



Using the SQ3R Method

*The purpose of this strategy is to increase comprehension through a five step process in which you **survey**, **question**, **read**, **recite**, and **review**. By following these 5 steps, you are actively engaging in the reading process before, during, and after.*

1. Survey

- Scan pages of selected text for titles, subtitles, pictures, charts, maps, bold or underlined words, etc.
- Write the title and subtitles of the first section of the selected text:

2. Question

- Turn each title and subtitle into a question (e.g. who, what, when, where, why, how).

Q1:

Q2:

Q3:

Q4:

3. Read

- Begin reading the first section of the selected text. Only read material covered under **one section at a time**, looking for answers to the questions you created.
- Take notes, highlight and/or underline important terms and concepts.
- Read for **ideas** not just words. Read aggressively with the intent of **finding answers**, remembering and noting supporting details.



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4. Recite

- Go back and answer the questions you created in step 2. Try answering the questions without looking up the answers in the text.
- As you answer the questions, mentally and orally review the major concepts of the section.
- If you come to a question you cannot answer, reread the text or refer to your notes to locate the answer.
- Continue with step 5 only after you can answer all of the questions you created.

A1:

A2:

A3:

A4:

5. Review

- After you have finished reading all of the sections, go back and check your answers to all of the questions you created in step 2.
- Reread highlighted, bolded or underlines parts. This will help you recall main points.
- Look over your questions, answers and notes before the test to help you recall main points.

