TEXAS TECH UNIVERSITY
College of Arts & Sciences
Office of Student Success

ACADEMIC SUCCESS FOR ACADEMIC WARNING

Student's Name: _____ R#: _____

TTU Email: _____ Cell: _____

Major: _____ Minor: _____ Major Advisor: _____

Because your TTU Cumulative GPA has fallen below 2.0, you have not met the requirements for satisfactory academic progress required by the College of Arts & Sciences at Texas Tech University. As a result, you are required to meet with the A&S Office of Student Success to begin an academic recovery process during the **Fall 2020** semester. This process will end once you meet the requirements to return to good academic standing.

The A&S Office of Student Success stands ready to support and provide you with the information you need to achieve your goal of earning a degree at Texas Tech University. We understand that success is not always achieved in a predictable path and there are many factors as to why students enter this process. Our goal is to help you identify those factors relevant to you and help you work through them. You will be assigned an Academic Success Advisor. This semester, your Academic Success Advisor is _____.
By working with your advisor and utilizing campus resources, you can achieve academic success at TTU.

Our Academic Success Advisors are available to provide you with assistance, advice, and life coaching throughout your undergraduate career. The experiences of past students show that early and timely consultation with advisors and other mentors contributes heavily to academic growth and success.

Required Steps for Academic Success:

1. Attend advising sessions as required by my A&S Academic Success Advisor.
2. Identify barriers encountered in previous semesters.
3. Establish potential solutions for overcoming the barriers listed.
4. Establish short term & long term goals.
5. Develop your plan of action for goals in conjunction with your Academic Success Advisor.

You will complete steps 1-4 on your own and return the completed worksheet to your Academic Success Advisor before your first appointment of the semester.

I, _____, certify that I am committed to my academic recovery and will follow the steps as stated above for my academic success. I understand that I must attend all Academic Success Advising appointments during this recovery semester as required by my Academic Success Advisor. I understand that if I am not successful in earning AT LEAST a 2.0 semester GPA during the _____ semester, I will be placed on Academic Probation and will be required to continue my academic recovery process during the following semester.

_____ _____
Student Signature Date

_____ _____
Academic Success Advisor Signature Date

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PERSONAL ACADEMIC SUCCESS PLAN FOR ACADEMIC WARNING

Your Academic Success Advisor and the A&S Office of Student Success are committed to helping you reach your academic and career goals. This worksheet is designed to help you develop a personal plan for returning to good academic standing. Be honest with yourself about the previous barriers you have had and about the commitment and effort you are willing to invest so that you can develop a plan that is both achievable and workable for you.

STEP 1: I will attend all Academic Success Advising appointments as required by my Academic Success Advisor. _____ (initial here)

STEP 2: Identify barriers encountered in previous semesters. (Please mark all that apply.)

- ☐ I didn't go to class.
- ☐ I didn't take notes in class.
- ☐ I didn't pay attention in class due to texting, surfing the net, etc.
- ☐ I didn't turn in homework or assignments (or turned them in late).
- ☐ I didn't study enough.
- ☐ I wasn't sure how to study effectively.
- ☐ I didn't manage my time well.
- ☐ I watched too much TV.
- ☐ I spent too much time on the internet, social media, or playing video games.
- ☐ I wasn't motivated enough.
- ☐ I wasn't sure that I wanted to be at TTU.
- ☐ I had personal problems or issues.
- ☐ I had health problems.
- ☐ I didn't get enough sleep.
- ☐ I had trouble balancing work and class.
- ☐ I was confused about a choice of major.
- ☐ I didn't have transportation.
- ☐ I wasn't organized enough.
- ☐ I didn't buy the book / materials for the course.
- ☐ I became frustrated about my performance and just gave up.
- ☐ I think I might have an undiagnosed learning disability.
- ☐ I missed a test or lab.
- ☐ I had financial difficulties.
- ☐ I procrastinated too much.
- ☐ I pledged a fraternity / sorority.
- ☐ I didn't keep up with reading for my courses.
- ☐ I had difficulty with the subject matter in one or more of my courses.
- ☐ I didn't participate in class.
- ☐ I had trouble adjusting to college life.
- ☐ I had test anxiety.
- ☐ I was homesick.
- ☐ I am uncertain about my educational goals.
- ☐ I worked too many hours.
- ☐ I had difficulty prioritizing between school, work, and social activities.
- ☐ Other (be specific):

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STEP 3: Establish potential solutions for overcoming the barriers listed. (Please mark all that apply.)

