



## Study Skills

### Type of Learners

#### Visual Learners



- Use maps, charts, videos, and diagrams
- Make use of flashcards
- Highlights and underline when reading

#### Auditory Learners



- Record lectures and listen later
- Read materials aloud
- Explain concepts in your own words

#### Read-Write Learners



- Take good notes
- Create and use bulleted list
- Translate diagrams to written summary

#### Kinesthetic Learners



- Learn through solving problems
- Study with others
- Use examples when taking notes

Different classes require different type of learning. Math intensive classes will require solving a lot of problems while classes with concepts to learn might require visualization. YouTube can be a great tool to look up animations of those concepts.

### Formula of Success

#### Establish a study zone



Tidy your desk and have a space that fits your personality

#### Review the syllabus



Note down test and due dates to strategize accordingly

#### Create a study list



Create lists to remember tasks and check off once finished

#### Take notes in class



Do not write everything but be smart in taking notes

#### Review notes often



Go over notes when studying and before the start of class

#### Study on-the-go



Glance over materials while commuting to retain more info

#### Submit HW early



Turn in homework a couple of days before due date

#### Solve HW even if optional



Solve HW problems to better grasp the course materials

### Study in chunks



Study for 20-45 mins and then take a small break to rest

### Create Mind Maps



Use mind maps to brainstorm and organize notes & info

### Prepare exam paper



Mark HW problems and use them as a timed test

### Take power naps



Take power naps to refresh, energize and refocus

### Use study groups



Invite friends who are alert and focused in class

### Study at peak time



Study at the most productive time of the day or/and night

### Go the extra mile



Use various books and sites to enrich your understanding

### Improve time management



Budget time to study, getting involved and enjoy life

## Additional Resources

- **Ambient-Mixer ([ambient-mixer.com](http://ambient-mixer.com))** – instead of playing music while you study, use ambient sound to create the right environment to focus on studies.
- **Pomodoro Technique** – use the pomodoro technique to help you concentrate on studies by studying for 25 mins non-stop and then taking a 5 mins. There are apps for cellphones and computers incorporating the pomodoro technique.
- **O'Reilly for Higher Education ([oreilly.com](http://oreilly.com))** – All Texas Tech students have access to this platform with their Tech email. O'Reilly is an online platform that has thousands of videos tutorials and eBooks on topics which range from programming to IT networking to project management to graphic design to business strategy to communication. The content includes code snippets, certification preparation materials, practice exercises, case studies, training videos, and much more.
- **Document Delivery ([depts.ttu.edu/library/docdel/](http://depts.ttu.edu/library/docdel/))** – This is a Texas Tech library service, which can be used to request any books and media. There is no limit on how many books a student can request at any time.
- **Tutoring at Texas Tech** – Texas Tech has a lot of free tutoring options available to students. The Learning Center, Supplementary Instruction (SI) Sessions, are a few to mention.

