Job Announcement

Overview on Texas Tech CrossFit:

Texas Tech CrossFit is a nonprofit organization inside TTU RecSports. We are partnered with the fitness and wellness program under group fitness. This is a quickly growing program since becoming affiliated in Spring of 2014 and we’re looking for quality certified coaches to join the team. We want to continue to keep our reputation for being highly knowledgeable, skilled, and safe CrossFit Affiliate. We highly encourage people to apply if they have a passion for CrossFit and can excite others about this quickly growing sport.

To Qualify:

- Must be CF-L1 certified
- Must be a TTU Student
- Must be passionate about CrossFit (not only to coach but for your own self)
- Must have positive communication skills
- Must continue to educate yourself on the CrossFit Journal daily
- Must be motivated to excel in the sport of CrossFit for yourself along with your participants
- CPR/First Aid and AED certified is preferred
- Pursuing a bachelor’s degree in Exercise Sports Science is preferred

CF Texas Tech Requirements:

- CF-L1 certified
- Superb verbal communication skills with participants and colleagues
- Involved with the CrossFit community in Lubbock
- Heavy involvement with Rec hosted competitions and other special events
- Communicate daily and work with the CrossFit supervisor
- Attend and participate in all bi-weekly CrossFit meetings for programming and educating
- Attend all/most free CrossFit Saturday workouts
- Attend all Group Exercise meetings
- Research and present to coaches something you’ve recently learned with CrossFit
- Promote and excite participants about CrossFit
- Be a team player
- Teach a minimum of 2 classes/week
- Be the eyes and ears inside the RPR (even when you’re not coaching)
Financial Stature:

Texas Tech CrossFit is a non-profit program that focuses on giving the TTU Community a high quality and knowledgeable training experience. Student Certified (CF-L1) Coaches (Required) will start with an entry level pay of $10.00/Class (with certification). We believe that being a part of this program will give you an edge over any other coach at any other box with the amount of in house educating we require when you graduate from Texas Tech University.

Perks of the job:

Continuing CrossFit education. Coaches can attend any CrossFit, Olympic Weightlifting, and X2 class that are offered inside the Rec. Being that it is a new and growing program, we are open minded to different programing and coaching styles that can enhance the program. Opportunity to make more money by working other special events.

Highly Encouraged:

As a part of the CrossFit Texas Tech Coaching Staff, we would like all coaches to volunteer once a month together as a way to 1.) give back to the community, 2.) network around the Lubbock area, 3.) promote the program for people to try, 4.) become a closer group of coaches and 5.) build your resume.

Application Process:

We will be accepting applications with resumes and cover letters starting Monday (3/2) until positions are full.

You can apply 2 ways:

1. Come to the Fitness/Wellness office inside the Rec Center to fill out and/or turn in your application to the front desk
2. Submit your completed information via email to the following email addresses:
   To: Johana.valencia@ttu.edu
   CC: kami.waden@ttu.edu
   Subject line: CFTT App (First name)

**Confidentiality will be maintained throughout the application process.**