic career (yes that was seventeen!). Trying to get numerous papers of mine and my students ready to submit for ABCT, and recruiting a new student for next year, has made it difficult to actually “leave” the department and my students, but . . . I am looking forward to my faculty development plans for the remainder of the semester. On the personal side, about a year and a half ago I bit the bullet and got married. Thankfully my husband Randy is not an academic! I have found married life to be as hectic, challenging, and rewarding as an academic career. That’s a lot of news!

Dr. Stephanie Harter: The Constructivist Psychology Research Team continues projects in personal construct psychology and neuropsychology. Stephanie Lewis Harter, Tyne Carrington, and Janina Mayeux are using an analogue experimental paradigm to study others’ perceptions of sexual abuse survivors, looking at possible stereotyping. Tyne Carrington is using mixed qualitative/quantitative methods to look at inclusion of racial/ethnic identity in self descriptions in relation to adjustment. Ben Williams is using Repertory Grid and self report methodologies to study positivity biases in aging. Sharon Fleshman is using Repertory Grid methodology to study cancer patients constructions health care providers soon after diagnosis and later in treatment. Joy Humphreys is working with neuropsychologists at the TTU health sciences center and the Mayo Clinic to study the joint and unique impact of cardiovascular risk factors (hypertension and diabetes) on neurocognitive function. Team supervisor Stephanie Lewis Harter is once again a nominee for president of the Constructivist Psychology Network. Team members plan on presenting at several conferences.

Welcome To Our New Faculty Members!

After a great deal of searching, the psychology department is pleased to welcome a few new faces to the department.

Jeff Dressel



(University of Kansas) is our new Human Factors faculty member. His research interests include attention to dual-tasks, dual-task methodology and psychometrics, visual attention, and ergonomics in engineering.

Ken DeMarree



(Ohio State University) will be our new Social Psychology faculty member. His research interests include attitudes, social cognition, and self-related processes.

Jessecae Marsh



(Yale University) is our new Applied Cognitive faculty member. Her research interests include the influence of theories and beliefs on how people research and the study of categorization and causal reasoning.

The search is still on for an additional Applied Cognitive position and a Regent’s Endowed Professor in counseling, clinical or health services psychology.

We have three, and possibly more, new faculty members joining us in 2008-2009.



CISER: Center for the Integration of Science Education and Research

On Being and Engineer: Cognitive Underpinnings of Engineering Education



February 1-2 Dr. Roman Taraban chaired the second Center for the Integration of Science Education and Research (CISER) conference in the Matador room of the student union at TTU. The goal of the conference was to become aware of how educational opportunities in the field of engineering promote knowledge and engineering careers in all educational levels especially undergraduate students.

Twelve years ago Dr. Taraban began working on interdisciplinary research with the idea that multiple disciplines working together will create high-quality ideas and research outcomes. His experiences were successful and led him to work with Dr. Edward E. Anderson of the mechanical engineering department. For the last 8 years they have been working together on taking a cognitive psychology approach to engineering education. This year Dr. Taraban and Dr. Anderson acted as collaborative organizers of the CISER conference.

The first CISER conference was held in 2006 at TTU and was themed, *To Think and Act Like a Scientist: The Roles of Inquiry, Research, and Technology*. Currently, Dr. Taraban is awaiting the book in press based on the conference entitled *Creating effective undergraduate research programs in science: The transformation from student to scientist* that is anticipated to be available this summer. The conference focused on how engineering undergraduate student learning and careers are related to their research involvement. Another focus was on science education and engineering instruction for middle school teachers.

This year's conference included many nationally and internationally known speakers. An invitation only banquet included a welcoming from Bill Marcy (TTU) who gave an entertaining personal account of becoming an engineer and what it means to be an engineer from a student's perspective. Betsy Yanks (Emporia State University), the invited guest speaker, gave a presentation on *Strategies for Increasing the Numbers of Students Selecting STEM [Science, Technology, Engineering, and Mathematic] Majors*. Pamela Eibeck (TTU, Dean of Engineering), the key note speaker, contributed to the banquet with a presentation asking, *Are Disciplinary Boundaries Impeding the Education of Engineering Undergraduates?*

The research posters and presentations in the conference were labeled by Dr. Taraban as "cutting-edge, motivating, and uplifting." He also added, "I was amazed at how good the research is right now. It builds enthusiasm to get findings out to professors who do this stuff [teach engineering] and want to know how students learn." One of the many presentations that intrigued Dr. Taraban and others was by Cathy P. Lachapelle and Christine M. Cunningham on developing a curriculum to teach engineering concepts to children. This presentation relates back to an underlying theme of engineering educators that stress the need for teacher involvement and knowledge.

Dr. Taraban would like to thank all of the conference's supporters including Dr. Rudd and the Psychology Department. He would also like to acknowledge the session chairs Jennifer Holt, Alli Definis, Ashlee Brown, J Rudine, Jacob Fleming, Diana Hooten, and Curtis Craig for their help with registration and making sure everything ran smoothly. More information about the conference can be found at <http://www.ciser.ttu.edu/conference/default.aspx>.



A poster session at CISER



Social Psychologist's in Texas (SPIT): "Spit Goes Where the Wind Blows"



Attendees Gather for a Picture

This year's annual SPIT meeting was held here at Texas Tech University from January 11-12th. SPIT originated at TTU in 1984 when social psychologist and former, department chair, Dr. John Harvey invited social psychologists around the state to visit with Nobel Prize winner Herbert Simon. The small group of social psychologists met the following January at Rice University and have been meeting annually ever since. Even though they are not considered an official organization, SPIT currently includes a mailing list of over 90 psychologists. When asked how SPIT received its name, Dr. Dick McGlynn states, "At some point someone, possibly Bill Swan of UT, coined the acronym SPIT. Members are now known as Spittoons." Traditions of the meeting include former Spittoons presenting a featured talk, and new Spittoons giving a talk at their first meeting.

