

TEXAS TECH UNIVERSITY INTERNSHIP SEARCH TOOLKIT FOR STUDENTS



**UNIVERSITY
CAREER CENTER**

TEXAS TECH
Office of the Provost
Academic Innovation
& Student Success

Getting Started

What is an Internship?

An internship is an opportunity for you to work in an industry that matches your career interests. Balance schoolwork with practical experience. An internship can be completed during the summer, a semester, or a year to provide "real work" experience with a short-term commitment. It may be a paid or volunteer position with part-time or full-time hours. Internships can be completed for course credit (depending on your academic program's requirements) or simply for the experience.

Planning Ahead

Why?

An increasing number of students are doing internships to enhance their classroom learning with real-life experience. An internship provides a springboard from college life to career life, strengthens your background in your field of choice, creates the potential for future work with the company, provides potential work-related references, and creates an opportunity for networking.

Experience is never a waste of time. You will either learn that you enjoy the field or that this field is not something you would like to pursue. Either way, you will have gained valuable knowledge about career and life and have defined or redefined the direction you would like to take.

When?

While internships are usually done after your sophomore or junior year, they can also occur after your first year of college. Internships can be completed during the summer or school year. Plan your semester so you can incorporate an internship into your schedule at a time that is appropriate for you. Keep in mind that internship recruiting timelines can vary by industry, so research is crucial. Start researching potential companies and internship sites early to gather information about application deadlines and requirements. Give yourself enough time to make an informed choice.

Where?

Internships can be done locally, in another state, or abroad. You can choose the location that is best for you. Investigate your options in advance so that if relocation is an option, you will be prepared.

Remember to use your contacts. Do you have relatives in another city who are willing to house you for a summer or a semester? Do you have a friend you could live with while doing your internship in another city or country? Investigate your options and explore possibilities to find the best internship for you.

Course Credit

You will need to check with your academic program about the requirements to receive course credit for an internship. It is your responsibility to communicate the criteria and requirements set by your academic program to your intended employer. Some programs may not offer course credit for an internship; however, the experience you gain will be worth your time.

International Student Interns

To learn more about the requirements for Curricular Practical Training (CPT), please consult with your International Student Counselor at the Texas Tech International Affairs office. For additional information, please follow the link: <http://www.depts.ttu.edu/international/iss/f1/cpt.php>

How to Find an Internship

Brainstorm

Create a list of companies you would like to intern for. Begin with companies that you are interested in for future employment. Start researching companies early in your college career, so you know which ones to target for your internship. If you have no idea where to start, consider using a resource like [Red Raider GradStats](#) to identify which companies have hired alumni with your major. This resource is available to you through the University Career Center website. In addition to alumni outcome data, [Red Raider GradStats](#) offers a Search360 function that you can use to identify top employers for different positions and industries.

Another research tool is LinkedIn. You can use keywords like “#hiring” and/or “#internship” in the search box to find posts promoting internship positions. While LinkedIn is a great way to identify companies and potential programs, we recommend applying directly on a company’s website for positions.

Consider an Informational Interview

The purpose of an informational interview is to gain insight into a career that you’re interested in. You can also use this type of interview to get advice about entering your field of interest. Set up a time to talk with several people who are working in that field. This can be done either in person, via Zoom, or by phone.

Attend a Job Fair or Networking Event

Student organizations often invite employers to meet with their members. In addition, specific colleges and the University Career Center host job fairs throughout the Fall and Spring semesters. Utilize the [Events tab](#) on the UCC website for additional information regarding events. For instruction and advice about networking, attend the Career Center’s Mocktail Party and Etiquette Dinner.

Remember to Use All Your Networks

What contacts do you already have through your family, friends, alumni, professors, previous teachers, coaches, etc.? Use these contacts to your advantage. They may know of positions within their company or be able to connect you with someone else who does have an internship available.

Use Online Job Boards

You can research companies and discover if they have an internship program by checking out their website. Through the University Career Center, you have access to [Hire Red Raiders](#) and [CareerShift](#) which are job boards with online listings of jobs and internships. Customize your search by using keywords and filters to learn about the available opportunities based on your interests. [CareerShift](#) allows you to search specifically for internships based on your keywords and within a designated geographic location.

