

# Celebrate Women's Day with us!

## Women's Health Webinar on March 8

### **Speaker presentations 11:00-12:00**

**Christine Garner, Ph.D., RD, CLC** TTUHSC Amarillo  
Nutrition During Pregnancy

**Rama Chemitiganti, M.D.** TTUHSC PB  
Thyroid Health and Women's Well-being

### **Panel Discussion 12:00-1:00** **Food and Nutrition Insecurity**

**Molly Forman, M.S.** Texas A&M AgriLife Extension Service

**Elyvine Ingabire-Gasana, Ph.D. Candidate** TTU Lubbock

**Wilna Oldewage-Theron, Ph.D.** TTU Lubbock

**Jessica Tullar Caroom, Ph.D.** Growing Together Texas

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