**CAREER PLANNING TIMELINE**

Please note: these are general guidelines. If you have unique circumstances that necessitate additional planning (e.g., you will be delayed in graduating, you’ve switched to psychology from another major, you need to retake the GRE, etc.), please make an appointment with the graduate school advisor to address your specific needs: psychadvisors@gmail.com

**Fall - freshman year**

* Begin thinking about potential career paths in mental health
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**Spring - freshman year**

* Join professional organizations associated with your career(s) of interest (See Appendix 1). Most of these professional organizations have a student chapter.

**Summer- freshman year**

**Fall- sophomore year**

* Try to become more active (as a student member) in the professional organization(s) you chose. Try to participate some type of mentorship, or student leadership program in your professional organization (if available).
* Begin your first PSY 4000 experience.

**Spring - sophomore year**

* Continue your first PSY 4000 experience

**Summer- sophomore year**

* Start preparing for the GRE

**Fall- junior year**

* Ask for letters of reference from your PSY 4000 advisors to apply for the following summer programs:
	+ The REU program or other summer research programs
	+ Summer internships
* Continue preparing for the GRE

**Spring - junior year**

* Take the GRE
* Ask for letters of reference (most programs require 3)
* HONORS THESIS

**Summer- junior year**

* Participate in REU program or other summer research program (if you have been accepted)
* Begin your graduate school applications
* Send your letter writers prepaid envelopes labeled with addresses, submission deadlines

**Fall- senior year**

* Finish and mail in your graduate school applications
* Ensure that all programs have received your GRE scores and other application materials.

**Spring - senior year**

**Summer- senior year**