

# ACADEMIC SUCCESS PLAN

Students Name: \_\_\_\_\_ R# \_\_\_\_\_

Major: \_\_\_\_\_ Minor: \_\_\_\_\_

Status: \_\_\_\_\_ Date/Time: \_\_\_\_\_

Your Academic Success Advisor and the A&S Office of Student Success are committed to helping you reach your academic & career goals. This worksheet is designed to help you develop a personal plan for returning to good academic standing. Be honest with yourself about the previous barriers you have experienced and about the commitment and effort you are willing to invest so that you can develop a plan that is both achievable and workable for you.

## Identify barriers encountered in previous semesters.

*(Please mark all that apply.)*

- I didn't go to class.
- I didn't take notes in class.
- I didn't pay attention in class.
- I didn't turn in assignments or Tests (or turned them in late).
- I didn't study enough or didn't study effectively.
- I didn't manage my time well and / or procrastinated.
- I wasn't motivated.
- I wasn't sure that I wanted to be at TTU.
- I had health, personal or other difficulties.
- I didn't practice healthy self care.
- I was confused about a choice of major.
- I didn't have transportation.
- I wasn't organized enough.
- I didn't buy the book / materials for the course.
- I became frustrated and just gave up.
- I had financial difficulties.
- I had difficulty with the subject matter in one or more of my courses.
- I didn't participate in class.
- I had trouble adjusting to college life.
- I had test anxiety.
- I was homesick.
- I am uncertain about my educational goals.
- I had difficulty prioritizing between school, work, and/or social activities.
- Other (be specific): \_\_\_\_\_

## Establish potential solutions for overcoming barriers.

*(Please mark all that apply.)*

- I will meet with my Major Advisor to discuss my schedule.
- I will meet with my Academic Success Advisor to stay focused on my Academic Success Plan.
- I will develop a time management plan that works for me.
- I will ask my professor for help when I am having difficulty in a course.
- I will attend all of my classes.
- I will go to class prepared and focused.
- I will stay focused during class.
- I will set a study schedule for each class and follow it.
- I will study in a place that allows me to be productive and to get my school work done.
- I will meet with a counselor to discuss my personal concerns and issues.
- I will grade replace courses to improve my TTU Cumulative GPA.
- I will utilize the major and career exploration services at the TTU Career Center.
- I will seek assistance from a financial aid advisor in the TTU Financial Aid Office.
- I will attend tutoring and/or SI sessions.
- I will make better choices regarding my health, sleeping, and eating habits.
- I will meet with a counselor in the TTU Office of Student Disability Services.
- I will get involved in fitness activities at the Student Recreation Center.
- I will establish boundaries with my fraternity / sorority so that I am able to complete assignments and prepare for tests.
- Other (be specific): \_\_\_\_\_

I, \_\_\_\_\_, certify that I am committed to my academic recovery and will follow the steps as stated above for my academic success. I understand that I must attend all Academic Success Advising appointments during this recovery semester as required by my Academic Success Advisor. I understand that if I am not successful in earning AT LEAST a 2.0 semester GPA during the \_\_\_\_\_ semester, I will be placed on \_\_\_\_\_ and will be required to continue my academic recovery process during the following semester.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date