

Design a Personal Shield/Crest

Personal Shields/Crest is a get-to-know-you activity. It helps people express what's important to them or more about themselves.

Provide a copy of the shield/crest, crayons, markers, paints, etc.

Assign a topic/question to each segment. Some topics or questions could include:

What is your Major?

Why is your major important to you?

Why did you join _____ organization?

What do you love about Texas Tech?

What is a life motto/quote?

What is your dream job?

What is something that is important to you?

What do you do to relax?

What is one word to describe you?

This is obviously not an exhausted list of questions you could have your members answer in the shield/crest. Be creative and come up with questions that will be meaningful to your group or questions that will spark further conversations between your members.

Give everyone 20 minutes to complete and decorate their shields/crests. Ask some of the group to share their shields/crests and explain the meaning of what they drew.