Think Outside the Box

Not all accountants work for a major firm. What other companies need accountants? Teaching also occurs outside the traditional classroom setting. Where could you use your teaching skills in a different environment? Nurses are found in more areas than just doctors' offices and hospitals. Explore all your options. You never know what the best fit for you will be until you think creatively about your skills and where they are best used.

Use the University Career Center

Meeting with a career counselor or career development specialist can be a great way to talk through your options and develop strategies to help you meet your goals. The Texas Tech University Career Center is located at the southeast corner of the Wiggins Complex. To meet with a career counselor to discuss the

internship search process, make an appointment in [Raider Success Hub](#) or call (806) 742-2210.

Preparing for Interviews

Before Interviewing

- Select two or three sites you think would meet your needs for a successful internship experience.
- Research the companies in advance through their website, social media, and LinkedIn.
- Meet with a career counselor or career development specialist at the University Career Center to have your resume and cover letter reviewed and to practice your interviewing skills.
- Consider setting up a LinkedIn profile to highlight and expand on your skills and experiences.
- If the internship is for course credit, meet with your academic program advisor to learn about the requirements.
- Once an interview has been scheduled, drive by the location of the interview the day before, if you have the opportunity. Even if you know the company's location, drive to the site in advance to determine the amount of time the trip will take, parking options, or if there are any detours or construction.

Day of an Interview

- Arrive early. In the rare event that you may run into a delay, be sure to have the phone number of the person who will be conducting the interview. It is better to contact the person early to inform them of the delay, rather than explaining your tardiness when you arrive.
- Take a copy of your resume, cover letter, and list of professional references for quick access in case these items are requested by the interviewer or if your materials were not received in advance.
- If the internship is for course credit, be prepared to provide the employer with information about the requirements set by your academic program.
- Be prepared to ask informed questions at the end of your interview. Questions should be open-ended, focus on company-specific information or logistics, such as when you can expect to be notified and whether there will be an orientation.

After Interviewing

- Remember to send a thank-you letter. This is an important part of the process that many people overlook. A thank-you letter shows you are courteous, appreciative of the interviewer's time, and take care of details. At the very least, send a thank-you email.
- Reach out if you have not heard a decision in the agreed-upon timeframe.
- If juggling multiple offers, select the internship that will best serve your needs.
- Once a decision has been made, stick with the company you accepted a position with and avoid further interviews for that time frame. It is acceptable to interview for internships that will occur at other times (e.g. a fall internship if you have already accepted a summer position).
- Contact the sites you did not select to decline their offers. Speak to the specific person who interviewed you. Do not just leave a message. You never know when you are dealing with a future employer.

Making the Most of Your Internship

Before You Start Your Internship

- Complete all required hiring paperwork required by your internship site.
- If you are earning course credit, make sure you have followed all requirements set by your academic program.
- Determine the hours you will work each week with your employer/supervisor.
- If a formal orientation has not been set up for you at your site, make sure you know the following:
 - How to use all the office equipment you will be required to use
 - Applicable dress codes
 - Protocols for safety, confidentiality, and security (if applicable)
 - Parking arrangements
 - Normal hours of operation and lunch hours

During Your Internship

- Talk with your internship supervisor to see what will be expected of you and what projects or jobs you will be working on.
- Set goals for what you are hoping to learn and to achieve while doing your internship.
- Share your goals with your internship supervisor.
- Be prepared to work hard and gain meaningful insight in your field of interest.
- If completing an internship for course credit, be proactive in planning for any required evaluations. If an evaluation is not required, ask your supervisor for feedback throughout your internship and at the end.

After You Complete Your Internship

- Reflect on your experience. Identify tasks and projects that you enjoyed and ones that were not your favorite. Think about your supervisor's managerial style and the organization's work culture. Would you like these experiences in a future position, or would you prefer something different?
- Update your resume and LinkedIn profile to include your new experience.
- If you made meaningful connections during your internship, expand your network on your LinkedIn profile.

An internship is a great way to gain meaningful experience with a short-term commitment. It provides a way to apply what you've learned in the workplace, creates opportunities for references, and offers an avenue for networking. Take advantage of your opportunity to do an internship.

Contact Information



**UNIVERSITY
CAREER CENTER**

TEXAS TECH
Office of the Provost
Academic Innovation
& Student Success

150 Wiggins Complex | Box 45006 | Lubbock, TX 79409 | 806-742-2210
www.careercenter.ttu.edu | www.hiredraiders.ttu.edu