TTU Recreational Sports
Intramural Soccer Regulations

Special Note: Unless otherwise informed all rules are governed by USSF

PLAYER EQUIPMENT

Equipment
Shin pads are mandatory during the contest. Shin pads can be checked out at the Outdoor Equipment Issue. All players must wear athletic type footgear throughout the duration of the game. A player wearing illegal or dangerous equipment will be asked to leave the field to adjust his equipment. (This includes jewelry).

PLAYERS AND SUBSTITUTES

Number of Players
The game shall be started by two teams of not more than eleven players each, one of which shall be the goalkeeper. A team may start with seven. Any team not having the minimum to start with may forfeit their contest. New This Year: No team may consist of more than 2 current Sport Club Members. The same restriction is used in Co-Rec.

Reporting Into The Game
A substitute must be recognized by the Referee when he comes on the field. Substitutes may only enter during a stoppage of play. Any player who leaves the field during the progress of the game, except through normal movement of play, without the permission of the Referee shall be cautioned.

Changing Goalkeepers
The referee must be given notice when any substitution for the goalkeeper is made.

TIME FACTORS, PLAY, AND SCORING.

Length of Game
The game shall be two equal periods of 20 minutes. During playoffs, The Golden Goal Rule will be used. Meaning, the first team to score wins. Two periods of five minutes each will be used. If no score has occurred by the conclusion of the overtime periods, a winner will be determined by the taking of kicks from the penalty mark.

KICKS FROM THE PENALTY MARK

A. The Referee chooses the goal where the kicks will be taken.
B. A coin toss will take place.
C. Each Team takes five (5) kicks. The kicks are taken are alternately by the teams.
   In Co-Rec play: A female player must kick first and then alternate.
   Female score still counts as 2 points.
D. If after both teams have taken five kicks, and the score is still tied kicks are continued to be taken in the same order until one team has scored a goal more than the other from the same number of kicks.
E. Only players on the field at the end of the game are permitted to take kicks. All other players must remain

MERCY RULE

Men’s and Women’s Division: If a team is ahead by 5 goals with 5 minutes remaining in the 2nd half the game is over
Co-Rec: If a team is ahead by 7 goals with 5 minutes remaining in the 2nd half the game is over.

CO-REC SOCCER RULES

Co-Rec Soccer will be played according to intramural rules with the following exceptions:

1. A team will consist of 5 men and 5 women plus a goalkeeper. The keeper may be male or female.
2. A team may play with a min of 7 players (a goalie, 5 guys and a girl)
3. The max and min of each gender represented is 5 and 1, excluding the Goalie.
4. Scoring a goal = 2 points by a woman and 1 point by a male.
5. Slide tackling is illegal in co-rec competition regardless of who-makes-a-tackle-on-who.