



TEXAS TECH UNIVERSITY  
College of Arts & Sciences

Office of Student Success

## ACADEMIC SUCCESS FOR ACADEMIC PROBATION

Student's Name: \_\_\_\_\_ R#: \_\_\_\_\_

TTU Email: \_\_\_\_\_ Cell: \_\_\_\_\_

Major: \_\_\_\_\_ Minor: \_\_\_\_\_ Major Advisor: \_\_\_\_\_

Because your TTU Cumulative GPA has continued to be below 2.0, you have not met the requirements for satisfactory academic progress required by the College of Arts & Sciences at Texas Tech University. As a result, you are required to meet with the A&S Office of Student Success to begin an academic recovery process during the **Fall 2020** semester. This recovery process will end once you meet the requirements to return to good academic standing (at least 2.0 TTU cumulative GPA).

The goal of the A&S Office of Student Success is to help you identify those factors relevant to you and help you work through them by providing you with information needed to achieve your goal of earning a degree at Texas Tech University. This semester, your Academic Success Advisor is \_\_\_\_\_.  
By working with your advisor and utilizing campus resources, you can achieve academic success at TTU.

### Required Steps for Academic Success:

1. Identify motivation factors and goals for graduation.
2. Identify and reflect on barriers encountered in previous semesters.
3. Establish potential solutions for overcoming the barriers listed.
4. Establish short term & long term goals.
5. Develop your new plan of action for goals in conjunction with your Academic Success Advisor.

*You will complete steps 1-4 on your own and return the completed worksheet to your Academic Success Advisor before your first appointment of the semester.*

I, \_\_\_\_\_, certify that I am committed to my academic recovery and will follow the steps as stated above for my academic success. I understand that I must attend all Academic Success Advising appointments during this recovery semester as required by my Academic Success Advisor. I understand that if I am not successful in earning AT LEAST a 2.0 semester GPA during the \_\_\_\_\_ semester, I will be placed on Academic Suspension and will be suspended for a minimum of one (1) semester, will be required to petition to return to TTU and, if allowed to return, will be required to continue my academic recovery process during the semester I return.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Academic Success Advisor Signature

\_\_\_\_\_  
Date



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## PERSONAL ACADEMIC SUCCESS PLAN FOR ACADEMIC PROBATION

Your Academic Success Advisor and the A&S Office of Student Success are committed to helping you reach your academic and career goals. This worksheet is designed to help you develop a personal plan for returning to good academic standing. Be honest with yourself about the previous barriers you have had and about the commitment and effort you are willing to invest so that you can develop a plan that is both achievable and workable for you.

### STEP 1: Identify motivation factors and graduation goals.

Successful individuals understand the power of reflection. By understanding yourself, you understand your motivations, dreams, goals, and the steps to take. Start by asking yourself these questions:

**My motivation** to invest in my education and obtain my degree is....

**When I graduate, my goal** is to use my degree by... (becoming a..., working as..., researching with..., etc.)

### STEP 2: Identify and reflect on barriers encountered in previous semesters. (Please mark all that apply.)

- |                                                                                                       |                                                                                                     |
|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> I didn't go to class.                                                        | <input type="checkbox"/> I became frustrated about my performance and just gave up.                 |
| <input type="checkbox"/> I didn't take notes in class.                                                | <input type="checkbox"/> I think I might have an undiagnosed learning disability.                   |
| <input type="checkbox"/> I didn't pay attention in class due to texting, surfing the net, etc.        | <input type="checkbox"/> I missed a test or lab.                                                    |
| <input type="checkbox"/> I didn't turn in homework or assignments (or turned them in late).           | <input type="checkbox"/> I had financial difficulties.                                              |
| <input type="checkbox"/> I didn't study enough.                                                       | <input type="checkbox"/> I procrastinated too much.                                                 |
| <input type="checkbox"/> I wasn't sure how to study effectively.                                      | <input type="checkbox"/> I pledged a fraternity / sorority.                                         |
| <input type="checkbox"/> I didn't manage my time well.                                                | <input type="checkbox"/> I didn't keep up with reading for my courses.                              |
| <input type="checkbox"/> I watched too much TV.                                                       | <input type="checkbox"/> I had difficulty with the subject matter in one or more of my courses.     |
| <input type="checkbox"/> I spent too much time on the internet, social media, or playing video games. | <input type="checkbox"/> I didn't participate in class.                                             |
| <input type="checkbox"/> I wasn't motivated enough.                                                   | <input type="checkbox"/> I had trouble adjusting to college life.                                   |
| <input type="checkbox"/> I wasn't sure that I wanted to be at TTU.                                    | <input type="checkbox"/> I had test anxiety.                                                        |
| <input type="checkbox"/> I had personal problems or issues.                                           | <input type="checkbox"/> I was homesick.                                                            |
| <input type="checkbox"/> I had health problems.                                                       | <input type="checkbox"/> I am uncertain about my educational goals.                                 |
| <input type="checkbox"/> I didn't get enough sleep.                                                   | <input type="checkbox"/> I worked too many hours.                                                   |
| <input type="checkbox"/> I had trouble balancing work and class.                                      | <input type="checkbox"/> I had difficulty prioritizing between school, work, and social activities. |
| <input type="checkbox"/> I was confused about a choice of major.                                      | <input type="checkbox"/> Other (be specific):                                                       |
| <input type="checkbox"/> I didn't have transportation.                                                | _____                                                                                               |
| <input type="checkbox"/> I wasn't organized enough.                                                   | _____                                                                                               |
| <input type="checkbox"/> I didn't buy the book / materials for the course.                            | _____                                                                                               |



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**Yes**      **No** I worked with the A&S Office of Student Success last semester to develop a plan for success.

