Steps to Online Registration for Summer Sports Camp 2015 hosted by Texas Tech Recreational Sports

1. Go to https://register.recsports.ttu.edu/default.aspx

2. Click on the Sign In Button
3. Choose your option according to your method of login. For those of you that are returning to our programs such as summer sports camp or swim lessons, you all will already have an account because it is all affiliated with the same user system. You all, however, may not know your username and password. If this is the case, please use the reset password or send username option. You can always contact our office at 806-742-3351 for that information as well.
5. For new account holders, create a new account.
6. Once you create your account, you will have to activate your account. Once you have activated your account, you may begin using and registering.

7. Follow the link on the email that you are sent, and it will activate your account.
8. When you log into your account for the first time, it will bring you to the main profile page. Shown here:
9. In order to properly register for Summer Camp, you will have to add dependents for the children that will be campers. In this section, please be sure to add each child individually. It is also important that the date of birth is correct as some of our programs have age restrictions and this might limit access to those.

10. Once you add all of your dependents, you will want to visit the Register tab.
11. Update Time Period to Summer 2015 and you will find Summer Sports Camp.

12. The final steps will ask you to choose a session for your child and highlight your camper’s swim lessons. Please use below level list to choose this level.

**Level 1: Intro to Water Skills**
- Supported Floating and kicking on front and back
- Alternating arm and leg action
- Water adjustment, and breathing control

**Level 2: Fundamental Aquatic Skills**
- Floating and kicking on front and back
- Combined stroke on front and back
- Rhythmic Breathing

**Level 3: Stroke Development**
- Diving from side of pool
- Front and back crawl
- Treading Water

**Level 4: Stroke Improvement**
- Develop confidence and competency in stokes and safety skills
- Introduction of breaststroke and side stroke
Level 5: Stroke Refinement
- Continue refinement of front and back crawl, elementary backstroke, breaststroke, and sidestroke
- Introduce Butterfly stroke and surface dives

Level 6: Swimming and Skill Proficiency
- Continue refinement of front and back crawl, elementary backstroke, breaststroke, and sidestroke
- Introduce butterfly and surface dives

13. The final steps will be to input emergency contact information and health information. Then the registration is complete once you submit payment.