Last held at TTU in 1997, this year's SPIT meeting was a success. According to Dr. McGlynn, "We had some very prominent speakers on the program this year and I think that the set of talks as a whole was as good as any meeting of SPIT I attended." The motto of this year's conference "SPIT Goes Where the Wind Blows" was coined by Dr. McGlynn's former student and current professor at Adams State College, Dr. Robert Demski. Dr. McGlynn, Dr. Jeff Larsen, and Dr. Darcy Reich worked together to host the SPIT meeting. Department Chair Dr. David Rudd began the meeting by welcoming the Spittoons to TTU. Presenters from Texas Tech included Dr. Erin Hardin, Dr. Jeff Larsen, and Dr. Alan Reifman. Additional presentations were provided by Dr. Bill Ickes (University of Texas, Arlington), Dr. Heather Lench (Texas A&M University), Dr. Jamie Pennebaker (University of Texas, Austin), Dr. Jeff Simpson (University of Minnesota), Dr. Paul Paulus (University of Texas, Arlington), and Dr. Bob Fuhrman (University of Texas, San Antonio). Traditions of a former and a new Spittoon talks were provided by Dr. Simpson and Dr. Lench, respectively. Dr. McGlynn would like to acknowledge his fellow hosts Dr. Larsen, Dr. Reich, along with Dr. Rudd for generously supporting the conference, Kay Hill for contributing to the details of the meeting, the social psychology graduate students for contributing their valuable time to make the event run smoothly, and Brad Stastny for his dedication to the audio-visual matters of the meeting.

Internship Applicants: All 11 Matched!

Congratulations to the 7 clinical and 4 counseling psychology graduate students who survived the rigorous internship application process, and will be attending APA-accredited internship sites in the near future.

Beginning with the clinical students, **April Adkins** will attend South Central Mental Health Counseling Center in Augusta, Kansas and will focus on community mental health, forensic assessments, and outpatient therapy. **Joy Humphreys** is attending the University of Mississippi Medical Center/VA Jackson Consortium where she will concentrate in neuropsychology, research, and practice, commenting "It's a great place for research!" **Carol Jackson** is attending Louis Stokes Memorial VA Medical Center in Cleveland, Ohio working at the Psychiatry Day Hospital, Inpatient, and Psychosocial Rehab. **Joy Pemberton** is attending the University of Arkansas for Medical Sciences, Arkansas Children's Hospital in Little Rock, AR. **Jeremiah Riggins** is attending the Southeast Louisiana Veteran's Healthcare System. **Phil Smith** will attend the Southwest Consortium Predoctoral Psychology Internship in Albuquerque, NM. **Stuart Spendlove** is "stoked" to attend UC San Diego /VA Consortium, all child track, San Diego Child and Adolescent Services. Continuing with the counseling students, **Uyen Hoang** is attending Temple Texas VA Medical Center concentrating in health and geropsychology. Ironically, **Michelle Gaines** and **Jon Mandracchia** are both attending the US Medical Center for Federal Prisoners, General Correctional internship with the Federal Bureau of Prisons in Springfield, MO. They will be conducting forensic assessments, and will provide treatment for inpatient and general population offenders. **Zach Ward** will be heading back to California to intern at UCLA Student Psychological Services.

We could not be prouder of our soon to be interns, especially after the alarming statistics posted by insidehighered.com. Unfortunately, 743 out of the 3,759 internship applicants did not match through the Association of Psychology Postdoctoral and Internship Centers (APPIC) matching system this year. However, these statistics are better than last year's 842 unmatched applicants. According to the article, the number of applicants is increasing along with a lack of accredited AP-PIC positions (Redden, 2008). Hopefully, our program will hold on to our 100% internship matching rate in the coming years.

Redden, E. Matchmaker, Matchmaker, Is There Really No Match? Inside Higher Ed. Retrieved February 28, 2008, from <http://www.insidehighered.com/news/2008/02/27/psychology>



Recent Faculty, Staff, and Student Honors and Awards

Please take a look at our monthly news updates on our web page at www.depts.ttu.edu/psy for a complete listing of faculty publications, presentations, appointments, awards and other honors.

Rocio Villarreal was a recipient of the South Texas Academic Rising Scholars (STARS) scholarship for 2007-2008. The scholarship carries an award of \$3500.

Edyta Skarbek (clinical psychology Ph.D., TTU, 2006) and some of her colleagues on post-doctoral fellowships at the Seattle VA were featured in an article on professional development in the July 2007 APA Monitor.

Bob Morgan was elected a Fellow of Division 18 (Psychologists in Public Service) of the American Psychological Association.

David Rudd received the Karl F. Heiser award for advocacy at the annual convention of the American Psychological Association in San Francisco.

Jeff Larsen accepted an invitation to give an address on mixed emotions at the Society for Personality and Social Psychology's Emotion Pre-conference to be held in Albuquerque, NM, in February 2008.

Jeff Larsen was elected to membership in the Society for experimental Social Psychology.

Jeff Larsen accepted an invitation to join the program committee for the annual meeting of the Society for Psychophysiological Research to be held in Austin, TX October 2008.

Meghan Goodrich is the 2007-2008 recipient of the Lawrence L. Graves Graduate Scholarship (awarded by the Texas Tech Federal Credit Union)

Brandon Randolph-Seng was appointed to the New School Psychology Bulletin editorial board for 2007-2008.

