Newsletter Spring 2023

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From Department Chair, Dr. Keith S. Jones

Welcome to the Spring/Summer 2023 edition of the Department of Psychological Sciences newsletter! I hope you and yours are well and enjoying the summer.

As I write this, the university is putting the finishing touches on our new state-of-the-art Psychology Clinic, which will be housed on the first floor of the Texas Tech Plaza Building. This will be a wonderful new facility and we are excited to start seeing clients in the new Clinic in early Fall 2023. I want to thank our Clinic Director, Dr. Megan Thoen,



and Denae Jackson for their work with the design team.

The university is also rapidly constructing the new Academic Sciences Building, a three-story, 131,000-square-foot building that will house facilities for five departments from the College of Arts and Sciences: Biological Sciences, Chemistry & Biochemistry, Geosciences, Physics & Astronomy, and Psychological Sciences. Our space in this new building will be comprised of 10 research laboratories, 8 shareable data collection rooms, and a graduate student workspace. Our department will also have access to a state-of-the-art shared facility for collecting, processing, and storing biological samples, as well as an excellent new computer classroom. Once we have moved into our new facilities, the university will turn its attention to renovating portions of the Psychological Sciences Building, primarily focused on converting the current-Clinic space into offices and laboratories. Our building will receive important infrastructure upgrades as well.

We are excited about these new and renovated facilities that will allow our department to thrive and grow. Accordingly, I want to thank President Schovanec and Dean Dupras for their support of our department. None of this would have been possible without their support.

You can visit our *Media Page* to stay abreast of department news, and our *Donate Page* to find ways to support our ability to train the next generation of psychological scientists and practitioners. Please consider giving if you are able. Your support enables us to do things we simply could not do otherwise.

If you are ever in Lubbock, please stop by the department. I would love a chance to catch up. You are always welcome here.

Dr. Keith S. Jones keith.s.iones@ttu.edu

Faculty Awards

2023 Nancy J. Bell Graduate Faculty Excellence in Mentoring Award

Dr. Paul Ingram

Congratulations to Dr. Paul Ingram, the recipient of the Nancy J. Bell Graduate Faculty Excellence in Mentoring Award for 2023. This award recognizes dedicated and passionate graduate student mentors and is a well-deserved honor. Dr. Ingram is deeply committed to his mentees' success in graduate school, in their professional careers, and in their personal lives and he routinely goes above and beyond to ensure his mentees succeed.



Distinguished Phenomenal Woman of Texas Tech Award

Dr. Brandy Piña-Watson

Congratulations to Dr. Brandy Piña-Watson for being awarded the Distinguished Phenomenal Woman of Texas Tech Award, which recognizes women at Texas Tech University who make a positive impact.



2023 Integrated Scholar

Dr. Mike Serra

Congratulations to Dr. Mike Serra who was named a 2023 Integrated Scholar. This award is given to faculty members who not only demonstrate outstanding teaching, research, and service, but also are able to generate synergy among the three functions. These faculty members consistently promote active learning and infuse the results of their research and scholarship in courses and other learning experiences.



2023 President's Engaged Scholarship Award

Dr. Jonathan Singer

Congratulations to Dr. Jonathan Singer for being the recipient of Texas Tech University's 2023 President's Engaged Scholarship Award, which recognizes exemplary and sustained commitment to community engagement and the positive effect that has on our community and university.



Grants & Funding



Title: Evidence-based Face to Face and Telehealth Groups Project

Funding Agency: U.S. Department of Treasury/Texas Tech University Health

Sciences Center

Mechanism: Texas Child Mental Health Care Consortium (TCMHCC) Federal

American Rescue Plan Act (ARPA)

Investigators: Piña-Watson, B. (Lead PI); Schmidt, A. (PI); Cummings, C.

(PI); Singer, J. (PI); and Smith, D. (PI)

Groups Funded: 1) Mindfulness and Self-Compassion (Piña-Watson); 2)

Assessments (Schmidt); Pain (Cummings); Bereavement (Cummings & Singer);

CBHC (Smith)

Amount: \$1,396,825.00 **Years:** 2023-2024



Title: Examining the Link Between Gun Storage Practices and Attitudes, Masculine Gender Norms, Threat Sensitivity, and Suicide Ideation Among U.S. Uniformed Law Enforcement Officers

Funding Agency: New Jersey Gun Violence Research Center, Rutgers

University

Investigators: Julianne Cary & Michael LeDuc (Student Co-Pls), Sean

Mitchell (Faculty Sponsor PI)

Amount: \$4,650

Year: 2023



Title: Family Intervention for Suicide Prevention in Primary Care within a Zero

Suicide Framework

Funding Agency: *Texas* Child Mental Health Care Consortium (TCMHCC)

Federal American Rescue Plan Act (ARPA)

Investigators: Sean Mitchell & John Cooley (Co-Pls)

Amount: \$1,538,402 **Year:** 2022-2023

Grants and Funding (continued)



Title: Behavioral and Psychosocial Effects on Study Outcomes in End-Stage

Cancer Treatment (BEST End-Stage Cancer Study)

Funding Agency: NIH-R35 Subcontract

Co-I, Site PI: Jonathan Singer

Total Costs: \$20,000 **Award year:** 2023-2025

Title: Curcumin and Retinal Amyloid-beta Pilot Study

Funding Agency: Sabinsa Corporation

Co-Pl: *Jonathan Singer* Total Costs: \$95,000 Award year: 2023-2024

Title: Examining Changes in Biopsychosocial Factors Following Treatment and

Reduction of Pre-death Grief in Family Caregivers of Dementia Patients

Funding Agency: Garrison Foundation

M-PI: *Jonathan Singer* Total Costs: \$50,000 Award Year: 2023-2024

Title: Utilizing telehealth to reduce mental health in family caregivers of

persons with AD/ADRD in rural Texas.

