

A Powerful Lesson

September 17, 2008
6:00 p.m. – 7:00 p.m.
Student Union Building,
Allen Theatre



Come learn how a spring break trip turned into a nightmare for Mark and three of his fraternity brothers.

Mark will share his story of what happens when alcohol and driving mix and friends die.



TEXAS TECH UNIVERSITY
Student Health Services
Division of Student Affairs

806.743.2860 | www.ttuhsu.edu/studentHealth/

Alcohol Awareness and Recovery Week

Saturday, September 13, 2008:

Raider Gate

Join us at Raider Gate for some free water and rootbeer!

Sunday, September 14, 2008:

Recreational Sports Triathlon

This swim, bike, run event is for beginners as well as seasoned triathletes. Enter as an individual or find 2 friends to make a team. To register contact the Fitness/Wellness office in Rec Sports at 742-3828.

7:30 a.m. Start Time

Start at the Rec Aquatic Center

Monday, September 15, 2008:

Alcohol Screenings provide brief, professional, personalized, and confidential feedback on student alcohol use

11:00 a.m. – 1:00 p.m.

Lobby area of Chitwood/Weymouth

Monday, September 15, 2008:

What's In Your Beverage

Do you really know what's in your alcohol?

4:00 p.m. – 6:00 p.m.

Rec Center

Tuesday, September 16, 2008:

Mocktail Party

Don't like to drink alcohol, but want to have some fun? Come out to have some FREE, non-alcoholic beverages, snacks, volleyball and prizes!!!

6:00 p.m. – 8:00 p.m.

Urbanovsky Park, Volleyball courts and gazebo

Wednesday, September 17, 2008:

Relationships in Recovery Meeting

Come hear how relationship recovery changed the life of an individual.

12:00 p.m. – 1:00 p.m.

Center for the Study of Addiction and Recovery, Serenity Center

Wednesday, September 17, 2008: Mark Sterner

Join us for Mark Sterner's presentation of "DUI: A Powerful Lesson"

Mark shares the bad decisions that changed his life and ended the lives of his friends. Mark doesn't preach or tell people what to do, but he leaves students with a real story that forces them to confront their own choices. Mark puts real faces to the tragic consequences of impaired driving by showing videotape the friends made of their Spring Break, ending just minutes before the crash.



6:00 p.m. - 7:00 p.m.

Student Union Building, Allen Theater

Thursday, September 18, 2008:

Celebration of Recovery

The Center for the Study of Addiction & Recovery welcomes you to take part in the weekly meeting of the Collegiate Recovery Community. Come see how recovery changes lives!

7:00 p.m. – 8:00 p.m.

Center for the Addiction and Recovery, Serenity Center

These events are brought to you by Student Health Services, Recreational Sports, Contact Lubbock, Inc., Center for the Study of Addiction Recovery, Student Counseling Center, MADD, University Student Housing, Student Diversity Relations, Parent and Family Relations, Center for Campus Life, Athletics, Student Union and Activities, and Texas Tech University Police Department.



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