- ☐ I will meet with my Major Advisor to discuss my schedule.
- ☐ I will meet with my Academic Success Advisor to stay focused on my Academic Success Plan.
- ☐ I will develop a time management plan that works for me.
- ☐ I will ask my professor for help when I am having difficulty in a course.
- ☐ I will attend all of my classes.
- ☐ I will go to class prepared.
- ☐ I will stay focused during class.
- ☐ I will set a study schedule for each class and follow it.
- ☐ I will study in a place that allows me to be productive and to get my school work done.
- ☐ I will meet with a counselor to discuss my personal concerns and issues.
- ☐ I will grade replace courses to improve my TTU Cumulative GPA.
- ☐ I will utilize the major and career exploration services at the TTU Career Center.
- ☐ I will seek assistance from a financial aid advisor in the TTU Financial Aid Office.
- ☐ I will attend tutoring sessions.
- ☐ I will attend Supplemental Instruction (SI) sessions.
- ☐ I will utilize campus resources.
- ☐ I will make better choices regarding my health, sleeping, and eating habits.
- ☐ I will meet with a counselor in the TTU Office of Student Disability Services.
- ☐ I will get involved in fitness activities at the Student Recreation Center.
- ☐ I will establish boundaries with my fraternity / sorority so that I am able to complete assignments and prepare for tests.
- ☐ I will utilize the MindSpa at the Counseling Center.
- ☐ Other specific solutions that will allow me to be successful:

Relevant Campus Resources:

Office of Student Success: www.artsandsciences.ttu.edu/success

⇒ Career Center: 806.742.2210, www.careercenter.ttu.edu

⇒ Counseling Center: 806.742.3674, www.depts.ttu.edu/scc

⇒ Learning Center: Drane Hall, Room 164, www.depts.ttu.edu/soar/LC/Index.php

⇒ Math Tutoring Center: Math Bldg, Room 106, www.math.ttu.edu/Undergraduate/Resources/TSC/index.php

⇒ Science Lab Tutoring: Chemistry Bldg, Room 111

⇒ Supplemental Instruction (SI Sessions): Drane Hall, Room 135, www.depts.ttu.edu/soar/si

⇒ Wellness Center: 806.743.2848, www.ttuhsc.edu/studenthealth

⇒ Writing Center: English/Philosophy Bldg, Room175, http://uwc.ttu.edu

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STEP 4: Establish short term & long term goals.

Write your most important goals for your success at Texas Tech University in the spaces provided below.

Short Term Goal: During this semester, it is my goal to accomplish:

Long Term Goal: By the time I graduate, it is my goal to accomplish:

Use the **SMART** formula for achieving your goals.

Specific: Make your goal as specific as possible. Example: If you want to raise your GPA, set your goal for a specific number, such as " I will have a 2.5 cumulative GPA by the end of the fall/spring semester".

Measurable: Your goal must be measurable. Example: If your goal is to study more, what does "more" mean? 1 hour a week, 2 hours a week? Make sure you can measure whether you achieved your goal or not.

Attainable: Set goals that you can achieve. Do the math. Can you actually achieve your goal? Example: Is it mathematically possible for you to achieve the cumulative GPA you want in one semester? If the answer is no, you need to re-evaluate.

Realistic: Be honest with yourself and know your abilities.

Timely: Establish a timeline for reaching your goal. Example: I can achieve my goal by the end of the spring/fall semester.

STEP 5: Develop your plan of action for goals in conjunction with your Academic Success Advisor.

During your first scheduled appointment, you will work with your Academic Success Advisor to:

1. Create a plan of action towards your goals listed in Step 4, and
2. Establish workable and achievable solutions using your selections from Step 3.

Schedule your Academic Success advising appointment by visiting www.Strive.TTU.edu.

My appointment is on _____ at _____ AM / PM.
date time