Bob Morgan was interviewed by a reporter for Psychiatric News (Newspaper of the American Psychiatric Association) regarding an article on mentally ill inmates mental health service utilization. The article will review inmate mental health needs and barriers to inmates accessing services and summarizes recent works by Dr. Morgan and colleagues.

Steven Richards has been appointed to the Tenure and Promotion Committee for the College of Human Sciences, 2007-2009.

Stephen Cook received the Texas Psychological Association *Outstanding Contributions to*

Education award at the TPA annual convention in November. The conference was held in San Antonio.

David Rudd was appointed to the editorial board of the *Journal of Consulting and Clinical Psychology*.

Alice Young has been elected Chair (2008) of the Board of Scientific Affairs, American Psychological Association

Stephen Cook has accepted an invitation to become the "Legacies and Traditions" series editor (or co-editor, if we decide to add another) for *The Counseling Psychologist*, beginning officially in 2008, when Nadya Fouad begins as editor of that journal. *The Counseling Psychologist* is the official journal of the Society of Counseling Psychology.

Joaquin Borrego has received an NIH loan repayment award.

Kelly Cukrowicz has completed the Texas requirements and is now provisionally licensed.

Kelly Cukrowicz served as the Program Chair for the Texas Psychological Association meeting in San Antonio, TX.

David Rudd was elected secretary of the American Academy of Cognitive & Behavioral Psychology for the years 2008-2011.

Roman Taraban has been named an *Associate Editor* of the *Journal of Educational Psychology*, the third largest journal of the American Psychological Association. His term begins January 1, 2008.

Catherina Epkins was re-appointed to serve another one-year term on the Editorial Board of *Psychological Assessment* (APA journal).

Ruth Maki was appointed to an additional two-year term on the Accreditation Appeal Panel by APA's Board of Educational Affairs for 2008-2009.

David Rudd was appointed as a distinguished visiting professor for Madigan Army Medical Center in Seattle, Washington beginning in June 2008.

David Rudd was appointed to the program committee (Division 12) for the 2008 Annual Meeting of the American Psychological Association.

David Rudd appointed as a consultant to the Kentucky Suicide Prevention Initiative.

David Rudd served on a grant review panel for the American Foundation of Suicide Prevention.

Kristen Chambliss accepted a post-doctoral position at University of Texas Medical Branch in Galveston, Texas. She will be working on multiple publications and learn about grant writing while doing clinical work in pediatrics at the Shriner's Burn Hospital and in health psychology. She would like to thank the department for helping her get this far!

Rosemary Cogan, Keith Jones, and Steve Richards received "psychology department teaching awards" for the 2007-2008 academic year.

Erin Hardin has accepted an invitation to serve as Associate Editor of *Journal of Career Development*.

Allison R. Hollingsworth Deming will be starting a tenure-track job as an assistant professor at Ferrum College in Ferrum, Virginia in the fall.

Roman Taraban is Chair-Elect of the Executive Council of the Texas Tech Teaching Academy (Chair term May 08 – 10)

The Texas Tech University Student Chapter of the HFES received the Silver Recognition Level by the Society. President is **John Morris** and the faculty advisor is **Keith Jones**.

Anand Tharanathan received the HFES Student Member with Honors Award.

Anand Tharanathan was appointed to the editorial board of the New School Psychological Bulletin.

Anand Tharanathan co-chaired the Student Volunteer Program for the 2007 HFES Annual Conference.

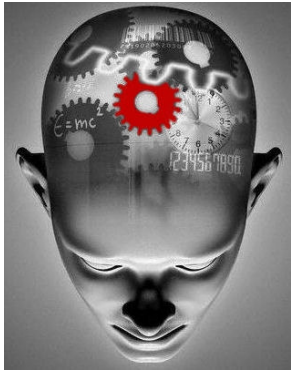
Frank Durso was named a Fellow of HFES.

Frank Durso was elected President of APA Division 21.

Frank Durso was appointed as Associate Editor of JEP: Applied, an APA journal.

Pat DeLucia was reappointed as Chair of the Education and Training Committee, HFES.





Congratulations to a Very Productive Department! Publications July 2007-January 2008

July

Mandrachia, J. T., Morgan, R. D., Garos, S., & Garland, J. T. (2007). Inmate thinking patterns: An empirical investigation. *Criminal Justice & Behavior, 34*, 1029-1043.

Mumma, G. H. & Mooney, S. R. (2007). Comparing the validity of alternative cognitive case formulations: A latent variable, multivariate time series approach. *Cognitive Therapy and Research, 31*(4), 451-481.

Rudd, M.D. (In Press). Caution urged in meta-analysis of treatment outcome trials. *British Journal of Psychiatry*.

Rudd, M.D. (In Press). Suicide warning signs in clinical practice. *Current Psychiatry Reports*.

Rudd, M.D., Joiner, T.E., Brown, G., Cukrowicz, K.C., Cordero, L., & Jobes, D.A. (In Press). Informed consent with suicidal patients: Rethinking risks in (and out of) treatment. *Suicide & Life-Threatening Behavior*.

August

Hendrick, S.S., & Hendrick, C. (in press). Satisfaction, love, and respect in the initiation of romantic relationships. In S. Sprecher, A. Wenzel, & J. Harvey (Eds.), *Handbook of relationship initiation*. Mahwah, NJ: Lawrence Erlbaum Associates, Inc.

Miesner, M. T. & Maki, R. H. (2007). The role of test anxiety in absolute and relative metacomprehension accuracy. *European Journal of Cognitive Psychology, 19*, 650-670.

Norris, C. J., Larsen, J. T. & Cacioppo, J. T. (2007). Neuroticism is associated with larger and more prolonged electrodermal responses to emotionally evocative pictures. *Psychophysiology, 44*, 823-826.