IF YES, my **Short Term Goal** was \_\_\_\_\_

and my **Long Term Goal** was \_\_\_\_\_.

IF YES, my three (3) Achievable Solutions from my previous semester are listed below. Reflecting on these solutions, what could have been done to be successful with them?

Achievable Solutions from Last Semester	What could have I done differently that would have helped me be more successful?
1.	
2.	
3.	

### STEP 3: Establish potential solutions for overcoming the barriers listed. (Please mark all that apply.)

- |                                                                                                                    |                                                                                                                                                     |
|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> I will meet with my Major Advisor to discuss my schedule.                                 | <input type="checkbox"/> I will seek assistance from a financial aid advisor in the TTU Financial Aid Office.                                       |
| <input type="checkbox"/> I will meet with my Academic Success Advisor to stay focused on my Academic Success Plan. | <input type="checkbox"/> I will attend tutoring sessions.                                                                                           |
| <input type="checkbox"/> I will develop a time management plan that works for me.                                  | <input type="checkbox"/> I will attend Supplemental Instruction (SI) sessions.                                                                      |
| <input type="checkbox"/> I will ask my professor for help when I am having difficulty in a course.                 | <input type="checkbox"/> I will utilize campus resources.                                                                                           |
| <input type="checkbox"/> I will attend all of my classes.                                                          | <input type="checkbox"/> I will make better choices regarding my health, sleeping, and eating habits.                                               |
| <input type="checkbox"/> I will go to class prepared.                                                              | <input type="checkbox"/> I will meet with a counselor in the TTU Office of Student Disability Services.                                             |
| <input type="checkbox"/> I will stay focused during class.                                                         | <input type="checkbox"/> I will get involved in fitness activities at the Student Recreation Center.                                                |
| <input type="checkbox"/> I will set a study schedule for each class and follow it.                                 | <input type="checkbox"/> I will establish boundaries with my fraternity / sorority so that I am able to complete assignments and prepare for tests. |
| <input type="checkbox"/> I will study in a place that allows me to be productive and to get my school work done.   | <input type="checkbox"/> I will utilize the MindSpa at the Counseling Center.                                                                       |
| <input type="checkbox"/> I will meet with a counselor to discuss my personal concerns and issues.                  | <input type="checkbox"/> Other specific solutions that will allow me to be successful:                                                              |
| <input type="checkbox"/> I will grade replace courses to improve my TTU Cumulative GPA.                            | _____                                                                                                                                               |
| <input type="checkbox"/> I will utilize the major and career exploration services at the TTU Career Center.        | _____                                                                                                                                               |
|                                                                                                                    | _____                                                                                                                                               |

Review the **A&S Office of Student Success Webpage** [www.artsandsciences.ttu.edu/success](http://www.artsandsciences.ttu.edu/success) for information about campus resources.



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### STEP 4: Establish short term & long term goals.

Write your most important goals for your success at Texas Tech University in the spaces provided below.

**Short Term Goal:** During this semester, it is my goal to accomplish:

**Long Term Goal:** By the time I graduate, it is my goal to accomplish:

Use the **SMART** formula for achieving your goals.

**S**pecific: Make your goal as specific as possible. Example: If you want to raise your GPA, set your goal for a specific number, such as “ I will have a 2.5 cumulative GPA by the end of the fall/spring semester”.

**M**easurable: Your goal must be measurable. Example: If your goal is to study more, what does “more” mean? 1 hour a week, 2 hours a week? Make sure you can measure whether you achieved your goal or not.

**A**ttainable: Set goals that you can achieve. Do the math. Can you actually achieve your goal? Example: Is it mathematically possible for you to achieve the cumulative GPA you want in one semester? If the answer is no, you need to re-evaluate.

**R**ealistic: Be honest with yourself and know your abilities.

**T**imely: Establish a timeline for reaching your goal. Example: I can achieve my goal by the end of the spring/fall semester.

### STEP 5: Develop your plan of action for goals in conjunction with your Academic Success Advisor.

During your first scheduled appointment, you will work with your Academic Success Advisor to:

1. Create a plan of action towards your goals listed in Step 4, and
2. Establish workable and achievable solutions using your selections from Step 3.

Schedule your Academic Success advising appointment by visiting [www.Strive.TTU.edu](http://www.Strive.TTU.edu).

My appointment is on \_\_\_\_\_ at \_\_\_\_\_ AM / PM.  
date time