



# JUMPING ON PEOPLE

## Why are they jumping up?

Often, our dogs are filled with so much excitement and feelings, they don't know how to show it properly! Their way of showing you is by jumping up to you. They enjoy greeting face-to-face and it's a sure way to get your attention.

## The key is prevention..

To help prevent our dogs from jumping up on us when they greet us, or when strangers come over, we want to make sure we keep our greetings and entrances low-key. This means, remaining calm when entering the home and only returning the greeting when the dog is calm!

## How can we work on jumping?

Some helpful things we can teach our dog to work with their jumping is basic obedience tricks such as sit, down and stay. These can help collect the dog's excitement and help them remain calm. It is much easier for our dogs to listen to these commands over a confusing "don't jump".

## Reward the good!

Any time our dogs perform a behavior we do not want, such as jumping up, it is important we ignore the behavior! Once our dogs have performed a wanted behavior, such as a calm greeting with four paws on the ground, now we can return their greetings with a reward- which may simply just be the attention they desire!



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