

SPRING BREAK HOURS 2017

LEGEND
 REC - Rec Center
 AQC - Aquatic Center
 AFH: Aquatic Center Family Hours
 FW: Fit/Well
 OPC: Outdoor Pursuits Center
 MO: Main Office
 TF: Turf Fields

RaiderX classes are free the entire week.

Massages available Monday - Thursday by appointment.

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

5 6 7 8 9 10 11

NORMAL HOURS

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NORMAL HOURS

NORMAL HOURS

NORMAL HOURS

REC: 6:00am - 8:00pm
 AQC: 6:00am - 8:45am
 11:00am - 8:00pm
 AFH: 5:00pm - 8:00pm
 FW: CLOSED
 OPC: 12:00pm - 6:00pm
 MO: 8:00am - 5:00pm
 CW: 4:00pm - 7:00pm
 TF: CLOSED

REC: 12:00pm - 4:00pm
 AQC: 12:00pm - 4:00pm
 AFH: ALL DAY
 FW: CLOSED
 OPC: CLOSED
 MO: CLOSED
 CW: CLOSED
 TF: CLOSED

The Fit/Well will accept massage appointments Monday - Thursday. Please call 742-3828 to reserve your massage.

RAIDERX CLASSES
 BAPTISTE POWER YOGA
 12:10PM - 121

 ZUMBA
 5:30PM - 114

 CORE
 6:40PM - 114

RAIDERX CLASSES
 ASHTANGA YOGA
 12:10PM - 121

12 13 14 15 16 17 18

REC: 12:00pm - 4:00pm
 AQC: 12:00pm - 4:00pm
 AFH: ALL DAY
 FW: CLOSED
 OPC: CLOSED
 MO: CLOSED
 CW: CLOSED
 TF: CLOSED

REC: 6:00am - 7:00pm
 AQC: 6:00am - 8:45am
 11:00am - 7:00pm
 AFH: 11:00am - 7:00pm
 FW: CLOSED
 OPC: CLOSED
 MO: 8:00am - 5:00pm
 CW: CLOSED
 TF: CLOSED

REC: 6:00am - 7:00pm
 AQC: 6:00am - 8:45am
 11:00am - 7:00pm
 AFH: 11:00am - 7:00pm
 FW: CLOSED
 OPC: CLOSED
 MO: 8:00am - 5:00pm
 CW: CLOSED
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 AFH: 11:00am - 7:00pm
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 MO: 8:00am - 5:00pm
 CW: CLOSED
 TF: CLOSED

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 AQC: 6:00am - 8:45am
 11:00am - 7:00pm
 AFH: 11:00am - 7:00pm
 FW: CLOSED
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 MO: 8:00am - 5:00pm
 CW: CLOSED
 TF: CLOSED

REC: 12:00pm - 4:00pm
 AQC: 12:00pm - 4:00pm
 AFH: ALL DAY
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 OPC: CLOSED
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REC: 12:00pm - 4:00pm
 AQC: 12:00pm - 4:00pm
 AFH: ALL DAY
 FW: CLOSED
 OPC: CLOSED
 MO: CLOSED
 CW: CLOSED
 TF: CLOSED

RAIDERX CLASSES
 KRIPALU YOGA
 3:00PM - 121

RAIDERX CLASSES
 INSTRUCTORS CHOICE
 12:10PM - 114

RAIDERX CLASSES
 SPIN
 12:10PM - RAIDER RIDE

RAIDERX CLASSES
 SPIN
 5:30PM - RAIDER RIDE

RAIDERX CLASSES
 YOGA
 12:10PM - 121

RAIDERX CLASSES
 BAPTISTE POWER YOGA
 12:10PM - 121

RAIDERX CLASSES
 NO CLASSES

19 20 21 22 23 24 25

REC: 2:00pm - 8:00pm
 AQC: 2:00pm - 6:00pm
 AFH: ALL DAY
 FW: CLOSED
 OPC: CLOSED
 MO: CLOSED
 CW: CLOSED
 TF: CLOSED

NORMAL HOURS

NORMAL HOURS

NORMAL HOURS

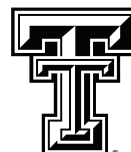
NORMAL HOURS

NORMAL HOURS

NORMAL HOURS

Normal RaiderX Class Schedule Begins

RAIDERX CLASSES
 NO CLASSES



TEXAS TECH UNIVERSITY
 Recreational Sports™