Romero, L. E. & Epkins, C. C. (In Press). Girls' cognitions of hypothetical friends: Are they related to depression, loneliness, social anxiety, and perceived similarity? *Journal of Social and Personal Relationships*.

Steinmiller, C. L. and **Young, A. M.** (In Press). Pharmacological selectivity of CTAP in a warm water tail-withdrawal antinociception assay in rats. *Psychopharmacology*, in press.
<http://dx.doi.org/10.1007/s00213-007-0898-5>

September

Borrego, Jr., J., Ibanez, E.S., Spendlove, S.J., & Pemberton, J.R. (2007). Treatment acceptability among Mexican American parents. *Behavior Therapy, 38*, 218-227.

Casa de Calvo, M. P., & Reich, D. A. (in press). Spontaneous correction in the behavioral confirmation process: The role of naturally-occurring variations in self-regulatory resources. *Basic and Applied Social Psychology*.

Cogan, R., & Fennell, T. (in press). Sexuality and the commission of physical violence to partners and non-partners. *Journal of Consulting & Clinical Psychology*.

Cukrowicz, K. C., Ekblad, A., Cheavens, J.S., Rosenthal, M. Z., & Lynch, T. R. (in press). Coping and thought suppression as predictors of suicidal ideation in depressed older adults with personality disorders. *Aging & Mental Health*.

Cukrowicz, K. C., Thorpe, S. R., Franzese, A. T., Cheavens, J. S., & Lynch, T. R. (in press). Personality factors and perceived social support among depressed older adults. *Aging & Mental Health*.

Dempsey, J. P., Cohen, L. M., Hobson, V., and Randall, P. K. (2007). Appetitive Nature of Drug Cues Re-Confirmed with Physiological Measures and the Potential Role of Stage of Change. *Psychopharmacology, 194*, 253-260.

Garos, S., Beggan, J.K., Kluck, A., Martindale, J., Wheeler, A., & Zachilli, T. (in press). Temptation bias: Can self-enhancement limit the influence of gender stereotypes, *Sex Roles*.

Garos, S., Kluck, A., & Aronoff, D. (2007). Prostate cancer patients and their partners: Differences in satisfaction indices and psychological variables. *Journal of Sexual Medicine, 4*, 1394-1403.

Larsen, J. T., & McKibban, A. R. (in press). Is happiness having what you want, wanting what you have, or both? *Psychological Science*.

Levant, R., Richmond, K., **Cook, S.**, House, A. T., & Aupont, M. (2007). The Feminist Ideology Scale: Factor structure, reliability, convergent and discriminant validity, and social contextual variation. *Sex Roles, 57*, 373-383.



Publications (Continued)

- Maki, R. H.** (in press). Privileged access for general knowledge and newly learned text material. In J. Dunlosky and R. A. Bjork (Eds). *A Handbook of Memory and Metamemory*. Mahwah, NJ. : Lawrence Erlbaum Associates.
- Morgan, R. D., Steffan, J. S., & Shaw, L.** (2007). Needs for and barriers to correctional mental health services: Inmate perceptions. *Psychiatric Services*, 58, 1181-1186.
- Pazos, P. L., Beruvides, M. G., Jian, J., Canto, M., Sandoval, A., & **Taraban, R.** (2007). Structuring group decision making in a web-based environment by using the nominal group technique. *Computers and Industrial Engineering*, 52, 277-295.
- Pemberton, J. R., & Borrego, J.** (2007). *Increasing acceptance of behavioral child management techniques: What do parents say?* *Child & Family Behavior Therapy*, 29(2), 27-45.
- Rudd, M.D.** (2007). *Caution urged in meta-analysis of treatment outcome trials.* *British Journal of Psychiatry*, 191, 359-360.
- Steffan, J. S., & Morgan, R. D.** (in press). Examination of the MMPI-2 Malingering Discriminant Function Index with inmates. *Journal of Personality Assessment*.
- Taraban, R.,** Box, C., Myers, R., Pollard, R., & Bowen, C. (2007). Effects of active-learning experiences on achievement, attitudes, and behaviors in high-school biology. *Journal of Research in Science Teaching*, 44(7), 960-979.
- Taraban, R., Definis, A., Brown, A.,** Anderson, E. E., & Sharma, M. P. (2007). A paradigm for assessing conceptual and procedural knowledge in engineering students. *Journal of Engineering Education*, 96(4), 333-343.

October

- Bryan, C.J., Corso, K.A., Neal-Walden, T.A., & **Rudd, M.D.** (In Press). Managing suicide risk in primary care: Practice guidelines for behavioral health consultants. *Professional Psychology: Research & Practice*.
- Maki, R. H., Weigold, A. & Arellano, A.** (in press). False memory for associated word lists in individuals and collaborating groups. *Memory and Cognition*. (part of this paper is based on an Honor's project conducted by TTU grad Abbie Arellano).
- McGlynn, R. P., & Holzhausen, K. G.** (in press). Groups constrained by evidence: The generation, evaluation, and use of hypotheses in collective induction. In F. H. Columbus (Ed.), *Organizational behavior and dynamics*. Hauppauge, NY: Nova Science Publishers.
- Morgan, R. D.,** Patrick, A. R., & Magaletta, P. R. (in press). Does the use of telemental health alter the treatment experience?: Inmates' perceptions of telemental health vs. face-to-face treatment modalities. *Journal of Consulting and Clinical Psychology*.
- Randolph-Seng, B., & Nielsen, M. E.** (in press). Is God really watching you? A response to Shariff and Norenzayan (2007). *The International Journal for the Psychology of Religion*.
- Rudd, M.D.** (2008). Suicide warning signs in clinical practice. *Current Psychiatry Reports*, 10: 232-237.
- Smith, P. N. & Mumma, G. H.** (in press) A multi-wave web-based evaluation of cognitive content specificity for depression, anxiety, and anger. *Cognitive Therapy and Research*.
- Spring, B., Werth, J., Appelhans, B., Maloney, B.A., Richmond, M., Vaughn, J., **VanderVeen, J.,** & Hedeker, D. (In Press). Nicotine's effects on affective response in depression-prone smokers. *Psychopharmacology*.
- Williams, B. D.** (2007). Review of the book *Cognition and Suicide*.
<http://www.suicidology.org>