Funding Agency: Center of Excellence for Translational Neuroscience and

Therapeutics

PI: Jonathan Singer Total Costs: \$30,000 Award Year: 2023-2024

Departmental Graduate Student Awards



Becca Bergquist
Angela K. Stevens
Clinical Psychology
Best Researcher Award



Maria Sanchez
Commitment in Diversity,
Equity and Inclusion



Olivia Kuljian Graduate Lab TA of the Year



Amelia Evans
Counseling Psychology
Best Researcher Award



MacKenzie Wantje
Undergraduate Lab TA
of the Year



Melisa Williams Ibora
PSY 1300 Instructor
of the Year



Alec Stinnett
Experimental Psychology
Best Researcher Award



Arianna Delyse Albertorio & Danielle "Dannie" Nicole Haakinson

Sharon Shoemaker Research Scholarship Awards



Hannah Snidman
Undergraduate Course
of the Year
&
Research in Diversity,
Equity and Inclusion

Department News



Dean Dupras appointed Dr. Keith Jones as Permanent Chair of the Department of Psychological Sciences

Read more here.



Dr. Michael Serra elected chair of the Academic Programs Committee

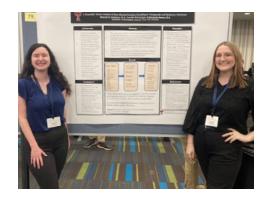
Read more here.



Lizzie Hoelscher received the Graduate Student Research Support Award from Texas Tech

Read more here.

Department News (continued)



Camille Schweppe (right) works in the SHARC lab under the direction of Dr. Amelia Talley and Hannah Snidman (left). She is currently working on a project titled "A Grounded Theory Approach to Examining Allyship to the TGNC community". The purpose of this study is to examine concrete aspects of allyship to members of the transgender and gender non-conforming community. The Transformative Undergraduate Experience (TrUE)

Program and Texas Tech University Psychological Sciences Department generously allowed Camille to present this important work in person at the Society for Personality and Social Psychology annual convention.



Members of the Tracking Risk over Time Lab (TRTL; Director: Dr. Sarah Victor) completed a department-wide clothing drive to support people receiving care at Sunrise Canyon Hospital. Sunrise Canyon provides inpatient psychiatric treatment to adults from Lubbock and the surrounding region, serving a critical need for our community. Many patients arrive with limited means and benefit from donations of clothing and other personal items. By asking for the support of our department's graduate students, faculty, and staff, the TRTL team was able to gather hundreds of clothing items for donation, as well as monetary donations to purchase items that are needed but not appropriate for donation (e.g., socks, underwear).





Psi Chi has had a successful semester! The club hosted eight meetings ranging from professional development meetings about what to do with a psychology degree or how to get involved in research labs to social events like game nights. Psi Chi has also helped psychology majors get involved in the Lubbock community by volunteering at places such as Voice of Hope, Big Brothers Big Sisters of Lubbock, and CASA of the South Plains. Many members also planted flowers around campus for Arbor Day this year. Ultimately, Psi Chi has been incredibly active and involved around campus!

Save the Date: Fall Alumni BBQ



Please save the date!

Friday
September

15

Recruitment

Our American Psychological Association (APA) accredited doctoral programs in

Clinical Psychology & Counseling Psychology, and the programs in Experimental Psychology (Cognition/Cognitive Neuroscience,

Social Psychology, and HFES accredited Human Factors) wish to continue to recruit and enroll the VERY BEST students each year!

Please help make students you may know aware of these programs and the opportunities for an outstanding graduate education at TTU. Encourage them to visit our department website, with special attention to our graduate programs' pages.

Interested students may address questions to our program directors listed below. They may also contact individual faculty for opportunities in their unique areas. That complete listing along with their areas of focus may be found **here**.

Experimental

Dr. Jessica Alquist jessica.alquist@ttu.edu

Counseling

Dr. Sheila Garos sheila.garos@ttu.edu

Clinical

Dr. Jason Van Allen jason.vanallen@ttu.edu

Final Notes

Join our Alumni Advisory Council

The department's Alumni Advisory Council is composed of business, government, academic, and professional leaders who are interested in our department's vitality. The council works with the department to strengthen our instructional and research programs, improve our facilities, expand our base of support, and better serve our alumni. If you are interested in serving on the Council, please contact Dr. Keith S. Jones at keith.s.jones@ttu.edu.

Contribute to the Department

There are many ways to make a gift to the Department of Psychological Sciences. May we count on your financial investment in the students and faculty of the Department? Funds may be used for a variety of purposes including scholarships, graduate dissertation support, research, service, and outreach initiatives.

To make a donation, please visit our *Donate Page*.

Follow us throughout the year on social media!





