Using the SQ3R Method

The purpose of this strategy is to increase comprehension through a five step process in which you survey, question, read, recite, and review. By following these 5 steps, you are actively engaging in the reading process before, during, and after.

1. **Survey**
   - Scan pages of selected text for titles, subtitles, pictures, charts, maps, bold or underlined words, etc.
   - Write the title and subtitles of the first section of the selected text:

2. **Question**
   - Turn each title and subtitle into a question (e.g. who, what, when, where, why, how).
   - Q1:
   - Q2:
   - Q3:
   - Q4:

3. **Read**
   - Begin reading the first section of the selected text. Only read material covered under one section at a time, looking for answers to the questions you created.
   - Take notes, highlight and/or underline important terms and concepts.
   - Read for ideas not just words. Read aggressively with the intent of finding answers, remembering and noting supporting details.
4. **Recite**

- Go back and answer the questions you created in step 2. Try answering the questions without looking up the answers in the text.
- As you answer the questions, mentally and orally review the major concepts of the section.
- If you come to a question you cannot answer, reread the text or refer to your notes to locate the answer.
- Continue with step 5 only after you can answer all of the questions you created.

A1: 

A2: 

A3: 

A4: 

5. **Review**

- After you have finished reading all of the sections, go back and check your answers to all of the questions you created in step 2.
- Reread highlighted, bolded or underlines parts. This will help you recall main points.
- Look over your questions, answers and notes before the test to help you recall main points.