November

- Abbey, R. D., Clopton, J. R., & Humphreys, J. D.** *Obsessive-compulsive disorder and romantic functioning.* *Journal of Clinical Psychology*, 63, 1181-1192. [Rick Abbey received his PhD in Clinical in 2005 and is now a child neuropsychologist at Stanford University's teaching hospital.]
- Brobst, J. L., Clopton, J. R., & Hendrick, S. S.** (in press). Parenting children with autism spectrum disorders: The couple's relationship. *Focus on Autism and Other Developmental Disabilities*.
- Bryan, C.J., Johnson, L.G., **Rudd, M.D.,** & Joiner, T.E. (in press). Hypomanic symptoms among first-time suicide attempters predict future multiple attempters. *Depression and Anxiety*.
- Cogan, R.,** Cochran, B. S., Velarde, L. C., Calkins, H. B., Chenault, N. E., Cody, D. L., Kelley, M. D., Kubicek, S. J., Loving, A. R., Noriega, J. P., Phelan, K. A., Seigle, S. C., Stout, T. I., Styles, J. W., & Williams, H. A. (2007). Sexual Fantasies, Sexual Functioning, and Hysteria among Women: A Test of Freud's (1905) Hypothesis. *Psychoanalytic Psychology*, 24, 697-700.



Publications (Continued)

- Maki, W. S., & Buchanan, R.** (in press). Latent Structure in Measures of Associative, Semantic, and Thematic Knowledge. *Psychonomic Bulletin & Review*
- Morrell, H. E. R., Cohen, L. M., and Dempsey, J. P.** (in press). Smoking Prevalence and Awareness among Undergraduate and Health Professional Students. *The American Journal on Addictions*.
- Reich, D. A., & Mather, R. D.** (in press). Busy perceivers and ineffective suppression goals: A critical role for distracter thoughts. *Personality and Social Psychology Bulletin*.
- Senter, A., **Morgan, R. D., & Mandracchia, J. T.** (2007). Differing perspectives: Correctional systems in non-western countries. In R. K. Ax and J. T. Fagan (Eds.). *Corrections, Mental Health, and Social Policy: International Perspectives* (pp. 320-334). Springfield, IL: Charles C. Thomas.
- Taraban, R., & Blanton, R. L.** (Eds.). (in press). *Creating effective undergraduate research programs in science: The transformation from student to scientist*. New York: Teachers College Press. (Anticipated summer 2008)
- Taraban, R.** (in press). What is undergraduate research and why should we support it? In R. Taraban and R. L. Blanton (Eds.), *Creating effective undergraduate research programs in science: The transformation from student to scientist*. New York: Teachers College Press. (Anticipated summer 2008)
- Taraban, R., Premsky, E., & Bowen, C. W.** (in press). Critical factors in the undergraduate research experience. In R. Taraban and R. L. Blanton (Eds.), *Creating effective undergraduate research programs in science: The transformation from student to scientist*. New York: Teachers College Press. (Anticipated summer 2008)
- Vannoy, S. D., Duberstein, P., **Cukrowicz, K.**, Fan, M. Y., & Unutzer, J. (2007). The relationship between suicide ideation and late-life depression. *The American Journal of Geriatric Psychiatry*, 15(12), 1024-1033.

December

- Beer, A. M., **Morgan, R. D.**, Garland, J. T., & Spanierman, L. B. (2007). The role of romantic/intimate relationships in the well-being of incarcerated females. *Psychological Services*, 4, 250-261.
- Cogan, R.** and Fennell, T. (2007). Sexuality and the commission of physical violence to partners and non-partners by men and women. *Journal of Consulting and Clinical Psychology*, 75, 960-967.
- Larsen, J. T.**, Norris, C. J., McGraw, A. P., Hawkey, L. C., & Cacioppo, J. T. (in press). The evaluative space grid: A single-item measure of positivity and negativity. *Cognition and Emotion*.
- Magaletta, P. R., McLearn, A. M., & **Morgan, R. D.** (2007). Framing evidence for correctional mental health services. *Corrections Today*, 69, 38-40.
- Mills, J. F., Kroner, D. G., & **Morgan, R. D.** (in progress). *The clinician's guide to violence risk assessment*. Book under contract with Guilford Publications, Inc (New York).
- Morgan, R. D.**, Kroner, D. G., & Mills, J. F. (in progress). *Treating the Mentally Disordered Offender: A Model and Guide for Empirically Supported Practice*. Book under contract with Oxford University Press (New York).
- Morrell, H. E. R., Cohen, L. M., and al'Absi, M.** (in press). Physiological and Psychological Symptoms and Predictors in Early Nicotine Withdrawal. *Pharmacology, Biochemistry and Behavior*.
- Rudd, M.D.** (in press). Warning signs for suicide. In R. Ingram (Ed.). *International Encyclopedia of Depression*. New York: Springer.
- Rudd, M.D., Williams, B., Trotter, D.** (in press). The Psychological and Behavioral Treatment of Suicidal Behavior: What are the Common Elements of Treatments that Work? In D. Wasserman (Ed.), *The Oxford Textbook of Suicidology*, Oxford: Oxford University Press.
- VanderVeen, J. W., Cohen, L.M., Cukrowicz, K., & Trotter, D.R.M.** (In Press). The role of impulsivity on smoking maintenance. *Nicotine and Tobacco Research*.



Publications (Continued)

January

- Bade, M. K., & Cook, S. W.** (in press). Functions of Christian prayer in the coping process. *Journal for the Scientific Study of Religion*.
- Bryan, C.J., Steiner-Pappalardo, N., & Rudd, M.D.** (in press). Exposure to a mnemonic interferes with recall of suicide warning signs in a community-based suicide prevention program. *Suicide and Life-Threatening Behavior*.
- Cooke, N.J. & Durso, F.T.** (in press). *Stories of modern technology failures and cognitive engineering successes*. Boca Raton, FL: CRC Press.
- Maki, R. H., Willmon, C., & Pietan, A.** (in press). Basis of metamemory judgments for text with multiple-choice, essay and recall tests. *Applied Cognitive Psychology*.
- Morgan, R. D.,** Patrick, A. R., & Magaletta, P. R. (2008). Does the use of telemental health alter the treatment experience?: Inmates' perceptions of telemental health vs. face-to-face treatment modalities. *Journal of Consulting and Clinical Psychology, 76*, 158-162.
- Palmieri, P.A., DeLucia, P.R.,** Peterson, L.T., **Ott, T.E.,** & Green, A. (in press). The anatomy and physiology error in adverse healthcare events. *Advances in HealthCare Management*.
- Rudd, M.D., Cukrowicz, K.C., & Bryan, C.** (in press). Core competencies in suicide risk assessment and management: Implications for supervision. *Training and Education in Professional Psychology*.
- Santos, M., Richards, S., & Bleckley, K.** (2007). Comorbidity between depression and disordered eating in adolescents. *Eating Behaviors, 8*, 440-449.

Human Factors Students Complete Internships.....

Several students in the Human Factors doctoral program either completed or are currently on internships, including **Allyson Hall**, at *Perceptive Sciences*, **Tammy Ott**, at *Smart Information Flow Technologies*, **Arathi Sethumadhavan** and **Anand Tharanathan**, both at *SA Technologies*.



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Featured Alumni Series...

Ron Cohorn, Ph.D. (Clinical, 1972)

A dry land cotton farm ten miles from Lamesa, Texas doesn't seem a likely place where a Clinical Psychologist would start his journey. Generations of Cohorn's had farmed, until Dr. Ron L. Cohorn headed for Lubbock in 1962 with all he owned in the back of a Chevrolet. He attended Lubbock Christian College when it was a very small Junior College and transferred to Texas Tech in his junior year. He went on to earn a Bachelors, Masters, and Ph.D. in clinical psychology from Texas Tech. After completing his internship in Houston, he returned to west Texas, accepting an administrative position at Big Spring State Hospital and worked there until 1977. In the fall of 1977, Dr. Cohorn started his private practice in a multi-specialty medical clinic in Big Spring.

Since he was the first Psychologist to establish an independent practice in the area, specializing was impossible. He tried to help anyone who was referred or found him through word of mouth or the phone book. His practice quickly grew and he was working all over west Texas, including schools, social agencies, prisons, forensic settings, and hospitals. He established a satellite office in Odessa in 1979 and still makes a weekly trip to see patients in the area.

Dr. Cohorn was Clinical Associate Professor with the Department of Pediatrics at the Texas Tech Regional Health Sciences Center in Odessa. He was a founding member of the Psychological Association of Greater West Texas and was President in 1988.

He was involved in the early efforts for hospital admission privileges and expanding the scope and practice of psychology. In the mid 80's he became interested in promoting prescription authority for psychologists and became a part of the movement on a national and state level. He was the first chair of the Prescription Privileges Committee for Texas, and has continued in various positions to promote adding psychoactive medication to psychologists treatment modalities. He has served on the finance committee, was twice president of Psy-Pac, and is currently President of the Texas Psychological Association. Dr. Cohorn is semi-retired and continues to live in Big Spring. He has an active agenda for TPA as the legislative year is right around the corner. **TTU is proud to call Dr. Cohorn our own!**



Melinda Stanley, Ph.D. (Clinical, 1987)

Dr. Melinda Stanley, a Tech doctoral graduate is currently working as a tenured professor at Baylor College of Medicine's Menninger Department of Psychiatry and Behavioral Sciences. As the head of the Division of Psychology for over three years, Dr. Stanley is serving on the Executive, Clinical Coordinating, Research, and Faculty, Appointments, Development, and Promotions Committees. Additionally, she is working as a Mental Health Services Researcher for the Houston Center for Quality of Care and Utilization Studies. Finally, Dr. Stanley's also holds faculty positions as an affiliate investigator at the South Central Mental Illness Research, Education, and Clinic Center, and is an adjunct faculty member for the University of Houston's Clinical Psychology Program.

Throughout her career, Dr. Stanley has contributed to research in OCD, other anxiety disorders, and trichotillomania. Currently, her research involves clinical trials using CBT for anxiety in older adults. In fact, Dr. Stanley is the Principal Investigator of a NIMH funded grant, where she is finishing up a RCT that provides CBT for late-life primary care patients with generalized anxiety disorder. Dr. Stanley comments, "The last assessment was a couple of weeks ago - so we are now working on data cleaning & analysis. Preliminary data mid-way through the project suggested positive outcomes for CBT relative to *usual care*." However, the project is not over. A renewal of the NIMH-funded grant will assist Dr. Stanley in beginning the next RCT in May which uses electronic medical records, patient choices, and expert versus non-expert treatment.

Simultaneously, Dr. Stanley is the Principal Investigator in another NIMH-funded grant that investigates treating anxiety in patients with dementia. Dr. Stanley is enthusiastic about this new project stating, "This is a particularly exciting new line of work for me - we are offering the treatment to patients and including family members as coaches. Our consultants/investigators include people with expertise in dementia, learning, psychiatry, social work, psychology, occupational therapy. It's a neat project."

A more recent project involves combining CBT and religion and spirituality into CBT for older adults with anxiety/depression and medical illnesses. Early investigation will include consulting patients, providers, and experts to determine whether this integration of treatment will have substantial benefits.

In conjunction to her faculty and research contributions to psychology, Dr. Stanley serves as a journal editor for *Behavior Therapy*, *Journal of Psychopathology* and *Behavioral Assessment*. Furthermore, she had published numerous journal articles, has written many book chapters, and co-wrote a book entitled *Attribution*. **Dr. Melinda Stanley is yet another example of a Texas Tech alumnus who is dedicated to the research and promotion of knowledge within the field of psychology.**



From An Alum

William H. Havins, Ph.D. (Counseling, 1984)

In the aftermath of action in Iraq

We must take better care of our soldiers after they have returned from serving in the Iraq war

Bill Havins / Guest Columnist

Sunday, April 22, 2007 (reprinted)

While my son was with the Army Reserve in Iraq, I phoned my mother to ask how she had coped as she waited for my dad to return from World War II. My dad was a Navy pilot whose reconnaissance plane was catapulted from the deck of a cruiser. The g-forces of those takeoffs often caused pilots to black out. Some pilots "came to" and kept the planes in the air; many did not, and their planes sank into the sea.

Mother's response to me was simple: "We were young and didn't know to worry." She paused, then added, "It's harder for parents. They know more."

Bob, my son, went to Iraq with the 217th Transportation Division. He served as a large-wheel mechanic and wrecker driver. He was constantly traveling cross-country and seldom received our mail. He would call when he had access to a secure phone. I kept my cell phone with me always to make sure I didn't miss his call. My patients began to understand that if my cell phone rang, they would need to wait in the outer office. They had seen the yellow ribbon on the door and my son's Army Reserve photo on my wall.

One day I was evaluating a brain-injured woman when Bob called. He said his convoy had come under mortar attack south of Baghdad and described how the windshield and windows of his truck shattered. He had run out of ammunition. He said, "I had to tell someone, Dad."

Then he added, "Don't tell Mom!"

Bob's time on the phone was up. And I had a brain-injured patient waiting for me. I apologized and rescheduled her appointment. I sent my secretary home and stared out the window.

The reality of war was not new to me. I did my doctoral internship in psychology at the VA Medical Center in Temple. I was there in 1983 just after the VA began to recognize that post-traumatic stress disorder affected many Vietnam veterans. PTSD, or "combat fatigue" as it had been called, also affected many veterans of World War II and Korea. Those veterans taught me a lot about the human condition. I spent a year treating a survivor of the Battle of the Bulge; 40 years later, he continued to hear his dead comrades calling to him.

Some Vietnam vets were confrontational, angry they had been drafted and ended up with psychiatric symptoms, while I had not had to serve in the military. Some learned I was chronically ill and blind in one eye. A few apologized and, eventually, were willing to talk of their trauma.

After completing my doctorate, I pursued neuropsychology, serving as the head of the department of psychology at the rehabilitation hospital affiliated with the University of West Virginia, as the head of the department of behavioral medicine at the Missouri Rehabilitation Center and in other hospital positions. I saw thousands of patients, many with brain injuries or missing limbs or psychological problems. When Bob went to Iraq, I was in private practice in Missouri. When his tour ended, I closed my office for a month to be with him.

Bob initially did well. Several weeks later he heard a member of his unit had committed suicide. Soon Bob wasn't sleeping. He would stay up watching television and, around 1 a.m., would go sit in his car in the alley. His excuse was he "needed a smoke." He'd stay out in the cold, shivering and smoking, until he finally fell asleep from exhaustion. He joked that he knew all of the nighttime habits of the neighborhood cats.

After Bob had been at the house for about three weeks, he quietly told me, "I need to talk."

Bob began softly. He told me he was afraid to go to sleep because of a recurring nightmare. He told me of horrific carnage he had witnessed. I comforted him and, as quickly as I could, called a psychiatrist friend of mine. I was Bob's father; someone else needed to be his "doctor."

Thanks to my friend, we quickly got Bob started on appropriate medication to begin to ease his PTSD symptoms. At my insistence, Bob followed up with the VA hospital where he lives. Unfortunately, he was told he would have to pay "out-of-pocket" for any treatment. He was given a "general" discharge from the Army Reserve because of his symptoms, but was left to fend for himself to arrange treatment of his PTSD.



Featured Alumni Series Continued...

I am concerned for all of the other injured "Bobs" and "Robertas" in our military - the brain-injured ones, the ones with missing limbs, the ones who have PTSD and all of the others. Most don't have a father who can make a call and get them skilled medical treatment the same day. And the military and VA medical systems are woefully unprepared to evaluate and meet the long-term needs of our injured soldiers, whether those injuries are physical, mental or both. All of those "Bobs" and "Robertas" deserve better.

Mother said it is harder for parents when their children are in combat because, "They know more." Hidden in her comment is a responsibility, a responsibility to exercise that "knowledge" and demand our family members receive adequate evaluation and treatment when they are injured. It is up to us - the mothers and fathers, grandmothers and grandfathers, sisters and brothers, cousins, aunts and uncles - to communicate what we "know."

It is up to us to pick up our phones, or use some other means, to insist that our elected officials meet the needs of our injured service personnel and our other service personnel who remain "at risk."

With our continued urging, our elected officials might "come to" and stay alert to the task long enough to correct this national disgrace. The alternative, flying our plane into the sea, will lead to further impairment of all of our military services and our country as a whole.

William H. Havins

Born: Abilene, 1952

Education: Graduated from Howard Payne, 1977; completed doctorate in psychology at Texas Tech, 1984

Professional career: Clinical and administrative positions in New Mexico, West Virginia and Missouri, in work emphasizing neuropsychology, rehabilitation and behavioral medicine

Current residence: Moved back to Abilene in 2005 with his wife, Judy; building a company to develop, manufacture and distribute sensors and information displays for the recreational vehicle and other markets

William R. Havins

Born: Lubbock, 1983

Military service: Joined Army Reserve in 2001, before terrorist attacks in New York and Washington, D.C.; completed basic and advanced military training at Fort Jackson, S.C., in 2002; went to Iraq in 2003; returned, April 2004

Current residence: Works for an Oklahoma City-based restaurant and entertainment facilities group as part of its management team

Havins, B. (2007, April). In the aftermath of action in Iraq. Reporter News. Retrieved January 24, 2007, from <http://reporternews.com/news/2007/apr/22/in-the-aftermath-of-action-in-iraq/>



Dissertation Defenses
July 2007 through February 2008

Arne Weigold, “The Relationship Between Restudying and Testing in the Short and Long Term.” Committee Chairperson, Ruth, H. Maki

Stephen Matthew Kolar, “The Association of Depressive Symptoms with Level of Functioning in College Students.” Committee Chairperson, C. Steven Richards

Tiffanie J. Fennell, “Personality and Relationship Factors Associated with Dyspareunia Among Women.” Committee Chairperson, Rosemary Cogan

Lucas B. Shaw, “Inmate Characteristics and Mental Health Services: An Examination of Service Utilization and Treatment Effects.” Committee Chairperson, Robert Morgan

Kristen H. Chambliss, “Contributions to Well-Being in Romantic Relationships.” Committee Chairperson, Susan Hendrick

Jason R. Frizzell, “Sexist Attitudes about Men’s Sexual Behavior: Development of a Measure.” Committee Chairperson, Sheila Garos



Psychology Scholarships

The Texas Tech University Psychology Department has several endowed and non-endowed scholarships for which Psychology graduate students can apply. Please consider donating to one of our scholarship funds. Most of the non-endowed funds can become endowed when they reach \$10,000. Also, a \$10,000 contribution allows one to name a scholarship fund. You can specify any of the accounts below when you contribute to Texas Tech University by specifying the account on your pledge card, or if you would like to create a new scholarship, please contact **David Rudd, Department of Psychology, Texas Tech University, Lubbock, TX 79409-2051, 806-742-3711 x224, david.rudd@ttu.edu**. If you wish to make a tax-deductible contribution, write a check to the Texas Tech Foundation Inc., and put the name of the fund and PSY0 on the memo portion.

Endowed

Graduate Students in Psychology

Dr. Theodore Andreychuk Memorial Endowment

Clay E. George Scholarship Endowment

Major General Vincent Luchsinger Scholarship Endowment

Dr. and Mrs. Barry Norman Scholarship (Clinical or Counseling)

Sharon K. Shoemaker Memorial Graduate Psychology Scholarship (Counseling or Social)

Clinical Psychology

Charles H. Mahone Endowed Scholarship

Robert Earl Maxey Clinical Psychology Scholarship

Walter Locke Memorial Scholarship

Counseling Psychology

Gulf Oil Company Endowment for Psychology

Jane L. Winer Dissertation Scholarship Endowment

Robert P. Anderson Counseling Psychology Scholarship

Undergraduates in Psychology

Sharon K. Shoemaker Memorial Scholarship

Non-Endowed

General Psychology

Psychology Excellence Fund

Clinical Psychology

Clinical Students' Scholarship

Counseling Psychology

Counseling Students' Scholarship

Experimental Psychology

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Where Are They Now?



Volume 8, Issue 1

Tech Psych

A Newsletter for
Friends and Alumni of
Texas Tech University's
Department of
Psychology

Dennis McGurk (Experimental, 2002) became the Commander of the United States Army Medical Research Unit-Europe (USAMRU-E) in Heidelberg, Germany on July 10, 2007.

Scott Robertson (Counseling, 1991) is moving to Villa Nueva, Guatemala to serve as a psychologist for the New Life Children's home. NLCH is an orphanage serving 47 long-term care children and provides neighborhood schooling for another 450 children, grades 1-8. Plans are being drawn for a multidisciplinary mental health clinic serving the orphans, with a teaching, research and consultative function. Dr. Robertson welcomes volunteer groups who can lay brick and play. Donations to equip the clinic can be sent to Let Hope Begin Here (501(c)3), 3315 91st St. Lubbock, TX 79423.

Eda Ulus (M.A. Psychology, 2005) received the "Amity Best Academician Research Paper Presentation" for her paper entitled, "Creative Application of Film Clips to Cultivate Cross-Culturally Meaningful Emotional Intelligence in Business Leaders." She has started a new job as an Academic Counselor, DSO (Designated School Official for International Students), and Adjunct Faculty at Mercyhurst College in Erie, PA.

In Memory of...

Jason Albrecht, a former TTU Cognitive Psychology faculty member who tragically died in 1997 at the age of 31. The Society for Text and Discourse named the Jason Albrecht Outstanding Young Scientist Award (JAOYSA) after Jason and has been presented to student's for doctoral dissertations for 10 years.



CHAIR M. David Rudd,

Editor Simone Sherman